#### U.S. Department of Health and Human Services Administration on Aging



# Compendium of Active Grants Fiscal Year 2007

## **Under Title IV of the Older Americans Act**

#### **Compendium of Active Grants FY 2007**

Under Title IV of the Older Americans Act Arranged by AoA Priority Area

#### **Table of Contents**

The Assistant Secretary for Aging, in support of the HHS Strategic Plan, has established five priorities to guide AoA's activities over the next few years. For the FY 2006 Compendium Table of Contents, we have organized the discretionary programs under the corresponding AoA priority area. They are as follows:

## Priority 1: Empower older people and their families to make informed decisions about, and be able to easily access existing health and long-term care options.

| Program   | Page |
|---|------|
| Aging and Disability Resource Center                                    | 1    |
| Aging Services Network Integrated Care Management Grants Program        | 32   |
| Alzheimer's National Call Center  | 33   |
| Alzheimer's Disease Social Research Project                             | 34   |
| Eldercare Locator Program and the National Aging Information & Referral | 34   |
| Nursing Home Diversion Modernization Grants                             | 35   |
| Retirement Planning and Assistance for Women                            | 43   |

## Priority 2: Empower older people to stay active and healthy through evidence-based disease and disability prevention.

| Program   | Page |  |
|---|------|--|
| Evidence Based Prevention Program                                     | 43   |  |
| Health Disparities among Minority Elders -Technical Assistance Center | 61   |  |
| Nutrition, Physical Activity and Aging - National Resource Center     | 64   |  |
| Older Indians National Resource Centers                               | 65   |  |

## Priority 3: Enable seniors who are at high risk of nursing home placement to remain in their homes and communities for as long as possible.

| Program  | Page |  |
|--|------|--|
| Aging Strategic Alignment Project for the Aging Network    | 67   |  |
| Alzheimer's Disease Demonstration Grants to States (ADDGS) | 68   |  |
| Multigenerational Civic Engagement                         | 90   |  |

## Priority 4: Ensure the rights of older people and prevent their abuse, neglect and exploitation.

| Program  | Page |
|--|------|
| Legal Assistance and Technical Projects                | 91   |
| National Center on Elder Abuse                         | 96   |
| National Consumer Protection Technical Resource Center | 98   |
| National Long-term Care Ombudsman Program              | 99   |
| National Legal Assistance and Elder Rights             | 100  |
| Pension Information Counseling Projects                | 102  |
| Pension Technical Assistance Project                   | 108  |
| Senior Legal Services - Enhancement of Access          | 109  |
| Senior Medicare Patrol Program Integration             | 116  |
| Senior Medicare Patrol Project                         | 127  |

## Priority 5: Promote effective and responsive management of AoA human capital resources and grant funds.

| Program   |      |
|---|------|
| Choices for Independence  | 159  |
| Performance Outcomes Measures Project                                     | 159  |
| Planning Grants Project   | 171  |
| Study the Effects of OAA Services upon Medicare Utilization and Costs     | 176  |
| Systems-building in State Family Caregiver Support and Promotion Programs | 176  |
| Congressional Mandates  | Page |
| Congressional directed funding of special projects for specific purposes  | 177  |

#### 90AM2753 Aging and Disability Resource Center

Governor's Office Elderly Affairs PO Box 61 421 North 4th Street Baton Rouge, LA 70821-0061

Contact: Sharon Buchert (225)342-3570

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 375,999      |
| FY 2005 | 48,000       |
| FY 2006 | 400,000      |
|         |              |

Initially, Louisiana established a pilot Aging and Adult Disability Resource Center at the Cajun Area Agency on Aging (CAAA) with eight satellite locations in the parishes (counties). This pilot tested the design of the Resource Center in both urban and rural locations. In addition, the Resource Center combined with an interactive consumer-focused website; nationwide toll-free telephone number; and a single comprehensive assessment, eligibility determination, and care planning process to empower individuals to make informed choices and to streamline access to long-term care support. Based on the lessons learned from the implementation of the pilot Resource Center, Louisiana issued an RFP to establish Aging and Adult Disability Resource Centers across the state.

Target Population: Year One - Persons 60 and older; Year Two & Three - Persons 60 and older and adults

Anticipated Outcomes: 1) a convenient, accessible one-stop source of information, assistance, and streamlined access to services through a central location and satellite offices that provides consumers and their families information, assistance and referral resources; 2) comprehensive in-home assessments, with the opportunity to self-divert from institutional care and receive appropriate services in the least restrictive community setting of their choosing; 3) a "1-800" telephone and Internet access; 4) enhanced comprehensiveness of center services by separating care management functions from service provision and cross training and certifying resource center staff; 5) and a reduction in the number of intake, screening, and eligibility determination processes consumers must experience to receive services.

Program: Aging and Disability Resource Center

90AM2754 Aging and Disability Resource Center

Project Period: 09/30/2003 - 09/29/2008

 FY
 Grant Amount

 FY 2003
 375,518

 FY 2006
 400,000

WEST VIRGINIA BUREAU OF SENIOR SERVICES 1900 Kanawha Blvd. East Charleston, WV 25305

Contact: Julie Shelton (304)558-2241

West Virginia will establish centers statewide which will integrate access to all long-term care programs - both public and private pay - and develop uniform and standardized processes to determine level of need, eligibility and care plans. Programs integrated into the resource centers include the WV SHINE (a health and wellness program), family caregiver support, and Alzheimer's Disease caregiver support services, as well as the traditional long-term care services. The Bureau of Senior Services will partner with the West Virginia University, Center on Aging to evaluate the effectiveness of the two pilots to inform expansion to a statewide network of resource centers.

#### Target Population:

Year One - Persons 60 and older and adults over age 18 with physical disabilities Year Two & Three - Persons 60 and older and adults over age 18 with physical disabilities

Anticipated Outcomes: public understanding of the existence and functions of the resource centers; responsiveness to the unique needs of individuals and their long term care choices; a system of coordination for eligibility for publicly funded programs; provisions for private pay consumers; an informed state policy to promote a more balanced system of long-term care based on consumer choice; and protection for vulnerable individuals identified through the resource centers.

#### 90AM2755 Aging and Disability Resource Center

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 376,000      |
| FY 2005 | 48,000       |
| FY 2006 | 400,000      |

MARYLAND DEPARTMENT OF AGING 301 West Preston Street, Suite 1007 Baltimore, MD 21201-2374

Contact: Ilene Rosenthal (301)767-1265

The Maryland Department of Aging (MDoA) initially developed pilot Resource Centers in one urban/suburban county and one rural county, which served the elderly and people with physical disabilities. The program was designed to accomplish two primary goals: 1) to enhance the existing infrastructure by creating a single point of entry at the local level capable of coordinating access to long term supports; and 2) to streamline the Medicaid financial and programmatic eligibility determination process to make it less cumbersome for consumers. MDoA developed the project based on several key assumptions including: meaningful collaboration among partners; change processes require extensive education, follow-up and re-education; MIS linkages and redesigns must be cost-effective and adhere to HIIPAA; and state level policy changes will be required to effect local change. MDoA believes that introducing systems reform at the state level, along with establishing Resource Centers county by county, will create a foundation and groundswell that will assist them in achieving successful systems change statewide.

Target Population: Year One - Persons 50 and older; Year Two and Three - Adults with physical disabilities

Anticipated Outcomes: An interagency advisory structure at the state and local levels; a visible, trustworthy, responsive, efficient and cost effective resource center that empowers consumers to exercise choice; standardized forms and training materials designed to be used across agencies; a streamlined Medicaid financial and programmatic eligibility determination process; a "fast track" financial eligibility screening process; and improved programmatic eligibility determination by expanding and coordinating systems for case identification, intake, screening, and assessment.

#### 90AM2756 Aging and Disability Resource Center

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 376,000      |
| FY 2005 | 48,000       |
| FY 2006 | 400,000      |

Lieutenant Governor's Office on Aging 1301 Gervais Street, Suite 200 Columbia, SC 29201-3326

Contact: Barbara Kelly (803)734-9899

In its original grant proposal, South Carolina proposed to pilot the Resource Center program in two counties - Aiken and Barnwell - located in the Lower Savannah AAA service area. Through these centers, consumers currently receive information, assistance and counseling, assessment and short-term case management, eligibility screening, eligibility determination and the ability to apply for long term support services. Services, including Medicaid eligibility determination, are co-located. Eligibility determination and application processes have been streamlined through an electronic data sharing methodology that has developed in the pilot area. Building on an existing web-based information and assistance system, South Carolina Access, has linked the resource center case management system with existing databases, including the Medicaid Waiver Case Management system and the Bureau of Senior Services Family Caregiver system. Consumers are able to apply for services on-line. These efforts continue to be expanded to other parts of the state.

Target Population: Year One - Persons 60 and older First Quarter of Year Two & Year Three - Individuals with physical disabilities

Anticipated Outcomes: Resource centers in at least two locations providing information, counseling, eligibility screening and coordination with eligibility determination by Sept. 2005 and fully functional by Sept. 2006; a consumer tracking/case management system in operation by Sept. 2004; an on-line service application process in place by Sept. 2004; and an information management system - operational, and tracking referrals, utilization and costs in place by Sept. 2005.

#### 90AM2757 Aging and Disability Resource Center

MINNESOTA BOARD ON AGING PO Box 64976 540 Cedar Street

St. Paul, MN 55164-0976

Contact: Mary Chilvers (651)431-2596

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 347,394      |
| FY 2006 | 400,000      |

Minnesota has developed strong linkages between county long-term care consultation and information, referral and assistance services. Statewide, Minnesota has given consumers, their families and other caregivers and professionals access to more effective, consumer-friendly, and robust decision support Internet tools to navigate long-term care information for planning and decision-making; provided standardized statewide professional screening, assessment and eligibility using XML data sharing protocols; and has established four Hennepin County (including Minneapolis) resource centers in easy to access locations to provide a full complement of personalized awareness and information, assistance and access functions. Minnesota plans to eventually replicate the resource center program throughout the state after the three-year project period. An evaluation consultant will be retained to work with project management and the advisory board to develop and implement an effective measure of the impact of the project on the quality of life of participant consumers.

**Target Population:** 

End of Year One - Persons 60 and older

Year Two & Three - Persons 60 and older and individuals with disabilities of all types

Anticipated Outcomes: A resource center tailored to meet consumer's and professional's needs through tools connecting them to streamlined assess to long-term care services with a single, coordinated method of intake, assessment and eligibility, with quality monitored through a centralized data collection and evaluation; a decrease in consumer confusion and duplicative services and an increase in enhanced choice; and an improved ability by State and local governments to connect consumers to needed services and supports from publicly and privately funded services.

#### 90AM2759 Aging and Disabilty Resource Center

NEW JERSEY DEPARTMENT OF HEALTH & SENIOR SERVICES Division of Aging & Community Services 240 West State Street Trenton, NJ 08625-1002

Contact: Nancy Day (609)943-3429

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 375,079      |
| FY 2005 | 48,000       |
| FY 2006 | 400,000      |

New Jersey's original ADRC grant proposal established multiple Aging & Disability Resource Centers at the county level to test the development and implementation of models that integrated information and assistance, assessment, eligibility determination, and access processes and staff across programs. New Jersey has built upon its extensive information, assistance and referral system (NJ EASE) to provide information and assistance 24 hours a day, 7 days a week, and 365 days a year through its toll-free number and a new interactive website. A new management information system that supports client tracking, needs assessment, care plans, and utilization will be linked to a computerized universal application for services.

Target Population: Year One - Persons 60 and older; Year Two & Three - Persons 60 and older and individuals with physical disabilities. A special focus will be on hard-to-serve and underserved populations

Anticipated Outcomes: A visible, responsive, and trusted Resource Center, which will be the sole source for home and community-based services, connecting consumers to a full array of public and private supportive services to assist them in tailoring a care program that best meets their needs through a seamless process. The Resource Center will provide automated mechanisms for accurately tracking consumer utilization and service costs, which will aide in the development of needs assessments and care plans. It will also provide a comprehensive resource library to assist consumers with finding long-term care options and supports.

#### 90AM2760 Aging and Disability Resource Center

Massachusetts Executive Office of Elder Affairs Policy and Program Development One Ashburton Place, Room 517 Boston, MA 02108

Contact: Heather Johnson-LaMarche (802)879-1338

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 352,500      |
| FY 2005 | 48,000       |
| FY 2006 | 399,976      |

Massachusetts' Aging and Disability Resource Collaborative established an ADRC in the Northeast Region of the state. In the first year, a uniform intake process was developed and utilized by a team of intake workers from community partners, who provided comprehensive and coordinated information, referral and case management. Community service partners were cross-trained to ensure timely and appropriate transfer of information and resources. This collaborative effort is currently being expanded across the state and will target hard-to-serve or underserved populations. A toll-free telephone number, and interactive website of intake, referral and evaluation have provided the foundation for the collaborative's functions. The uniform screening and assessment tool and process developed under a Real Choice Systems Change grant will be launched through this collaborative.

#### Target Population:

Year One - Persons 60 and older and individuals with disabilities of all types Year Two & Three - Persons 60 and older and individuals with disabilities of all types A special focus will be on hard-to-serve and underserved populations

Anticipated Outcomes: A visible, trusted and accessible entry point into long-term care for consumers, including those from diverse populations; increased community communication and collaboration in the delivery of home and community-based services; and coordinated provision of long-term care services through an integrated case management function.

#### 90AM2761 Aging and Disability Resource Center

RHODE ISLAND DEPARTMENT OF ELDER AFFAIRS
John O. Pastore Complex
35 Howard Avenue

Cranston, RI 02920-

Contact: Joan D'Agostino (401)462-0507

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 352,030      |
| FY 2006 | 400,000      |

In their original ADRC proposal, Rhode Island Department of Elderly Affairs (DEA) proposed to create Elder and Adult Disabled Resource Centers that provided services to the elderly and individuals with physical disabilities. DEA has developed a storefront model which all Rhode Island residents have access to. A number of Older Americans Act, Medicaid and state funded programs have been co-located at the resource center site. Resource center infrastructure includes a toll-free line, a Web-based resource directory and benefits screening tool supported by a Real Choice Systems Change grant, and an integrated information management system. To facilitate systems coordination and collaboration, written agreements have been established with key partners. By Executive Order of the Governor, a long-term care Cabinet has ensured a coordinated, consumer-focused, cost effective system of long-term care. Rhode Island is in the process of consolidating services funded through state funds, Medicaid, and other federal programs into a new long-term care support program. The DEA project director for the Rhode Island Performance Outcomes Measurement Project will work with a contractor to conduct a project evaluation.

#### **Target Population:**

Years 1 - 3 - persons 60 and older and people with physical disabilities

Anticipated Outcomes: Reduction in the level of consumer frustration and confusion and an increase in consumer satisfaction in Rhode Island's long-term support system, and a system that ensures eligible individuals receive more appropriate, less costly forms of support based on consumer preferences.

Program: Aging and Disability Resource Center

#### 90AM2762 Aging and Disability Resource Center

Project Period: 09/29/2003 - 09/29/2008

 FY
 Grant Amount

 FY 2003
 328,663

 FY 2005
 48,000

 FY 2006
 400,000

Department of Public Health & Human Services PO Box 4210 Helena, MT 59604

Contact: Doug Blakely (406)444-7787

Montana has established a One-Stop Aging/Disability Resource Center in Yellowstone County. The Center, operated by the Area Agency on Aging, is open 362 days a year with counselors who will assist consumers in determining their eligibility for long-term care services, benefits and employment counseling and will provide referrals to federal, state, local and private agencies. A web-based eligibility and application process and a management information system that tracks client intake, needs assessment, care plan, utilization and costs has provided the infrastructure for the Resource Center functions.

Target Population:

Year One - Persons 60 and older

Year Two & Three - Persons 60 and older and individuals with physical disabilities

Anticipated Outcomes: Informed, effective and empowered consumers who are members of Yellowstone County's continuum of care; a resource center as a place consumers recognize and utilize to resolve questions or problems and access a full array of long-term care services; and an effectively managed system that tracks long-term care services through client intake, needs assessments, care plans, utilization and costs.

#### 90AM2763 Aging and Disability Resource Center

MAINE DEPARTMENT OF HEALTH & HUMAN SERVICES

Office of Elder Services

11 State House Station, 444 Civic Center Drive

Augusta, ME 04333

Contact: John Baillargeon (207)287-9208

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 360,586      |
| FY 2006 | 399,940      |

Building on the state's current statewide pre-admission assessment program and the recommendations of the Maine Olmstead Workgroup for Community-based Living, the Bureau of Elder and Adult Services has worked with three community coalitions to test methods to streamline consumer access to long term supports; established, within the current long term support assessment process for adults of all ages, the means to improve person-centered service planning for the targeted populations; implemented referral and follow-up protocols to improve service coordination and ensure more effective service access; evaluated resource center results to inform the process of merging the two state departments responsible for the organization and delivery of long term support services; and replicated the process across the state. Resource Center funds have been used to enhance existing automated Medicaid eligibility tools and to assess the feasibility of a web-based Medicaid application process to improve "real time" interface.

Target Population: Year One - Persons 60 and older; Year Two and Three - adults with mental health & addiction disorders, brain injury, developmental disabilities, and cognitive impairments.

Anticipated Outcomes: A cohesive network of local and state resources at the community level, that communicates effectively to assist adults of all ages and incomes seeking long term support; enhanced management information systems and Medicaid level of care and financial application procedures to allow for more timely, user-friendly access; a revised pre-admission assessment tool to develop comprehensive service plans based on informed choice and consumer preference; and a coordination and linkage of protocols at the state and local level to support ongoing service coordination for target populations.

Program: Aging and Disability Resource Center

#### 90AM2764 Aging and Disability Resource Center Project

UNIVERSITY OF NEW HAMPSHIRE
Office of Sponsored Research
Service Building, 51 College Road
Durham, NH 03824-3585

Contact: Amy Schwartz (603)862-5099

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 376,000      |
| FY 2006 | 399,261      |
|         |              |

The goal of the New Hampshire Resource Center project is to integrate the current information and assistance program with the State Assessment and Counseling program and the eligibility determination and care plan authorization processes for nursing facility and home and community-based waiver programs across the state. Through the leadership of state and community stakeholders, this goal has been obtained. Resource Centers have established a system of coordination with Medicaid financial eligibility determination. Resource Centers are designed to serve the elderly and all target populations of people with disabilities. The project advisory committee has guided the design and development of evaluation activities. A subcommittee of the advisory work group continues to provide consultation in selecting and implementing an automated information management system.

Target Population: Years 1 - 3: Persons 60+ and people with disabilities

Anticipated Outcomes: Consumers and their caregivers aware of the Resource Centers as a trusted place to get easy access to comprehensive and current information on long term support options; uniform clinical eligibility assessments of nursing facility applicants who have applied for Medicaid benefits; and information, referral, counseling, and assessment services that are efficiently coordinated to eliminate duplication and burden on consumers.

#### 90AM2820 Aging and Disability Resource Center Initiative

Project Period: 09/30/2004 - 09/29/2008

| CHOOL CONDONECTOR CONE |              |
|------------------------|--------------|
| FY                     | Grant Amount |
| FY 2004                | 396,631      |
| FY 2005                | 48,000       |
| FY 2006                | 85,000       |
| EV 0007                | 000 000      |

ARKANSAS DEPARTMENT OF HUMAN SERVICES Slot S-530 P.O. Box 1437 700 Main Street Little Rock, AR 72203-1437

Contact: Gloria Powell (501)683-0966

In Arkansas' original Aging & Disability Resource Center design, they developed a Community Choice Resource Center that serves older people, as well as people with physical or developmental disabilities, in a 12-county region of the state. The Area Agency on Aging of Southwest Arkansas established a physical Center co-located with partner agencies in an existing community center; provided out-stationed counselors to serve the 12-county region; and developed and implemented an Internet-based consumer assessment, referral, enrollment and reporting tool that will serve as the project management information system. Arkansas will develop a procedures manual on how to operate a Resource Center, to encourage replication of the model across the state. In addition, Arkansas is now developing its ADRC program to include options counselors that will serve all persons regardless of age, income or disability, and are establishing a statewide ADRC call center.

Target Population: Year 1 - Persons 60 and older; Year 2 & 3 - Persons 60 + and individuals with physical or developmental disabilities

Anticipated Outcomes: The Community Choice Resource Center will: integrate programs; improve access; coordinate services; manage program information; and enhance choice.

Program: Aging and Disability Resource Center

#### 90AM2821 Aging and Disability Resource Center Initiative

STATE OF IOWA

lowa Department of Elder Affairs

510 East 12th Street - Suite #2 200 10th Street

Des Moines, IA 50319

Contact: Mary Anderson (515)725-3301

Project Period: 09/30/2004 - 09/29/2008

FY Grant Amount
FY 2004 400,000

| ΓY      | Grant Amount |
|---------|--------------|
| FY 2004 | 400,000      |
| FY 2006 | 85,000       |
| FY 2007 | 200,000      |
|         |              |

lowa will establish a Resource Center that will be accessible to every community by toll-free telephone service, web site access or through service delivery professionals. The state will integrate its Internet-based management information system with that of the developmental disabilities system. It will also create an interactive, consumer-oriented website, expanding to support this "no wrong door" approach to accessing the long-term care system. Information and counseling services will be made available to private-pay individuals.

Target Population: Year One - Persons 60 and older; Year Two & Three - Persons 60 and older and individuals with developmental disabilities.

Anticipated Outcomes: empowered consumers who make informed choices about long-term care; streamlined access to long term supports; minimized consumer confusion; and limited use of unnecessary high-cost services.

#### 90AM2822 Aging & Disability Resource Center

Project Period: 07/01/2004 - 06/30/2008

FY 2004

 FY
 Grant Amount

 FY 2004
 100,000

 FY 2007
 75,000

NORTHERN MARIANA ISLANDS DEPT OF COMM & CULTURAL AFFAIR

Caller Box 10007 Saipan, MP 96950

Contact: Rose Mondala (670)664-2598

The Commonwealth of the Northern Mariana Islands (CNMI) will establish an Aging and Disability Resource Center, where older people and people with disabilities in the island community can have access to clear and uniform information and counseling on all available long-term care services. The Center will also be a single point of entry to public short and long term support programs and activities. It will reach out to underserved older people and people with disabilities in villages where people have limited access to information. CNMI will integrate access to long-term care programs and activities through co-location of personnel and an integrated database. Center staff will assist consumers in utilizing the Benefits Check-Up online tool to determine eligibility for public benefits.

Target Population: Year One - All populations; Year Two & Three - All populations

Anticipated Outcomes: simplified access to information and an eligibility screening process for a variety of long-term care supports and services in one location; educated consumers, professionals, and communities that know about the services, program resources, agencies and resource center; community-wide support for use of the resource center technology to provide clear, accurate and current information on available long-term care support; services that centralize screening of program applications to ensure clients are matched with appropriate programs that best meet their needs; and reduced waiting time for consumers who need screenings, program enrollments, and referrals.

#### 90AM2823 Aging and Disability Resource Center Initiative

New Mexico Aging and Long-Term Services Department 2550 Cerrillos Road Santa Fe, NM 87505

Contact: Emily Kaltenbach (505)476-4755

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 399,450      |
| FY 2005 | 48,000       |
| FY 2006 | 85,000       |
| FY 2007 | 191,000      |

New Mexico has realized the vision of the Resource Center by establishing the core capacity of information & assistance services statewide and phasing in a seamless public interface through a community-based resource center. New Mexico is in the process of developing a detailed provider database; strengthening the information and assistance capacity of 50 local sites across the state; and standardizing the needs assessment process, standardizing and coordinating the eligibility determination process, and phasing in comprehensive Resource Centers to serve older people and individuals with physical disabilities across the state. This goal is within reach. New Mexico has also integrated its Adult Protective Services through the Aging and Disability Resource Center (ADRC). A consultant has been utilized to conduct a project evaluation based on project goals and objectives, and the advisory committee will use the results to make recommendations for operational and process modifications.

Target Population: Year One - Persons 60 and older; Year Two & Three - Persons 60 and older and individuals with physical disabilities

Anticipated Outcomes: A statewide information system, counseling and providing assistance with public and private long-term care services; creation of a Resource Center with improved public awareness, information availability and assistance, and access to long-term care services, case management and other related functions to promote personal choice, independence and cost-effective use of available services; and a system that enhances availability, assistance and access to long-term care services to promote personal choice and independence of older people & adults with physical disabilities and to support their caregivers.

#### 90AM2824 Aging and Disability Resource Center Initiative

Project Period: 09/30/2004 - 09/29/2008

| 00000,0 | <u> </u>     |
|---------|--------------|
| FY      | Grant Amount |
| FY 2004 | 400,000      |
| FY 2005 | 48,000       |
| FY 2006 | 85,000       |
| FY 2007 | 200.000      |

NORTH CAROLINA DEPARTMENT OF HEALTH AND HUMAN SERVICES 2101 Mail Service Center Raleigh, NC 27699

Contact: Heather Burkhardt (919)733-8400

The NC Resource Center's program is a locally integrated, visible network of resources providing consumers uniform information & access in 1 urban & 1 rural county. The NC Division of Aging developed a Resource Center incorporating a new statewide Information & Assistance infrastructure, expanded the use of volunteer benefits counselors, modified a version of NCOA's Benefits CheckUp, and piloted a uniform intake/screening tool. The Div. of Medical Assistance (DMA) developed a Chronic Care Mgmt. Project in a regional hospital to complement the Resource Center by providing essential functions targeted to the most complex long-term care populations reliant on public support. The DMA has also piloted a simplified adult Medicaid mail-in application through Resource Centers. Foundations for an integrated, computerized tracking management system to facilitate seamless access to services and aid in planning, development & evaluation, will be developed. Research Triangle Institute will evaluate. North Carolina is currently conducting statewide regional forums to support statewide expansion of ADRCs. Also, NC is leveraging CMS System Transformation Grant dollars to develop 4 additional ADRCs within the state.

Target Population: Year 1 - Persons 60 and older; Year 2 and 3 - A second target population will be selected by local communities from target groups of people with physical disabilities, mental illness, and/or MR/DD.

Anticipated Outcomes: an established Resource Center as a visible & trusted source of assistance, conforming to necessary statewide dissemination standards; disseminated information and assistance about LTC care needs, relevant to seniors & younger persons with disabilities and family caregivers; access to LTC services with greater ease (less effort, less time) by seniors & younger persons with disabilities; and access to LTC care supports that enable seniors & younger persons with disabilities to remain in the community as long as possible.

#### 90AM2825 Aging and Disability Resource Center Initiative

GEORGIA DEPARTMENT OF HUMAN RESOURCES

Two Peachtree Street, NW 9th Floor

Atlanta, GA 30303

Contact: Alan Goldman (404)657-5268

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 399,999      |
| FY 2005 | 48,000       |
| FY 2006 | 85,000       |
| FY 2007 | 200,000      |

In their original ADRC proposal, Georgia implemented Aging and Disability Resource Centers in 1 urban (decentralized model) and 1 rural (centralized model) service area, to serve the elderly and people with developmental disabilities. The Centers built upon the existing AAA based single point of entry system known as the Gateway system, which includes assessment & financial eligibility determination functions. Resource Centers implemented protocols for consistency in providing information & assistance, built local coalitions, developed training & marketing strategies, and expanded the service and resource database to include services for people with developmental disabilities, with the long term goal of moving GA toward the vision of a seamless consumer one-stop shop for all target populations in need of long-term care options statewide. Other regions across the state have been provided with the tools and resources to replicate a centralized or decentralized resource center model for aging consumers and people with developmental disabilities. Evaluation will focus on the outcomes below and will draw on client satisfaction surveys developed through the AoA Performance Outcome Measurement Project. GA is currently working with local Centers for Independent Living to increase ADRCs' capacity for serving persons with physical disabilities.

Target Population: Year One - Persons 60 and older; Year 2 & 3 - Individuals with developmental disabilities

Anticipated Outcomes: ADRCs as visible and trusted places where consumers get streamlined access to long-term care; a collaborative environment in which effective community coalitions occur between service networks; population specific protocols for information & assistance that increase efficiency and effectiveness; an expanded resource database that includes resources for persons with developmental disabilities; and staff cross-trained on issues & needs of the elderly and people with developmental disabilities.

#### 90AM2826 Aging and Disability Resource Center Initiative

Illinois Department on Aging 421 East Capitol Avenue, Suite 100 Springfield, IL 62701

Contact: Ross Grove (217)524-7627

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 400,000      |
| FY 2005 | 48,000       |
| FY 2006 | 85,000       |
| FY 2007 | 200,000      |

As part of its original ADRC grant, Illinois established an Aging and Disability Resource Center in Rockford, to be administered by the Northwestern Illinois Area Agency on Aging, which served persons with developmental disabilities and older people. Illinois also established a second Center in Decatur, administered by the East Central Illinois Area Agency on Aging, which served persons with physical disabilities, older people and family caregivers. The Resource Centers have provided long-term care options, counseling and comprehensive needs assessments through a person-centered planning approach. The Centers have expanded caregiver support services to previously underserved populations, such as grandparents raising grandchildren. The Department of Disability & Human Development at the University of Illinois evaluates the effectiveness of the Centers to determine feasibility of statewide expansion. Current expansion efforts include Cook County, through the partnership of the Suburban AAA and Center For Independent Living.

#### **Target Population:**

Year One - Persons 60 and older and individuals with physical and developmental disabilities Year Two & Three - Persons 60 and older and individuals with physical and developmental disabilities

Anticipated Outcomes: an established Resource Center that maximizes the abilities of older people, persons with physical disabilities and persons with developmental disabilities to make informed choices and to meet their long-term care needs; and a system of direct assistance to family caregivers, who plan for the future needs of family members who have physical disabilities and/or developmental disabilities.

#### 90AM2827 Aging and Disability Resource Center Initiative

WISCONSIN DEPARTMENT OF HEALTH AND FAMILY SERVICES

1 West Wilson Street P.O. Box 7851 Room 450

Madison, WI 53707

Contact: Anne Marie Ott (608)261-7809

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 400,000      |
| FY 2006 | 85,000       |
| FY 2007 | 200,000      |
|         |              |

ADRC's were created in WI mid-1990. Currently, the WI Dept. of Health and Family Services is planning for Aging & Disability Resource Center (ADRC) expansion statewide by 2012.

In Wisconsin, ADRCs are distinctively "one-stop shops" for the entire community to receive specialized information & assistance on all LTC options, and act as a "single point of entry" for individuals to access public LTC benefits. "One-stops" conduct marketing & outreach to create awareness in the greater general public to encourage prevention and early planning for long-term care, which fosters independence. The "single entry point" streamlines eligibility & provides objective options counseling to persons choosing Medicaid and/or Medicare managed care. In accordance with the FY04 ADRC grant from AoA and CMS, the ADRCs in WI serve people over 18 with a disability, & provide services to individuals with mental health issues and/or substance use disorders.

Most recently, WI has worked to improve the public's experience with ADRCs as they become visible and central to Wisconsin's community service system. In 2007, WI developed & proposed a project to evaluate state agency roles for oversight of rapid ADRC expansion and determine appropriate human resource deployment for contract management & quality. Project objectives were to: 1) work with ADRC sites to study the ease of consumer access, & the efficiency/effectiveness of procedures specific to eligibility and enrollment into public benefit programs; 2) determine appropriate roles for state administration needed in future ADRC expansion years; 3) provide local technical assistance to newly developing ADRCs to promote competence & confidence in their operations; 4) standardize materials used by ADRCs statewide to inform & counsel the public about LTC choices, inc. managed care and self-directed supports; and 5) develop an ADRC Operations Manual to explain how to use best practice and meet quality benchmarks.

#### 90AM2828 Aging and Disability Resource Center Initiative

DISABILITY, AGING AND REHABILITATIVE SERVICES 402 West Washington St. MS-21 Indianapolis, IN 46204

Contact: Natalie Angel (317)332-7132

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 389,405      |
| FY 2005 | 48,000       |
| FY 2006 | 84,744       |
| FY 2007 | 200,000      |

Indiana initially phased in the establishment of six Aging and Disability Resource Centers to coordinate information, referral and programmatic/financial eligibility determinations for older people and individuals with physical disabilities. In 2008, ADRCs will be rolled out across the state. The management information systems from the aging network and physical disabilities network will be integrated and Internet-based to provide the foundation for statewide expansion of the Resource Centers. Local Resource Centers will develop and implement an information marketing strategy that targets providers and community resources, as well as consumers.

Target Population:

Year One - Persons 60 and older

Year Two & Three - Persons 60 and older and individuals with physical disabilities

Anticipated Outcomes: An expanded awareness of older people and individuals with physical disabilities, to the full range of long-term care services available to them; streamlined access to long-term care services for both public and private pay individuals; and a management information system that will enable the state to promote a more balanced system of care based on consumer choice.

#### 90AM2829 Aging and Disability Resource Center Initiative

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 399,999      |
| FY 2006 | 83,724       |
| FY 2007 | 200,000      |

STATE OF CALIFORNIA - DEPARTMENT OF AGING 1300 National Drive, Suite 200 Sacramento, CA 95834-1992

Contact: Denise Crandall (916)419-7507

In their original ADRC proposal, California established a Resource Center in Del Norte County and San Diego County, in partnership with the Area Agencies on Aging and Centers for Independent Living (CIL). The unique synergies that have developed, have helped simplify access to long-term care services and increase the capacity of both organizations to serve persons with disabilities. In addition, the Resource Centers have identified systems improvements related to access, conducted public awareness activities, targeted outreach to underserved or hard-to reach populations, identified modifications to the Network of Care website, and partnered with physicians who will link with social services. California will evaluate the effectiveness of the two Resource Centers based on geographic, cultural and socio-demographic differences. These efforts will help support further expansion of the ADRC efforts across the state, building upon the unique partnership model developed between the AAA and the CIL.

Target Population: Year One - Persons 60 and older; Year Two and Three - All populations (San Diego), Persons 60 and older and individuals with physical disabilities (Del Norte)

Anticipated Outcomes: The establishment of Resource Centers, which are non-stigmatizing public places, accessed for information and assistance by a diverse range of people, with both private pay and public pay individuals referred by physicians and other professionals. Resource Centers will have the ability to refer clients to needed medical care, as well as social supports.

#### 90AM2830 Aging and Disability Resource Center Initiative

FLORIDA DEPARTMENT OF ELDER AFFAIRS 4040 Esplanade Way, Suite 280 Tallahassee, FL 32399-7000

Contact: Sandi Smith (850)414-2000

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 399,973      |
| FY 2005 | 48,000       |
| FY 2006 | 85,000       |
| FY 2007 | 200,000      |

Florida has developed and implemented Resource Centers in different service areas, offering information, counseling, referrals, assessment and eligibility functions for both publicly and privately funded services for the elderly and individuals with mental illness. To achieve this, Florida has co-located information & referral, screening and assessment, access to crisis intervention, short-term case management, medical and financial eligibility determination, and long-term care counseling. Florida has established a single administrative structure accessible through multiple locations (senior centers, AAAs, housing authorities, mental health centers etc.) in each of the Resource Center communities. The Department of Elderly Affairs, in conjunction with the Florida Office of Long-Term Care Policy, developed and conducted the evaluation. The Resource Center program will benefit from an existing Florida project designed to merge existing program information management databases. The Florida legislature currently supports integrated long-term care. Aging Resource Centers are currently located across the state and are supported by state dollars.

Target Population: Year 1 - persons aged 60 and older; Years 2 & 3 - individuals with mental illness

Anticipated Outcomes: visibility - demonstrated increase in the number of consumer requests; trust - 80 % of respondents to a survey of ADRC customers express trust in Resource Center services; ease of access - ADRC customers express satisfaction with ease of accessing Resource Center services; responsiveness - ADRC customers express satisfaction with the responsiveness of Center services; efficiency and effectiveness, measured through: 1) a time study to determine savings as a result of Resource Centers, 2) customer interviews assessing value or services received, and 3) by establishing baseline data in year one for each Resource Center.

#### 90AM2831 Alaska's Aging and Disabilities Resource Center

Project Period: 07/01/2004 - 09/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 399,791      |
| FY 2007 | 200,000      |

ALASKA HOUSING FINANCE CORPORATION PO Box 101020

Anchorage, AK 99510-1020

Contact: Jim McCall (907)330-8436

Alaska has established five regional Resource Centers operated by the State Centers for Independent Living (SILC) to provide citizen-centered "one-stop shopping" entry to long term support services for seniors and people with disabilities statewide. The state of Alaska, through the Division of Senior and Disability Services, is playing an increasing role and support to SILC. The Resource Centers currently offer information and referral services, eligibility screening, assistance in gaining access to long term support services for private pay consumers, comprehensive assessment for those seeking publicly funded services, programmatic eligibility determination for long term support services, and access to the Division of Public Assistance for Medicaid financial eligibility determination. The SILC continue to work with the Division of Senior and Disability Services and the Senior Housing Office to develop a management information system that tracks consumer intake, needs assessment, care plans, utilization, and costs. Formative and summative evaluations have been conducted by the Center for Human Development.

Target Population: Year One - Persons 60 and older and persons with disabilities of all types Year Two and Three - Persons 60 and older and persons with disabilities of all types

Anticipated Outcomes: Resource Centers with streamlined access to long term support services; outreach to underserved populations; Centers effectively empowering individuals in need, or planning for long term supports, to make informed choices; an emphasis on supporting consumer-driven, home and community- based service options; and assistance with increasing the knowledge of health and long term support professionals and others providing services to the elderly and people with disabilities.

#### 90AM2919 Aging and Disability Resource Center

Department of Executive Offices Commonwealth of PA, Ofc. of Health Care Reform 4th Floor - Forum Building Harrisburg, PA 17120-0302

**Contact: Elaine S Smith** (717)346-9713

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 359,080      |
| FY 2006 | 396,400      |

Pennsylvania will plan and operate four demonstration Resource Centers located in diverse areas of the state to assist all consumers and family members who need information, counseling, assessment and assistance in applying for long-term care services. In two of the Centers, personnel from all relevant service agencies will be co-located at the Centers. In the remaining two Centers, relevant agencies will be connected to each other and the co-located Centers via the Internet, to provide uniform delivery of information, assistance and access services. A single application for services will be developed, the eligibility process will be streamlined and a common assessment tool will be developed and utilized by all of the Centers. By the end of the project period, a plan will be established to expand the Resource Centers statewide, based on a comprehensive evaluation.

Target Population: Year One - All populations; Year Two and Three - All populations

Anticipated Outcomes: Simplified and streamlined access to long-term care that ensures each individual's need for services is determined and addressed promptly; maximized consumer choice and service provisions in a consumer friendly manner, respecting and ensuring dignity of all served; and a more balanced system of long-term care, which includes more home and community-based services.

#### 90AM2993 Alabama Aging and Disability Resource Centers

Alabama Department of Senior Services State Unit on Aging 770 Washington Avenue RSA Plaza, Suite 470 Montgomery , AL 36104

Contact: Lori Frazier (334)353-8320

Project Period: 09/30/2005 - 09/29/2008

Project Period: 09/30/2005 - 09/29/2008

Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 467,600      |

Alabama Aging and Disability One-Stop Centers will be accessible to every community through ElderConnect, allowing individuals to make informed choices through a single point of entry access to long-term care (LTC) support programs and services. Alabama's ADRC project, in conjunction with partnering agencies, will empower individuals to make informed decisions regarding LTC living support programs and services by offering information and access to an array of local resources at a single point of entry. The Alabama Department of Senior Services will be responsible for oversight and coordination, and will: 1) establish two ADRCs - Pilot I will be housed in the South Central Alabama Development Commission AAA comprised of six counties. Pilot II will be housed in the East Alabama Regional Planning and Development Commission AAA comprised of ten counties; 2) create standardization of a state-wide screening and eligibility tool for LTC; 3) expand the existing management information system, Elder Connect, to capture and disseminate pertinent information on services for the elderly and mentally disabled that fully supports the functions of the ADRC grant; 4) advance outreach; and 5) establish state and local advisory boards.

Target Population: Year 1- individuals aged 60+; Years 2 & 3 - ages 60+ and persons with mental disabilities

Anticipated Outcomes: 1) Alabamians will have easy access to information regarding LTC and will enjoy the freedom to choose the services that best fit their needs; 2) reduction in multiple transfers of persons to and between agencies, by streamlining access and eligibility process, thereby raising client satisfaction, and providing better management of private/public resources; and 3) increased awareness of ADRC services through several aggressive outreach strategies.

Program: Aging and Disability Resource Center

#### 90AM2994 Arizona Aging & Disability Resource Center

Arizona Department of Economic Security Aging & Adult Administration 1717 W. Jefferson PO Box 6132 Phoenix, AZ 85007

Contact: Robin Jordan (602)542-4446

The Arizona Department of Economic Security, in partnership with the Arizona Health Care Cost Containment System, will implement the Arizona Aging and Disability Resource Center (AzADRC). This ADRC will create a single, coordinated system of information, assistance, and access for all persons seeking long-term care services. A web-based tool, the Uniform Assessment Instrument (UAI), will be used for eligibility determination across all target populations and across all agency services to streamline services for consumers. Additionally, established community sites will provide counseling services and assistance with long-term care options. This grantee's target populations are persons 60 and older and individuals with physical and developmental disabilities. The anticipated outcomes of this grant include an increase in public knowledge of AzADRC locations, functions, website and contact information, and the completion of a UAI that meets the needs of all provider agencies.

### 90AM2995 Colorado State Unit on Aging Application for the Aging and Disability Resource Center

Project Period: 09/30/2005 - 09/29/2008

Project Period: 09/30/2005 - 09/29/2008

FY 2005

**Grant Amount** 

FY Grant Amount FY 2005 467,600

COLORADO DEPARTMENT OF HUMAN SERVICES 1575 Sherman Street, 10th Floor

Denver, CO 80203

Contact: Jeanette Hensley (303)866-2636

Colorado's State Unit on Aging, with the assistance of the Colorado Department of Health Care Policy and Financing, the Senior Health Insurance Program, Area Agencies on Aging, the Single Entry Point Agencies (SEP), and the 211 Network will collaborate to create one urban and one rural Aging and Disability Resource Center (ADRC) pilot site. The ADRC will be implemented by developing an online interactive database of resources and a sustainable statewide information and assistance network with a "no wrong door" approach for consumer questions regarding long-term care services. The ADRC's target populations are persons 60 and older and adults living with disabilities.

Program: Aging and Disability Resource Center

#### 90AM2996 DC Aging and Disability Resource Center

District of Columbia, Department of Health (DOH) Medical Assistance Administration (MAA) 825 North Capitol Street, N.E., Suite 5135 Washington, DC, DC 20002

Contact: Jeff Anderson (202)442-5972

The District of Columbia's Department of Health proposes to expand its current Resource Center to continue the process of systems change for citizens seeking long-term care options. The goal of the proposed project is to expand public awareness of the Center and its services. The proposed approach will boost the visibility of the new Resource Center, further develop and enhance its website, plan for sustainability, and address identified housing issues of people with long-term care needs. The project involves four objectives: 1) to expand public awareness and market the Resource Center by hiring an outreach coordinator; 2) to streamline access to long-term care by upgrading the planned beta website to make it interactive, with future online application capacity; 3) to initiate a sustainability plan by obtaining consultation regarding a fee schedule for private payers for those above Medicaid eligibility, and 4) to address long-term care choices by conducting a strategic analysis of the housing needs of the target population, with recommendations for change.

Target Population: Year One - Individuals age 60+ and adults with physical disabilities; Years Two & Three - 60+ and individuals with physical disabilities, dementia, developmental disabilities/mental retardation

#### **Anticipated Outcomes:**

- increased collaboration among aging and disability organizations
- a three year marketing and public awareness plan
- an increase in requests for information and referral
- an increase in the number of persons enrolled in home and community-based services
- an analysis of the housing resources and unmet needs will be completed

#### 90AM2997 Community Choice Resource Center Network

GUAM DEPARTMENT OF INTEGRATED SERVICES FOR

Individuals With Disabilities

Office of the Director Pacific News Building Suite 702

Hagatna, GU 96910

Contact: Rosanne S Ada (671)642-0038

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 467,599      |

The Department of Integrated Services for Individuals with Disabilities is the lead agency for the Aging and Disability Resource Center (ADRC), and has established a partnership with Guam's Developmental Disabilities Council. The goal of the project is to create a highly visible "Community Choice" Resource Center to serve the aging and physically or developmentally disabled in 26 villages. The proposed Community Choice Resource Center Network will build on Guam's 20 Community/Senior Centers and will enable rural consumers to easily find, access, and enroll in home and community-based services. The objectives of this project are: 1) to create Guam's first publicly accessible, online directory of long-term care services and information; 2) to establish 20 physical Resource Centers co-located within the island's Community/Senior Centers; 3) to hire and train out-stationed counselors in outlying areas; and 4) to implement an Internet-based information, referral, screening and assistance tool that will serve as a screening tool and client management information system for the project. The tool will enable Resource Center staff to manage and coordinate services across the territory and provide data to identify service needs and gaps in order to develop an effective community long-tem care service system and a meaningful alternative to institutional care. The Community Choice Resource Center Network will serve as the primary entry point to the long-term care system.

Target Population: Year One - individuals aged 60+

Years Two & Three - 60+ and adults with physical and developmental disabilities

#### **Anticipated Outcomes:**

- -Improved access to services for seniors and individuals with disabilities,
- -Enhanced consumer choice
- -Increased coordination of services across agencies
- -A reduction in the number of individuals placed in off-island institutions

Program: Aging and Disability Resource Center

#### 90AM2998 Hawaii Aging and Disability Resource Center

EXECUTIVE OFFICE ON AGING State of Hawaii Department of Health 250 S. Hotel Street, Suite 406 Honolulu, HI 96813-2831

Contact: Pat Sasaki (808)586-0100

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,600

Hawaii's State Executive Office on Aging, in partnership with the Hawaii County Office of Aging and the City and County of Honolulu Elderly Affairs Division, will establish an Aging and Disability Resource Center (ADRC) on the Island of Hawaii and on Oahu. The overall design is to build the ADRC from the core functions of the local Area Agencies on Aging. In collaboration with other aging and disability agencies, the ADRC will co-locate services in a centralized facility that will offer a one-stop shop for information and resources on long-term care. The Centers' target populations are persons 60 and older and individuals with physical disabilities. The anticipated outcomes of this grant are a high user satisfaction, and a reduction in the intake and referral process.

#### 90AM2999 Community-based Aging and Disability Resource Center

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,600

IDAHO DEPARTMENT OF HEALTH AND WELFARE

PO Box 83720 Boise, ID 83720

Contact: Michele I Turbert (208)364-1946

The Idaho Department of Health and Welfare will be the lead agency in developing an Aging and Disability Resource Center (ADRC) that will service three communities. Idaho's 211 CareLine service will function as the single point of entry to long-term care services. Benefits counseling, eligibility screening and determination, and assistance with accessing private and public long-term care funds are some of the services this ADRC will provide to improve the coordination of service delivery between local and state agencies. Target populations this grantee will service are persons 60 and older, and individuals with physical disabilities. The anticipated outcomes of this grant include the increased use of programs and benefits that can help consumers remain in the community, and an increase in public awareness of both private and public long-term care support options.

Program: Aging and Disability Resource Center

90AM3000 Aging and Disability Resource Center

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,600

KANSAS DEPARTMENT ON AGING 503 S. Kansas Avenue Topeka, KS 66603

Contact: Janis DeBoer

The Governor of Kansas selected the Department of Aging to serve as the lead agency to develop an Aging and Disability Resource Center (ADRC). Center pilots will provide a variety of highly visible, easy to access services from a coordinated system of services, which will improve access to Medicaid and state funded programs. The target populations this grantee will serve are persons 60 and older and adults who have serious mental illnesses. The anticipated outcomes of this project include a 20% decrease in time between applying for and receiving benefits, a 10% increase in referrals to Community Mental Health Centers (CHMCs), and a 25% decrease in time to get screenings referred to CMHCs.

#### 90AM3001 Aging and Disability Resource Center Grant Initiative

KENTUCKY CABINET FOR HEALTH AND FAMILY SERVICES

Aging Services

275 E. Main Street, Mail Stop 3 W-F

Frankfort, KY 40621

Contact: Phyllis E Culp (502)564-6930

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 467,600      |

Kentucky will establish an Aging and Disability Resource Center (ADRC) pilot at the Northern Kentucky Area Agency on Aging. This site will service both rural and urban consumers and will establish a collaborative relationship with the local independent living centers, the faith-based community, United Way and mental health and mental retardation providers. The Resource Center will provide consumers with web-based information and referral resources and collaborate with the Real Choice Systems Change grantee to provide a seamless system for clients to access both private and public long-term care sources of support. The supportive services this ADRC will provide include housing, employment, and eligibility and determination assessments. The target populations the ADRC will serve are persons 60 and over and adults with mental retardation.

Program: Aging and Disability Resource Center

90AM3002 Aging and Disability Resource Center

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,600

Michigan Department of Community Health 320 Walnut Street - PO Box 30479 Lansing, MI 48913

Contact: Jane Church (517)335-0276

The Michigan Office of Long-Term Care Supports and Services, the State Unit on Aging & state Medicaid agency, will create a network of aging and disability resource centers (ADRC) to: 1) establish comprehensive resources of long-term care; and 2) provide information and assistance in accessing services, & planning for long-term care financing and delivery, benefits outreach and proactive choice counseling. ADRCs will serve as the single point of entry (SPE) for elderly and physically disabled adults to Michigan's Medicaid-funded long-term care system. The ADRC will conduct medical and facilitate financial eligibility determinations for Medicaid-funded supports and services provided in nursing facilities and the MI Choice waiver. Use of the ADRC/SPE will be mandatory for individuals seeking access to Medicaid-funded nursing facility programs. Objectives include: 1) offering consumers more options; 2) establishing quicker access to services through streamlined eligibility and assessment; 3) reducing unnecessary institutionalization through diversion and transition; and 4) integrating consumers' voice into organizational governance.

Target Population: Year 1 - individuals aged 60+; Years 2 & 3 - age 60+ and adults with physical disabilities

#### Anticipated Outcomes:

- -Creation of modular assessment tool to be used across programs/systems/settings
- -Financial eligibility determination meets federal standard of promptness requirements
- -Fragmented intake processes integrated into a single coordinated process
- -Decreased numbers of individuals who are being served in institutions, as a result of transition services
- -More collaboration and involvement of local organizations in the long-term care supports system

#### Products:

- -Print and web-based directory of long-term care resources
- -ADRC materials in multiple languages

#### 90AM3003 Aging and Disability Resource Center

Mississippi Department of Human Services Division of Aging 750 North State Street Jackson, MS 39212

Contact: Patricia Kelly (601)359-4925

Project Period: 09/30/2005 - 09/29/2008

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 438,375      |

The Mississippi Department of Human Services' Division of Aging and Adult Services, in collaboration with the Governor's Medicaid Division and the Mississippi Department of Rehabilitation Services, will create an Aging and Disability Resource Center (ADRC) with a single point of entry for culturally competent, coordinated services where consumers can get information and advice about a wide range of long-term care resources. Information concerning health care, income security, housing, and financial management will also be provided via a streamlined, easy to access one-stop pilot in Central Mississippi, which will service seven rural and urban counties with diverse consumer populations. This ADRC's target populations are persons 60 and older and adults with disabilities. The anticipated outcomes of this grant include a sustainable coordinated system of information and access for all persons seeking long-term support; higher customer satisfaction; an increase in the elderly and disabled living in their own homes; and an increase in early planning for long-term care.

Program: Aging and Disability Resource Center

#### 90AM3004 Nevada Long-Term Care Connection

State of Nevada Health and Human Services 3100 W. Sahara Avenue, Suite 103 Las Vegas, NV 89102

Contact: Tina Gerber-Winn (702)486-3520

ealth and Human Services

[00 W. Sahara Avenue, Suite 103]

Nevada's Division for Aging Services plans to develop three physical Aging and Disability Resource Center (ADRC) sites in Las Vegas, Reno and Elko. The physical location of the Las Vegas pilot will be with the Medicaid caseworkers under the Division's Community-based Care Program and co-located with the State Health Insurance Programs Director. In addition to providing information and referral on long-term care services and targeting Hispanic seniors and caregivers, this ADRC will also provide information about transportation and housing, and will collaborate with the state Medicaid office to provide streamlined access to public benefit programs. The grantee's target populations are persons 60 and older and individuals with physical disabilities. The anticipated outcomes of this project are an increase in customer satisfaction of the long-term care system and enhanced individual choice and informed decision-making.

## 90AM3005 Building Seamless Entry Points for Consumers: Establishing Aging and Disability Resource Centers for Ohio

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,601

Ohio Department of Aging 50 West Broad Street 9th Floor Columbus, OH 43215-3363

Contact: Sharon Evanich (614)466-7246

The Ohio Department of Aging, endorsed by Governor Bob Taft and Ohio's Medicaid agency, will develop a structure for Aging and Disability Resource Centers (ADRCs) in Ohio and pilot the creation of ADRCs in the Cleveland area. The objectives of this project are to: 1) create multiple avenues by which consumers and their caregivers can access the ADRC network; 2) build linkages between local and regional entities to create a seamless process for consumers; 3) publicize and promote the existence of the ADRC; 4) create a common set of ADRC standards, protocols and procedures that can be used to replicate ADRCs throughout Ohio; 5) evaluate the ADRC pilot and incorporate formative learning into the expansion of the ADRC network; and 6) establish a functioning ADRC, serving elders and younger Ohioans with physical disabilities in Cuyahoga County beginning with the second year of the grant, and functioning ADRCs in the surrounding four counties at the beginning of the third year. Anticipated products include software that integrates critical ADRC functions and provides a core set of information on service providers; a media campaign to publicize the existence of the ADRC; a common set of standards, procedures and protocols for ADRCs to follow; and a formal program evaluation of ADRC effectiveness.

Target Population: Year 1 - individuals aged 60+; Years 2 & 3 - 60+ and adults with physical disabilities

Anticipated Outcomes: 1) consumers and their caregivers will experience a seamless process in accessing information and services on both long term services and supports and related services, such as housing, transportation, & employment; 2) consumers will be able to access the ADRC in person, via phone, and over the Internet; and 3) financial and functional eligibility determination processes will be integrated.

#### 90AM3006 Aging and Disability Resource Center Grant Initiative

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,600

Tennessee Commission on Aging and Disability 500 Deaderick Street, Suite 825 Nashville, TN 37243-0860

Contact: Belinda Bruns (615)741-2056

The goal of the initiative is to develop models of "one-stop," single entry, highly visible Resource Centers in two areas of the state, which will reach out to the public to foster understanding and use of all forms of long-term support. The public will have easy access by phone, Internet, and visitation, to information, counseling and assistance, and linkages to a full range of long-term services. Consumers and caregivers will get counseling regarding long-term care and health needs, and options that support them in making informed decisions, regardless of payment source. The First Tennessee Area Agency on Aging and Disability (AAAD) and the Greater Nashville AAAD will set up the Resource Centers within their service areas. The Tennessee Commission on Aging and Disability (TCAD), with other state and local agencies, will work to streamline and simplify intake and eligibility processes; eliminate duplicate information gathering; enhance exchange of data between the systems, and select the best technology and location of staff to bring appropriate services to the consumer, efficiently and effectively. TCAD and the AAAs will collaborate with consumer and advisory groups, key referral sources, support systems, providers of services in their areas, and other state agencies, to make the Resource Center a true one-stop approach for the consumer.

Target Population: Year 1 - individuals aged 60 & older; Years 2 & 3 - 60+ and adults with physical disabilities

#### **Anticipated Outcomes:**

- -Consumers, providers and concerned citizens will know the Center as the place to contact for long term support information and assistance.
- -Consumers refer others based on their own good experience at the Center.
- -Consumers receive the help they need, conveniently and effectively.
- -Consumer's self-identified needs are recognized and addressed.

#### 90AM3007 Texas Aging and Disability Resource Centers Program

Texas Department of Aging and Disability Services Access and Intake 701 W. 51st Street Austin, TX 78751-2312

Contact: Jeffery Seider (512)438-4245

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount FY 2005 467,599

The Texas Aging and Disability Resource Center will be strategically placed in three pilot areas to provide consumers with information, referral and counseling, case management, and eligibility determination for public and private pay individuals with long-term care needs. Products from these pilots will include intake and assessment tools, outreach, training and resource materials, reports, surveys and project evaluations. Streamlining efforts will include shared intake, assessment and referral protocols with other agencies, and coordinated efforts with State Health Information and Assistance Programs and the state Medicaid agency.

Target Population: Year One - Persons 60 and older; Year Two & Three - Persons 60 and older and individuals with physical disability, mental retardation and developmental disability

Anticipated Outcomes: 1) individuals who are older and individuals with a disability, including cognitive disabilities, in the targeted communities will have an identifiable single point of entry to long-term care supports; and 2) an increase in the percentage of individuals served through the Aging and Disability Resource Centers, who will report an improvement in their ability to access long-term care supports.

Program: Aging and Disability Resource Center

#### 90AM3008 Vermont Aging & Disability Resource Center (ADRC) Program

Vermont Department of Disabilities, Aging & Independent Living
103 South Main Street
Waterbury, VT 05671-2301

Contact: Camille F George (802)241-2427

Project Period: 09/30/2005 - 09/29/2008

FY Grant Amount

FY Grant Amount FY 2005 467,600

The Vermont Department of Disabilities, Aging and Independent Living [DAIL] proposes to develop a system of Aging and Disability Resource Centers (ADRCs) to provide seamless access to long-term care information, referral and assistance for older Vermonters, younger adults with physical and developmental disabilities or traumatic brain injury, by improving and expanding the functions performed by the Area Agencies on Aging (AAAs). DAIL is the lead agency for long-term care services for the target populations and is part of the Agency of Human Services, Vermont's single state Medicaid agency. Project goals include: 1) improving the information, referral and assistance system for older Vermonters; (2) planning two pilot ADRCs serving additional populations; (3) designing a streamlined eligibility process for Medicaid and Medicaid long-term care; and (4) designing a seamless link between the ADRCs and Medicaid eligibility determinations.

Target Population: Year One - Individuals age 60+; Year Two - 60+ and adults with physical disabilities and traumatic brain injury (TBI); Year Three - 60+, adults with physical disabilities, TBI and developmental disabilities

Anticipated Outcomes: 1) informed choice about long-term care options for elders and younger adults with disabilities; 2) streamlined access to long-term care eligibility for elders and younger adults with disabilities; 3) easier access to home and community-based services; and 4) a sustainable ADRC model that can be expanded statewide.

#### 90AM3009 Aging and Disability Resource Center Grant Initiative

Commonwealth of Virginia
Department for the Aging
1610 Forest Avenue, Suite 100
Richmond, VA 23229

Contact: William Peterson (804)662-9325

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 442,274      |

Virginia will implement a "no wrong door" approach to long-term support through the creation of decentralized Resource Centers, piloted in nine regions, to improve client and community level outcomes for older adults, adults 18 and over with physical disabilities, and family caregivers. The Virginia Department for the Aging (VDA), the state Medicaid agency (DMAS), the Virginia Department of Social Services (DSS), and the Virginia Department of Rehabilitative Services (DRS) will partner on the Aging and Disability Resource center (ADRC) initiative. The ADRC project unites all of the public sector components of Virginia's long-term support system in partnership with the private sector, including SeniorNavigator Information and Referral, Dominion Virginia Power (Dominion), RTZ Associates, nine local Area Agencies on Aging (AAAs) and many local private service providers. SeniorNavigator, a statewide private sector partner, will help each region coordinate its information and referral function by maintaining and expanding its online database and by implementing and supporting a web-based information system. Each region will demonstrate a public-private partnership model incorporating Virginia's Uniform Assessment Instrument, SeniorNavigator's online database, GetCare (RTZ Associates' web-based care management system), and local multi-disciplinary coalitions of public-private service providers. The second and third years of the project will bring six additional regions into the statewide system being proposed under this grant.

Target Population: Year 1 - individuals age 60+; Years 2 & 3 - 60+ and adults with physical disabilities

Anticipated Outcomes: Older adults, adults with disabilities, and family caregivers will know where to turn for long-term support information, assistance, and services.

#### 90AM3010 Washington State Aging and Disability Resource Center Initiative

WA DEPARTMENT OF SOCIAL AND HEALTH SERVICES Aging and Disability Services PO Box 45600

Olympia, WA 98504-5600

Contact: Meg Evans (360)725-2418

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 467,600      |

Through the successful establishment of one Aging and Disability Resource Center (ADRC) pilot site, Washington state will expand the capabilities of the aging information, referral and assistance system to serve persons of all ages, disabilities, and financial circumstances and to connect them seamlessly to home and community-based services. The objectives of this project include developing a model ADRC and providing seamless coordination between the pilot ADRC and specialized entry points that require financial eligibility determination, needs assessment and/or individualized service authorization.

Target Population: Baseline - individuals age 60+; Year One - adults with functional disabilities; Year Two - adults with functional disabilities and people of all ages with developmental disabilities; Year Three - people of all ages with functional disabilities and developmental disabilities

Anticipated Outcomes: 1) a statewide "virtual" Resource Center combining an information and referral resource database and client management software, coordinated with Medicaid eligibility determination, Benefits CheckUp technology, the 211 call center, and incorporated into the Comprehensive Assessment Reporting and Evaluation (CARE) Tool: and 2) compelling policy direction to continue ADRC program development statewide.

Program: Aging and Disability Resource Center

#### 90AM3011 Wyoming Aging and Disability Resource Center

UNIVERSITY OF WYOMING Wyoming Insitute for Disabilities Department 4298 - 1000 E. University Avenue Laramie, WY 82071

Contact: Sandy Root-Elledge (307)766-2762

Project Period: 09/30/2005 - 09/29/2008 Grant Amount

The Wyoming Institute for Disabilities (WIND) will develop a one-stop Aging and Disability Resource Center (ADRC) in Wyoming that will assist individuals, their family members, or those planning for long-term care. WIND will partner with Wyoming Independent Living & Rehabilitation (WILR), an established center for independent living with an extensive history of working with the target population of older adults (50+) and adults (21+) with physical and developmental disabilities, to develop an ADRC in Casper, with a satellite office in rural Glenrock. Connect Wyoming will become the statewide web-based database for long-term care information and referrals. WIND will administer the grant, and develop marketing, evaluation, and management information systems. WILR will be contracted to plan, implement and operate the Casper and Glenrock ADRCs work with a local task force of stakeholders; train staff; and develop the one-stop concept. Wyoming ADRC goals include: improving access to long-term support services; increasing consumer choice; and transforming information technology.

Target Population: Year one - Individuals age 50+; Year two - 50+ and adults with physical and developmental disabilities; Year three - 50+ and adults with physical and developmental disabilities and serious mental illness

Anticipated Outcomes: 1) continuing increase in the number of individuals who access the services of the one-stop center over the grant period; 2) decrease in unnecessary institutionalizations; 3) increase in the use of home and community-based care services; 4) increase in number of Medicaid beneficiaries who choose self-directed service; and 5) delay in long-term institutional care or a reduction in acute care episodes.

Program: Aging Services Network Integrated Care Management Grants Program

## 90AM3041 Care Consultation Results in More Effective Utilization and Patient/Caregiver Psychosocial

Project Period: 09/30/2005 - 12/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 74,935       |
| FY 2006 | 75,000       |

BENJAMIN ROSE INSTITUTE 850 Euclid Avenue, Suite 1100 Cleveland, OH 44114-3301

Contact: Sharen K Eckert (216)791-8000

The proposed project is a Program Enhancement of a project funded by a FY2004 AoA Integrated Care Management grant. Under year 1 funding, a partnership was developed among the Benjamin Rose Institute, Anthem Blue Cross and Blue Shield, the MetroHealth Medical System, and the Western Reserve Area Agency on Aging to establish an intervention linking managed health care services and community-based services. Year 2 funding allowed the partners to expand a "care consultation" intervention, which involves telephone-based coaching and coordinating to empower seniors and their families to find and use community services, to include an additional 153 MetroHealth patients who are also members of Anthem Senior Advantage. The intervention was expanded to include participants from diverse backgrounds with various chronic health conditions. A randomized control design will be used to test the overall efficacy and sustainability of care consultation, as well as the feasibility of partnerships among the three participating service providers. The target population for the care consultation intervention includes Anthem Senior Advantage participants with diagnosed depression, dementia, or two or more major chronic conditions, whose primary care physician is at MetroHealth Medical Center. Because MetroHealth serves a culturally and economically diverse population, it is expected that the intervention population will reflect this diversity. Anticipated outcomes include: 1) decreased hospital admissions, emergency department visits, and visits to specialty physicians among intervention participants; 2) increased use of and satisfaction with community services by program participants and their caregivers; 3) improved health outcomes and quality of life among participants and their caregivers; and 4) an assessment of effectiveness of intervention and partnerships among service provider organizations.

Program: Aging Services Network Integrated Care Management Grants Program

90AM3048 Access Atlanta

Project Period: 09/30/2005 - 03/31/2007

FY Grant Amount FY 2005 43,103

Atlanta Regional Commission 40 Courtland St., NE Atlanta, GA 30303

Contact: Cathie Berger (404)463-3235

The proposed project is a Program Enhancement of a project funded by a FY2004 AoA Integrated Care Management grant. Under year 1 funding, the Atlanta Regional Commission established a partnership with Evercare Assist Managed Care Programs, the Visiting Nurse Health Systems, and Project Open Hand/Atlanta to provide integrated case management to persons with End Stage Renal Disease. With FY2005 funding, the partners expanded the project to provide integrated case management to older patients with chronic illnesses. The project will focus largely on home monitoring of patients, communication between partners for status updates and referrals, and promotion of chronic disease self-management. The project will target all shared patients (those enrolled in Evercare managed care and receiving services through the aging services network) with one or more chronic conditions in DeKalb and Fulton Counties. Anticipated outcomes include: 1) integrated case management services provided to 60 patients; 2) records maintained on the number of interactions between Evercare and the long-term care system to assess effectiveness of communication; 3) number of hospitalizations tracked and classified as "avoidable," "unavoidable, but potentially preventable," or "appropriate"; and 3) increased referral of long-term care services by Evercare medical staff.

Program: Aging Services Network Integrated Care Management Grants Program

#### 90AM3050 Healthcare Partners-Alzheimer's Association Dementia Care Project

Alzheimer's Disease & Related Disorders Association of Los Angeles 5900 Wilshire Blvd, Suite 1100 Los Angeles, CA 90036

Contact: Debra Cherry (323)938-3379

Project Period: 09/30/2005 - 03/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 77,748       |

The Alzheimer's Association will partner with HealthCare Partners Medical Group, a mixed staff/PPO model Medicare managed care organization, to create an evaluation-based intervention to reduce expenses while improving quality of care given to people with dementia and their caregivers. The project will replicate and adapt an evidence-based model of care outlined in a replication manual the Alzheimer's Association produced in partnership with Kaiser Permanente under a FY2004 Integrated Care Management grant. The Association requested funding for the first year of what is meant to be a self-sustaining 3-year project. During year 1, the partners developed a plan and materials for implementing a care management intervention for people with dementia being served in a managed care organization, and their caregivers. The target population includes older adults with a diagnosis of dementing disease who are HealthCare Partners members and involved, non-paid caregiver. Anticipated outcomes include: 1) development of a provider education curriculum on evidence-based guidelines for dementia diagnosis, treatment, and management; 2) development of a care management protocol for use by care managers at HealthCare Partners; and 3) development of educational materials and programs for people with dementia and their caregivers, who are served in a managed care organization.

Program: Alzheimer's National Call Center

90AZ2766 National Alzheimer's Call Center

ALZHEIMER'S DISEASE AND RELATED DISORDERS ASSOCIATION, INC.

225 N. Michigan Avenue, 17th Floor Chicago, IL 60601

Contact: Catherine Sewell (312)335-5191

Project Period: 08/01/2003 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 993,500      |
| FY 2004 | 1,001,177    |
| FY 2005 | 979,104      |
| FY 2006 | 977,130      |
| FY 2007 | 963,500      |

The Alzheimer's Association will enter a cooperative agreement with the Administration on Aging to operate an Alzheimer's National Call Center for individuals with Alzheimer's disease and their families, delivering personalized, timely information, care consultation, crisis intervention, and referral to local services, 24 hours a day, 7 days a week. A single 1-800 line, web site, and e-mail address will link callers seamlessly to information experts and care consultants in local Association chapters nationwide, with default to the national Center when local responders are unavailable. All national and local Center personnel will receive uniform training and retraining and utilize a common computer-based repository of information, care protocols, and materials. The Center's goal is to improve the quality of life of persons with Alzheimer's and their caregivers. Callers will have an increased understanding of and ability to deal with Alzheimer's and success in finding local services. Center performance will exceed industry standards. The Center will expand its reach to consumers, particularly in minority and limited English-speaking populations.

Program: Alzheimers Disease Social Research Project

### 90AZ2791 Alzheimer's Disease Social Research Project

Project Period: 09/30/2004 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 2,943,530    |
| FY 2005 | 2,937,312    |
| FY 2006 | 2,931,390    |

AGING IN NEW YORK FUND, INC. 2 Lafayette Street New York, NY 10007

Contact: Robin Fenley (212)442-1375

The Aging in New York Fund (ANYF), in collaboration with the New York City Department for the Aging (DFTA) and its partners at Zachary and Elizabeth M. Fisher Center for Alzheimer's Research Foundation (FCARF), New York University (NYU), and Rockefeller University (RU), will work to address the complex needs of New York City's diverse Alzheimer's community through education, technology, and research. These partnerships will address the needs of both patients and families via a variety of approaches, advancing research and service provision. The objectives and approach are: 1) to educate the multicultural community on Alzheimer's disease (AD), caregiving, and related long-term care issues (ANYF/DFTA); 2) to develop and strengthen AD knowledge in the aging workforce (ANYF/DFTA); 3) to measure the effectiveness of professional trainings through research and knowledge tests (ANYF/DFTA); 4) to conduct a national marketing and outreach campaign for the alzinfo.org website (FCARF); 5) to develop AD awareness programs for MDs and the general public (FCARF); 6) to explore the efficacy of individualized comprehensive, patient-centered care (NYU); and 7) to continue laboratory research to develop more effective treatment methods targeting agitation in AD (RU). Expected outcomes are: increased awareness in the multicultural community on AD, caregiving, and related long-term care issues; growth in an AD educated aging workforce and community; increased access to information through technology and consumer and physician education; evidence of the efficacy of non-pharmacologic therapies to improve patient care; and advanced understanding of the brain's function and responses. Products from this project will include: reports; analyses of dementia workforce development and non-pharmacologic research; multilingual AD materials; articles for publication; and abstracts and presentations for conferences.

Program: Eldercare Locator Program and the National Aging Information & Referral

# 90AM2746 The Eldercare Locator Program & the National Aging Information & Referral Support Center

NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING 1730 Rhode Island Avenue, NW, Suite 1200

Washington, DC 20036

Contact: Helen M Eltzeroth (202)872-0888

Project Period: 09/30/2003 - 07/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 1,174,979    |
| FY 2004 | 1,374,937    |
| FY 2005 | 1,174,937    |
| FY 2006 | 1,201,230    |
| FY 2007 | 812,176      |

The National Association of Area Agencies on Aging (N4A), in partnership with the National Association of State Units on Aging (NASUA), is executing a project to provide older persons and their caregivers access to a premier national information and referral/assistance system capable of providing the information, assistance, decision-supports and advocacy needed to secure services. To achieve this goal, N4A will ensure quality operation of the Eldercare Locator, a toll-free number and website that links older people and their caregivers to State and local resources. In addition, N4A will increase public awareness of the service through strategic partnerships and marketing campaigns. Targeted marketing will focus on increasing service usage by minority populations, with an emphasis on better serving Native Americans elders. Products will include a call center procedures manual, resource and educations guides, and promotional materials.

NASUA will operate the National Aging Information & Referral Support Center to promote continued enhancement of aging information and referral/assistance (I&R/A) systems; facilitate ongoing quality improvements in I&R/A service delivery; and provide ongoing training and technical assistance. Methods will include a resource website, technical assistance products, training materials, webinars, and conferences.

## 90AM3154 Connecticut's Model Approach to Consumer-Directed Long-Term Care

State of Connecticut Department of Social Services Department of Social Services 25 Sigourney Street Hartford, CT 06106

Contact: Margaret Gerundo-Murkette (860)424-5322

Project Period: 09/30/2007 - 03/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 500,000      |

The CT Department of Social Services and its State Unit on Aging, in partnership with the Agency on Aging of South Central CT and community providers, will operate "Choices at Home" with the goal of helping consumers who are at high risk of nursing home placement but not yet eligible for Medicaid to remain in their own homes. The objectives are: provide consumers in the South Central Area with flexible service options utilizing a Cash and Counseling (C & C) model with funds from the Federal Caregiver and State Respite Care Programs; target services to individuals in the Area who are at risk of nursing home placement and spend- down to Medicaid; develop a Single Entry Point (SEP) system in the area that provides access to long-term care services and supports; and conduct a process evaluation and design and implement a model comprehensive performance measurement program.

The expected outcomes of this project are: consumers have a C&C option through the Caregiver and Respite programs; consumers can receive screening, assessment, LTC options counseling, and services for at risk target group through the fully functioning SEP in the south central area; individuals at risk of nursing home placement and spend-down to Medicaid will be effectively and efficiently identified through an assessment tool and served through existing programs; change can be sustained beyond the grant period and incorporated into the state's overall system of LTC and rebalancing effort. Also anticipate a cadre of trained staff, consumers, and providers.

The expected products include an expanded website, an assessment tool, a screening tool, training manuals, web-based training materials, an educational video and pod casts, and evaluation results.

Program: Consumer-Directed Nursing Home Diversion Program

## 90AM3155 Maryland's Nursing Home Diversion Project

Project Period: 09/30/2007 - 07/31/2009

FY Grant Amount FY 2007 500,000

Maryland Department of Aging 301 West Preston Street, Room 1007 Baltimore. MD 21201

Contact: Sue Vaeth (410)767-1108

The Maryland Department of Aging in collaboration with five local Area Agencies on Aging and the state Medicaid agency submits this proposal to plan and implement a Nursing Home Diversion Project. The Project will create a protocol to identify and target older adults who are at risk of long-term nursing home placement and Medicaid spend down and offer those individuals a self-directed spending benefit to purchase services that will assist them to remain in the community. Specific objectives are to: (1) design and implement a targeting and assessment protocol that identifies high risk people for early intervention; (2) restructure funding from Older Americans Act, Title III B and E programs, and selected state funded programs for a flexible spending option; (3) develop a protocol that results in a self-directed support plan that quantifies the cost of paid and informal supports; (4) assure that the restructured funding and targeting protocol are self sustaining; (5) evaluate the program to measure outcomes, demonstrate effectiveness of the interventions, and assure quality while planning for other jurisdictions, and programs; and (6) integrate the restructuring accomplished under the Project with other Maryland, AoA, and CMS rebalancing and long-term care initiatives. At the end of the grant period, we expect to have: a flexible spending benefit for existing services; a minimum of 50 people who meet the risk criteria and are participating in the flexible spending benefit; an established Single Entry Point protocol for local AAAs to target high risk individuals for early intervention; and evaluation and quality assurance methodologies to monitor the Project and measure the effectiveness of the interventions.

## 90AM3156 Expanding the Cash and Counseling Model to Two AAA's for Consumer-Directed LTC Services

Arkansas Department of Human Services Department of Human Services 700 Main Street, P.O. Box 1437, Slot S530 Little Rock, AR 72203-1437

Contact: Debby Ellis (501)682-8082

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 500,000

The Arkansas Department of Human Services, Division of Aging and Adult Services (DAAS), the State Unit on Aging for the State of Arkansas, supports the Nursing Home Diversion Modernization Grants in collaboration with two of the State's Area Agencies on Aging (AAAs). The goal of the project is to expand service delivery options available through the AAAs, thereby providing Arkansans with increased consumer-directed long-term care service options.

The objectives are to: (1) create a new assessment instrument and process which target individuals at risk of nursing home placement; (2) to develop and pilot a Medicaid spend down screening tool; and (3) for two of Arkansas's AAAs to offer Cash & Counseling as a service model option.

The expected outcomes of this grant project are: (1) an infrastructure necessary to support increased use of the US DHHS/Robert Wood Johnson Foundation Cash & Counseling model, resulting in additional consumer-directed service options for Arkansans and (2) targeted methods used by the AAAs with a priority on serving Arkansans at risk of nursing home placement and Medicaid spend down.

The products from this project are: (1) a financial eligibility screening tool, used to predict risk for Medicaid spend down; (2) an evaluation report describing the success of the newly developed application assessment process as a predictor of risk for institutionalization; and (3) the sharing of training materials on how to operate and develop a Cash & Counseling program to encourage replication of the model by additional AAAs across the state.

## 90AM3157 NJ Nursing Home Diversion Initiative

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 500,000

NJ Dept of Health and Senior Services 240 West State Street Trenton, NJ 08625-1002

Contact: Nancy E Day (609)943-3429

New Jersey Department of Health and Senior Services, with the Department of Human Services, will use the Nursing Home Diversion Modernization Grant to focus on adults who are not eligible for Medicaid, yet are at risk of nursing home placement and Medicaid spend-down.

Building upon the ADRC model, the project will implement an approach that supports consumers to direct and control their care planning process; and, through a Cash and Counseling option, offers flexible service dollars allowing consumers to purchase services to meet their care needs. To maximize the number of persons served under OAA funds, NJ will introduce a cost-share sliding scale for home and community-based services (HCBS). Camden County AAA and its ADRC partners, will pilot the Cash and Counseling option. NJ is committed to implementing the Cash and Counseling option and cost-share for OAA programs statewide by 2010.

Goal 1: transform the way the NJ allocates existing OAA funds and State funded HCBS, from agency-based contracts to flexible service dollars, through a Cash and Counseling option. Objectives: (1) build upon eligibility criteria, cost-share, and fiscal infrastructure of State programs to transform OAA funds to support Cash and Counseling Option; (2) integrate DACS Medicaid waiver Quality Strategies across OAA programs; and (3) implement an evaluation strategy to achieve desired success. Goal 2: redesign the aging network's system to facilitate consumer direction and control. Objectives: (1) integrate the ADRC model to screen, assess, and educate non-Medicaid consumers on HCBS; (2) educate consumers to direct and control the planning process; and (3) counsel participants on their role and responsibilities as an employer.

## 90AM3158 Nursing Home Diversion through Cash and Counseling Enhancement

Project Period: 09/30/2007 - 03/31/2009

 FY
 Grant Amount

 FY 2007
 491,760

Illinois Department on Aging 421 East Capitol, Suite 100 Springfield, IL 62701-1789

Contact: Ross G Grove (217)524-7627

The Illinois Department on Aging will offer consumer direction statewide to Illinois seniors by March 2009. The proposed program will expand the existing Illinois My Choices/ Cash and Counseling demonstration project to include flexible state and Older Americans Act Title III funds, and develop a new methodology for targeting older individuals at-risk of Medicaid spend down to prevent premature nursing home placement. As one of few states contributing more than \$300 million to cover Home and Community-Based Waiver Services beyond the Medicaid eligible population, Illinois is in a unique position to respond to this funding opportunity.

Partners in the My Choices program will include the Northeastern IL Area Agency on Aging in Kankakee, the Central IL Agency on Aging in Bloomington, the East Central IL Area Agency on Aging in Peoria, and the Southwestern Illinois Area Agency on Aging in Belleville. The Health and Medicine Policy Research Group in Chicago will evaluate the program, and the Illinois Public Health Association will provide ongoing assistance and training for case managers.

The Illinois Department on Aging (IDoA) administers the Community Care Program (CCP), which was established in 1979 and became a state entitlement by a federal court consent decree in 1983. The program provides home and community-based services to frail elderly age 60 and older who meet nursing home eligibility requirements. During state fiscal year 2007, the CCP provided services to more than 60,500 frail elderly, thereby successfully diverting or delaying those individuals from nursing home placement. The proposed project will serve an additional 300 seniors through consumer direction.

Program: Consumer-Directed Nursing Home Diversion Program

## 90AM3159 Georgia's Nursing Home Diversion Project

Georgia Department of Human Resources, Division of Agin Department of Human Resources 2 Peachtree St NW 9th Floor Atlanta, GA 30303

Contact: Jamie Cramer (404)354-3665

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 500,000

Georgia's Department of Human Resources, Division of Aging Services, proposes this Nursing Home Diversion Project to be implemented with support from the Department of Community Health and in collaboration with the Atlanta Regional Commission, the designated Area Agency on Aging for the ten-county Atlanta Region. The goal of the proposed project, named Georgia's Consumer Support Options (CSO), is to support the rebalancing of Georgia's long-term care system. The objectives are: (1) to divert persons at risk of nursing home placement and Medicaid spend down; (2) to establish targeting criteria for the intake and screening process through the Gateway system - the single entry point (3) to initiate the modernization of the Atlanta Region's aging services network by reallocating Title III and other non-Medicaid funds to support flexible spending options; and (4) to develop a consumer-directed model of care, allowing older adults and their caregivers to tailor their services to their individual needs. Anticipated outcomes are: (1) delay or avoidance of admission to nursing homes for persons at risk of placement and Medicaid spend down within 180 days; (2) individuals understand flexible spending options available under the Consumer Support Options, facilitating access to services and products that support their personal care plans; and (3) consumers will manage and exercise maximum choice in the selection of the support Services and products they choose. The deliverables are: (1) a Flexible Spending Fund Pool to support Consumer Support Options; (2) marketing and promotional materials; (3) a CSO Operations Manual; (4) a CSO Consumer Manual; (5) interim and final reports; and (6) a model program that can be replicated statewide.

## 90AM3160 Vermont Nursing Home Diversion Modernization Project

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 500,000

Vermont Dept.ofDisabilities, Aging & Independent Living 103 South Main Street Weeks Building - 2nd Floor Waterbury, VT 05671-1601

Contact: Veda Lyon (802)241-2628

The VT Department of Disabilities, Aging and Independent Living (DAIL) 18 month, \$500,000 grant will develop a comprehensive nursing home diversion program targeting individuals age 60 and over who currently are clinically-eligible for the Medicaid-funded Choices for Care program, but do not yet meet the Medicaid long-term care financial eligibility criteria. Caregivers of the target population will also be served. The goals of this initiative are to build upon the new provisions within the Older Americans Act, supporting Area Agencies on Aging, in partnership with DAIL, to build consumer-directed flexible supports that enable Vermonters to live independently in the community and avoid unnecessary nursing home placement.

Project objectives are to: (1) develop a non-Medicaid Flexible Choices PLUS cash & counseling program administered through selected Area Agencies on Aging; (2) develop targeting criteria to ensure services are available to individuals most at-risk of Medicaid spend-down; (3) expand existing support brokerage functions used for the current Flexible Choices option; (4) expand/modify the role of current AAA staff to perform options counseling for the targeted population; (5) develop a comprehensive options counseling curriculum based upon the work completed by the National Assn. of State Units on Aging and the Independent Living Resource Utilization to facilitate the development of an interactive and informed decision making process; and (6) develop a training program on consumer self-directed care to support AAA and other aging network staff to translate into practice and service delivery the new language in the Older Americans Act regarding "self-directed care". Project outcomes are to: (1) establish an effective and sustainable nursing home diversion program, eventually statewide; (2) transform and modernize funding to support flexible, services; and (3) strengthen the State's capacity to reach older adults before they enter a nursing home.

Program: Consumer-Directed Nursing Home Diversion Program

## 90AM3161 Michigan's Nursing Home Diversion Program

Michigan Office of Services to the Aging MI Dept. of Community Health 7109 W. Saginaw Hwy., First Floor

Lansing, MI 48917

Contact: Peggy J Brey (517)241-0988

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 500,000

The MI Office of Services to the Aging is partnering with 3 Area Agencies on Aging (AAA) to submit this Nursing Home Diversion (NHD) grant. The grant transforms aging service dollars through the following goals/objectives: 1) implement identification and targeting strategies for older adults "at risk" of nursing home placement and Medicaid spend-down, re-engineer reporting systems to support Person Centered Planning (PCP) and self directed care, referred to as self-determination (SD) in Michigan, track "at risk" adults, and evaluate effectiveness of target indicators; 2) increase consumer control with redirection of Federal and State funds for flexible spending, enhance PCP/SD trainings, & evaluate effectiveness of PCP/SD systems; 3) implement single entry point systems to improve access to aging services, through peer mentoring of PCP/SD and implementation of collaborative learning processes. Outcomes include: "at risk" consumers will be identified; risk factors will be identified and integrated into practice; consumers will have options for flexible spending and control of funds, & a choice of where they receive services. AAAs will utilize single entry point functions to serve "at risk" consumers. Products include: re-engineered systems; risk assessment tools; polices; standards; IT systems; sustained learning protocols; and PCP/SD training curriculum.

This program was conceived and initiated through consumer input and collaboration with partners, particularly the Office of Long Term Care and Supports Services (OLTCSS). Through an AoA grant, the OLTCSS is developing a statewide approach to determine functional eligibility for all consumers. The NHD grant will wrap around these efforts and prepare the State for comprehensive and seamless long term care reform.

#### 90AM3162 Kentucky Consumer Directed Homecare Pilot

Kentucky Cabinet for Health and Family Services Aging and Independent Living 275 East Main Street 3 W-F Frankfort, KY 40521

Contact: Phyllis Culp (502)564-6930

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 333,485

The Kentucky Cabinet for Health and Family Services, Department for Aging and Independent Living (DAIL) requests \$333,485 to expand the consumer-directed approach to community-based care by applying a consumer-directed model to the state funded Homecare Program in two Area Agencies on Aging in the state. Kentucky has been a leader in the development of this approach for its Medicaid waiver programs and the DAIL has been contracted by the Department of Medicaid Services to implement the Consumer-Directed Option program.

Goal: To expand options for those at risk of spending down to Medicaid eligibility and those who would become nursing home residents through the development of a consumer-directed approach to the state funded Homecare program.

Objectives: 1) to explore the effect of utilizing a consumer-directed approach for services provided through the state funded Homecare Program on nursing home diversion; 2) to provide education to clients about the efficacy of utilizing a consumer-directed model to access services, goods, and assistance; 3) to divert clients from spending down to Medicaid nursing home eligibility through the expansion of the consumer-directed model to increase service units and consumer satisfaction; 4) to develop and strengthen the network of community providers; 5) to use project data to expand the consumer-directed model to include all Kentucky Homecare clients; 6) to evaluate the effect of critical goods and services on the diversion of clients from Medicaid spend down and nursing home placement.

Outcomes: Will measure client's satisfaction and perception of actual diversion and the effects of expanded service options.

#### 90AM3165 Customized Services in NH: A System Reform Strategy

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 500,000

NH Department of Health and Human Services 129 Pleasant St. Concord, NH 03301

Contact: Kathleen Otte (603)271-4680

The New Hampshire Bureau of Elderly and Adult Services, in partnership with the Institute on Disability at UNH proposes to implement a consumer-directed model as a central change strategy to shift from a primarily state-controlled, provider-driven model of care to a consumer-driven model to support older adults at risk of institutional placement to remain at home. The project goal is to modernize and transform family caregiver support funds into flexible, consumer-directed service dollars managed locally at the ServiceLink Resource Centers (SLRC's) to support nursing home diversion for persons identified to be at risk of nursing home placement and spend down to Medicaid. The objectives are to: 1) establish an infrastructure to divert nursing home placement that is integrated into the SLRC system; 2) develop a fiscal intermediary and information technologies to support individual budgeting and accounting; 3) devolve spending authority for caregiver support funds to the SLRC's; 4) implement evidenced-based caregiver education and skills training; and 5) evaluate the efficacy of the program.

The expected outcomes include: 1) 100 participants will receive timely and flexible intervention to prevent spend down to Medicaid and nursing home admission; 2) 100 caregivers will receive training and support to help them sustain caregiving roles for longer periods of time; 3) a fiscal intermediary will be established; and 4) existing funding structures will be streamlined to authorize spending at the local level.

The anticipated products are: an evaluation and final report, an established fiscal intermediary service, a template for flexible funding, informational materials, media briefs, and a replicable caregiver training program.

## 90AM3166 FAIR Plus: West Virginia's Nursing Home Diversion Project

West Virginia Bureau of Senior Services Program Unit 1900 Kanawha Boulevard East Charleston, WV 25305

Contact: Barbara Reynolds (304)558-3317

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 400,000

The title of West Virginia's Nursing Home Diversion project is: "FAIR Plus: providing self-directed funds to caregivers in a state respite program (FAIR); diverting individuals with Alzheimer's or related dementias from nursing home placement & Medicaid spend-down." Building upon strong support from the WV Governor and Legislature to expand existing and create new senior programs, the Bureau of Senior Services (BoSS) will partner with Upper Potomac Area Agency on Aging (AAA) and its new, state-funded Aging & Disability Resource Center (ADRC) to provide self-directed funds in the Family Alzheimer's In-Home Respite (FAIR) Program. BoSS will also collaborate with 15 predominantly rural county aging providers, the Alzheimer's Assn., the state's Medicaid agency, and a fiscal intermediary to meet the program's goal of providing self-directed funds to 50 caregivers and to divert 50 care receivers from nursing home placement and Medicaid spend-down.

Objectives are fourfold: to design, implement, and evaluate FAIR Plus, & strengthen current state long-term care rebalancing efforts by introducing a new diversion program, recommending systems change, educating policymakers, and empowering the ADRC to become fully functional. Outcomes are: the improvement of the quality of life for the client (caregiver) through supports, services, & goods; lengthening the time in home & community for the care receiver; and recognizing the single point of entry role of the ADRC in the state's LTC system. Products from FAIR Plus will include targeting, assessment, and quality tools; policies & procedures manual; articles for publication; required reports; & marketing materials, including a brochure. West Virginians are historically self-reliant. FAIR Plus is an innovative, easily replicable, client-centered program that allows caregivers to retain that self-reliance by giving them the knowledge and flexibility to make responsible informed choices for themselves and their loved ones.

Program: Consumer-Directed Nursing Home Diversion Program

## 90AM3167 Minnesota Nursing Home Diversion Project

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 500,000

Minnesota Board on Aging PO Box 64976 St. Paul, MN 55164-0976

Contact: Jane Vujovich (651)431-2573

The goals of Minnesota's Nursing Home Diversion Project are to: 1) further develop flexible service options for older adults and family caregivers who are eligible for Medicaid (Medical Assistance) and other public programs, as well as those who will fully private pay; and 2) develop a more consistent, effective and evidence-informed process to identify and triage individuals who are at high risk of nursing home placement and Medical Assistance (MA) spend down. More specifically, Minnesota (MN) intends to use this funding opportunity to achieve the following objectives: 1) develop triage and follow-up processes and protocols that can be replicated statewide; 2) identify older adults who have needs associated with risk of nursing home admission and MA spend down; 3) effectively link identified older adults and/or family caregivers to flexible service options to prevent or delay nursing home admission and MA spend down; 4) target Title III, Alzheimer's Disease Demonstration Grant to States (ADDGS) and grant funds to identified high risk individuals, with an emphasis on consumer-directed services options; and 5) collect evidence that can inform the state's system development and service re-design. The expected outcomes of this project include: 1) earlier and more appropriate identification of older adults at risk for nursing home placement and MA spend down; and 2) increased numbers of individuals and family caregivers provided with flexible service options under the Alternative Care Program (AC) and Pre-AC Pilot Test (Title III, Alzheimer's Disease Demonstration Grant). The products from this project are: a final report, including evaluation results; a consumer-directed services portal website; consumer outreach campaign materials; and counselor/support planner training curriculum modules.

Program: Retirement Planning and Assistance for Women

#### 90AM2801 Center to Educate Women About Retirement Security

Project Period: 09/30/2003 - 07/31/2010

WOMENS' INSTITUTE FOR A SECURE RETIREMENT 1146 19th Street, NW Suite 700 Washington, DC 20036

Contact: Cindy Hounsell (202)393-5452

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 248,376      |
| FY 2004 | 248,376      |
| FY 2005 | 248,376      |
| FY 2006 | 248,376      |
| FY 2007 | 245,520      |

WISER, with assistance from strategic public-private coalitions, is organizing a one stop information gateway that can provide traditionally hard to reach women (i.e. average and low income women, women of color and women with limited English proficiency), "user friendly" financial management tools. The ultimate goal of the 36 month project is to provide women with access to information that promotes their efforts to attain secure retirements. A state-of-the-art clearinghouse/lending library and satellite resource centers accessible to the Aging Network, faith-based organizations (FBO), state & community agencies, financial institutions, business and government agencies are being established. Staff conduct training sessions and information panels nationwide; and provide access to a variety of financial planning tools, including fact sheets & other online resources. Major partnerships and coalitions have been formed with a range of private sector organizations to target low-income and minority women. Private sector organizations are as diverse as MANA, National Latina Women's Organization, Mother's Voices/Multi-Ethnic Community Retirement Project, Coalition of 100 Black Women, General Federation of Women's Clubs, Profit Sharing Council of America, MetLife, MFS Investment Management, and the Society of Actuaries. Public sector partners include FDIC, SSA, US DoL Women's Bureau, USDA Extension Service, and Comptroller General of the US. Year two plans: continue strengthening public and private partnerships at the national & community levels; establish satellite resource centers accessible by community-based organizations (CBO), FBOs, non-profits, finance and business to encourage inclusion of women's financial security as an integral part of the agenda; initiate 2 new programs on a) financial planning for health care in retirement, and b) senior indebtedness; partner with insurance companies to develop materials about annuities for women; and continue outreach.

Program: Evidence Based Prevention Program

## 90AM2773 Chronic Disease Self-Management with African-American Urban Elders

Project Period: 09/30/2003 - 09/29/2008

 FY
 Grant Amount

 FY 2003
 180,000

 FY 2004
 180,000

 FY 2005
 180,000

 FY 2006
 50,000

PHILADELPHIA CORPORATION FOR AGING 642 North Broad Street Philadelphia, PA 19130-3409 Contact: Bethea Eichwald (215)765-9000

Philadelphia Corporation for Aging, Center in the Park, Albert Einstein Healthcare Network, and the Community and Homecare Research Division, Jefferson College of Health Professions, will demonstrate an evidence-based disease prevention program (the Chronic Disease Self-Management Program, developed by Stanford Patient Education Research Center), with a target population of African American urban elders. Five hundred elders will participate over three years. The goal is to enable participants to assume a major role in managing their chronic health conditions. The objectives are: to increase lifestyle skills that assist in managing chronic conditions; to increase knowledge of personal risk factors associated with chronic disease; and to increase personal responsibility in the management of chronic disease. Expected outcomes are: improved health status, behavioral change, improved self-efficacy, and reduced health care utilization. A team approach to chronic disease self management, that can be replicated within the aging network, will be demonstrated. Results will be disseminated.

### 90AM2774 Preventive Nutrition Education Cardiovascular Disease Program

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 200,000      |
| FY 2004 | 200,000      |
| FY 2005 | 200,000      |
| FY 2006 | 50,000       |

LITTLE HAVANA ACTIVITIES & NUTRITION CENTERS OF DADE CO 700 SW 8th Street Miami, FL 33130

Contact: Ramon Perez-Dorrbecker (305)858-0887

Little Havana Activities and Nutrition Centers of Dade County, Inc. (LHANC) is conducting an evidence-based nutrition and cardiovascular health program targeting Hispanic elders, a group at high risk for cardiovascular disease and obesity. Specifically, this program will target the 1,800+ Hispanic elderly participants of the 14 LHANC senior centers throughout Miami-Dade County, Florida. The goals of this project are: to increase knowledge of nutrition among Hispanic elders who are at risk for cardiovascular disease and obesity; to foster behavior change through group sessions and interactive activities; and to test whether the American Heart Association guidelines and materials can be utilized in a dietitian led model targeted to Hispanic elders. Participants will be screened for cholesterol and weight, and 100 to 125 seniors at risk for cardiovascular disease will be included in an intensive nutrition education and counseling program. Anticipated outcomes include: 1) a reduction in participants' dietary fat consumption, saturated fat and cholesterol, using the American Heart Association Eating Plan for Healthy Americans; 2) a reduction in participants' body weight by 5% and/or BMI to 27 or less; and 3) lowered participants' total cholesterol by 6%.

Program: Evidence Based Prevention Program

## 90AM2776 Activity Centers for Seniors - Evidence Based Prevention

NEIGHBORHOOD CENTERS INC. 4500 Bissonnet, Suite 200

Bellaire, TX 77401-1389

Contact: Chris Pollet (713)669-5260

Project Period: 09/30/2003 - 09/29/2007

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 200,000      |
| FY 2004 | 200,000      |
| FY 2005 | 200,000      |
| FY 2006 | 50,000       |

Neighborhood Centers Inc. (NCI) will demonstrate the efficacy of evidenced-based preventive physical activity interventions among elderly residents of low-income neighborhoods in Houston, Texas Senior Centers. The intervention selected for replication in Houston represents an integration of individual, group and community-wide participation. NCI's goal is to demonstrate, within impoverished, urban settings, that the Aging Services Network can efficiently improve the quality, effectiveness, availability, and convenience of evidence-based disability and disease prevention programs for the elderly.

#### 90AM2777 Evidence-Based Prevention Program: Nutrition

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 200,000      |
| FY 2004 | 200,000      |
| FY 2005 | 200,000      |
| FY 2006 | 50,000       |

ALAMO AREA COUNCIL OF GOVERNMENTS 8700 Tesoro Drive - Suite 700 San Antonio, TX 78217

Contact: Al Notzon (210)362-5201

The Bexar Area Agency on Aging, in partnership with the City of San Antonio Department of Community Initiatives, the Texas Diabetes Institute, Our Lady of the Lake University, and OASIS propose to provide culturally sensitive low glycemic meals and nutrition education, diabetes health screening and education, and physical activity education to 500 low-income, poorly educated Hispanic seniors in the Title IIIC1 congregate meals program in churches and senior centers in San Antonio. The goal of this program is to prevent or delay the onset of type 2 diabetes among Hispanic elders. Participants will attempt to achieve a seven percent weight loss and at least 150 minutes of physical activity per week during the first year and maintain these changes for two additional years. Outcomes will include an increase in participant knowledge of the relationship between nutrition, exercise and diabetes management, and increased adherence to lifestyle modifications that reduce risk factors for diabetes. Products will include a Spanish television documentary and a "Tex-Mex" cookbook of taste-test approved, low-glycemic recipes and menus.

Program: Evidence Based Prevention Program

### 90AM2778 A Community-Based Medication Management Intervention

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 200,000      |
| FY 2004 | 200,000      |
| FY 2005 | 200,000      |
| FY 2006 | 50,000       |

PARTNERS IN CARE FOUNDATION, INC 732 Mott Street, Suite 150 San Fernando, CA 91340

Contact: W. June Simmons (818)837-3775

Partners In Care Foundation will conduct a three-year medication management project for seniors receiving a continuum of community-based social service programs in Los Angeles. The goal of the evidence-based Medication Management intervention is to identify, prevent, and resolve medication errors among seniors identified at high-risk. The objectives are: to implement the intervention in at least three senior centers and at least two Medicaid-waiver programs; to evaluate the outcomes of the intervention that include assessment and recommendations and follow-up by a pharmacist; and to disseminate findings and lessons learned through a medication management website and other strategies. Products include a software screening tool, a comprehensive web-based Toolkit, evaluation tools, a final report, and manuscripts for publication. These products will be disseminated to direct service organizations and Area Agencies on Aging.

# 90AM2779 Active Start! Increasing Physical Activity Among Sedentary Older Adults in Los Angeles

Project Period: 09/30/2003 - 03/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 125,000      |
| FY 2004 | 125,000      |
| FY 2005 | 125,000      |
| FY 2006 | 50,000       |

CITY OF LOS ANGELES DEPARTMENT OF AGING 3580 Wilshire Boulevard, Suite 300 Los Angeles, CA 90010

Contact: Laura Trejo (213)252-4023

The City of Los Angeles Department of Aging will implement a project to increase physical activity among sedentary older adults over a three year period. The project will recruit older adults in the West Adams/West Wilshire area of Los Angeles through OASIS centers, Jewish Family Services and Delta Sigma Theta Center for Life Development Nutrition Centers, and Tenet California's Brotman and Centinela Medical Centers. Health classes and activities will encourage them to incorporate physical activity into their lives. Expected outcomes include: an increased number of older adults indicating an intention to increase physical activity in order to help control and/or manage existing chronic health conditions; increased fitness levels in older adults participating in exercise classes; improved attitudes toward physical activity; and increased time (minutes) engaged in weekly physical activity. Products will include recruitment materials through a community-wide public awareness campaign, a refined project curriculum, evaluation tools and methodologies for practical application, web page information, and manuscripts for publication and professional conference presentations. These products will be made available throughout the aging services network.

Program: Evidence Based Prevention Program

90AM2780 A Matter of Balance: A Volunteer Lay Leader Model

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 125,000      |
| FY 2004 | 125,000      |
| FY 2005 | 125,000      |
| FY 2006 | 50,000       |

SOUTHERN MAINE AGENCY ON AGING 136 U.S. Route 1 Scarborough, ME 04074

Contact: Laurence Gross (207)396-6501

Southern Maine Agency on Aging (SMAA) and its partners propose to address the issue of fall prevention using "A Matter of Balance" (MOB), the evidence-based intervention for fear of falling. SMAA and its collaborators propose translating the intervention, which currently uses health care professionals as facilitators, into a lay leader model facilitated by community-based volunteers (MOB/VLL). This will reduce the cost of the intervention, allowing MOB/VLL to be offered more frequently, in a variety of settings, reaching a significantly higher number of older adults than would otherwise be possible. This proposal will: develop quality control mechanisms for the translation, monitoring the consistency of this adaptation; measure the outcomes among participants; standardize the cost of establishing and offering the MOB/VLL intervention; and detail the challenges and successes of disseminating this model to diverse socio-economic populations, diverse geographic areas, and in a variety of community settings. The outcomes of the MOB/VLL intervention will be: reduced fear of falling; increased falls self-efficacy; and increased activity in community dwelling older adults. The MOB/VLL will be disseminated throughout the aging network.

#### 90AM2781 "Women Take PRIDE in Managing Heart Disease"

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 192,000      |
| FY 2004 | 125,000      |
| FY 2005 | 125,000      |
| FY 2006 | 50,000       |

SENIOR SERVICE CENTERS OF THE ALBANY AREA, INC.

25 Delaware Avenue Albany, NY 12210

Contact: Daniel Hogan (518)465-3322

Senior Services of the Albany Area, Inc., (dba Senior Services of Albany) will implement a research-based, self-management heart disease education program with four collaborating organizations. The "Women Take PRIDE" (WTP) intervention was developed and tested by researchers at the University of Michigan School of Public Health. The WTP targets women 60 years of age or older who have been diagnosed with heart disease. The project seeks to demonstrate the effectiveness of providing the intervention, and recruiting participants from a community setting, as well as from health care providers. WTP is a four-week education program focused on: (1) improving functional status, both physical and social; (2) improving the symptom experience and general health outcomes; and (3) improving the knowledge of and access to community resources. An extensive process evaluation will be conducted throughout the implementation period in order to evaluate the outcome measures and document lessons learned in the program implementation.

Program: Evidence Based Prevention Program

#### 90AM2782 Evidence-Based Fall Prevention Services in Senior Centers

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 220,000      |
| FY 2004 | 220,000      |
| FY 2005 | 220,000      |
| FY 2006 | 50,000       |

NORTH CENTRAL AREA AGENCY ON AGING, INC 2 Hartford Square West, Suite 101 Hartford, CT 06106-5129

Contact: Robin Harper-Gulley (860)724-6443

The goal of this three-year project is to embed a sustainable evidence-based fall prevention strategy within greater Hartford senior centers by enhancing fall prevention-related knowledge and behaviors and building or enhancing relationships between senior centers and relevant community and health care organizations. Project objectives are to develop, implement, evaluate, and disseminate a fall prevention program, based on Yale FICSIT (Frailty and Injuries: Cooperative Studies of Intervention Techniques) and other randomized controlled trials (RCTs). The fall prevention program will target balance, gait and vision impairments, postural hypotension, multiple medication use, and home hazards. The partners include North Central Area Agency on Aging (NCAAA), Connecticut Hospital Association/Connecticut Association for Home Care (CHA/CAHC), Hartford area senior centers, and the Center on Aging, University of Connecticut Health Center. Primary outcomes include reduced falls in senior center clients and increased fall prevention knowledge and behaviors in center staff and clients. Products include a replicable model of community-based fall prevention, print and web-based procedure manuals, peer-reviewed publications, and multidisciplinary expertise available to other community-based providers.

### 90AM2793 Evidence-Based Prevention Programs-National Resource Center

Project Period: 09/30/2003 - 08/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 600,000      |
| FY 2004 | 600,000      |
| FY 2005 | 685,000      |
| FY 2006 | 687,500      |
| FY 2007 | 725.000      |

NATIONAL COUNCIL ON THE AGING 1901 L Street, NW Washington, DC 20036

Contact: Bonita L Beattie (202)479-6698

The National Council on the Aging has established a National Resource Center to support prevention demonstration grantees to successfully implement evidence-based disability and disease prevention programs; engage the aging services network (and others) in evidence-based programs and facilitate their adoption; and assist AoA to further develop an evidence-based prevention program. The outcomes of this 3-year project will be replicable programs that can positively affect the health and function of older adults, and increased support for the aging network's contributions in addressing prevention needs. The Center will leverage NCOA's experience in strengthening the capacity of aging service providers to offer evidence-based programming and provide multiple types of resources and technical assistance. Bringing complementary skills and knowledge are the Center's partners - the Aging Blueprint Office, the Healthy Aging Research Network of CDC's Prevention Research Centers, UCLA's Geriatric Medicine and Gerontology Program, a leading communications and dissemination firm, and leading national aging organizations.

Program: Evidence Based Prevention Program

#### 90AM2810 Improving Self Management of Chronic Disease in the Elderly

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 150,000      |
| FY 2004 | 125,000      |
| FY 2005 | 125,000      |
| FY 2006 | 50,000       |
|         |              |

AREA AGENCY ON AGING OF WESTERN MICHIGAN 1279 Cedar NE Grand Rapids, MI 49503-9503

Contact: Nora Barkey (616)222-7012

The Area Agency on Aging of Western Michigan, partnering with a managed care plan, four community aging services providers, and a university evaluator, will conduct a three-year program using the Chronic Disease Self-Management Program (CDSMP) and enhanced outreach. The project seeks to show how the aging network, in partnership with a health care plan, can improve the health outcomes for older adults. Six hundred adults ages 60 and older, with one of four common chronic conditions, will be randomly assigned to receive standard care from managed care or aging services providers or to receive the CDSMP and enhanced outreach intervention, 200 per group. Measures of health outcomes will be taken at three intervals. Expected outcomes are: positive inter-system collaboration; increased chronic disease self-management knowledge and skills for the community aging service provider (CASP) workers; positive health behaviors, self-efficacy, and health outcomes for participants compared to non-participants; and demonstrated cost and service benefits for older adults. Products will include the final report, manuscripts for publication, and presentations to both aging and health care audiences.

## 90AM2811 Healthy Changes: A Community-Based Diabetes Education Program

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 150,000      |
| FY 2004 | 125,000      |
| FY 2005 | 125,000      |
| FY 2006 | 50,000       |

ELDERS IN ACTION 501 SW Washington Street Portland, OR 97204

Contact: Vicki Hersen (503)823-5269

Elders in Action, a community-based non-profit, and Providence Health System's Center on Aging will conduct a three-year education and support program for older adults with diabetes. The goal is to increase the ability of program participants to self-manage, on a day-to-day basis, diet and physical activity aspects of their diabetes. Program elements include: weekly classes and support meetings held in a total of 16 community sites; community outreach and presentations provided by trained volunteer community educators; and one-to-one advocacy and problem solving assistance provided by trained volunteer Ombudsmen. Seniors age 55+ with diabetes will be offered services specially targeted to ethnically and geographically diverse, and low income seniors. Multnomah County Aging and Disability Services (AAA) will facilitate linkage of program elements with the greater senior network, and Oregon Research Institute will conduct the project evaluation. Products will include a curriculum manual, project publications and reports, evaluation tools and report, a final report, and web page information. These products will be disseminated to senior organizations, nationwide.

Program: Evidence Based Prevention Program

90AM2812 Healthy Ideas: Evidenced-Based Disease Self-Management for Depression

Project Period: 09/30/2003 - 09/29/2007

| Grant Amount |
|--------------|
| 150,000      |
| 125,000      |
| 125,000      |
| 50,000       |
|              |

SHELTERING ARMS SENIOR SERVICES 3838 Aberdeen Way Houston, TX 77025

Contact: Jane Bavineau (713)685-6506

The overall goal of this three year initiative is to build on the Healthy IDEAS (Identifying Depression, Empowering Activities for Seniors) program developed by a regional team of professionals in aging services, geriatric care, mental health and health services research and introduced into the Houston community in 2002. This project targets community dwelling elders, with a special focus on underserved and minority subgroups. The specific goals of this proposal are: to prevent or detect depression through effective, evidence-based screening and health promotion education; to promote more effective treatment through appropriate mental health referrals; to decrease symptoms and improve functioning in depressed elders who participate in the depression self-management program; to improve linkages between community aging service providers (CASPs) and community-based healthcare practitioners; and to prevent recurrence of the disease through regular depression screening. Expected outcomes include: more effective partnerships among community aging service providers, healthcare organizations, academic researchers and consumers; and refinement of the evidence-based depression self-management intervention to increase recognition, promote effective treatment, and prevent excessive functional disability due to depression. Evaluation outcomes, intervention materials and educational products will be disseminated among CASPs, community health providers, consumer advocacy/support groups.

## 90AM3111 Living Well in Wisconsin

Wisconsin Department of Health and Family Services Health and Family Services 1 West Wilson Street PO Box 7850 Madison, WI 53708-7850

Contact: Gail Schwersenska (608)266-7803 Project Period: 09/30/2006 - 07/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 250,000      |
| FY 2007 | 250,000      |

The Wisconsin Department of Health and Family Service's Divisions of Disability and Elder Services and Public Health (Arthritis Program, Diabetes Prevention and Control Program, and Injury Prevention Program), in collaboration with four AAAs, local county/tribal aging agencies, public health departments, health care providers, and the Wisconsin Medical Society, are collaborating to accomplish the following goals and objectives. The primary goal is to develop state infrastructure to support evidence-based prevention programs that feature the widespread availability of Chronic Disease Self-Management (CDSMP) and Fall Prevention (Stepping On) workshops. These sessions will empower adults 60 years and older to carry out healthy behaviors that reduce the risk for chronic conditions, improve self-management of diseases and conditions, reduce risk and fear of falls, and increase quality of life. Objectives are to: 1) promote self-management of chronic conditions through the CDSMP by building and enhancing the existing infrastructure; 2) develop and provide culturally competent CDSMP for Hispanic and Native American populations; 3) implement Stepping On in at least one planning service area; 4) evaluate program infrastructure, and monitor workshop fidelity; and 5) design a network to increase program awareness, and disseminate material. Expected outcomes are: 1) 116 additional active trainers, health professionals and lay leaders; and, 2) an additional 1,700 older persons will attend CDSMP sessions and 560 older persons will attend Stepping On sessions.

Program: Evidence Based Prevention Program

## 90AM3112 IL: Empowering Older People To Take More Control of Their Health

Illinois Department of Public Health Office of Health Promotion 535 West Jefferson Springfield, IL 62761

Contact: Thomas J Schafer (217)782-3300 Project Period: 09/30/2006 - 07/31/2009 **Grant Amount** FY 2006

250,000 FY 2007 250,000

The Illinois Department of Public Health, in partnership with the Department on Aging, proposes to implement evidence-based disease prevention programs for older adults. The goal is to provide the Chronic Disease Self-Management Program (CDSMP) and the Strong for Life (SFL) exercise program to persons over age 60 through community-level, not-for-profit aging services provider organizations. The objectives are: 1) to begin implementing the CDSMP in three, and the SFL program in one, Planning and Service Area (PSA) as defined by the Older Americans Act, through AAAs: 2) to begin developing the infrastructure and partnerships necessary to effectively embed these programs for the elderly within statewide systems of health and long-term care; 3) to promote and refer to clinical preventive services through these programs; 4) to evaluate the efforts and monitor the fidelity of each program; and 5) to disseminate the results and findings. The expected long-term outcomes will be: the potential for improving the quality of life for older people; reducing older people's risk of disease, disability and injury; helping older people to make lifestyle and behavioral changes; reducing the use and cost of health care over time; and the increased availability and accessibility of evidence-based programs for older persons at the community-level.

## 90AM3113 Living Longer, Living Stronger: The Oklahoma Project

Oklahoma Department of Human Services Aging Services 2400 North Lincoln Blvd. State Capitol Complex - Sequoyah Building Oklahoma City, OK 73125

Contact: Zach Root (405)521-2907

Project Period: 09/30/2006 - 07/31/2009

FY Grant Amount
FY 2006 250,000
FY 2007 250,000

The Oklahoma Department of Human Services Aging Services Division, in partnership with the State Department of Health, will develop and implement the Living Longer, Living Stronger project for persons 60 years and older in four rural regions. The partnership includes AAAs, aging services nonprofit providers, the Chickasaw Nation, and others within the collaborative network. The goal of the project is to increase the quality of life and decrease the complications of arthritis, heart disease, stroke, and obesity among persons residing in Oklahoma by providing the EnhanceFitness and Chronic Disease Self Management Programs.

The project objectives are to: 1) develop and sustain quality implementation of two evidenced-based health prevention programs for individuals 60 years of age and above; 2) improve collaboration in providing services among health, public health, and aging services network agencies at the state and local level; and 3) evaluate the program, document activities, and disseminate the results.

Project outcomes are to: 1) provide evidenced-based health prevention programs to 2,800 individuals over 60; 2) develop over 100 permanent program sites over three years; 3) improve health outcomes among 80% of participants; and 4) sustain the program once federal funding ends. The Oklahoma Project will produce an interagency advisory committee; a final report; marketing materials; articles for publication; data reflecting participants in Oklahoma; models for rural and tribal regions; and abstracts and workshops for national conferences.

Program: Evidence Based Prevention Program

90AM3114 Texas Healthy Lifestyles

Texas Department of Aging and Disability Services Policy Analysis and Support- Mail Code W-578 701 W. 51st St. Austin, TX 78751

Contact: Michael P Wilson (512)438-5471

Project Period: 09/30/2006 - 07/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 250,000      |
| FY 2007 | 250,000      |

The State of Texas, through the Department of Aging and Disability Services and the Department of State Health Services, under the umbrella of "Aging Texas Well," (ATW) and in cooperation with the Bexar AAA, the Brazos Valley AAA and Neighborhood Centers Inc., propose to expand regional public/private evidence-based health promotion to help seniors take control of their lives and reduce their risk of disease and disability. The goal is to create a focal point at the state level for evidence-based programs under the Aging Texas Well Initiative and expand the scope of these programs through the faith-based community, in rural areas, and non-traditional partnerships. The planned interventions are the Chronic Disease Self-Management Program, the Matter of Balance fall prevention program, and EnhanceFitness.

The objectives are: (1) to develop a foundation of knowledge of the risks associated with chronic disease and the benefits of a healthier lifestyle; (2) to help older persons learn to take responsibility for day to-day self management of their disease; (3) to increase awareness of local resources for a healthier lifestyle; (4) to reduce the burden of chronic illness across the participating regions of Texas; (5) to incorporate a more comprehensive approach to chronic disease management as part of ATW; and (6) to disseminate project information at the conclusion of the grant term. The outcomes will be: improved self-efficacy (for chronic disease management), improved self-reported health status and symptom management, improved health behaviors, reduced utilization of healthcare resources, and stronger community resources to support non-medical chronic disease management.

#### 90AM3115 Evidence-Based Prevention Programs for Older Adults in Oregon

Project Period: 09/30/2006 - 07/31/2009

 FY
 Grant Amount

 FY 2006
 250,000

 FY 2007
 250,000

Dept. of Human Services, Seniors People w/ Disabilities 676 Church Street Salem, OR 97301-1076

Contact: Elaine Young (503)945-6456

The Oregon Dept. of Human Services, Seniors & People with Disabilities and the Dept. of Human Services, Health Promotion, and Chronic Disease Prevention propose to implement an evidence-based (EB) disease prevention initiative with the goal of promoting health and independence of community-living older adults in four diverse areas in Oregon. The interventions: Tai Chi and the Chronic Disease Self-Management Program will promote active self-management of chronic conditions, promote physical activity, and reduce falls. The objectives are to: 1) reach at-risk seniors with EB programs through new and expanded partnerships between aging, health, private, and public agencies; 2) maintain fidelity to the design and research outcomes associated with the selected interventions; 3) increase awareness and use of EB health promotion programs focused on older adults; and 4) develop systems that can be used in sustaining, replicating, and expanding the use of such programs in Oregon. The anticipated outcomes are: new and expanded community partnering to offer EB to at risk older adults; increased participation by high risk older adults in EB programs to impact chronic disease self-management, physical activity, and falls prevention; and expansion of the three projects to additional counties, as a result of dissemination efforts. Products: final report, including data on participation & reach, and systems development; articles that may be written about the project; logic model for implementation of each program. Abstracts for any conference presentations on the project.

Program: Evidence Based Prevention Program

## 90AM3116 NJ Empowering Older People To Take More Control of Their Health

Project Period: 09/30/2006 - 07/31/2009

 FY
 Grant Amount

 FY 2006
 192,300

 FY 2007
 192,300

New Jersey Department of Health and Senior Services PO Box 360

Trenton, NJ 08625-0000

Contact: Geraldine Mackenzie (609)943-3499

The NJ Dept. of Health and Senior Services (DHSS) proposes to develop statewide capacity for local delivery of low-cost, evidence-based disease prevention programs (EBDPP). The grant will build upon NJ's model for healthy aging, which is based upon leadership and coordination within the Area Agency on Aging, program delivery through local community-based providers, and strategic partnerships with public health & other health care providers to assure the quality of health-related activities. Year 1 goal: empower seniors to reduce modifiable risk factors for disease and disability by establishing the infrastructure to effectively deliver the Chronic Disease Self-Management Program (CDSMP) in Atlantic, Cape May and Warren Counties, and the Healthy IDEAS program in Essex and Union Co. Objectives include: 1) establishing local partnerships for service delivery; 2) certifying master trainers and class leaders for CDSMP; 3) developing and delivering training for Healthy IDEAS; 4) implementing programs and integrating them into the counties' service delivery system; and 5) conducting a comprehensive evaluation. In addition, state level intra and inter-departmental partnerships will establish CDSMP in related networks, including Medicaid, Disabilities and Chronic Disease Services. Outcomes will be achieved on three levels: 1) participants will be empowered to better manage their chronic diseases through skill development and enhanced self-confidence; 2) the local service delivery system will have strengthened provider relationships and integrated delivery of EBDPP; and 3) the state will have a more fully developed model to support healthy aging statewide. Target audiences are underserved populations, including African-Americans, Latinos, frail individuals and those with access barriers. Products include: evaluated templates for model replication, reports detailing evaluation outcomes, & written materials distributed electronically via listservs and websites.

## 90AM3117 Healthy Aging Partnership - Empowering Elders (HAP-EE)

Executive Office on Aging
Hawaii Department of Health
No. 1 Capitol District 250 S. Hotel Street, Suite 406
Honolulu, HI 96813-2831

Contact: Caroline Cadiroa (808)586-0100

Project Period: 09/30/2006 - 07/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 250,000      |
| FY 2007 | 250,000      |

Hawaii's Executive Office on Aging (EOA), in partnership with the Department of Health, three of Hawaii's four AAAs (Honolulu's Elderly Affairs Division, Hawaii County Office of Aging, Kauai's Agency on Elderly Affairs), and OAA-funded service providers and health and research partners in each of these three counties, propose to implement an Healthy Aging Partnership-Empowering Elders (HAP-EE) initiative. This project builds on Hawaii's Healthy Aging Partnership (HAP), a broad partnership established in 2003 to improve older adult health by building aging network capacity to implement evidence-based (EB) prevention programs in Hawaii's multi-ethnic environment. Since its inception, HAP has trained 40 aging network partners in four counties (in needs assessment, EB programming, logic modeling, and evaluation), and three of four counties successfully piloted programs to enhance physical activity and healthy eating among meal site participants. Our current statewide goals are to: 1) continue building the aging network capacity in EB programming; and 2) effectively embed 2 EB programs: Stanford's Chronic Disease Self-Management Program (CDSMP) and the EnhanceFitness (EF) Program in our Aging Network. Over 3 years, we will: 1) expand the HAP Steering Committee and Evaluation Subcommittee; 2) enhance planning and evaluation skills of 40 Aging Network partners; 3) develop 30 leaders and/or master trainers for CDSMP and EF; 4) replicate with fidelity CDSMP by five OAA-funded providers in Honolulu County, and EF in eight nutrition sites in Hawaii County and six nutrition/recreation sites in Kauai County; and 5) engage 460 older adults in EB programs, 180 in CDSMP and 280 in EF.

Program: Evidence Based Prevention Program

## 90AM3118 SC: Implementation of Evidence-Based Intervention Programs Statewide

Project Period: 09/30/2006 - 07/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 250,000      |
| FY 2007 | 250,000      |

Lieutenant Governor's Office on Aging 1301 Main Street, Suite 200 Columbia, SC 29201

Contact: Terri Whirrett (803)734-9908

The SC Lt. Governor's Office on Aging and its partner, the Department of Health and Environmental Control will continue to provide proven prevention programs with the following goals and objectives: Goal 1) - Increasing the quality and years of life for older adults with chronic diseases or fear of falling. The objectives for goal one are to: 1) expand the Chronic Disease Self-Management Program (CDSMP) statewide; 2) implement A Matter of Balance fall prevention program (MOB) in two regions; 3) train additional Group Leaders and Master Trainers; and 4) expand health promotion strategies and materials to reach diverse groups, including underserved populations; and 5) continue to evaluate the reach, fidelity, and impact of the programs. Goal 2) - Maintaining and expanding the infrastructure of partnerships to embed these programs in state health and long-term care systems. The objectives for goal two are to: 1) strengthen and expand the local partnership base; 2) provide leadership, consultation, and ongoing support to local partners; 3) sustain and expand the commitment of funds and resources from public and private sectors; and 4) strengthen and expand the SC Partnership for Healthy Aging. Participant Outcomes: CDSMP participants will report increased self-confidence, improved health status, and increased self-management behaviors. MOB participants will demonstrate a reduced fear of falling and increased mobility. System Outcomes: increased number and reach of evidence-based prevention programs for older adults in the state and reductions in health care utilization and costs.

### 90AM3119 Ohio's Evidence-Based Prevention Program Initiatives

Project Period: 09/30/2006 - 07/31/2009

Project Period: 09/30/2006 - 07/31/2009

FY 2006

FY 2007

**Grant Amount** 

250,000

250,000

 FY
 Grant Amount

 FY 2006
 250,000

 FY 2007
 250,000

Ohio Department of Aging 50 W. Broad Street 9th Floor Columbus, OH 43215-3363

Contact: Marcus J Molea (614)752-9167

The Ohio Departments of Aging (ODA) and Health (ODH), AAAs and community-based health care and aging service organizations are working to build a collaborative infrastructure aimed at improving the health of older Ohioans by implementing evidence-based prevention programs at the local level. We are proposing to implement and evaluate three different interventions focusing on Chronic Disease Self-Care, Physical Activity, and Fall Prevention in multiple regions of the state. In Chronic Disease Self-Care, the Stanford Chronic Disease Self-management Program (CDSMP) will be extended to four regions of Ohio. Over the three year period, we will conduct 113 CDSMP courses, reaching 1165 older adults. Our Physical Activity intervention intends to sustain and expand the Active Living Every Day Program (a.k.a. Active for Life) in Southeastern Ohio. Over the three year period, we will conduct 15 Active Living Every Day courses, reaching 225 older adults. The Fall Prevention intervention will offer A Matter of Balance/Volunteer Lay Leader program in Cuyahoga County. Over the three year period we will conduct 56 Matter of Balance courses, reaching 420 older adults. Six regional coalitions have joined ODA and ODH to implement these interventions, including Cleveland (PSA 10A), Akron (PSA 10B), Cincinnati (PSA 1), Columbus (PSA 6), Toledo (PSA 4) and Southeastern Appalachian Ohio (PSA 8).

Program: Evidence Based Prevention Program

#### 90AM3120 Empowering Older Mainers to Take More Control of Their Health

Maine Dept. of Health & Human Services/Office of Elder Maine Office of Elder Services

11 State House Station 442 Civic Center Drive

Augusta, ME 04333

Contact: Mary Walsh (207)287-9207

The Office of Elder Services (Maine's State Unit on Aging) submits this proposal with the full commitment of the Maine Center of Disease Control and Prevention (the State Health Agency known as the Maine CDCP). Goal: to empower older people to take more control of their health and reduce their risk of disease and disability. Objectives: 1) expand access to and delivery of four evidence-based prevention programs; 2) expand and develop a network of volunteers trained to deliver the Matter of Balance/Volunteer Lay Leaders (MOB/VLL) program and the Chronic Disease Self Management Program (CDSMP); 3) develop four new EnhanceFitness sites; 4) expand EnhanceWellness to one new site; and 5) further develop the system of communication among health care providers, community service organizations, aging and disability resource centers, and the aging and long-term care system. Target Population: older people with chronic conditions, who could improve their health through participation in these programs. Significant Partners: the Maine CDCP; AAAs; MaineHealth's Partnership for Healthy Aging; Aging and Disability Resource Centers; and community organizations already participating in evidence-based wellness programs. Proposed Activities: 1) cross-train existing MOB/VLL coaches to administer the CDSMP and develop a network of sites at which both programs are co-located and available; and 2) expand EnhanceFitness and EnhanceWellness programs at pilot sites. Outcomes anticipated: increased number of older Mainers who make healthy lifestyle changes; a network of people skilled and available to coach older Mainers in attaining and maintaining a healthy lifestyle; and increased communication and referrals among health care providers, community service organizations, and older adults.

#### 90AM3122 CA Initiative to Empower Older Adults to Better Manage Their Health

Project Period: 09/30/2006 - 07/31/2009

 FY
 Grant Amount

 FY 2006
 250,000

 FY 2007
 250,000

California Department of Aging 1300 National Drive, Suite 200 Sacramento, CA 95834

Contact: Janet Tedesco (916)419-7500

The California State Departments of Aging and Health Services, local AAAs, public health and non-profits throughout the state, are proposing to implement the Stanford Chronic Disease Self-Management Program (CDSMP) and/or Matter of Balance (MOB), a fall prevention program in five geographic areas and in several Multipurpose Senior Services Programs, introducing Medication Management and Healthy Moves. The goal is to create an effective infrastructure that includes both state and local partnerships to implement sustainable evidence-based prevention programs for older people within the state's aging network. The objectives are to: implement the CDSMP and/or MOB in geographic areas that represent 40% of the state's seniors; disseminate two additional evidence-based programs for frail, dually eligible seniors in at least six communities; and provide technical assistance to the identified local partnerships as prototypes for further expansion. The anticipated outcomes are to create a sustainable network to provide community education and evidence-based programs for diverse older adults; integrate evidence-based programs into at least five geographic regions; and conduct outreach that will successfully recruit approximately 6,000 high risk seniors to the initiative.

Program: Evidence Based Prevention Program

90AM3123 Iowa Healthy LINKS

Project Period: 09/30/2006 - 07/31/2009

 FY
 Grant Amount

 FY 2006
 250,000

 FY 2007
 250,000

Iowa Department of Elder Affairs 510 East 12th Street Jessie Parker Bldg. Suite 2 Des Moines, IA 50319

Contact: Kay Corriere (515)725-3330

The lowa Department of Elder Affairs (DEA) and Department of Public Health (IDPH) have partnered with the following three Planning Service Areas (PSA): Aging Resources of Central Iowa, Heritage Area Agency on Aging and Hawkeye Valley Area Agency on Aging to implement the Stanford Chronic Disease Self-Management Program (CDSMP) and EnhanceFitness. The initiative will be called the Iowa Healthy Links and its goal is improving the health of older Iowans with chronic diseases and increasing Iowa's capacity to provide evidence-based health promotion programs for older adults.

All three areas will participate in program evaluation, creating the benchmarks and measuring the changes in participant's quality of life, health care utilization, chronic disease self-efficacy, fruit and vegetable consumption, physical activity and strength, along with program sustainability, dispersion, and capacity building. The Des Moines University will coordinate program evaluation. Anticipated outcomes include improvement in quality of life measures, health behaviors and a reduction in health care utilization, which will facilitate system development for sustainability. Results from the evaluation will be provided to the lowa Department of Human Services (state Medicaid agency), Senior Living Coordinating Unit, State Board of Health, State Legislature and private organizations to impact polices and obtain funding for sustaining evidence-based preventive programs. The lowa Healthy Links will provide a model for implementing evidence-based health promotion programs in other PSA's with other community partners.

## 90AM3124 Empowering Older New Yorkers To Take More Control of their Health

Project Period: 09/30/2006 - 07/31/2009

 FY
 Grant Amount

 FY 2006
 250,000

 FY 2007
 250,000

New York State Office for the Aging 2 Empire State Plaza Albany, NY 12223-1251

Contact: Marcus Harazin (518)474-6101

The NY State Office for the Aging and its partner, the Department of Health, propose to implement evidence-based health promotion programs with the goal of building the capacity of local service delivery systems in New York State to incorporate and sustain implementation of the Chronic Disease Self- Management Program (CDSMP) and the Active Choices, physical activity program. Objectives: (1) successfully implement CDSMP and Active Choices programs in three regions and reach 1,800 persons over age 60 over a three year period for CDSMP, and 3,300 persons for Active Choices; (2) ensure fidelity to program protocols, encourage on-going quality improvement and guide systems change at the state and local level, thereby increasing the likelihood of sustainability upon the completion of the project's funding; and (3) disseminate a model for implementation and sustainability of evidence-based programs.

Anticipated Outcomes: (1) improvement in health promotion participation and outcomes for residents over age 60; (2) integration of evidence-based programs into the health promotion offerings of the State and particularly in Point of Entry (POE) and Naturally Occurring Retirement Community Supportive Services Program Development; (3) greater integration of AAA and County Health Department efforts; and (4) new public/private support for evidence-based health promotion programs.

Program: Evidence Based Prevention Program

90AM3125 Living Well -Take Charge of Your Health

Project Period: 09/30/2006 - 07/31/2009

FY 2006 Grant Amount FY 2006 250,000 FY 2007 250,000

Maryland Department of Aging 301 West Preston Street Suite 1007 Baltimore, MD 21201-2374

Contact: Sue Vaeth (410)767-1108

The Maryland Department of Aging and its partners, the Department of Health and Mental Hygiene, the Governor's Office of Community Initiatives, Office of Service and Volunteerism, Rural Maryland Council, Towson University, and two health insurance companies will implement this initiative. The goal is to encourage older people to take charge of their health through the Chronic Disease Self-Management Program (CDSMP) in six Planning Service Areas (PSAs), and the Active for Life program in one of those six. The approach is to develop state and local partnerships, including AAAs, aging services provider organizations (ASPO), local health departments (LHD), health care providers, faith-based organizations, and other agencies in their jurisdictions to provide the CDSMP in many settings, promoting the program and making it widely available. The objectives are to: 1) enhance capacity to provide the CDSMP through licensing and training; 2) develop new and enhance existing partnerships for broad application of the CDSMP and for sustainability; 3) provide opportunities for 2,661 participants in CDSMP and 75 in Active for Life; 4) develop outreach and referral for potential leaders and participants; 5) evaluate the projects for quality and effectiveness; and 6) disseminate project information nationally and statewide. The expected outcomes include: 1) CDSMP will be available to participants in a variety of settings; 2) health care providers will make referrals to the EB projects; 3) participants will demonstrate outcomes as expected by the interventions; and 4) local partnerships, led by AAAs, ASPOs, and LHDs, will act as mentors to non-participating jurisdictions to enable them to develop EB projects in their areas.

## 90AM3130 Empowering Older People to Take More Control of Their Health: Evidence-Based Prevention

Colorado Department of Public Health and Environment Public Health and Environment PSD-COPAN-A5 4300 Cherry Creek Drive South

Denver, CO 80246

Contact: Normie M Voillegu (303)692-2505

Project Period: 09/30/2006 - 07/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 250,000      |
| FY 2007 | 250,000      |

Project Period: 06/01/2007 - 05/31/2010

250,000

FY 2007

The Colorado State Unit on Aging (SUA) and the Dept. of Public Health and Environment (CDPHE) support this Healthy Aging Partnership Project in collaboration with the Consortium for Older Adult Wellness (COAW). The goal: expand the existing infrastructure of the partnership of the SUA, CDPHE, and COAW to implement and sustain the delivery of evidence-based (EB) prevention programs through community aging service providers. The objectives: 1) create a sustainable delivery system for EB program training and implementation, coordination, technical support & fidelity oversight of the Chronic Disease Self- Management Program (CDSMP) and A Matter of Balance (MOB) in three geographical areas of Colorado, and all 16 AAA regions by August '07; 2) modify significant factors caused by chronic diseases or conditions in a minimum of 68% of participants who enroll in CDSMP and/or MOB, by project's end; 3) expand the communication network of OAA community-based service providers that encourages the sharing of resources and increases the opportunity for collaboration; and 4) make this expanded system sustainable by and beyond August '09. Expected outcomes: 1) expand accessibility for older adults to the CDSMP and other evidence-based programs (EBP); 2) embed an EBP service system into three regional health service providers that collaborate with regional communities for training, networking, and resource sharing; 3) train ten certified, regional, Master trainers in CDSMP and 50 paired community leaders per year, who will implement the program; 4) reach 3,500 participants in CDSMP/Matter of Balance: 5) obtain AAA support to sustain EB programs by using Title III-D funds/private funding: 6) analyze data for evaluation on health indicators, participant reach, and program satisfaction through evidence-based disease prevention software; and 7) build upon existing networks with additional EB self-management interventions in physical activity, nutrition, and fall prevention.

Program: Evidence Based Prevention Program

#### 90AM3134 Arizona On The Move For Healthy Aging

Arizona Department of Health Services
AZ Department Health Services
150 North 18th Avenue Suite 520

Contact: Ramona L Rusinak (602)364-0526

Phoenix, AZ 85007

The Arizona Department of Health Services and its partner the Arizona Department of Economic Security, Division of Aging and Adult Services (ADES-DAAS) through the Arizona on the Move for Healthy Aging Project will implement the Chronic Disease Self Management Program (CDSMP) and EnhanceFitness (EF) programs in Pima, Santa Cruz and Yavapai counties over three years. The goals are to: 1) implement evidence-based prevention programs targeting adults 60+; and 2) build and strengthen state and local healthy aging partnerships focused on prevention services targeting older adults. The objectives are to: develop a resource of CDSMP and EF trainers at the state and local levels, establish CDSMP and EF programs in three counties and integrate evidence based prevention programs into planning and policy in state public health and aging networks. The outcomes of this project will be increased training and prevention program resources in two rural and one urban county along with strong partnerships at local and state levels to increase capacity and infrastructure for prevention services targeting adults 60 years and older. An additional outcome will be the availability of data demonstrating the benefit to adults 60 years and older of participation in chronic disease self-management programs. The products from this project will include: a final report, evaluation results from the courses, data on health status and outcomes of participants to be used in fact sheets for policy and decision-makers, abstracts for national aging and public health conferences, project information and resources available on the Healthy Aging Communication Network website and through the Arizona Aging and Disability Resource Center.

#### 90AM3135 Michigan's Older Adults: On the PATH to Better Health

Michigan Department of Community Health Office of Services to the Aging 320 S Walnut St Lansing, MI 48913

Contact: Sherri C King (517)373-4064

Project Period: 06/01/2007 - 05/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 250,000      |

The Michigan Office of Services to the Aging (OSA) and the Michigan Department of Community Health (MDCH) support this grant. The goal is to create a sustainable statewide infrastructure that can facilitate the integration and embedding of evidence-based disease prevention programming into the local aging and public health networks. The objectives are to: expand and enhance the capacity of the existing statewide group, Partners on the PATH (Personal Action Toward Health), form community coalitions to oversee local provision of services, ensure these coalitions have a sustainable business plan, recruit and train program leaders, develop a universal system to use for evaluation and to monitor fidelity, provide follow-up and referral to participants, to disseminate project information and develop a template for other area agencies on aging to recreate. The expected outcomes of this project are: Partners on the PATH will become a line item in the state budget and will be instrumental in making recommendations on state policy concerning chronic disease; local coalitions will have a sustainable marketing plan and oversee classes offered; seniors who participate in classes will reduce their risk of developing chronic diseases; seniors with chronic diseases will adopt better health practices that will improve their quality of life; pre-and-post testing will reflect an increased knowledge in dealing with chronic diseases; and documented fidelity to the programs will be realized.

Program: Evidence Based Prevention Program

#### 90AM3136 Idaho Lifestyle Interventions for the Elderly

Idaho Department of Health and Welfare Bureau of Community & Environmental Health 450 West State Street, 6th Floor PO Box 83720 Boise, ID 83720-0036

Contact: Elke Shaw-Tulloch (208)334-5950

Project Period: 06/01/2007 - 05/31/2010

FY Grant Amount
FY 2007 250,000

The Idaho Department of Health and Welfare, in collaboration with the Idaho Commission on Aging, Area Agencies on Aging, and senior centers in Idaho, plan to implement health promotions program for seniors on chronic disease self-management and nutrition education. The goal is to provide comprehensive programs in three health districts by incorporating evidence-based programs into an existing infrastructure that has successfully delivered physical activity/fall prevention classes for older people in rural and resource-poor areas. The objectives are to: 1) provide a Chronic Disease Self-Management Program (CDSMP); 2) contract with senior centers that are hosting other programs to add the CDSMP in their site and in other sites in their communities; and 3) train peer leaders for the Healthy Eating for Successful Living in Older Adults (HE) program. The outcomes will include: 1) CDSMP offered at nine senior centers in three local public health districts; 2) introduction of the HE program; 3) CDSMP participants will experience enhanced quality of life and have more control over health outcomes; and 4) improved nutritional status of HE participants.

## 90AM3137 MA Empowering Older People to Take More Control of Their Health

Massachusetts Executive Office of Elder Affairs Policy and Program Development One Ashburton Place Boston, MA 02108

Contact: Sandra Tocman (617)222-7514

Project Period: 06/01/2007 - 05/31/2010

Project Period: 06/01/2007 - 05/31/2010

Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 250,000      |

The Massachusetts Executive Office of Elder Affairs (Elder Affairs) and its partner, the Department of Public Health Office of Healthy Aging/Health and Disability (MDPH) is proposing to implement evidence-based prevention programs. The goal is to develop a sustainable infrastructure within the Commonwealth to implement high-quality evidence-based disease prevention (EBDP) programs that provide the maximum number of at risk older adults and people with disabilities the tools to maintain healthy and active lifestyles. Elder Affairs and MDPH will partner with community-based organizations and provide leadership for the implementation and evaluation of the following EBDP programs in three geographic areas: 1) Stanford University's Chronic Disease Self-Management Program in the Northeast Area; 2) A Matter of Balance in Boston; and 3) Healthy Eating for Successful Living in Older Adults in the South Suburban area. The major objectives are to: 1) build and sustain private/public partnerships at the state and local levels to deliver EBDP programs; 2) create protocols and guidelines for implementation, evaluation, and reporting; 3) provide EBDP programs to reach older adults and people with disabilities; 4) monitor the project's progress, fidelity, and outcomes; and 5) effect statewide and local policy and systems to sustain the project. The expected outcomes are: existing public/private partnerships will expand their capacity to integrate EBDP programs into local and statewide systems; older adults and people with disabilities will report improvements in falls; better strategies for coping with diseases; better food choices; and increased levels of physical activity.

Program: Evidence Based Prevention Program

## 90AM3138 Arkansas Empowering Older Adults Project

Arkansas Department of Health and Human Services Division of Health P.O. Box 1437, H- 41 Little Rock, AR 72203-1437

Contact: Becky Adams (501)661-2334

The Division of Health (DOH) of the Arkansas Department of Health and Human Services (ADHHS) proposes to initiate the Arkansas Empowering Older Adults Project. The DOH has the following partners: ADHHS/Division of Aging and Adult Services (DAAS), the University of Arkansas for Medical Sciences Reynolds Institute on Aging - Arkansas Aging Initiative, AAAs, the Aging and Disability Resource Center, aging service providers in each region, and local Hometown Health Improvement coalitions. The goal is to empower older Arkansans to take greater control of their health through lifestyle changes and to reduce their risk for chronic diseases and disability by delivering evidence-based prevention programs. The two proposed programs to be implemented are the Stanford Chronic Disease Self-Management Program in two regions and the Active Living Every Day, physical activity program statewide. The objectives are to develop

program infrastructure; train facilitators and master trainers; implement the programs; provide opportunities for physical activity for older adults; maintain fidelity to the original design; assess the impact of programs; and disseminate project information. The expected outcomes are for participants to demonstrate positive lifestyle changes; increase their ability to cope with challenges and barriers to exercise; decrease chronic disease risk factors; and successfully collaborate and mobilize project partnerships.

#### 90AM3139 Minnesota's Evidence-Based Health Promotion Initiative

Minnesota Board on Aging Dept. of Human Services PO Box 64976

St. Paul, MN 55164-0976

Contact: Jean Wood (651)431-2563

Project Period: 06/01/2007 - 05/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 250,000      |

The Minnesota Board on Aging in partnership with the Minnesota Department of Health will work with public and private partners at the state and community levels to build a sustainable, statewide-coordinated evidence-based health promotion initiative. The objectives are to: 1) implement three highly visible, evidence-based health promotion programs: The Chronic Disease Self-Management Program, Matter of Balance, a fall prevention program, and EnhanceFitness, a physical activity program; 2) collaborate with strategic partners who can ensure identification of at-risk individuals and consistent referrals to these programs and who have a stake in the outcomes; 3) refine and expand data and quality assurance systems that can be used by all aging services providers to track participation in these programs and assure fidelity of implementation; and 4) build a business case for these approaches to ensure their long-term sustainability. The expected outcomes of this initiative are: 1) older Minnesotans will have fewer falls and fall-related injuries, maximizing their independence and quality of life; and 2) more older Minnesotans will adopt self-management skills and work with their health care providers to more effectively manage their chronic conditions, contributing to improvement or health status, independence and quality of life.

Program: Evidence Based Prevention Program

## 90AM3140 Empowering Older People to Take More Control of Their Health

North Carolina Department of Health and Human Services (NCDHHS)

2101 Mail Service Center Raleigh, NC 27699-2101

Contact: Audrey Edmisten (919)733-0440

Project Period: 06/01/2007 - 05/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 149,380      |

The North Carolina Division of Aging and Adult Services and the Division of Public Health are fully committed to the goal of mobilizing a statewide campaign to implement and sustain the Stanford University Chronic Disease Self-Management Program (CDSMP) to reduce the risk of disease and disability among seniors (outcomes). The promised permanent full-time position to coordinate evidence-based health promotion symbolizes this strong commitment. The objectives are: to train 3564 participants in three geographic regions and to target low-income, racial/ethnic minority, and/or rural older adults; (2) to work with at least 3 different target settings and delivery agents in each of the regions to deliver the CDSMP; (3) to assure that all sites deliver the program with fidelity; (4) to determine the extent to which participants benefit across race/ethnicity, poverty level, gender, age or geographic location; (5) to create a statewide infrastructure for ongoing sustainability and quality assurance; and (6) to evaluate the economic impact of the CDSMP.

## 90AM3141 CT Empowering Older People To Take Control of Their Health

State of Connecticut, Department of Social Services Department of Social Services 25 Sigourney Street Hartford, CT 06106

Contact: Pamela Giannini (860)424-5277

Project Period: 06/01/2007 - 05/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 250,000      |

The State of Connecticut Department of Social Services and the Department of Public Health is developing a collaborative and integrated network of state and local aging, health and non-profit organizations with the goal of empowering older people to take more control over their own health through lifestyle changes that have proven effective in reducing the risk of disease and disability. Its approach is to translate research evidence into programs at the community level by imbedding low-cost prevention programs within existing state and local programs. The objectives are to expand these efforts by: 1) developing and enhancing linkages across state and local aging, health, and nonprofit organizations; 2) augmenting uptake of prevention efforts by training professionals and older adults in the Chronic Disease Self-Management Program (CDSMP); 3) training community-based professionals and seniors in fall prevention; 4) progressively implementing CDSMP in the designated geographic area; 5) progressively implementing a fall prevention program in the designated geographic areas; 6) conducting an impact evaluation; and 7) disseminating the results to Connecticut and to other states. Key organizations include three AAAs, University of Connecticut, Yale University, and several local health, aging, and nonprofit organizations with Title III funding. The expected outcomes include increased knowledge and behaviors among professionals and seniors concerning chronic disease self management and fall prevention.

Program: Health Disparities among Minority Elders-Tech. Assistance Ctr.

90AM2772 Preventing Diabetes: Healthy Living for American Indian Elders

NATIONAL INDIAN COUNCIL ON AGING, INC 10501 Montgomery Blvd, NE, STE 210 Albuquerque, NM 87111-3851

Contact: Alvin Rafelito (505)292-2001

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 129,155      |
| FY 2004 | 159,155      |
| FY 2005 | 129,155      |
| FY 2006 | 50,000       |

Under AoA's priority of eliminating health disparities among elderly individuals, the National Indian Council on Aging was funded to address preventing diabetes in American Indian elders. In partnership with American Indian Tribes and elder organizations throughout the country, this project will identify best practices and effective interventions for healthy living. New tools to prevent diabetes in American Indian/Alaska Native elders will be developed and disseminated based on the best practices identified.

Program: Health Disparities among Minority Elders-Tech. Assistance Ctr.

### 90AM3127 The National Minority Aging Organizations Technical Assistance Centers Program

Project Period: 09/30/2006 - 05/31/2009

 FY
 Grant Amount

 FY 2006
 127,669

 FY 2007
 127,669

INTER TRIBAL COUNCIL OF ARIZONA, INC. 2214 North Central Avenue, Suite 100 Phoenix, AZ 85004

Contact: Lee Begay (602)258-4822

The goal of this project is to develop accessibility of current and newly developed health promotional materials and disease prevention strategies for American Indian Elders, caregivers and Tribal, State and National Aging Programs. The objectives are: 1) to establish partnerships and coordination with three community-based and statewide organizations to pilot and adopt two successful models to provide accessibility to health promotional materials; 2) to develop a comprehensive plan to identify two existing health promotional materials and to replicate those programs to make them accessible nationwide; 3) to promote the availability of three quality health promotion materials for American Indian elders by cooperating with the broader health, supportive services, academic and professional communities to reach an increased number of elders with limited English speaking proficiency; 4) to develop three culturally competent and linguistically appropriate health promotional materials and make them available to American Indian elders; and 5) to target training and educational materials to isolated and hard-to-reach American Indian communities.

Program: Health Disparities among Minority Elders-Tech. Assistance Ctr.

## 90AM3128 The National Minority Organizations Technical Assistance Centers Program

Project Period: 09/30/2006 - 05/31/2009

 FY
 Grant Amount

 FY 2006
 294,622

 FY 2007
 294,622

ASOCIACION NACIONAL PRO PERSONAS MAYORES 234 E Colorado Blvd, Ste 300 Pasadena, CA 91101

Contact: Carmela G Lacayo (626)564-1988

The project goal is to design a community-based health intervention project for limited English proficient Hispanic elders and their families, i.e. older Hispanic individuals and families with low income and low literacy. Objectives will promote the concept that knowledge is the best medicine by using diverse language and cultural competence approaches to disease prevention, health education and training. Major objectives include: 1) designing health promotion materials that emphasize appropriate cultural literacy levels for use by older Hispanics and their families; 2) enhancing the aging network's ability to provide culturally competent services to Hispanic older individuals; 3) enhancing the services of established faith-based organization (FBO) church volunteer programs as a community support system for low-income older Hispanics; and 4) establishing and sustaining partnerships with local targeted health care and Hispanic CBOs to develop and implement the goal and objectives of Project Puente. The project is being conducted in collaboration with national organizations and networks of the American Society on Aging, the N4A, Eastern Washington University Center on the Studies of Aging, Hispanic and FBOs, the Senior Community Service Employment Program partner national sponsors and their networks of multiple community health centers and nonprofit hospitals who have signed host agency agreements.

Program: Health Disparities among Minority Elders-Tech. Assistance Ctr.

## 90AM3129 The National Minority Aging Organizations Technical Assistance Centers Program

Project Period: 09/30/2006 - 05/31/2009

 FY
 Grant Amount

 FY 2006
 294,622

 FY 2007
 294,622

The National Caucus & Ctr. on Black Aged 1220 L Street, NW, Suite 800 Washington, DC 20005

Contact: Aundrenette J Boddie (202)637-8400

The project goal is to reduce obesity as a risk factor leading to chronic diseases among older African Americans. The project focus is on reducing the risk for conditions such as cardiovascular disease, hypertension, diabetes, kidney failure, glaucoma, and other obesity related diseases. Strategy is based on the concept formally known as compression of morbidity. The concept is expressed in the reduction of the total period of disability, which is the main goal of prevention initiatives targeted to older individuals. Lifestyle changes that complement the strategy often reduce the risk of one disease, while delaying or reducing the risk of others as well. Project objectives: 1) increase the level of knowledge of African American seniors about self care strategies related to overweight and obesity; 2) increase awareness of African American seniors about health disparities in their communities; 3) achieve active weight loss among the seniors participating in the Healing Circle component of the project; 4) increase the level of physical activity among seniors participating in the project; and 5) engage healing circle participants in community health advocacy activities. Also, NCBA will implement the web site "Senior Health News Network" (SHNN) to serve as a realtime information portal for disseminating late breaking news, health and wellness related stories. The target population includes African American individuals age 50 and above, their families and caregivers. Partners include Group Ministries of Baltimore, MD and Buffalo, NY; AAAs in Richmond, VA, Detroit, MI, and Hinds County, MS; and the Aging and Title V Senior Community Service Networks.

Program: Health Disparities among Minority Elders-Tech. Assistance Ctr.

## 90AM3131 The National Minority Aging Organizations Technical Assistance Centers Program

Boat People SOS, Inc.
Family Services Department
6066 Leesburg Pike, Suite 100
Falls Church, VA 22041

Contact: Nguyen D Thang (703)538-2190

Project Period: 09/30/2006 - 05/31/2009

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 102,273      |
| FY 2007 | 102,273      |

The project goal is to increase senior's awareness, affect their attitudes and sustain behavioral changes regarding health by disseminating information about diseases most prevalent among three (3) Indochinese subgroups of Asian American seniors: Vietnamese, Cambodians and Laotians. Through the IRIS Center and partnerships at the local level, BPSOS plans to focus on cancer, hepatitis B, diabetes, mental health and cardiovascular disease. Objectives are: 1) to provide Indochinese seniors accurate information about health issues and services in appropriate formats; 2) using the BPSOS network of branch offices, serve as a gateway to the Center's information on health; 3) facilitate family members capacity as health advocates and navigators; 4) encourage senior associations and self-help groups to incorporate health-focused workshops into their regular activities; 5) facilitate faith-based and community organizations efforts to convey program messages to their respective constituents; and 6) assist local and state health care providers to disseminate linguistically appropriate health messages. The proposal builds on a pilot project funded by CareFirst, being implemented in the Washington DC metro area. In addition to funds provided by SAMHSA, HRSA, and the U.S. Department of Commerce, National Telecommunications and Information Administration and the assistance of AmeriCorps, local partners include 12 branch offices that house technology centers. The project also plans to utilize collaborations established through the Senior Medicare Patrol project.

Program: Health Disparities among Minority Elders-Tech. Assistance Ctr.

## 90AM3132 The National Minority Aging Organizations Technical Assistance Centers Program

Project Period: 06/01/2006 - 05/31/2009

 FY
 Grant Amount

 FY 2006
 285,000

 FY 2007
 285,000

National Asian Pacific Center on Aging 1511 Third Avenue Suite 914 Seattle, WA 98101

Contact: Kenneth J Bostock (206)838-8166

The project goals are to improve the health care outcomes and the quality of life for Asian Pacific Islander (API) seniors, as well as reduce API senior health care costs. Objectives will build on the strategy initiated with Medicare Prescription Drug outreach efforts by using a national multi-language toll free help line to provide assistance in four API languages. Three objectives are: 1) strengthen the effectiveness of health care advocacy efforts in API communities through healthy lifestyle promotion, disease prevention and outreach to improve health care success and health care outcomes for API seniors; 2) build national and local community capacity to address and reduce health disparities, and provide information, education and assistance; and 3) build partnerships to establish an inclusive network of API community-based health and service organizations and mainstream organizations that can provide information and technical assistance. The target population includes older Asian Americans and Pacific Islanders in 13 API communities nationwide. Clayton Fong, Executive Director of the National Asian Pacific Center on Aging (NAPCA), is a member of the CMS national consumer advisory committee. Seattle based Project staff serve on the National Diabetes Education Program Older Adult Work Group. NAPCA staff based in Los Angeles serve on the boards of Pacific Islander Community Health Task Force, and the Los Angeles County AAA Advisory Committee.

Program: Nutrition, Physical Activity and Aging-Nat'l Resource Center

## 90AM2768 Nutrition, Physical Activity and Aging-National Resource Center

Project Period: 09/30/2003 - 09/29/2008

 FY
 Grant Amount

 FY 2003
 460,369

 FY 2004
 460,369

 FY 2005
 460,369

THE FLORIDA INTERNATIONAL UNIVERSITY BOARD OF TRUSTEES 11200 SW 8th Street, OE 200 Miami, FL 33199

Contact: Nancy Wellman (305)348-1517

The goal of the National Resource Center on Nutrition, Physical Activity and Aging (Center) is to expand and strengthen the knowledge and service delivery capability of Older Americans Act (OAA) Nutrition Programs and the Aging Network in nutrition and physical activity programs for older adults. The objectives are to provide training and technical assistance to enable mini-grant awardees to implement programs and document outcomes from nutrition and physical activity programs; disseminate information through the Center's website and build knowledge through publications and presentations; and provide training and technical assistance to the aging network on nutrition issues. Year 1 products include: (1) ten \$10000 mini-grant projects with measurable outcomes; (2) an annual report of Nutrition and Physical Activity Mini-Grant Projects; (3) National Mini-Grantee Workshop -Town Hall meetings at National Association of Nutrition and Aging Services Programs, Meals on Wheels Association of America, National Association of Area Agencies on Aging; (4) a website that comprehensively covers nutrition, physical activity, and aging - posting biweekly highlights to 3 Center-managed listservs; 5) a regularly updated Older Americans Nutrition ProgramToolkit; and (6) at least 2 journals, 4 newsletters, and 2 Ask the Experts articles; 1 set of meeting backgrounders, proceedings; & 4 Aging Network presentations. In addition, the Center will provide technical assistance to the aging services network through telephone calls, and e-mails, as well as meeting consultations.

Program: Older Indians National Resource Centers

### 90AM2751 National Resource Center on Native American Aging - University of North Dakota

UNIVERSITY OF NORTH DAKOTA
National Resource Center on Native American Aging
501 N. Columbia Road, P.O. Box 9037
Grand Forks, ND 58201-9037

Contact: Russell McDonald (701)777-3859

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 345,000      |
| FY 2004 | 345,000      |
| FY 2005 | 345,000      |
| FY 2006 | 86,000       |

The goal of the National Resource Center on Native American Aging (NRCNAA), funded by AoA since 1994, is to raise American Indian elder life quality to the highest level thru research, technical assistance & training. Objectives: 1) monitoring native elder needs thru tribal and national assessments; 2) translating research into practice, promoting vitality for native elders thru health promotion training and technical assistance; 3) communication thru newsletters, fact sheets, and electronic media; and 4) a health literacy project with published results. NRCNAA has been a leader in research & needs assessments with American Indians, Tribes, and older Americans for almost 10 years, & will continue the next 3 years of the proposed cooperative agreement. NRCNAA provides an array of training & technical assistance to various groups regionally and nationally. They collaborate with Title III & Title VI providers and will continue by connecting with AoA Regional Offices to assist with regional and national training and technical assistance. NRCNAA will continue collaborating with federal & state recognized tribes; Alaskan Native corporations and villages; Native Hawaiians; urban Indian organizations; the National Indian Council on Aging, & other prominent aging groups. NRCNAA has the only national database on American Indian elder needs & may be the only source for trend data on functional limitations, chronic disease, and health risks data for Native elders. 9,296 + elders at 88 sites represent 132 tribes in 22 states, & 11 Indian Health Service areas. NRCNAA will help: 1) seniors access an integrated array of health and long term care services; 2) elders stay active and healthy; 3) support families caring for loved ones in their home and community; and 4) promote effective, responsive management/best practices, which will be disseminated to Native elders and Councils, & providers via e-mail, fact sheets, web, newsletter, articles, an 800 # and direct inquiry.

Program: Older Indians National Resource Centers

# 90AM2752 National Resource Center for American Indians, Alaska Natives and Native Hawaiians

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 344,155      |
| FY 2004 | 344,155      |
| FY 2005 | 344.155      |

UNIVERSITY OF ALASKA ANCHORAGE 3211 Providence Drive Anchorage, AK 99508-4614 Contact: Cheryl Easley (907)486-6597

The National Resource Center for American Indian, Alaska Native and Native Hawaiian Elders at the University of Alaska, Anchorage will report to an advisory board of native leaders on three goals: 1) empowering native communities to incorporate traditional ways of treating elders within community care systems, in keeping with community heritages; 2) providing technical information to promote culturally sensitive and appropriate services to maintain social well being within a spiritual elder-focused environment; and 3) increasing national visibility of native eldercare issues. Outcomes will include: 1) defined native elder values to better understand appropriate native eldercare standards; 2) defined clinical and behavioral needs; 3) assistance to native communities in conducting assessments of elder desires for their own care; and 4) identification and research on "best or promising practices" of the current incorporation of culture-based native eldercare services.

Program: Older Indians National Resource Centers

#### 90AM3079 National Resource Centers on Older Indians, Alaska Natives and Native Hawaiians

University of Hawaii 2530 Dole Street Sakamaki Hall D-200 Honolulu, HI 96822

Contact: Paul Kakugawa (808)956-4054

Project Period: 09/01/2006 - 06/30/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 120,000      |
| FY 2007 | 120,000      |

The University of Hawaii at Manoa proposes a project to establish Ha Kupuna, the National Resource Center for Native American Elders, focusing on Native Hawaiians, in collaboration with national and regional community partners and elders. Our goal is the development and dissemination of knowledge on Hawaiian elders and their health and long-term care preferences and patterns, in order to improve access to and the delivery of services to them. Our objectives are to: 1) establish a sustainable core organizational structure to achieve the vision and direction of this Center; 2) begin to establish a national database of Native Hawaiian elders and their caregivers in health and long-term care; and 3) enhance the community's knowledge of Native Hawaiian health and long-term care needs through the dissemination of research, and the provision of training and technical assistance to professionals. Our outcomes include increased collaboration among providers of eldercare and Native leaders in Hawaii; increased knowledge of providers of eldercare services for Native elders; and increased knowledge of Native civic leaders about aging. Our products include a database and Resource website on Native Hawaiian elders and their caregivers in long-term care; national and regional conference abstracts; a report, including project evaluation; and articles for publication.

Program: Older Indians National Resource Centers

#### 90AM3080 National Resource Centers on Older Indians, Alaska Natives and Native Hawaiians

University of North Dakota School of Medicine and Health Sciences 501 North Columbia Road Grand Forks, ND 58202

Contact: Alan J Allery (701)777-3859

 FY
 Grant Amount

 FY 2006
 341,995

 FY 2007
 383,998

Project Period: 09/01/2006 - 06/30/2009

The National Resource Center on Native American Aging, located at the Center for Rural Health, University of North Dakota School of Medicine and Health Sciences has been of service to American Indian, Alaska Native, and Native Hawaiians since 1994. The Center's efforts have concentrated on the goal of "raising the quality of life for Native elders to the highest possible level" through technical assistance, training, conducting needs assessments, and research. To reach that goal, the Center is proposing three continuing objectives: 1) continue to assist an increasing number of the 561 federally recognized tribes and tribal organizations with determining the needs of their elders by conducting the Identifying Our Needs: A Survey of Elders. Assist with new locations and with those who have already conducted the needs assessment by re-administering the survey to help collect longitudinal data during the 2006 - 2009 project period; 2) continue to provide feedback for those who have conducted the Identifying Our Needs: A Survey of Elders and to improve that feedback by providing information regarding best practices, exemplary projects and promising innovations; and 3) continue to conduct training for service providers working with elders on a regular basis at national and regional conferences and monthly seminars hosted by, but not limited to, the Administration on Aging Regional Offices, Kauffman and Associates and the National Indian Council on Aging.

Program: Older Indians National Resource Centers

#### 90AM3081 National Resource Centers on Older Indians, Alaska Natives and Native Hawaiians

University of Alaska Anchorage College of Health and Social Welfare 3211 Providence Drive, Suite 205 Anchorage, AK 99508

Contact: Kanaqlak (George ) P Charles (907)786-4329

Project Period: 09/01/2006 - 06/30/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 221,995      |
| FY 2007 | 221,995      |

The National Resource Center for American Indians, Alaska Natives and Native Hawaiian Elders at the University of Alaska, Anchorage will have three goals: 1) empowering Native communities to incorporate traditional ways of treating Elders within community care systems; 2) providing technical information to promote culturally sensitive and appropriate services to maintain social well being within a spiritually Elder-focused environment; and 3) increasing visibility of Native Elder-care issues. Outcomes will include: 1) defining Native Elder values to better understand appropriate Native Elder-care standards; 2) defining clinical and behavioral needs of Native communities and assisting them in conducting assessments of Elder's desires for their own care; and 3) identifying "best, promising and emerging practices" of the current culturally based Native Elder-care services. Products will include: 1) conferences of Elders to gather cultural value narratives; 2) an Elder-care needs assessment and technical assistance "tool box" for use by Native Communities; 3) summer field institute to train families and health care professionals working with Elders; 4) narratives describing cultural values and summary papers on "best, promising and emerging practices", "Elder mistreatment/prevention" and "long-term care"; and 5) a web site to further disseminate all information produced.

Program: Unsolicited

## 90AM3142 Aging Strategic Alignment Project for the Aging Network

Project Period: 07/01/2007 - 06/30/2010

 FY
 Grant Amount

 FY 2007
 399,915

BENJAMIN ROSE INSTITUTE 11900 Fairhill Rd., Suite 300 Cleveland, OH 44120

Contact: (216)373-1601

Benjamin Rose Institute Aging Strategic Alignment Project (Roadmap) key issues:

The 2006 Amendments to the Older Americans Act included important new provisions related to long-term care that underscore the national role of the Aging Services Network in home and community-based services. Through a cooperative agreement, the Benjamin Rose project (Richard Browdie, President/CEO) will establish a roadmap that will help the Aging Network understand the significance and long-range vision inherent in the new long-term care provisions, and identify strategies and tactics that the various components of the Network can use to advance a coordinated approach to implementing the new provisions. The Benjamin Rose project identifies systematic work with the NASUA Planning Grants, N4A readiness assessments, Lewin Group ADRC technical assistance, Cash & Counseling, evidenced based disease and disability prevention, and the nursing home diversion grants, as critical components to a successful Roadmap.

Major objectives: 1) development of a communication strategy for AoA and the Aging Services Network for the implementation of the new OAA long-term care provisions; 2) Completion of an aging network readiness review, working with the Aging Services Network, applicable National Associations and AoA grantees/contractors; 3) finalize and commence roll out of the Roadmap for the Aging Services Network's role in long-term care; 4) provide technical assistance to assist the Network; 5) conduct information/training sessions with AoA headquarters staff and regional office staff to ensure consistent communication messaging to the Network. (On-going). Benjamin Rose will work with AoA headquarters staff and select regional administrators to ensure successful project management.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

#### 90AZ2692 Consumer-Directed Services for Families of Persons with Alzheimer's Disease

Project Period: 07/01/2003 - 06/30/2008

Nebraska Department of Health and Human Services

PO Box 95044

Lincoln, NE 68509-5044

Contact: Janice Price (402)471-9106

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 326,000      |
| FY 2004 | 278,300      |
| FY 2005 | 150,000      |
| FY 2006 | 100,000      |
| FY 2007 | 225,000      |

This project will use a consumer-directed approach to serve persons with mild to moderate forms of Alzheimer's Disease (AD), and their caregivers. The first goal of the project will be to enable consumers to make effective decisions about care for their relatives and allow them to remain at home as long as possible. The second goal of this project is to offer caregivers a mentor who will provide information and support, mental health support, if needed, and expanded education/training opportunities. Partnerships will be formed with existing community services and religious and rural coalitions to coordinate and enhance services for caregivers and to reach the currently under-served population of caregivers in a five county area. The anticipated outcomes are: a consumer-directed approach for AD patients; caregivers for AD patients; family and relative integration; increased support for AD persons to stay at home and in their community; a mentor assigned for each AD person; and mental health support for each AD person. The product is a final report.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

## 90AZ2693 Dementia Outreach Lexington: Diagnosis/Treatment and Services for African-Americans

Kentucky Cabinet for Health and Family Services Human Support Services 275 E. Main Street, 3 W-F Frankfort, KY 40621

Contact: Phyllis E. Culp (502)564-7194

Project Period: 07/01/2003 - 06/30/2008

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 212,970      |
| FY 2004 | 189,029      |
| FY 2005 | 189,029      |
| FY 2006 | 189,029      |
| FY 2007 | 294,394      |

Kentucky's Office of Aging Services, in collaboration with the Sanders Brown Center on Aging and the Greater Kentucky and Southern Indiana Chapter of the Alzheimer's Association, will conduct a three-year program to increase awareness of dementia and utilization of dementia care services by the African-American community. The objectives of the project are: (1) to increase awareness of dementia in the Lexington/Fayette County African-American population; (2) to provide dementia diagnostic services for African-Americans in their community setting; and (3) to offer two separate services through churches, e.g., support groups and a Best Friends care program - to complement programs already in place. Expected outcomes are: increased use of diagnostic and treatment services already in place in an African-American neighborhood, and an increase in sense of satisfaction with caregiving efforts. Products are: a final report; informational materials on dementia and available services; training materials for coaching caregivers and patients; evaluation tools; and manuscripts for publication.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

#### 90AZ2694 Rural Respite Program - Group Socialization and In-home Respite

Utah Department of Human Services Aging and Adult Services 120 North 200 West, Room 319 Salt Lake City, UT 84103

**Contact: Sonnie Yudell** 

Project Period: 07/01/2003 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 300,000      |
| FY 2004 | 300,000      |
| FY 2005 | 300,000      |

This project plans to expand access to community-based respite services and to develop a system of in-home respite care that is volunteer driven, for persons with Alzheimer's disease (AD) and related dementias and their caregivers within rural areas of the state and/or minority communities where no such program exists. The goal is to develop relationships with diverse organizations and faith based programs to mobilize and train volunteer respite companions. Culturally sensitive volunteer training materials will be developed to reach a wide range of volunteers and clients. The objectives are: 1) to train volunteer companions who will provide respite care supplemented by home health care; 2) to prepare professionals to teach basic dementia care to participating families; 3) to develop a model for a two-pronged program with parallel development of a plan for community awareness and educational presentations and a program for recruiting and training volunteers and clients; and 4) to provide respite for caregivers, while providing care and socialization for their family member with Alzheimer's. The expected outcomes are: increased access to community-based and in-home respite services; increased use of volunteers for AD persons; increased number of rural caregivers; trainings for AD volunteers and caregivers; and improved access to dementia care services for families with AD persons. The product is a final report.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

## 90AZ2695 Early Intervention and Continuous Supportive Services Project

Project Period: 07/01/2003 - 06/30/2008

 FY
 Grant Amount

 FY 2003
 320,348

 FY 2004
 305,298

 FY 2005
 293,217

 FY 2006
 287,174

IDAHO COMMISSION ON AGING PO Box 83720 Boise, ID 83720-0007

Contact: Lois S Bauer (208)334-3833

Idaho's Alzheimer's Disease (AD) Project creates a collaborative model, the "Stand By You Program". The goal is to provide a network of services and a single point of entry for people with AD and their families. The objectives are to offer: 1) an array of community services, through a family advisor; 2) monthly orientations to Alzheimer's Disease and a nine-week, in-depth training course; 3) individual, couple and family counseling; and, 4) access to responsive paid and informal respite and companion services. The anticipated outcomes are: dementia-specific training for the network of providers and a peer group; shared best practices; quality improvement processes explored; sustainability and capacity building methods implemented; and purpose and values of the "Stand By You Program" articulated by a professional, community advisory group, to the professional communities they represent. The products are: a final report, and training materials on AD.

# 90AZ2696 Home And Community Based Support Services for Hispanic Cultured Persons with Alzheimer's Disease and their Caregivers

Project Period: 07/01/2003 - 06/30/2008

Puerto Rico Ombudsman for the Elderly P. O. Box 191179 Old San Juan Station San Juan, PR 00919-1179

Contact: Rossana Lopez-Leon (787)721-4560

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 300,000      |
| FY 2004 | 300,000      |
| FY 2005 | 300,000      |
| FY 2006 | 300,000      |
| FY 2007 | 300,000      |

The Office for Elderly Affairs for the Commonwealth of Puerto Rico will conduct a 3-year demonstration project titled: Home and Community-Based Support Services for Hispanic Cultured Persons with Alzheimer's Disease and their Caregivers. The two primary goals are to: 1) develop and provide a comprehensive home-based support model for Hispanic Persons with Alzheimer's Disease (AD) and their Caregivers; and 2) improve receptiveness of existing Senior Centers and the long-term care service networks toward persons with AD and related disorders (ADRD). The objectives are to: 1) provide a variety of respite services, home health care, companionship, homemaker services and case management; 2) provide information and training to strengthen their skills and well-being; 3) provide both community service networks with "know-how" information and training, which will result in increased knowledge, sensitivity and receptiveness of persons with AD; and 4) incorporate community organizations and government agencies as part of its Advisory Council, which will play an active role in planning, implementation and evaluation activities. The expected outcomes are: increased family home support for Hispanics with AD in Puerto Rico; and increased sensitivity towards Hispanics with ADRD. The products are a final report, and AD Hispanic training materials.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

#### 90AZ2723 Reaching and Empowering Alzheimer's Clients Together (REACT)

Connecticut Department of Social Services Social Work and Prevention 25 Sigourney Street Hartford, CT 06106

Contact: Kathy Bruni (860)424-5872

| Project F | <u>Period: 07/0</u> | <u> 1/2003 - 12/31</u> /2007 |
|-----------|---------------------|------------------------------|
| •         | FY                  | Grant Amount                 |
|           | EV 0000             | 050.000                      |

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 250,000      |
| FY 2004 | 250,000      |
| FY 2005 | 250,000      |
| FY 2006 | 250,000      |

The Connecticut Department of Social Services is developing this 3-year Alzheimer's Disease (AD) project in partnership with the Connecticut AD Association, AAA, and the Capitol Region Conference of Churches. The goal of this AD project is to conduct community outreach, awareness, and clinical supportive services for AD persons and their families. The objectives are: 1) to provide community-based and in-home clinical assessment/counseling/treatment; 2) to develop materials and treatment strategies; 3) to conduct outreach and increase participation of underserved populations; 4) to conduct program and service integration; and 5) to expand current services/support systems. The projected outcomes are: increased participation of underserved seniors; creation and dissemination of outreach and educational materials; fewer barriers, inc. access and availability of resources and services to families; expanded service/care/support network; increased services and treatments; and a connection to services for isolated self-neglecting AD persons. The program products are web accessible and include a final report; brochures; evaluation/assessment tools; training manuals; and a treatment manual.

#### 90AZ2767 North Dakota Alzheimer's Demonstration Project: Working Together

ND ST DEPT OF HUMAN SERVICES

Aging Services Division 600 East Blvd. Ave., Dept. 325 Bismarck, ND 58505-0250

Contact: Sheryl R.H. Pfliger (701)328-4645

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 261,150      |
| FY 2005 | 261,150      |
| FY 2006 | 261,150      |

The goal of the North Dakota Working Together project is to build an alliance between the medical community, parish nurses, OAA and community services to increase dementia identification, treatment and caregiver respite, with a special focus on rural areas and American Indian reservations. A University of North Dakota dementia curriculum will be used to train a pool of Qualified Service Providers (QSPs) with expertise in dementia care. Two medical systems will provide protocols, tools and training to the medical community to facilitate assessment, treatment and referral for enhanced respite services.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

#### 90AZ2768 Staying the Course in Alzheimer's Care

Vermont Department of Aging and Independent Living Disability and Aging Services 103 South Main Street Waterbury, VT 05671-1601

Contact: Maria Mireault (802)241-3738

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |
| FY 2007 | 325,000      |

The Vermont Department of Aging and Independent Living (DAIL) will develop and implement a three-year project that provides supportive, educational and/or direct service interventions for caregivers of people with Alzheimer's Disease and Related Disorders (ADRD), helping those with ADRD remain in their homes and communities. The project will serve 450 households, targeting family caregivers with low incomes, caregivers residing in rural, underserved areas of the state, and supportive services teams caring for people with ADRD and developmental disabilities. Vermont's DAIL will link project activities to Vermont's community-based long-term system, enhancing existing services and developing new resources, such as case management and eldercare mental health within primary care practices; dementia care capable developmental service teams; and caregiver wellness and supportive services projects.

#### 90AZ2771 AoA Alzheimer's Demonstration Grant

Commonwealth of Virginia Virginia Department for the Aging 1610 Forest Ave., Suite 100 Richmond, VA 23229

Contact: Janet H Schaefer (804)662-9333

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |
| FY 2007 | 304,473      |

Based upon the feedback that the Virginia Department for the Aging (VDA) received during its first Alzheimer's Disease Demonstration Grants to States Program (ADDGS), VDA will initiate three new projects to improve services to the 107,403 older Virginians and their families impacted by Alzheimer's Disease and Related Disorders (ADRD), and to better integrate Alzheimer's Disease programs into the long-term care services system. The first project will award grants to the four Alzheimer's Association chapters in Virginia to provide respite care to families caring for persons with AD. The second project will demonstrate the viability of the systems changes that will result from the development of a Comprehensive Virtual Center on Alzheimer's Disease. The third and final project will initiate the development of affordable driver assessment and rehabilitation programs in Virginia targeted to drivers in the very early stages of AD. VDA will also reactivate the state-level Alzheimer's Disease Response Task Force (ADRTF), created under the department's first ADDGS grant, to provide ongoing guidance during the implementation and evaluation of the three projects.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

### 90AZ2772 Alzheimer's Community Outreach, Education and Capacity-building Project

Project Period: 07/01/2004 - 06/30/2008

 FY
 Grant Amount

 FY 2004
 311,150

 FY 2005
 311,150

 FY 2006
 300,000

 FY 2007
 325,000

Minnesota Board on Aging PO Box 64976 St. Paul, MN 55164

Contact: Donna K Walberg (651)431-2565

The goal of the Minnesota Working Together project is to engage in a three-year systems change effort to connect the medical and community care systems to create an integrated service system for caregivers and individuals with dementia, in order to increase dementia identification, assessment, treatment and caregiver respite.

#### 90AZ2773 Alzheimer's Demonstration Grant

Project Period: 07/01/2004 - 06/30/2008

State of Louisana Governor's Office of Elderly Affairs

412 North 4th Street - 3rd Floor

Baton Rouge, LA 70802

FY 2004

S11,150

FY 2005

S11,150

FY 2006

300,000

Contact: Sharon Buchert (225)342-7100

The Governor's Office of Elderly Affairs and community partners, the Alzheimer's Association and Alzheimer's Service of the Capital Area, will improve the responsiveness of Louisiana's overall system of home and community-based care to the needs and preferences of persons with Alzheimer's Disease and their caregivers. The major objectives of the partnership are: to streamline access to information and services that support persons with Alzheimer's Disease and their caregivers; increase consumer control in service options; empower individuals and their caregivers with increased skills and tools to self-advocate and manage needs; and increase services to the underserved through outreach to rural and minority residents. The expected outcome is that persons with Alzheimer's Disease and their caregivers will have increased access to information and services that are culturally appropriate and geographically/physically convenient. The proposed activities to achieve these objectives include: more availability and consumer direction for National Family Caregiver Support Program participants; increased respite services and caregiver education; diversity outreach efforts for minority and rural caregivers; and mobile day services to offer innovative respite options.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

## 90AZ2774 Expanding Culturally Appropriate Adult Day Care to Minorities and Mid-Late Stage Clients.

State of Iowa Iowa Department of Elders Affairs 510 East 12th Street, Suite 2 Des Moines, IA 50319

Contact: Terry Hornbuckle (515)725-3309

Project Period: 07/01/2004 - 06/30/2008

FY Grant Amount

EV 2004

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |
| FY 2007 | 325,000      |

The lowa Department of Elder Affairs (IDEA) will conduct a three-year program to increase the capacity of Adult Day Health and Respite (ADR) providers to deliver culturally appropriate service to persons with dementia and to emerging minority populations in rural settings. Goals include: 1) convene statewide committee to evaluate and develop ADR training; 2) increase use of direct services for ADR care; 3) provide assessment and intervention services and staff education to ADR provided by a Memory Loss Nurse Specialist (MLNS); and 4) evaluate and develop culturally sensitive education, training materials, classes, and services. Expected outcomes include: increased numbers of higher level dementia clients receiving adult day/respite services from trained staff; expertise of a MLNS for assessment and education; dementia specific adult day/respite centers meeting new state rules and regulations; and increased client/family satisfaction with services. Products will include a web site, a culturally specific training manual, educational and evaluation tools, and research manuscripts. These will be disseminated to community colleges, direct service organizations and Area Agencies on Aging and introduced at state, local and national conferences.

#### 90AZ2775 Focus on Families

ARKANSAS DEPARTMENT OF HUMAN SERVICES Division of Aging and Adult Services PO Box 1437, Slot S530 Little Rock, AR 72203

Contact: Susie Keesling (501)682-2441

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 281,150      |
| FY 2005 | 275,754      |
| FY 2006 | 275,754      |

The Arkansas Division of Aging and Adult Services' project is called Focus on Families. The project combines models of direct care for underserved populations, use of faith-based and other volunteer organizations, plus innovative methods for improving access to services, information, and supports. The goals are: to focus services/support at the home and community level for people with Alzheimer's Disease (AD)/related disorders and their family caregivers; develop additional services; and make access to services easier and resource information more readily available. Major objectives include: developing and implementing a bridge fund to make home and community-based waiver services available pending eligibility determination; developing a web-based information system; implementing two models of direct care; providing faith-based volunteer services; televising family caregiver training; holding annual symposiums for AD caregivers; and exploring the needs of people who have both AD and developmental disability through a stakeholders' committee. The overall approach includes enhancement of current systems change initiatives, focus on minority and rural populations, and collaboration with key partners and community organizations. Products from the project include broadcast-based training materials, web-based information, direct care and volunteer service models, bridge fund procedures/outcomes, symposiums, and reports.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

90AZ2776 Walk of Friendship Program

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 276,059      |
| FY 2005 | 276,059      |
| FY 2007 | 317,024      |

AZ ST DEPT OF ECONOMIC SECURITY 1789 West Jefferson Street (950A) Phoenix, AZ 85007

Contact: Rex Critchfield (602)542-4446

The Arizona Department of Economic Security, Aging and Adult Administration will build upon its Walk of Friendship model of assistance to address the need for care systems that are dementia-capable and culturally sensitive for individuals with dementia, their families, and their caregivers. The goals of the program are to expand culturally sensitive and linguistically appropriate services and materials for persons with dementia and their caregivers and to improve coordination and service delivery of home and community-based services at the state and local level. Expected outcomes are: underserved populations with the disease and their caregivers will have increased assess to dementia-capable services; family caregivers will have an increased awareness and knowledge of Alzheimer's disease and available resources; individuals and families will better cope with and plan for disease progression and memory loss; persons with the disease and their family caregiver will have enhanced quality of life and better social supports; and community engagement in dementia capable delivery of services will be improved. Products will include an evaluation report, final report, and web page information.

#### 90AZ2777 DE Memory Loss Screening Demonstration Project

Project Period: 07/01/2004 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 161,150      |
| FY 2005 | 161,150      |
| FY 2006 | 161,092      |

DE DEPARTMENT OF HEALTH & SOCIAL SERVICES 1901 N DuPont Highway, Main Annex New Castle, DE 19720

Contact: Carol Barnett (302)255-9390

The Alzheimer's Association Delaware Valley Chapter, Delaware Regional Office, has planned and will implement the Delaware Memory Loss Screening Demonstration Project. The memory loss screening tool was developed by the University of Pennsylvania Memory Loss Clinic and is a proven instrument to identify possible neurological problems. The project will target populations that are confronted with substantial barriers to accessing memory loss screening and support services. This is a community-based, education and service program that will bring memory loss screenings and dementia-related services directly to people in their communities.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS) 90AZ2778 D.C. Awareness and Care Program (DC AACP)

Project Period: 07/01/2004 - 06/30/2008

 FY
 Grant Amount

 FY 2004
 263,768

 FY 2005
 263,768

 FY 2006
 263,768

 FY 2007
 249,961

District of Columbia Office on Aging 441 Fourth Street, NW, Suite 900 South Washington, DC 20001

Contact: Roxanne Ando (202)724-5622

The District of Columbia Office on Aging (DC OoA) plans to conduct a three-year program mobilizing the African American faith community to create community coalitions that elevate awareness of Alzheimer's disease and related disorders (ADRD) and increase utilization of services by African Americans. Goals include: reaching African Americans who are not linked to services; testing an approach to link caregivers to direct services; and providing Montessori-based Activities for Persons with Dementia at adult day care centers. Expected outcomes are: amplified awareness of ADRD; increased number of caregivers linked to services; and improved level of functioning in ADRD elders. Products include educational videos, culturally sensitive training manual, assessment/evaluation tools, and web page information that are disseminated to public and private service organizations. Key partners include Home Care Partners, Alzheimer's Association, and DC OoA lead agencies and day care programs.

#### 90AZ2779 Alzheimer's Demonstration Project

State of Missouri Missouri Dept of Health and Senior Services 920 Wildwood Drive - P.O. Box 570 Jefferson City, MO 65109

Contact: Diane Brown (573)751-6014

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 230,523      |
| FY 2005 | 230,523      |
| FY 2006 | 230,523      |
| FY 2007 | 325,000      |

This initiative will focus on promoting the climate for a systems change. Efforts will be directed to improving the quality of life for persons in Missouri, through expansion of real options to individuals, as they make choices about their lives. It will embark on the following three components:

- -- "Empowerment Groups" An innovative community respite model for individuals in the earlier stages of Alzheimer's, based on their capacity to self-direct care, and supporting a sense of purpose and value for the individual.
- -- A security support program, addressing difficulties with wandering behavior.
- -- "Staying Home" grant funding to expand care support options for those individuals in the later stages of a dementia.

Contracting with the four chapters of the Alzheimer's Association, Missouri will strengthen the mounting movement towards strength-based care, responsiveness to individual philosophy of life and bolstering opportunities to remain in the home longer.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

#### 90AZ2780 (STARS and Beyond) Support through Alzheimer's Relief Systems and Beyond

State of Florida Department of Elder Affairs
Division of Volunteer & Community Based Services
4040 Esplanade Way, Suite 315
Tallahassee, FL 32399-7000

Contact: Jay Breeze (850)414-2000

Project Period: 07/01/2004 - 06/30/2008

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |
| FY 2007 | 325,000      |

The goal of the Florida Department of Elder Affairs proposed Alzheimer's Demonstration Project, "Support through Alzheimer's Relief Systems (STARS) and Beyond," is to increase access to services for individuals with dementia, their caregivers and families residing in traditionally underserved rural, minority and culturally diverse communities. Project objectives are: providing direct services, wanderer registration and related services for dementia clients and their caregivers; developing a prioritization system for improving services to dementia clients and caregivers; recruiting faith-based organizations to conduct community-outreach activities; conducting community outreach activities through faith-based organization volunteers; conducting community education presentations; establishing a task force of professionals and agencies serving dementia clients; and expanding 24/7 crisis-intervention, information and referral telephone services. The project approach will emphasize collaborative partnerships among service agencies to minority, elderly and culturally diverse dementia clients and their caregivers in rural areas, found in the nine service counties. Major products will include culturally sensitive dementia awareness and services brochures, and an Alzheimer's Disease "caregiver sensitive" service prioritization form.

#### 90AZ2781 Alzheimer's Disease in Rural Maine

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 297,121      |
| FY 2005 | 297,121      |
| FY 2006 | 297,121      |
| FY 2007 | 300,000      |

Maine Dept. of Health and Human Services 442 Civic Center Drive Augusta, ME 04333

Contact: Romaine M Turyn (207)287-9214

The Bureau of Elder and Adult Services proposes to increase access to an array of services provided to caregivers of people with Alzheimer's Disease (AD) in rural Maine through a collaboration between providers within Maine's Home and Community Based Care System (HBCS), the Aging Network, and Real Choice System Change Initiatives. The project will expand the pilot caregiver companion program to rural counties and add mental health, end of life care and hospice referral services for clients/families affected by AD, served by the HBCS and Area Agencies on Aging. The project will expand the focus of the ADRC's to include family caregivers. Priority will be on increasing end of life care and hospice services in aging programs. Finally, the project will recognize direct care workers trained in dementia care, in collaboration with the Direct Care Workforce Demonstration. Outcomes include: an increase in the numbers of caregivers receiving companion services, mental health counseling and hospice services; and a reduction in the degree of caregiver burden, stress and depression. Products include screening tools, training materials, Web site information and intervention strategies that reduce stress.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

## 90AZ2782 Project Care (Caregivers Running on Empty)

North Carolina Department of Health and Human Services Aging and Adult Services Division 2101 Mail Service Center Raleigh, NC 27699-2101

Contact: Karisa Derence (919)733-8390

| Project Period: 07/0 | <u>1/2004 - 06/30</u> /2008 |
|----------------------|-----------------------------|
| FY                   | Grant Amount                |
| E)/ 000 /            | 044.450                     |

| ГТ      | Grafit Afficult |
|---------|-----------------|
| FY 2004 | 311,150         |
| FY 2005 | 311,150         |
| FY 2006 | 300,000         |
| FY 2007 | 325,000         |
|         |                 |

The North Carolina Division of Aging and Adult Services will implement a new three-year program of consumer-directed respite for dementia caregivers in ten counties, building upon prior successes. The program goal is to improve the quality, access, choice, and use of respite services. The aging service delivery system will be bolstered by the integration of dementia-capable resources into the Family Caregiver Support Program, the new Aging and Disability Resource Centers, and the State long-term care plan. Expected outcomes include: 1) expanded availability of dementia-specific training, education, and resources; 2) increased family awareness of the value and availability of respite; 3) greater family control over services; and 4) increased use of dementia-specific respite care services by low-income rural and minority families. Products to be disseminated include: dementia-specific materials on family decision-making and consumer-directed service use; guidelines on how to respond to caregiver anger; materials on rural and minority family care topics; visiting tips for faith-based volunteers; and a policy paper based on the grant experience and literature review. Project staff will report findings to local evaluation and planning committees.

#### 90AZ2783 Alzheimer's Disease Demonstration Grants to States.

Alabama Department of Senior Services State Unit on Aging 770 Washington Ave, Suite 470 Montgomery, AL 36130

Contact: Lori Frazier (334)242-5743

Project Period: 07/01/2004 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

The State of Alabama, Department of Senior Services will conduct a three-year program to: (1) improve direct services available to family caregivers by incorporating Resources for Enhancing Alzheimer's Caregiver's Health (REACH) evidence-based, in-home social and behavioral interventions, which promote skill building; and (2) improve Alabama's overall system of care by: a) incorporating the needs and preferences of persons with dementia into the State's long-term care system; b) expanding volunteer services, to include "Caring Teams" that partner with faith-based communities to provide in-home and supportive services to families; and c) through Leadership Institutes for Older Adults, which provide systems advocacy and volunteer service. Expected outcomes are: a decrease in caregiver burden, as measured by feeling of self-efficacy, anxiety and depression; and an increase in access to and knowledge about available services. Products will include training manuals on REACH interventions, Alzheimer's Caring Teams, and Leadership Institutes. Other products include evaluation tools, Web page information, a final report, and published reports on the impact of the Leadership Institute. These products will be disseminated through state and national conferences, to direct service organizations and to the Area Agencies on Aging.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

#### 90AZ2784 ADDGS Project Expansion and Integration in Nevada

NEVADA DEPT OF HUMAN RESOURCES Division of Aging Services 3100 W. Sahara Avenue, Suite 103 Las Vegas, NV 89102

Contact: Melvin L Phillips (702)486-3545

Project Period: 07/01/2004 - 06/30/2008

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |
| FY 2007 | 300,000      |

Nevada's Division of Aging Services will fund and coordinate four dementia-related service providers. These providers will target Nevada's rural residents, those with early state dementia, and both urban and rural underserved minorities. These and all other dementia-related services will be integrated into all home and community-based services (HCBS) networks through the Division's computerized Single Point of Entry (SPE) system. SPE is based on a robust software platform ("SYNERGY") that integrates databases, including those providing resources and referral options.

#### 90AZ2785 Memory Care Connections

Wisconsin Department of Health and Family Services Disability and Elder Services 1 West Wilson Street

Madison, WI 53707

Contact: Cathy Kehoe (608)266-2907

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

This Wisconsin Department of Health and Family Services (DHFS) will fund four demonstrations of Memory Care Connections, a model of local collaboration aligning dementia services provided by diagnostic clinics, Aging/Disability Resource Centers, Alzheimer's Association chapters and service providers. The goal is to provide individuals and families affected by Alzheimer's Disease with the information, medical diagnosis and management, caregiver support and services needed to achieve improved quality of life through closely connected local dementia services networks. Local sites will be funded to deploy nurses and/or social workers to link consumers with the dementia service network.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

## 90AZ2786 Tennessee Alzheimer's Demonstration: System Building through Adaption of Best Practices

Project Period: 07/01/2004 - 06/30/2008

 FY
 Grant Amount

 FY 2004
 311,150

 FY 2005
 311,150

 FY 2006
 300,000

 FY 2007
 325,000

Tennessee Commission on Aging and Disability 500 Deaderick St., Suite 825 Nashville, TN 37243-0860

Contact: Tabitha Satterfield (615)741-2056

The Tennessee Commission on Aging and Disability will provide respite services for about 300 persons with Alzheimer's Disease and their caregivers in five (5) counties. Also, this demonstration brings about the following system level outcomes: implementation of the coping with caregiving REACH (Resources for Enhancing Alzheimer's Caregiver Health) model in Tennessee; health promotion/disease prevention provided to Alzheimer's caregivers in collaboration with the National Family Caregiving Support Program; a media campaign to assist the project; implementation of family-directed care in the Tennessee Aging Services; and exploration of potential program enhancements for Tennessee in-home services, making them more responsive to the needs of caregivers. Project evaluation will be the responsibility of the Tennessee Commission on Aging and Disability.

#### 90AZ2787 Asian and Pacific Islander Dementia Care Networks

State of California
Department of Aging
1300 National Drive, Suite 200
Sacramento, CA 95834-1992

Contact: Janet Tedesco (916)322-5290

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |
| FY 2007 | 324,925      |

The California Department of Aging (CDA), in coordination with the California Department of Health Services (CDHS) and a coalition of community organizations, proposes to develop and expand culturally and linguistically competent services for Asian-American, dementia-affected families in Northern and Southern California. The project's goal is to enhance the capacity of local health and social service providers to serve Vietnamese, Korean and Chinese dementia-affected families. The project's strategy is to build community capacity through coordination of community-based collaboratives; training for ethnically diverse professional providers; and service coordination for caregiving families via bi-cultural, paraprofessional Care Advocates. Products will include linguistically appropriate educational materials, an updated replication manual, tip-sheets for working with the target populations derived from focus group findings, and a manuscript on culturally competent dementia services for Asian-Americans.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

#### 90AZ2788 Continuing Partners in Care

Rhode Island Department of Ederly Affairs
John O. Pastore Center
35 Howard Avenue
Cranston, RI 02920

Contact: Joan M D'Agostino (401)462-0507

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 294,050      |
| FY 2005 | 294,050      |
| FY 2006 | 294,050      |
| FY 2007 | 325,000      |

The Rhode Island Department of Elderly Affairs (DEA), in partnership with three community-based services organizations, will support RI's Systems Change Initiatives, particularly the new Aging and Disability Resource Center, by developing and strengthening statewide resources for Alzheimer's Disease (AD) families, especially minority families and those at or near the poverty line. Changes in RI's overall home and community-based system of long-term care will result from streamlining access to services and family caregiver support services for AD families. An interagency Project Advisory Group, comprised of advocates and consumers, as well as AD and aging professionals, will guide and oversee this three-year effort. Process and outcome evaluation will be performed; best practices models will be developed; and results will be disseminated locally and nationally.

### 90AZ2789 (Indiana) Alzheimer's Disease Demonstration Grant to States

Indiana Disability, Aging and Rehabilitation Services Bureau of Aging & In-Home Services 402 West Washington Street MS-21 PO Box 7083 Indianapolis, IN 46207-7083

Contact: Patty Matkovic (317)232-0811

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |

Indiana's Bureau of Aging and In-Home Services will enhance support to the Alzheimer's Disease caregivers in Indiana. The objectives of this project involve the expansion of the video monitoring technology that allows caregivers to monitor persons with Alzheimer's Disease through video cameras and computer software from an off-site location. Indiana will seek funding approval through the In-Home Services network, including Medicaid Waivers for the technological services that will assist with long-term viability of these services. The Powerful Tools Training that "trains the trainer" will be offered statewide to Area Agency on Aging and state staff. Caregivers will learn how to take care of themselves, and to access help and community services. Development of a Volunteer Respite Program that targets Alzheimer's caregivers will further increase the support tools available. A volunteer coordinator will recruit community help to provide respite care. The availability of these support programs will enhance the support statewide for the caregiver.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

#### 90AZ2790 New Mexico Alzheimer's Program

New Mexico Aging and Long-Term Services Department Community Involvement Bureau 2550 Cerrillos Road Santa Fe. NM 87505

Contact: Lynne Anker-Unnever (505)222-4503

Project Period: 07/01/2004 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 311,150      |
| FY 2005 | 311,150      |
| FY 2006 | 300,000      |
| FY 2007 | 300,000      |

The State of New Mexico Aging and Long-Term Services Department (ALTSD) proposes to develop and implement respite care services, particularly community-based adult day care, targeting underserved communities and tribes in rural New Mexico. ALTSD will provide regional caregiver support services to be coordinated by Area Agencies on Aging throughout New Mexico. AAAs will employ regional care coordinators, who will provide individual client services, training and advocacy. Care coordinators will receive many of their referrals from the ALTSD Aging and Disability Resource Center.

# 90AZ2792 Empowering Underserved Colorado Alzheimer's Families through Training, Support, and Respite

State of Colorado/Colorado State University Tri-Ethnic Center, Psychology 2002 Campus Delivery Fort Collins, CO 80523

Contact: Bo Bogdanski (970)491-5574

Project Period: 07/01/2005 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 290,000      |
| FY 2006 | 290,000      |
| FY 2007 | 290.000      |

The State of Colorado's Colorado State University Tri-Ethnic Center for Prevention Research will conduct a three year Alzheimer's training, targeting family caregivers of rural, Hispanic, African-American, and developmentally disabled adults with dementia. Families recruited for the project (500 total) may receive grants (up to \$1000 annually) as reimbursement for adult day care, in-home care, or short-term overnight respite. With the goal of expanding the Alzheimer's Association CO Chapter (AACC) services to underserved populations, objectives include: training caregivers; providing follow-up supportive services; starting new adult day care programs; promoting respite through the grants to individual families; exploring service delivery across state lines; and using a Coordination Task Force to recommend policies for streamlining service delivery. Expected outcomes include expanded AACC services to underserved populations and improved well-being and use of services by participating families.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

#### 90AZ2793 IL Rural and LEP Alzheimer's Disease Demonstration Project

Project Period: 07/01/2005 - 06/30/2008

 FY
 Grant Amount

 FY 2005
 290,000

 FY 2006
 290,000

 FY 2007
 289,992

Illinois Department of Public Health 535 West Jefferson Springfield, IL 62761-0001

Contact: Claude A Jacob (217)782-4977

The Illinois Department of Public Health and their partners will incorporate a systems change approach to expand and build on existing systems by coordinating and integrating services for persons with Alzheimer's Disease and related dementias (ADRD) and their families/caregivers. The project will expand on knowledge gained from the past project about effective methods of reaching and educating underserved populations. The goal of the project is to support the person with ADRD and their family/caregivers through increased access and use of home and community-based services.

## 90AZ2794 MD Respite, Outreach, Support and Education (ROSE) Project

Project Period: 07/01/2005 - 06/30/2008

 FY
 Grant Amount

 FY 2005
 290,000

 FY 2006
 290,000

 FY 2007
 290,000

Maryland Department of Aging 301 West Preston Street, Suite 1007 Baltimore, MD 21201

Contact: Sue Vaeth (410)767-1102

The Maryland Department of Aging will conduct a three-year program of interventions emphasizing active engagement of Alzheimer's family caregivers. The goal of the ROSE Project is to work within the National Family Caregivers Support Program (NFCSP) to enable families to develop and rely on natural supports within their families and communities, developing community partners that are capable of assisting families with dementia.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS) **90AZ2795** Alzheimer's Disease Demonstration Grant

Project Period: 07/01/2005 - 06/30/2008

 FY
 Grant Amount

 FY 2005
 241,597

 FY 2006
 241,597

 FY 2007
 241,597

Michigan Department of Community Health 320 S. Walnut Street, 5th Floor Lansing, MI 48913

Contact: Marcia J Cameron (517)335-0226

The Michigan Department of Community Mental Health (MDCH) will promote a collaborative approach among mental health, public health and aging services systems; primary care physicians; and Alzheimer's Association chapters in developing community models of support for people with dementia and family members involved in their care. The project builds upon strategies outlined in the Michigan Dementia Plan, fits with MDCH systems change objectives and incorporates strategies posed by the Governor's Medicaid Long-Term Care Task Force. It is designed to ensure the needs of individuals with dementia and their caregivers are incorporated in the emerging infrastructure of Michigan's Long-Term Care System.

#### 90AZ2796 Montana Proposal for an Alzheimer's Demonstration Grant

Montana Department of Public Health and Human Services Senior and Long-Term Care Division P.O. Box 4210 111 Sanders Helena, MT 59604

Tielena, Wii 55004

Contact: Traci Clark (406)444-6995

Project Period: 07/01/2005 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 290,000      |
| FY 2006 | 290,000      |
| FY 2007 | 290,000      |

The Montana Department of Health and Human Services will develop sustainable respite care programs and provide caregiver support services for a frontier/rural population. This will be accomplished by: (1) addressing systemic issues that impede the efficient delivery of respite services; (2) increasing awareness to respite care in frontier/rural areas by implementing mechanisms for consumers to share in the cost of providing respite care; and (3) educating Alzheimer's caregivers and the general public about the disease, the need and availability of respite services, and providing caregivers skill-based training.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

## 90AZ2797 Coordinated Care Alzheimer's Demonstration Project

New York State Office for the Aging Local Program Operations 2 Empire State Plaza Albany, NY 12223-1251

Contact: Marcus Harazin (518)473-5705

Project Period: 07/01/2005 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 290,000      |
| FY 2006 | 258,933      |
| FY 2007 | 235,069      |

The project goal is to enable New York State to integrate services for persons with Alzheimer's Disease or related disorders (ADRDs), who are living in rural and ethnically diverse small cities, into the State's long-term care systems change initiatives. Key objectives address: integration in system change efforts; delivery of evidence-based direct services; meeting identified needs; workforce development; disseminating project findings; and attracting alternative funds. Two counties at the forefront of Point of Entry development will work with partners to develop a new model for ADRD care that advances systems change and diversion from institutional care.

#### 90AZ2798 Texas Alzheimer's Disease Demonstration Project

Texas Department of Aging and Disability Services Access and Intake - Area Agencies on Aging 701 W. 51st Street W352 Austin, TX 78751-2312

Contact: Jeffery Seider (512)438-2481

Project Period: 07/01/2005 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 225,000      |
| FY 2006 | 225,000      |
| FY 2007 | 162,112      |

This project will expand service options and improve access to information, training and support services. The overarching project goal is to improve the ability of informal caregivers to sustain their caregiving role by expanding service options, and streamlining system access to improve service delivery by reducing duplication and eliminating silos. The project will implement innovative approaches and serve as a vehicle for advancing changes to the state's overall system of home and community-based care. Major objectives include the development of collaborative partnerships; implementation of a "system navigator;" expanded service options, including education and training; and program evaluation to determine the effectiveness of the project. Products will include intake and assessment tools, outreach, training and resource materials, reports, surveys and project evaluations, which will be shared with the aging network.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

## 90AZ2799 Dementia Partnerships for Service Integration

Washington State Department of Social & Health Services Aging and Disability Services Administration P.O. Box 45600 Lacey, WA 98503-1045

Contact: Lynne Korte (360)725-2545

Project Period: 07/01/2005 - 06/30/2008

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 290,000      |
| FY 2006 | 290,000      |
| FY 2007 | 290,000      |

This project will improve the responsiveness of Washington State's system of home and community-based services to the needs and preferences of individuals with dementia and their family caregivers by integrating dementia capable services into existing state systems. These new and expanded services will be closely connected through local dementia partnerships that work collaboratively to utilize the infrastructure of the statewide Family Caregiver Support Program, the expertise of the Alzheimer's specific organizations, and the service potential of the model dementia day service providers. Objectives include a local dementia partnership model to improve access to and utilization of family caregiver support and respite care services; dementia day services; dementia-specific family consultation services; and family caregiver counseling services. Products will include standards of care for dementia day services; a "How-to" Guide for each dementia-specific service; recommended indicators for referral to each service; assessment and evaluation tools; and a final report on project outcomes.

#### 90AZ2800 West Virginia Alzheimer's Disease Demonstration Grant

Project Period: 07/01/2005 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 290,000      |
| FY 2006 | 290,000      |
| FY 2007 | 290,000      |

West Virginia Bureau of Senior Services 1900 Kanawha Boulevard East Charleston, WV 25305-9169

Contact: Jan Bowen (304)558-3317

The objectives of the WV Alzheimer's Disease Demonstration Grant are: to develop and implement a multi-faceted project that will address the challenge of providing a continuum of information in order to increase the knowledge and coping skills of up to 500 families of persons with Alzheimer's Disease (AD) in the most rural areas of the state; to initiate a re-assessment of Hospice admitting criteria for people with AD in two counties and provide earlier access to grief and bereavement counseling to families; and to continue to support, enhance and/or expand respite care in up to 16 counties. This project will build upon and become an integral part of the state systems change initiatives for their home and community-based services. This includes the AoA/CMS ADRC grant and The Robert Wood Johnson Cash and Counseling grant. Products will include a project manual; assessment and evaluation tools; and a late stage Alzheimer's care curriculum.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

#### 90AZ2801 Environmental Tools for Dementia Care

New Jersey Department of Health and Senior Services
Division of Aging & Community Services
P.O. Box 807

Trenton, NJ 08625-0807

Contact: Barbara Fuller (609)292-7874

Project Period: 07/01/2005 - 06/30/2008

FY Grant Amount

150,000

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |

This multi-intervention project will work to improve access to dementia-related education, support and services for individuals with Alzheimer's Disease and related disorders (ADRD) living in low-income, underserved African-American communities in Camden and Salem counties and Hispanic/Latino communities in Middlesex County. The project will promote changes in the state's home and community-based service system, to achieve more culturally and linguistically competent services for individuals with ADRD and their caregivers from diverse populations. Products will include a project evaluation, and a report with recommendations from a state-level task force for sustaining and replicating successful project components.

# 90AZ2802 The Pennsylvania Long Term Living and Alzheimer's Association Partnership Project

Pennsylvania Department of Aging Bur. Home & Community Based Sv 555 Walnut Street, 5th floor

Harrisburg, PA 17101-1919

Contact: Patricia M Clark (717)783-7110

Project Period: 07/01/2007 - 06/30/2008

FY Grant Amount FY 2007 243,500

The goals of the project are to: (1) develop a sustainable working partnership between the Alzheimer's Association Greater PA Chapter and the Aging and Disability Resource Center (ADRC)-participating agencies; (2) provide targeted training on Alzheimer's related caregiving; and (3) provide direct care services to Alzheimer's consumers in previously underserved regions of Pennsylvania. Objectives include: (1) cross-training and consumer referral activities between Alzheimer's Association chapters and ADRC partners, which include AAAs, County Mental Health/Mental Retardation offices, provider agencies, and other nonprofit and advocacy agencies; (2) regional training in providing direct or hands-on care for persons with dementia to family caregivers and direct care workers, thereby expanding the resource base of direct care workers trained in providing consumer directed, dementia related care; and (3) provide direct services for Alzheimer's consumers and their families that will fall into existing service gaps, are awaiting eligibility determination for other home and community based services programs, or are receiving Family Caregiver Support Program services that could benefit from supplemental services in regions served by ADRCs and Alzheimer's Association chapter.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

# 90AZ2803 Alzheimer's Demonstration Grant to Improve Access to Services for Individuals with Alzheimer's Disease/Related Dementia

Project Period: 07/01/2007 - 06/30/2008

FY Grant Amount FY 2007 325,000

SC LIEUTENANT GOVERNOR'S OFFICE ON AGING 1301 Main Street, Suite 200 Columbia, SC 29201

Contact: Barbra Link (803)734-9919

The first goal of this project is to improve access to home and community-based services for individuals with Alzheimer's disease and related dementia by targeting underserved minority and rural populations. Objectives are to implement strategies that build familiarity and trust among underserved minority populations; provide outreach and screening through a mobile ADRC in the Trident region; provide outreach and education through Family Consultants who are part of the Reid House of Christian Service network; provide medical screening by the Medical University of South Carolina Alzheimer's Disease Clinical Core Research Group (MUSC-ADCCRG) at Reid House; and provide vouchers that allow increased services through the South Carolina Alzheimer's Association, the ADRC, and the Family Caregiver Support Program (FCSP). The second goal of this project is to expand consumer choice and consumer-directed long term care support for caregivers through the ADRC, FCSP, and Alzheimer's Association, to affect systems change. Objectives are to use vouchers for families to select services from an expanded list of providers, including possible family members or neighbors, and provide information on options about community-based services. The project will evaluate the impact of interventions and disseminate project information.

### 90AZ2805 Caregiver Assessment: Providing the Right Service at the Right Time

Georgia Dept of Human Resources, Division of Aging Serv Department of Human Resources Two Peachtree Street, NW Suite 9.398

Atlanta, GA 30303

Contact: Cliff Burt (404)657-5336

Project Period: 07/01/2007 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 325,000      |

The goal of this project is to implement and assess the impact of a care management protocol, developed by Dr. Rhonda Montgomery and colleagues at the University of Wisconsin. The objectives of this project are to: (1) train care managers to use uniform caregiver assessment tools and implement a care management process; (2) expand the array of caregiver resources appropriate for diverse caregiver needs; (3) increase care manager knowledge of and access to enhanced caregiver services; (4) increase number of caregivers using services, as recommended through care plans; (5) evaluate caregiver burden and depression; and (6) evaluate caregiver satisfaction with services.

Program: Alzheimers Disease Demonstration Grants to States (ADDGS)

## 90AZ2807 Translating Evidence-Based Alzheimer's Disease and Related Dementia Direct Services into Practice in California

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 338,885

California Depatment of Aging 1300 National Drive, Suite 200 Sacramento, CA 95834

Contact: Janet Tedesco (916)928-4641

The California Department of Aging (CDA), in collaboration with the California Department of Public Health (CDPH), the Alzheimer's Association and the University of Texas, Health Science Center, proposes to implement a Spanish language transformation of the Savvy Caregiver program, called "Cuidando Con Respeto" and deliver this program throughout California to better serve the State's ethnically diverse Latino caregivers. The project's goal is to improve the availability of this evidence-based program for Spanish-speaking Alzheimer's caregivers by imbedding it into the State's service delivery network for older adults.

The project's strategy is to transform the Savvy Caregiver Program for a low-literacy level, ethnically diverse Spanish-speaking caregiver population to: 1) yield high caregiver satisfaction; 2) increase caregiver knowledge; and 3) reduce caregiver distress.

The culturally relevant training program will be offered through Alzheimer's Association chapters and one of the state's Alzheimer's Disease Research Centers. Products to be developed and disseminated include Spanish and English versions of a trainer manual and a participant manual, an article for submission to a peer-reviewed journal, and a cost assessment methodology outlining estimated costs of project start-up and operating costs.

## 90AZ2808 Putting into Practice Environmental Skill-Building for Caregivers of Persons with Alzheimer's Disease & Related Dementia

New Jersey Department of Health and Senior Services Health and Senior Services 240 West State Street 9th Floor Trenton, NJ 08608

Contact: Tina Zsenak (609)943-4037

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 187,500

The New Jersey Department of Health and Senior Services (NJ-DHSS), in collaboration with the Mercer County Office on Aging (AAA) and Laura N. Gitlin, Thomas Jefferson University, will develop a practical application of the Home Environmental Skill-Building Program (ESP). The goal is to increase the capacity of AAAs to implement ESP for families of people with Alzheimer's Disease and Related Dementia (ADRD), demonstrating the benefits of a home-based program in managing challenging behaviors.

Objectives are to: 1) train and certify Occupational Therapists (OTs) to provide direct ESP services; 2) develop linkages with the AAA and local aging services organizations for ESP service delivery; 3) create assessment tools and marketing materials; and 4) develop and disseminate a cost assessment methodology for program start-up and operation costs and a "how-to" manual for program replication.

The expected outcomes of this project are: 1) demonstration of benefits of a home-based program for ADRD caregivers in managing challenging behaviors and creating a safe home environment supportive of persons with ADRD; 2) reduction of the stress and physical burden of caregivers, decreasing the likelihood of burnout and premature institutionalization of persons with ADRD; and 3) improvements for the caregiver (less upset with troublesome behaviors, less need for assistance from others, improved mood, and enhanced mastery and self-confidence) and the care recipient (reduced frequency of occurrence of problem behaviors and slowed rate of functional decline).

# 90AZ2809 MN Evidence-Based Alzheimer's Disease & Related Dementias Direct Svc. Research to Practice

Project Period: 09/30/2007 - 03/31/2009

FY Grant Amount FY 2007 381,045

Minnesota Board on Aging PO BOX 64976 St. Paul, MN 55164-0976

Contact: Donna Walberg (651)431-2500

The Minnesota Board on Aging (MBA) proposes to apply the evidence-based New York University Caregiver Intervention (NYUCI), in cooperation with the Alzheimer's Association MN/ND Chapter, four Area Agencies on Aging, a county public health agency, medical clinics and a memory disorders clinic. The goal of this evidence-based direct services application is to impact the ability of the caregiver to withstand the difficulties of caregiving and prevent or defer the need for institutionalization of the patient through improving social support and minimizing family conflict.

Primary objectives: 1) caregiver coaches at three rural sites and one urban site will apply the NYUCI with 51 families. The intervention consists of six counseling sessions (2 individual, 4 family), ad hoc counseling phone calls/in-person visits and participation in dementia caregiver support groups; 2) members of the NYU Psychological Research and Support team will work with the Minnesota team to adapt the current caregiver coach curriculum to include formal and ad hoc counseling and train implementation site staff, Minnesota caregiver coaches and Alzheimer's Disease Demonstration Grants to States (ADDGS) memory care sites; 3) current ADDGS Memory Care Sites will implement the NYUCI within the scope of their developing sites with 30 spouse caregivers; and results will be compared to the original NYUCI study by evaluators.

The outcomes to be achieved include: delay in time to institutionalization; reduced negative impacts of caregiving behaviors; decreased level of depression; enhanced support network composition and effectiveness; and caregiver self-efficacy, fidelity and cost effectiveness. Products will include: intervention guidelines, forms, protocols; a promotional package; a "how-to" manual; and evaluation and cost analysis reports.

Program: Family Friends

## 90AM2770 The National Center for Family and Friends

The National Council on the Aging 300 D Street, SW, Suite 801 Washington, DC 20024

Contact: Adam Brunner

Project Period: 09/30/2003 - 12/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 980,584      |
| FY 2004 | 980,584      |
| FY 2005 | 980,584      |
| FY 2006 | 980,584      |

The National Council on the Aging, Inc., in partnership with Temple University Center for Intergenerational Learning, proposes to enhance the Family Friends program through the development, operation, and management of the National Center for Family Friends (NCFF). In brief, Center objectives are: 1) to establish 6 or 7 new model Family Friends projects; 2) facilitate viable Family Friends projects through effective training, technical assistance and guidance; 3) design and test an expansion of the Family Friends model that uses senior volunteers to assist at-risk youth; and 4) improve the well-being of older volunteers, parents, and children/youth participating in Family Friends sites and to increase the understanding of the impact of the program on Family Friends participants. Anticipated outcomes include: 1) expansion of a national network of viable Family Friends projects; 2) more effective strategies of older volunteers helping at-risk children and youth; 4) improved NCFF and project performance; and 3) a positive impact on program volunteers, families and children. Products include improved web and e-group sites, a lessons learned manual, a program evaluation, annual conferences, orientations for program directors, site visits to projects, training/technical assistance, and publications such as Newsline and E-/FaxNews.

Program: Multigenerational Civic Engagement

# 90AM3152 National Technical Assistance Center for Multi-Generational and Civic Engagement Projects

National Council on Aging, Inc. Civic Engagement 1901 L Street, NW, 4th Floor Washington, DC 20036

Contact: Thomas Endres (202)479-6621

Project Period: 09/30/2007 - 05/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 980,584      |

The National Council on Aged, in partnership with the National Association of Area Agencies on Aging, Temple University's Center for Intergenerational Learning, the National Assembly and Easter Seals, will develop a national technical assistance center to foster the development of effective multigenerational and civic engagement models. The Center objectives include: 1) soliciting and awarding up to 12 competitive grants for replicable, innovative, local, multigenerational and civic engagement projects; 2) providing grantees with training and technical assistance, to include the use of web based tools; 3) developing a baseline on best practices for mobilizing older volunteers; and 4) assisting AoA to develop a civic engagement page for its website. Products include annual conferences, site visits to projects, training/technical assistance, publications, including program materials and best practices.

Program: Legal Assistance and Technical Projects

#### 90AM3023 AARP Foundation Technical Support for Legal Assistance Grants

Project Period: 09/30/2005 - 07/31/2008

AARP Foundation 601 E Street, NW Washington, DC 20049

Contact: Shoshanna Ehrlich (954)472-0997

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 100,000      |
| FY 2006 | 100,000      |
| FY 2007 | 116,438      |
|         |              |

The AARP Foundation proposes to provide training, capacity building and technical assistance to the Administration on Aging (AoA) funded legal assistance grants around the country. The goal of the project is to increase access to legal assistance for seniors by supporting legal services providers in their innovative delivery of the highest quality legal services. The Technical Support Project is integral to assuring that the delivery innovations planned by the legal assistance grantees operate efficiently and adhere to proven effective practices. The objectives are: to provide technical support to AoA legal assistance grantees via site visits, on-call and e-mail consultation, telephone and live web conferences, websites, e-groups, and newsletters; and to expand knowledge and support of grantee innovations through outreach to and collaboration with Title IIIB providers via the legal helpline library, website, e-groups, newsletters, conference presentations, data collection, and legal needs and client outcome studies. The target population is older Americans, with particular emphasis upon low-income, minority, rural, homebound and limited-English speaking populations. Anticipated outcomes include provision of assistance to the AoA Legal Assistance grantees in their work to increase access to senior legal services, as measured by a Project Evaluation Survey; and increased acquisition of knowledge by the aging and legal services network on the legal needs of seniors and the effectiveness of the legal assistance grants, through original research conducted by the project. The AARP Foundation and its Technical Assistance Project for Legal Assistance Grants are integrally involved with community-based organizations in each state, which are instrumental in helping older individuals find solutions to their legal problems. Major products include a Project Evaluation Survey and Senior Legal Hotlines Annual Reports.

## 90AM3033 Legal Helpline for Michigan Seniors Integrated V.I.R.T.U.A.L. Communities

Project Period: 09/30/2005 - 09/29/2007

FY Grant Amount FY 2005 150,000 FY 2006 150,000

Elder Law of Michigan, Inc. 3815 W. St. Joseph St. - Suite C-200 Lansing, MI 48917

Contact: Katherine B White (517)485-9164 236

Elder Law of Michigan, Inc. proposes to increase the autonomy, independence and financial well-being of seniors by placing new emphasis on identity theft, the reduction of unnecessary guardianships, and elder abuse/financial exploitation. The project will utilize the highly effective legal helpline for Michigan seniors and standard, traditional relationships, coupled with targeted outreach and new technology for training, information-sharing and communications. Part of this strategy is to support "first responders," professionals and lay people at the local level who are likely to learn of a crime against a senior or of an inappropriate guardianship request. An expected increase in statewide legal assistance will be achieved through training, legal information, and expanded legal resources. Target populations are older Michigan elders, with particular emphasis upon minorities, rural individuals, non-English speaking, low-income, homebound, and those lacking transportation. The major anticipated outcome is an increase in Michigan seniors' autonomy, economic security and the freedom to have and exercise choices later in life. In addition to partnering with the traditional aging, legal, and human services networks (including social services, legislators, health professionals and caregivers), the project will cultivate relationships with other groups of professionals, such as funeral directors, court personnel, parish nurses and caregiver ministries, hospice, medical personnel, religious advisors, community mental health providers, minority college students at area universities, and others who come in contact with isolated, rural, low-income and minority elders. Products to be completed include a report, "Protecting America's Elders"; a short "Guide to Michigan's Aging Network" for grandchildren to share with their grandparents and other older people in their communities; three training modules; and new FAQs targeted to caregivers and helping professionals.

Program: Legal Assistance and Technical Projects

## 90AM3034 Enhancing Legal Access for Pennsylvania's Underserved and Vulnerable Older Adults

Project Period: 09/30/2005 - 09/29/2007

FY Grant Amount FY 2005 150,000 FY 2006 150,000

SeniorLAW Center 100 South Broad Street, Suite 1810 Philadelphia, PA 19110

Contact: Karen C Buck (215)701-3201

SeniorLAW Center proposes to expand and improve access to legal services for older Pennsylvanians focusing on seniors of color, language and cultural minorities, the homebound and disabled, and rural and low-income populations. The objectives are: 1) to expand the new Pennsylvania Helpline to provide accessible legal advice, information, and education to increased numbers of Pennsylvania seniors and their families, implementing established best practices; 2) to provide focused outreach and education to target language and cultural minorities to increase their use of the helpline and related services; 3) to strengthen linkages with and increase referrals from community, faith-based, and immigrant organizations; and 4) to develop new educational and pro bono resources to serve Pennsylvania seniors, using new technological tools. An enhanced, accessible multilingual helpline will be offered; extensive outreach and education in multiple languages to diverse communities across the state will be conducted; an interactive website and e-newsletter will be launched; a Consumer Law Pro Bono Attorney Panel will be developed; and a Legal Resources Directory for Older Pennsylvanians will be created. Anticipated outcomes include: 1) increased numbers of seniors will have access to legal services and education in their own languages, homes and communities; and 2) increased numbers of seniors will be empowered to resolve legal issues, remain in their homes, fight abuse and exploitation, combat fraud, and understand planning options. SeniorLAW partners include faith-based organizations, immigrant and cultural groups and providers, and legal and aging service colleagues and coalitions. Products will include a Legal Resources Directory for Older Pennsylvanians.

#### 90AM3035 New York Seniors Legal Assistance Project

Project Period: 09/30/2005 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |

LEGAL SERVICES FOR THE ELDERLY 130 West 42nd Street, 17th Floor New York, NY 10036-7902

Contact: Ann Biddle (646)442-3302

The goal of this project is to resolve more legal problems for low-income seniors by providing them with more access to legal assistance. The project will target those areas most likely to benefit this group, such as income security issues; health care issues; advance directives (living wills, health care proxies, and wills); consumer issues; nursing home transition issues; and other elder law issues, such as guardianships. Target populations include older New Yorkers, with particular emphasis upon those most at risk of losing their independence or ability to live in the community, i.e. low-income seniors, seniors of color, language and cultural minorities, the homebound and disabled, and rural seniors. The project's objectives are to provide seniors with more legal assistance and more referrals for extended legal or other services from local agencies; to use technology to create a centralized point of access for seniors across the state; and to reach more homebound and limited-English speaking seniors. Anticipated outcomes include: increased numbers of seniors will have their legal problems resolved, empowering them to remain in their homes, make critical choices, and retain their independence; increased numbers of limited-English speaking seniors will be reached through prioritized services connecting them with the Spanish-speaking project coordinator and one other Spanish-speaking attorney; and increased numbers of homebound and isolated seniors will be reached by creating a technology portal to more comprehensively serve this group. Legal Services for the Elderly partners with those community-based organizations in each New York county that serve seniors, including senior centers, nutrition sites, senior clubs, faith-based organizations, and interfaith councils. A major product of this project will be Senior LawHelp, a statewide database of organizations serving seniors, accessible on the Internet.

Program: Legal Assistance and Technical Projects **90AM3036 Florida Senior Legal Helpline** 

Project Period: 09/30/2005 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |

Bay Area Legal Services, Inc. 829 W. Dr. Martin Luther King Jr. Blvd., 2nd Floor

Tampa, FL 33603

Contact: Mary E Haberland (813)232-1222 114

The project goal is to provide underserved, elderly residents of Florida a convenient point of access to receive high-quality legal advice, information, and referrals to Title IIIB legal services providers statewide for extended representation. Bay Area Legal Services' objectives are to: 1) work with the Legal Services Developer for the Florida Dept. of Elder Affairs and State Title III-B providers to develop and implement the first statewide referral matrix; 2) include Area Agencies on Aging and community and faith-based organizations statewide in this partnership, to identify the neediest populations of elderly residents; 3) promote helpline services gradually while building capacity, starting with identified, underserved populations of seniors; and 4) staff the helpline with experienced elder law advocates, adding student legal interns and volunteers to expand resources. The target population is older Floridians, with particular emphasis upon elders living in poverty, non-English speaking and minority seniors, rural, homebound and disabled seniors. Anticipated outcomes are: 1) increased numbers of seniors will have access to legal services; 2) increased streamlining of service and increased numbers of referrals to local Title III-B providers for further assistance; 3) increased service to underserved seniors; and 4) increased information flow to seniors by establishing partnerships with two Florida law schools. Bay Area will seek the assistance of the community and faith-based organizations recommended by the partners from their regions. Products include a final report.

## 90AM3037 Connecticut Legal Services Consumer Law Project for Elders

Project Period: 09/30/2005 - 09/29/2007

 FY
 Grant Amount

 FY 2005
 110,000

 FY 2006
 110,000

Connecticut Legal Services, Inc. 62 Washington Street Middletown, CT 06457

Contact: Kevin Brophy (203)756-8074

Connecticut Legal Services proposes to strengthen significantly the state's system for providing consumer law assistance and information to vulnerable seniors to help them avoid or solve problems of fraud and insupportable debt that threaten their well-being and independence. The objectives include the expansion of services to underserved, disadvantaged client groups and enhanced ability of seniors to adapt to changes in consumer law and patterns of consumer fraud and abuse. To achieve these goals, the applicant will: create a Mobile Law Unit using Geographic Information System (GIS) technology to increase access to homebound seniors; provide screening and advice on the new Medicare Part D prescription drug subsidy; and inform and train clients and partners about the changing consumer law environment and patterns of fraud and abuse. The target population is traditionally underserved and disadvantaged seniors in Connecticut, to whom consumer law problems pose very serious threats to their independence, including African American and Hispanic seniors, and isolated home-bound seniors. Anticipated outcomes include increased accessibility, quantity, and effectiveness of legal assistance and information available to help traditionally underserved seniors solve consumer problems; increased awareness among seniors of consumer fraud, governmental support to avoid or minimize consumer debt, their changing set of consumer rights, and the project's availability to help solve problems; and expanded synergy among state, national, community, and faith-based organizations, aging services providers, and elder rights professionals to help seniors with consumer problems. Connecticut Legal Services partners with the State Unit on Aging, Area Agencies on Aging, Office of the Attorney General, the CT Department of Consumer Protection, the Episcopal Diocese of Connecticut, and sister legal services organizations. Products include a final report.

#### 90AM3038 Coordinated Legal Assistance to Seniors

Vermont Legal Aid, Inc. 264 North Winooski Avenue P.O. Box 1367 Burlington, VT 05402

Contact: Michael Benvenuto (802)863-5620

Project Period: 09/30/2005 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 110,000      |
| FY 2006 | 110,000      |

Vermont Legal Aid proposes to develop a model for integrated service delivery between legal services and Area Agencies on Aging (AAAs) in rural areas with a high percentage of seniors. The goal of this project is to provide a seamless and comprehensive system of delivering information, legal advice, and full representation to seniors throughout Vermont. The objectives are: 1) to expand and improve communication among AAAs and the Senior HelpLine, Legal Services Law Line of Vermont, and the Senior Citizens Law Project of Vermont Legal Aid; 2) to expand outreach and access to legal services for seniors by establishing regular and periodic legal advice clinics targeted to seniors; and 3) to develop comprehensive legal information for seniors on the web that can serve as a vital resource for clients, advocates, and family members. The primary target populations include rural residents and homebound seniors. Anticipated outcomes include: 1) increased numbers of seniors directly referred to the Senior Citizens Law Project by AAAs; 2) increased numbers of seniors provided legal representation, advice and brief service; and 3) increased numbers of seniors with access to legal services through the establishment of legal advice clinics throughout the state, expansion of pro bono legal services, and an increased number of visitors to the website seeking legal information for seniors. In addition to partnering with the traditional aging, legal, and human services networks, Vermont Legal Aid collaborates with AAA "Choice for Care" case managers, the Vermont Refugee Resettlement Program, elder specialists for the Vietnamese community, senior centers, and faith-based organizations. Among the major expected products is an evaluation and report of the different methods for referral from the Senior HelpLine to the Senior Citizens Law Project to be piloted by the applicant.

Program: Legal Assistance and Technical Projects

90AM3039 Elder Line Project

Project Period: 09/30/2005 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 110,000      |
| FY 2006 | 110,000      |

Legal Aid of Nebraska 500 South 18th Street Omaha, NE 68102-2521

Contact: Annette Farnan (402)348-1069 224

Legal Aid of Nebraska proposes to provide older Nebraskans (particularly minority, low-income, rural, homebound, and socially isolated seniors) and their caregivers, with enhanced access to legal services. This goal will be accomplished through the Elder AccessLine, an augmentation of the existing statewide AccessLine. The applicant's objectives are to: 1) modify existing statewide AccessLine legal service provision to be user-friendly for targeted older adults; 2) utilize phone-based translation services encompassing 150 languages; 3) implement an outreach plan to target underserved minority (including Native American) and immigrant older adults; 4) assist older adult callers with enrolling in the Medicare prescription drug benefit program; and 5) enhance referral partnerships with Title III-B providers and with other Older Americans Act (OAA) and elder abuse/neglect programs. Legal Aid of Nebraska will partner with the Nebraska Association of Community Action Agencies, Department of Aging, AARP, Commissions on Indian Affairs, Mexican-American and Women, and Interchurch Ministries of Nebraska. Anticipated outcomes are: 1) increased numbers of older adults receiving legal services; 2) increased access to legal services for Native American elders; 3) increased numbers of minority and/or limited-English speaking seniors will be targeted and served through outreach; 4) increased numbers of rural or homebound older adults, or seniors lacking in transportation, will have increased access through outreach; and 5) enhanced referral protocol will be established with Title III-B and other Administration on Aging programs. Among the major expected products is a final report.

Program: National Center on Elder Abuse

#### 90AM2792 National Center on Elder Abuse

NATIONAL ASSOCIATION OF STATE UNITS ON AGING 1201 15th Street, NW, Suite 350 Washington, DC 20005-2842

Contact: Diane Justice (202)898-2578

Project Period: 09/30/2003 - 11/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 815,250      |
| FY 2004 | 815,250      |
| FY 2005 | 815,250      |
| FY 2006 | 815,250      |

The National Association of State Units on Aging, in partnership with an alliance of four nationally recognized and respected collaborating organizations representing the many disciplines in elder abuse prevention, will execute a 3-year program to continue the work of the National Center on Elder Abuse. The continuing goal is to provide information, training, and technical assistance about elder abuse trends, policy and legislative developments, research that impacts on prevention, promising practices, and key issues for the field - in a variety of formats, to all segments of the population. The expected outcomes are: 1) timely, high quality information to support state and local capacity building and innovation; 2) increased professionalization of adult protection and elder abuse service networks; and 3) increased knowledge of the extent and causes of elder abuse and skills and practices for prevention. Products include: a comprehensive web site, monthly newsletter, listserve for professional dialogue and exchange, a web-based clearinghouse, a searchable database of promising practices, a training lending library, specialized workshops and best practice exchange, state statutory analysis, issue briefs on local and state network development and outreach to rural and minority communities, a brochure and PowerPoint module for faith-based communities, and other support materials.

Program: National Center on Elder Abuse

#### 90AM3144 NCEA Option II Training - National Adult Protective Services Foundation/NAPSA

Project Period: 09/01/2007 - 06/30/2010

FY Grant Amount FY 2007 199,475

NATIONAL ADULT PROTECTIVE SERVICES FOUNDATION 920 Spring St Ste 1200 Springfield, IL 62704

Contact: Kathleen Quinn (217)523-4431

The National Center on Elder Abuse (NCEA) is a multi-disciplinary consortium of equal partners with expertise in elder abuse, neglect, & exploitation. Their goals are to: (1) develop & disseminate information for targeted groups of professionals to increase identification and reporting of elder abuse, neglect, & exploitation, and to guide programs that protect older people; (2) provide tools to increase the ability of professionals, especially those of the aging network & community-based agencies who have access to frail seniors on a daily basis, to identify, address, and prevent elder abuse, neglect, & exploitation; and (3) promote systems change by fostering development of programs, models, and initiatives that measurably decrease the incidence of elder abuse, neglect, & exploitation.

The National Adult Protective Services Association will execute a 3-year program as a collaborator in the NCEA, and undertake the following activities to promote the above goals: (1) conduct a national needs assessment to identify both the elder abuse training needs of, and currently available training for, targeted professionals; (2) develop a feasible, long range strategic plan to address gaps identified in the needs assessment; (3) continue to maintain & expand the national elder abuse/APS training library; (4) continue to develop & disseminate training materials for personnel engaged in preventing, identifying, and treating elder abuse, neglect, & exploitation; (5) conduct 4 annual, national webcasts on elder abuse/APS to disseminate information for targeted professions; and (6) annually prepare & distribute an annotated bibliography of recent elder abuse research. Expected outcomes are: (1) timely, high quality information to support state & local capacity building and innovation; (2) increased professionalization of adult protection & elder abuse service networks; and (3) increased knowledge of the extent & causes of elder abuse and skills & practices for prevention.

Program: National Center on Elder Abuse

## 90AM3145 Empowering Elder Abuse Organizations Through Local, State, and National Collaborations

Project Period: 09/01/2007 - 06/30/2010

 FY
 Grant Amount

 FY 2007
 300,000

National Committee for the Prevention of Elder Abuse 1612 K Street NW Ste 400 Washington, DC 20006

Contact: Megan Wiley (202)682-4140

The National Center on Elder Abuse (NCEA) is a multi-disciplinary consortium of equal partners with expertise in elder abuse, neglect, and exploitation. The goals of the NCEA are to: (1) develop and disseminate information for targeted groups of professionals to increase the identification and reporting of elder abuse, neglect, & exploitation, and to guide programs that protect older people; (2) provide tools to increase the ability of professionals, especially those of the aging network and community-based agencies who have access to frail seniors on a daily basis, to identify, address, and prevent elder abuse, neglect, and exploitation; and (3) promote systems change by fostering development of programs, models, and initiatives that measurably decrease the incidence of elder abuse, neglect, and exploitation.

In support of the NCEA goals, the National Committee for the Prevention of Elder Abuse will execute a 3-year program as a collaborator in the NCEA and undertake the following activities to encourage and enhance development of comprehensive elder justice systems: (1) award mini-grants of approximately \$10,000 each year to support the creation and promote the sustainability of multidisciplinary local and state elder abuse networks; (2) provide technical assistance to states and AAAs to promote the widespread development, implementation, and sustainability of new or existing local and state elder abuse networks; (3) maintain and augment the Promising Practices Clearinghouse; and (4) develop analyses of state statutory issues and track federal laws that impact elder abuse detection, intervention, and prevention & disseminate that information. The expected outcomes are: (1) timely, high quality information to support state and local capacity building and innovation; (2) increased professionalization of adult protection and elder abuse service networks; and (3) increased knowledge of the extent and causes of elder abuse & skills and practices for prevention.

Program: National Center on Elder Abuse

## 90AM3146 NCEA Co-Manager

University of Delaware Ctr Comm Research & Service 210 Hullihen Hall Newark, DE 19716

Contact: Judith Trefsger (302)831-2629

Project Period: 09/01/2007 - 06/30/2011

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 264,998      |

National Center on Elder Abuse (NCEA) is an equal partner, multi-disciplinary consortium with expertise in elder abuse, neglect, & exploitation. Goals: develop & disseminate information for professionals to increase elder abuse, neglect, & exploitation identification & reporting, and guide programs that protect older people; provide tools to increase professional ability, esp. aging network & community-based agencies, with daily access to frail seniors, to identify, address, & prevent elder abuse, neglect, & exploitation; and promote systems change thru development of programs, models, & initiatives that measurably decrease elder abuse, neglect, & exploitation incidence.

As a 4 yr NCEA program collaborator, U. of DE will support these goals and increase national awareness of elder abuse & NCEA resources and services, and: (1) promote public awareness materials; (2) create strategic social marketing plan & implement select elements; (3) develop & disseminate products to enhance public & professional response to elder mistreatment; (4) foster coordination/communication among entities addressing elder mistreatment; (5) provide effective managerial support to NCEA. Products: online user-searchable, public awareness resource inventory; strategic social marketing blueprint; podcast; customizable fact sheets, issue briefs, & educational/outreach materials; elder abuse listserv maintenance; monthly e-newsletters; self-service article/research database. Anticipated outcomes: (1) increased national awareness of elder abuse as a social problem requiring action; (2) enhanced awareness/use of NCEA resources/services; (3) improved prevention & intervention strategies by practitioner use of NCEA resources/services; (4) expanded capacity to respond to elder abuse field, media, & policymaker needs thru efficient & effectively managed NCEA.

Program: National Consumer Protection Technical Resource Center

#### 90AM2806 National Consumer Protection Technical Resource Center

AMERICAN HEALTH QUALITY FOUNDATION 1155 21st Street, NW, Suite 202 Washington, DC 20036

**Contact: Candice Griffin** 

Project Period: 09/30/2003 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 300,000      |
| FY 2004 | 300,000      |
| FY 2005 | 368,750      |
| FY 2006 | 300,000      |
|         |              |

American Health Quality Foundation, in partnership with the Hawkeye Valley Area Agency on Aging, maximizes the effectiveness of Senior Medicare Patrols (SMPs) through the management of the National Consumer Protection Technical Resource Center. The "Center" objectives are to: assess SMP needs/capabilities; inform SMPs about top Medicare/Medicaid fraud and abuse issues; ensure that SMPs can effectively reach special target populations; and support SMPs in addressing volunteer and program management issues. Deliverables include: a written profile of SMP needs and capabilities; a written summary of top error, fraud and abuse issues; a national Online Resource Center with a Best Practices and FAQ database; project toolkits; and materials translated for use by special populations. The Center has been in the forefront of informing SMPs about the provisions of the 2003 Medicare Modernization Act and the new prescription drug benefit. This action educated beneficiaries about the provisions of the Act and allowed them to avoid costly enrollment errors and provider scams. The Center played a major role in the development and implementation of the SMARTFACTS performance outcomes collection and retrieval system. SMARTFACTS reformed a manual data collection process, which was time consuming and required multiple manual interventions.

Program: National Consumer Protection Technical Resource Center

#### 90AM2807 National Consumer Protection Technical Resource Center

Project Period: 09/30/2003 - 08/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 300,000      |
| FY 2004 | 300,000      |
| FY 2005 | 300,000      |
| FY 2006 | 300,000      |
| FY 2007 | 645,000      |

HAWKEYE VALLEY AREA AGENCY ON AGING 2101 Kimball Avenue, Suite 320 Waterloo, IA 50702

**Contact: Shirley Merner** 

This grant supports operation of the National Consumer Protection Technical Resource Center through an agreement with the American Health Quality Foundation. The Center provides health care fraud control outreach and education to the Administration's Senior Medicare Patrol projects (SMPs) nationwide. There is at least one SMP project in each state, the District of Columbia, Guam, Puerto Rico and the U.S. Virgin Islands. These projects recruit and train retired professionals to conduct community-based outreach and fraud control education to Medicare/Medicaid recipients and their families. The goals of the "Center" are: 1) to enhance SMP project's abilities to conduct outreach to vulnerable beneficiaries - particularly those with limited English proficiency, disabilities, or who reside in rural areas - and to reduce or recoup improper payments; and 2) insure that best-practices are shared in a wide variety of platforms, such as national conferences, web-based seminars, or other online or offline resources. The grantee maintains and updates smpresource.org which contains current fraud alerts, the SMP locator, and a platform for dissemination of best practices to the projects or other interested parties.

Program: National Long-Term Ombudsman Program

### 90AM2690 National Long-Term Care Ombudsman Resource Center

Project Period: 06/01/2003 - 05/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 550,000      |
| FY 2004 | 550,000      |
| FY 2005 | 550,000      |
| FY 2006 | 550,000      |
| FY 2007 | 550,000      |
|         |              |

NATIONAL CITIZEN'S COALITION FOR NURSING HOME REFORM 1828 L Street, NW, Suite 801 Washington, DC 20036

Contact: Alice H Hedt (202)332-2275

This is a three year cooperative agreement between AoA and the National Citizens' Coalition for Nursing Home Reform. The project goal is to equip the long-term care ombudsmen to carry out their responsibilities under the Older Americans Act as the ombudsman. Responsibilities are to: 1) address the problems and complaints of residents of long-term care facilities; and 2) represent residents needs and interests. To attain these goals, the Center will provide support, training and technical assistance to the ombudsman network that daily responds to requests for assistance from facility residents, their families and the public. The five objectives are: 1) to direct training and training materials to enhance ombudsman skills; 2) to develop specific products and dialogue forums; 3) to conduct daily technical assistance, and information and referral services on program management, program promotion, training and pertinent national and state long-term care issues; 4) to promote the ombudsman program; and 5) to collaborate efforts to strengthen ombudsman involvement in state and national initiatives. The anticipated outcomes include: transmittal of current and accurate information to ombudsmen and State Agencies on Aging directors, to improve their state training, management, program promotion and advocacy functions; and full utilization of the Center's technical assistance and products. Products include a final report; training materials; data base enhancements; and conference materials.

Program: National Legal Assistance and Elder Rights

#### 90AP2645 Furthering a Commitment to Legal Services

American Bar Association Fund for Justice and Education Commission on Law and Aging 740 15th Street, NW Washington, DC 20005

Contact: Holly Robinson (202)662-8694

Project Period: 09/30/2005 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |
| FY 2007 | 150,000      |

The ABA Fund for Justice and Education is the grantee for this three year National Legal Assistance and Elder Rights (NLAER) Project. The goal is to enhance State and Area Agencies on Aging capacity to support elder rights and improve the quality and accessibility of legal assistance for vulnerable elders and limited-English speakers. The objectives are: 1) to identify issues and resources and provide a forum for consultations; 2) to enhance elder rights using education and training; 3) to provide assistance on substantive legal and ethical issues; and 4) to support legal assistance and elder rights advocacy systems. The anticipated outcomes of this NLAER project are: 1) State and Area Agencies, Title IIIB (Older American Act) attorneys, private attorneys and state bar associates will have improved their knowledge and awareness of legal issues and resources affecting older persons; 2) Legal Assistance Developers, State Long-Term Care Ombudsmen, and bar section and committee chairs will have received legal publications; and 3) consumers will have benefited from materials and technical assistance from advocates, thereby retaining their housing, preserving their health, and/or strengthening financial decision-making authority - receiving benefits to which they are entitled, and avoiding scams. The products of this NLAER program are a final report, bulletins, publications, fact sheets, consumer's tool kits, brochures (Spanish), and articles.

Program: National Legal Assistance and Elder Rights

#### 90AP2646 AARP Foundation National Legal Training Program

Project Period: 09/30/2005 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |
| FY 2007 | 150,000      |

AARP Foundation 601 E Street, NW - Suite B4--240 Washington, DC 20049

Contact: Julia Stephens (202)434-2197

The AARP Foundation is managing this three year National Legal Assistance and Elder Rights (NLAER) Project. The AARP Foundation's National Legal Training Project (NLTP) provides comprehensive training to legal service providers, AAA staff, and other advocates through national on-site and web-based trainings, quality written training documents, and periodic national conferences. In addition to direct training, the project provides follow-up technical assistance to training participants through individualized help and free materials. The goal of the NLTP is to enhance the leadership capacity of State and Area Agencies on Aging in order to support vulnerable elder rights and to improve the quality and accessibility of legal assistance and information provided to elders. Yearly anticipated outcomes are: 1) 1000-1,600 advocates will have increased knowledge and confidence in their ability to use their legal knowledge and advocacy skills in their work as elder advocates; 2) 5,000 users of NLTP legal materials will have increased knowledge of elder rights issues; and 3) 16,000 advocates will have increased knowledge of resources and tools available to assist their clients. These outcomes will be achieved by: delivering 15-20 customized, on-site trainings in elder law and advocacy skills; expanding use of training module "Law Enforcement and the Elderly" to bank tellers and staff; implementing a "Reach Out to Indian Country" project for American Indian and Alaskan Natives; providing TA to past training participants and to those seeking TA in strategic planning and coalition building; developing and updating written materials on elder law topics and advocacy skills; publishing and disseminating a quarterly newsletter; maintaining a website with information; and serving as the lead coordinator for the National Aging and Law Conference.

Program: National Legal Assistance and Elder Rights

#### 90AP2647 National Legal Resource Initiative for Financially Distressed Elders

Project Period: 09/30/2005 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |
| FY 2007 | 150,000      |

National Consumer Law Center 77 Summer Street, 10th Floor Boston, MA 02110

Contact: Willard P Ogburn (617)542-8010

The National Consumer Law Center's (NCLC) 3 year project partners with private bar associations, volunteer attorneys, and others. NCLC improves legal assistance to older Americans whose finances and economic independence are threatened by scams & abuses in the marketplace, by providing training, legal practice aids, and in-depth case consultations to elder law attorneys & other elderly serving advocates. This project addresses the most pressing consumer problems faced by the elderly, inc. challenges to sustaining home ownership, fraudulent & exploitive sales practices, and debt management & financial decision-making. The National Legal Assistance & Elder Rights (NLAER) project's goal is to help older Americans avoid or remedy economic exploitation, understand their financial options, and make reasoned, informed consumer decisions to prolong independence. Objectives: 1) increase the # of qualified local providers; 2) share NCLC's consumer law expertise with legal assistance providers representing elderly clients; 3) disseminate legal and consumer education materials on the pressing consumer law needs of older Americans (designed to empower elders) to attorneys & advocates; 4) improve communication & coordination on consumer law topics; 5) expand NCLC expertise; and 6) evaluate NCLC effectiveness in meeting consumer law needs of older Americans. Expected outcomes: specialized legal training; advice and co-counseling; improvement in quality & accessibility of legal assistance for older Americans; a decrease in elders who fall prey to consumer scams and abuses in the marketplace; and intensive, substantive workshops. Products: NCLC reports, training workshops, legal practice packages, inc. detailed practice manuals with legal pleadings, a final report and an evaluation, as well as informational mailings, website postings, and other consumer education materials.

Program: National Legal Assistance and Elder Rights

## 90AP2648 National Legal Assistance and Elder Rights

Project Period: 09/30/2005 - 07/31/2008

FY Grant Amount

 FY
 Grant Amount

 FY 2005
 150,000

 FY 2006
 150,000

 FY 2007
 166,438

THE CENTER FOR SOCIAL GERONTOLOGY, INC 2307 Shelby Avenue
Ann Arbor, MI 48103

Contact: Penelope A Hommel (734)665-1126

The goal of this National Legal Assistance and Elder Rights Project (NLAER) project is to enhance legal assistance and elder rights advocacy programs to ensure seniors' access to essential services and benefits. The objectives are: 1) to enhance the leadership capacity of State and Area Agencies on Aging to support elder rights activities; 2) to improve the quality and accessibility of the legal assistance provided to older people; and 3) to coordinate and collaborate with AoA, the Legal Services Corporation (LSC), other NLAERPs, and other non-legal organizations. The anticipated outcomes are: enhanced leadership of state Legal Assistance Developers; increased focus/resources by the LSC; outcome measures for legal assistance programs; critical guidance to state and local legal programs through an expanded/updated Comprehensive Guide to the Delivery of Legal Services; and enhanced coordination of legal assistance and community-based long-term care programs.

Program: National Legal Assistance and Elder Rights

#### 90AP2649 National Support for Legal Assistance and Elder Rights

Project Period: 09/30/2005 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |
| FY 2007 | 150,000      |

NATIONAL SENIOR CITIZENS LAW CENTER 1101 14th Street, NW Ste 400 Washington, DC 20005

Contact: Thomas M Smith (202)289-6976

This a three year National Legal Assistance and Elder Rights Project. The goal is to increase the well-being of older persons by enhancing the quality and accessibility of legal assistance and advocacy available to them, especially the most vulnerable, including minorities and limited-English speaking populations. The objectives are to: 1) publicize the availability of substantive assistance; 2) provide effective case consultations; 3) produce and disseminate written information to the aging network; 4) offer training workshops; and 5) facilitate, review, assess, and work to improve this system. The target populations are attorneys and other advocates working with legal assistance providers funded under Title III, and constituents of the National Caucus and Center on Black Aged, Inc., National Indian Council on Aging (NICOA), the National Health Care Association (NHCA), and the National Asian Pacific Center on Aging. The project outcomes are: enhanced leadership capacity of State and Area Agencies on Aging and faith-based organizations to support elder rights activities and improve the quality and accessibility of the legal assistance provided to older people. Examples of products to meet these outcomes are: a model consumer guide to assisted living; a newsletter and 4 practice issue alerts with updates on new legal developments; outreach and technical assistance to state and local area agencies on aging; technical assistance and case consultations to legal assistance providers for at least 500 individual cases per year; and trainings for the network.

Program: Pension Information Counseling Projects
90AM2799 Midwest Pension Rights Project

OWL, THE VOICE OF MIDLIFE AND OLDER WOMEN 2165 Hampton Avenue St. Louis, MO 63139

Contact: Suzanne Lagomarcino (314)725-5862

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 149,614      |
| FY 2004 | 149,902      |
| FY 2005 | 149,972      |
| FY 2006 | 149,853      |
|         |              |

The Gateway Chapter (St. Louis, MO) of the Older Women's League will create the regional Midwest Pension Rights Project by combining the experience and resources of the Pension Benefits Project (Missouri) and the Chicago Pension Information Effort Project, along with new partners. The transition will be seamless for persons currently being served by the Projects, while expanding services to the region. The goal is to provide workers and retirees with a full range of pension counseling services concerning private and government plans. The objectives are: 1) offer comprehensive counseling, advocacy and referral services to individuals; 2) conduct outreach targeting low-income women, minorities and non-English speaking populations; 3) build on the experience of the Missouri and Chicago projects, incorporating "best practices" in casework and coalition building; and 4) educate workers about the value of saving for retirement. Outcomes will be: improved economic security and peace of mind for clients; increased awareness of pension rights; and workers saving for retirement. Successful strategies and educational materials will be shared at the Washington DC Conference and on the PensionHelp America Web site. Products include a final report, educational materials, and website resources.

Program: Pension Information Counseling Projects

#### 90AM2800 Mid-Atlantic Pension Counseling Project

Project Period: 09/30/2003 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 149,974      |
| FY 2004 | 149,974      |
| FY 2005 | 149,974      |
| FY 2006 | 149,974      |

Legal Services for the Elderly 105 Court Street Brooklyn , NY 11201

Contact: Deborah Alexander (212)391-0120

Legal Services for the Elderly of New York City (LSE) will establish the Mid-Atlantic Pension Counseling Project to deliver pension counseling and advocacy to the States of New York and New Jersey. In the first year, LSE served New York, with special emphasis on rural counties, and in the second year LSE expanded to serve all of New Jersey. In addition, LSE will serve pensioners who no longer reside in New York or New Jersey, but whose employers were headquartered in these states. The major objective will be resolution of clients' pension problems. Outcomes will include development of powerful, state-of-the-art technology for high-quality, low-cost voice, fax, data transfer, video teleconferencing, and broadband Internet access. The low cost will permit LSE to invest substantial resources immediately in experienced staff. The sophisticated network will allow staff to perform many tasks quickly and efficiently; will allow staff to train advocates in remote locations in real-time video sessions; and will allow LSE to add services in New Jersey seamlessly. In sum, the technology will enable LSE to bring pension counseling to more people. LSE will partner with The Rural Law Center of New York (RLC) to expand outreach in New York's rural counties. Products will include a replicable protocol to investigate "lost pensions" for distribution to all legal services providers in the region, as well as to other pension counseling projects, and non-English products for the New York markets, to be refined for release in New Jersey.

Program: Pension Information Counseling Projects

90AM2899 New England Pension Assistance Project (NEPAP)

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 137,000      |
| FY 2005 | 159,064      |
| FY 2006 | 150,000      |

UNIVERSITY OF MASSACHUSETTS BOSTON 100 Morrissey Boulevard Boston, MA 02125

Contact: Ellen A Bruce (617)287-7300

The New England Pension Assistance Project proposes to increase workers' and retirees' knowledge of and access to retirement benefits in the six New England states (Connecticut, Massachusetts, Maine, New Hampshire, Rhode Island, and Vermont). The applicant's objectives are: 1) to maximize individuals' retirement standard of living; 2) to educate older workers, retirees, and the community about different types of pensions and retirement income, as well as issues affecting eligibility; 3) to identify recurring problems faced by workers in obtaining adequate pensions; and 4) to target outreach to women, low-income and minority workers and retirees, and elders with limited English proficiency. The project proposes to accomplish its goal through a program of individual counseling and referrals, case investigation, legal research, community education, and outreach. Products will include a final report.

Program: Pension Information Counseling Projects

#### 90AM2900 Great Lakes Pension Rights Project

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 137,000      |
| FY 2005 | 150,000      |
| FY 2006 | 150 000      |

ELDER LAW OF MICHIGAN, INC 3815 W. St. Joseph St., Suite C-200 Lansing, MI 48917

Contact: Katherine B White (517)853-2375

Elder Law of Michigan proposes to continue the services currently rendered by the regional Great Lakes Pension Rights Project. The primary goal is to maintain and expand pension counseling services in Michigan and Ohio by increasing expertise in public pension plans. The secondary goal is to expand service to additional states by using referral partners, primarily Senior Law Center of Pennsylvania and the Access to Justice Foundation (Kentucky), to identify pension-related cases through their senior legal helplines for referral to Michigan and Ohio. Products for development include flyers for national dissemination, web-based information on state and local pension issues, and a training outline to help other projects train and support law student volunteers in pension work.

Program: Pension Information Counseling Projects

### 90AM2901 Upper Midwest Pension Rights Project

Minnesota Senior Federation State Office 1885 University Avenue, Suite 171 St. Paul, MN 55104

Contact: Mary Browning (651)645-0261 121

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 137,000      |
| FY 2005 | 150,000      |
| FY 2006 | 150,000      |

The Upper Midwest Pension Rights Project proposes to serve workers and retirees with high-quality, comprehensive and cost-effective pension information, counseling, advocacy and referral services through a coordinated, multi-state, regional service delivery model. The five-state region to be served will include Minnesota, Wisconsin, Iowa, North Dakota and South Dakota. Outreach through the creative use of PensionNet, a comprehensive web of state and regional service networks serving the needs of seniors, women and minorities, will be enhanced by comprehensive media plans and training programs. National initiatives will be supported through the sharing of information and lessons learned with other pension counseling projects nationwide. Products will include a final report and a comprehensive website with links to fact sheets, resources, and information regarding public plans for the five-state region.

Program: Pension Information Counseling Projects

### 90AM2902 Pension Information Counseling and Assistance Program of the Southwest

Texas Legal Services Center, Inc. Legal Hotline for Texans 815 Brazos, Suite 1100 Austin, TX 78701

Contact: Paula J Pierce (888)343-4414

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 50,000       |
| FY 2005 | 65,000       |
| FY 2006 | 65,000       |

Texas Legal Services Center will implement the Pension Information, Counseling & Assistance Program of the Southwest (PICAPS). PICAPS will provide assistance to individuals with pension problems and questions in Texas and surrounding southwestern states. Under PICAPS, the benefits counseling partnership between Texas Legal Services Center and the Area Agencies on Aging will be expanded to include pension counseling. PICAPS' goal is to assist workers, retirees, and beneficiaries in their ability to secure enforcement of legal rights under pension and retirement savings plans. Through targeted outreach, PICAPS' efforts will be focused on reaching low-income individuals, minorities, Native Americans, women, and non-English speaking individuals. Products will include statistical reports (outreach, referral source, benefits, demographics, plan and sponsor type, recoveries, etc.); a final report; and data collection regarding cash benefits recovered.

Program: Pension Information Counseling Projects

90AM3148 Mid-America Pension Rights Project

Project Period: 09/30/2007 - 07/31/2010

FY Grant Amount FY 2007 157,500

Elder Law of Michigan, Inc. 3815 W. St. Joseph St., Suite c-200 Lansing, MI 48917

Contact: (517)485-9164

The Mid-America Pension Rights Project, led by Elder Law of Michigan, Inc., proposes to expand on the success of the Great Lakes Pension Right Project and remodel the project into a centralized regional pension counseling project. The approach utilizes specialized toll-free telephone service with "quick call" responses from attorneys who are pension specialists, a project website, and pension-specific/exclusive outreach. Objectives are: 1) to establish a regional approach to the five-state area using a centralized toll-free number, a common website and joint marketing materials; 2) to implement creative outreach strategies to reach all pensioners, including those who have limited English proficiency, cognitive impairments and profound health problems; and 3) to provide intensive and consistent pension counseling services to Michigan and Ohio, with expansion into Pennsylvania and Kentucky and, in year 3, Tennessee. The main goal is to provide equitably distributed pension counseling and information services to individuals in Michigan, Ohio, Pennsylvania, Kentucky and Tennessee. Expected outcomes include: 1) improvement of the financial situation & security of retirees and their spouses; 2) enhancements in the understanding of pension benefits, rights, and options; and 3) increases in the availability of, and access to, high-quality pension counseling and information in Kentucky, Pennsylvania, and Tennessee. Telephonic outcome-based client and stakeholder surveys will reflect the positive results from the planned intervention. Products will include: scripts for telephone system recordings for basic information for limited English proficiency clients, posters and flyers for outreach to Social Security offices and literacy coalitions, and new substantive pension materials for hospice patients and rural retirees.

Program: Pension Information Counseling Projects

### 90AM3149 The Mid-Atlantic Pension Counseling Project

Project Period: 09/30/2007 - 07/31/2010

Project Period: 09/30/2007 - 07/31/2010

FY 2007

Grant Amount

FY Grant Amount FY 2007 157,500

South Brooklyn Legal Services 105 Court Street Brooklyn, NY 11201-

Contact: Deborah Alexander (646)442-3302

Legal Services for the Elderly, the grantee, proposes to continue its operation of the Mid-Atlantic Pension Counseling Project. The goal of the project is to provide pension counseling and information for the New York and New Jersey region. The objectives are: 1) to resolve the caller's pension problem by providing specialized services, ranging from information to direct counseling and assistance; 2) to reach people throughout the region; 3) to collect information about the services rendered; and 4) to share the experiences of the project. The expected outcomes are: 1) increases in clients' financial stability; 2) increases in clients' informed decision-making; and 3) provision to clients of specialized, expert assistance. The products from this project will be periodic and final reports, three years of data concerning clients and the services they need, and a dramatically improved website. This model will target retired workers and pension claimants with focused outreach and services. Isolated and homebound clients will be targeted for outreach through telephone access and through the use of radio and newspapers for outreach concerning pension services. Non-English speaking clients will also be targeted through the use of bi-lingual staff and on-demand translators.

Program: Pension Information Counseling Projects

# 90AM3150 New England Pension Assistance Project - Pension Counseling and Information Program

University of Massachusetts Boston Gerontology Institute 100 Morrissey Blvd. Boston, MA 02125-3393

Contact: Paula Noonan (617)287-5371

The Gerontology Institute of the University of Massachusetts Boston proposes to continue its operation of the New England Pension Assistance Project, which provides free assistance to individuals from all six New England states (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont) who have questions or problems with their pensions. The goal of the project is to increase workers' and retirees' knowledge of, and access to, retirement benefits. The objectives of the project are: 1) to maximize individuals' retirement standard of living; 2) to educate older workers, retirees, and the community about pensions and retirement income, as well as issues affecting eligibility; 3) to identify recurring problems faced by workers in obtaining adequate pensions; and 4) to target outreach to women, low-income and minority workers and retirees, and elders with limited English proficiency. The project will accomplish its goal through a program of individual counseling and referrals, case investigation, legal research, community education, and outreach. The expected outcomes are to help clients secure the benefits to which they are entitled and to increase awareness of pension rights, issues and problems among clients and the general population. The expected products are: a final report, including evaluation results; semi-annual newsletters; published press articles; and an enhanced website.

Program: Pension Information Counseling Projects

### 90AM3151 Upper Midwest Pension Rights Project

Project Period: 09/30/2007 - 07/31/2010

Project Period: 09/30/2007 - 07/31/2010

Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 157,500      |

Minnesota Senior Federation 1885 University Ave, W, Suite 171 St. Paul, MN 55104

#### Contact:

The Minnesota Senior Federation proposes to continue its operation of the Upper Midwest Pension Rights Project in a three-year initiative to strengthen its goal of providing quality, comprehensive pension counseling, information, and referral through a coordinated, regional service model to the states of Minnesota, Wisconsin, Iowa, North Dakota and South Dakota. Through a revitalized partnership among the Minnesota Senior Federation, Iowa Legal Aid, Legal Services of North Dakota, and the University of South Dakota Elder Law Forum, the following objectives and activities will be implemented: 1) deliver pension counseling services, including detailed legal analysis of claim viability, obtain documents, assist with survivor benefit and former spouse pension issues, draft claims and appeals, conduct lost pension searches and refer to employee benefits professionals, legal aid, and law school clinics; 2) conduct outreach activities that will include intake and referral through partnerships with the Aging and Disability Resource Centers, Area Agencies on Aging, Legal Services, and Social Security field offices, as well as a targeted initiative to labor, rural, and immigrant communities; and 3) increase operational efficiency by identifying, sharing and implementing effective pension counseling practices, and collect and report on project and client outcome data, consistent with the overall Administration on Aging Pension Counseling Program. Expected project outcomes and products will include an increase in overall economic self-sufficiency of retirees served, heightened consumer awareness of pension counseling, information and referral services, increased efficiency and improved project outcome data, semester and final reports, and a restoration of legal rights to pension benefits by participants who can least afford it.

Program: Pension Information Counseling Projects

# 90AM3153 Senior Legal Hotline Pension Counseling & Information Project

Legal Services of Northern California Senior Legal Hotline

Contact: David Mandel (916)551-2142

517 12th Street Sacramento, CA 95814

Legal Services of Northern California proposes to provide comprehensive regional pension information, counseling, casework and referrals, initially in California, then expanding to include Nevada, Arizona and Hawaii. The new service will be jump-started through efficient co-location with the grantee's existing statewide senior legal hotline, adding a module to the hotline's high-tech phone system, sharing administrative and support functions, but creating a distinct identity with separate outreach, specialized principal staff and volunteers. Project outcomes will be the creation of an efficient new avenue by which individuals in the region can obtain the information they need to discover, understand and obtain pension rights and benefits; and greater consumer awareness about common pension problems and where to find assistance. These, in turn, will contribute to greater financial security and effective planning among beneficiaries, helping to maintain optimal health and independence among a vulnerable population. Products will include outreach and educational materials, as well as activity, outcome and evaluation reports detailing findings, lessons and recommendations to others undertaking similar work.

Program: Pension Technical Assistance Project

#### 90AM2798 National Pension Assistance Resource Center

PENSION RIGHTS CENTER 1350 Connecticut Avene, N.W, Suite 206 Washington, DC 20036

Contact: John Hotz (202)296-3776

Project Period: 09/30/2003 - 12/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 400,000      |
| FY 2004 | 400,000      |
| FY 2005 | 346,000      |
| FY 2006 | 346,000      |

The Pension Rights Center is in the process of expanding its Technical Assistance Project into a National Pension Assistance Resource Center, supporting not only AoA's Pension Counseling and Information Program, but a nationwide pension information and assistance network as well. Goals of the applicant are to: 1) strengthen pension counseling skills and capacities of AoA's Pension Counseling Projects, State and Area Agencies on Aging, and legal service providers for older Americans; and 2) design and implement PensionHelp America, the first nationwide network of pension information and assistance resources, accessible through the Internet. Objectives are: to provide technical support services through training events, onsite consultations, telephone, and e-mail communications to develop a nationwide dataset of pension assistance resources; and to produce a basic set of recommendations and strategies for advancing pension assistance on a national level. Products will include training manuals and videos, e-newsletters, and a national pension assistance database.

Program: Pension Technical Assistance Project

# 90AM3147 National Pension Assistance Resource Center: Supporting the Pension Counseling and Information Program

Project Period: 09/30/2007 - 07/31/2010

FY Grant Amount FY 2007 294,460

Pension Rights Center 1350 Connecticut Avenue, NW, Suite 206 Washington, DC 20036

Contact: John Hotz (202)296-3776

The Pension Rights Center proposes to continue its operation of the National Pension Assistance Resource Center, which has two primary goals: to enhance the capabilities of the Administration on Aging's (AoA's) Pension Counseling and Information Projects, and to advance AoA's vision of a nationwide pension assistance network. Objectives of the project will be to: 1) deliver legal training and technical assistance to AoA's pension counseling projects and an extended community of legal services providers; 2) conduct nationwide outreach for the Pension Counseling Program through coordinated media relations and a web-based information and referral application; and 3) manage the sharing and implementation of identified best practices across the AoA pension counseling projects, and track overall program outcomes through field-based data-collection tools and methods. Outcomes will include increased competency and effectiveness for those projects that receive training and technical assistance; increased consumer and advocacy community awareness of, and access to, pension information and assistance services nationwide; and improved operational efficiencies, data collection and reporting practices across the pension counseling projects. Products will include: customized field-based training events and annual training conferences; training materials; case consultations and legal backup services; web-based resources for advocates, including fact sheets, press releases, project brochures and other outreach materials, a nationwide pension information and referral resource for consumers; newspaper and magazine articles, and radio and television appearances; an online pension counseling data-collection and reporting tool; and a pension counseling listsery and other shared-learning resources.

## 90AM2794 Consumer Law Project for Seniors

Project Period: 09/30/2003 - 09/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 90,000       |
| FY 2004 | 90,000       |
| FY 2005 | 90,000       |

NEW HAMPSHIRE LEGAL ASSISTANCE 1361 Elm Street, Suite 307 Manchester, NH 03101

Contact: John/Cheryl Tobin/Driscoll (603)644-5393

New Hampshire Legal Assistance (NHLA), in collaboration with key legal, community, and faith-based organizations, will develop a 3-year project titled The Consumer Law Project for Seniors (CLPS), to improve and expand the delivery of legal services to New Hampshire seniors victimized by consumer-related abuses and financial exploitation. The project will train service providers, police, and judges; outreach to minority and rural elderly and legislators; create a pilot consumer law clinic and self-help office; and recruit and train private attorneys to handle pro bono and reduced fee consumer cases. NHLA anticipates the following outcomes: 1) increased availability of affordable legal services to seniors in consumer areas; 2) increased referrals to the Advice Line/CLPS by service providers, police, and judges; and 3) increased prevention and remediation of consumer abuses and financial exploitation of seniors in New Hampshire. NHLA target audiences will include rural, isolated elderly; non-English speaking elderly; elder care providers; social workers; police and other law enforcement officials; district court judges; private attorneys; Health Insurance Counseling, Education Assistance Services network; and the Division of Adult and Elderly Services. Products will include a final report.

Program: Senior Legal Services-Enhancement of Access

### 90AM3097 North Dakota Senior Legal Hot Line

ND Department of Human Services Aging Services Division 600 East Boulevard Avenue, Department 325 Bismarck, ND 58505-0250

Contact: Lynne Jacobson (701)328-4613

| Project Period: 09/30/2006 - 05/31/2009 |              |  |
|---|--------------|--|
| FY                                      | Grant Amount |  |
| EV 0000                                 | 400.000      |  |

| ŀΥ      | Grant Amount |
|---------|--------------|
| FY 2006 | 100,000      |
| FY 2007 | 100,000      |

The Aging Services Division of the North Dakota Department of Human Services proposes to develop a fully-integrated system for the delivery of senior legal services, with particular efforts directed toward Native Americans, immigrants, rural and disabled seniors. Partnerships include tribal court judges, the Immigration Law Council (comprised of leaders of immigrants and refugees in their respective North Dakota communities), Community Access Television (CATV), University of North Dakota law clinics, and pro bono or reduced-fee programs. The goals of the project are integration and expansion of existing services. Project objectives include: coordination of the efforts of all senior legal services providers in the state; addition of expertise in Native American and immigration law; utilization of a single, toll-free number to access all senior legal services programs in North Dakota; aggressive and culturally-sensitive promotion of the helpline in the Native American, immigrant, disabled and rural communities; and increased access to pro bono and reduced fee-legal services. Anticipated outcomes include: 1) Native American and immigrant seniors gaining confidence/trust in the legal system; 2) the helpline growing in quality and cultural competence, benefiting the target populations; and 3) one-stop access to legal services for seniors.

### 90AM3098 Alabama's Model Approach to Statewide Legal Assistance Systems

Alabama Department of Senior Services State Unit on Aging 770 Washington Ave Montgomery, AL 36130

Contact: Kathleen Healey (334)242-5743

Project Period: 09/30/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 100,000      |
| FY 2007 | 100,000      |

The goal of Alabama's Model Approach to Statewide Legal Assistance Systems is to establish a statewide low-cost legal assistance system which improves and expands the current delivery of legal services to better protect the rights and financial security of older Alabamians, enhancing their choice and independence. Partnerships include an Elder Rights Advisory Board, the Governor's Office of Faith-based and Community Initiatives, Hispanic Interest Coalition of Alabama, AARP, and several university law school clinics. Targeting will be focused on the three most vulnerable elderly populations in the state: Hispanic, African American, and rural seniors. Alabama's Disaster Legal Hotline will be expanded to include an elder law helpline. Building on this model, a statewide legal assistance system will be created to directly challenge current barriers. Major barriers include poverty levels of Alabama seniors (3rd highest in the nation) and rural factors (9th highest in rural status). Anticipated outcomes include: 1) an increase in the number of seniors receiving statewide legal assistance, resulting in improved health and wellness among Alabama's elderly; and 2) professionals in various fields will have greater awareness of elder rights and remedies, thereby increasing referrals of seniors to appropriate service providers. An Elder Law Guidebook will be disseminated among the 13 regional Area Agencies on Aging and other community organizations that provide senior services.

Program: Senior Legal Services-Enhancement of Access

# 90AM3099 Iowa Senior Legal Assistance Integration Project

State of Iowa Iowa Dept. of Elder Affairs 510 E. 12th Street, Suite 2 Des Moines, IA 50319-9025

Contact: Deanna Clingan-Fischer (515)725-3319

Project Period: 09/30/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 100,000      |
| FY 2007 | 100,000      |

The Iowa Senior Legal Assistance Integration Project will develop and implement an integrated and comprehensive state legal assistance delivery system for older lowans that will fully integrate lowa's existing senior legal helpline with all of lowa's Title III-B legal services providers and other available resources. Target populations are older lowans who are low-income, minority, non-English speaking, rural, homebound or otherwise disadvantaged or vulnerable. The lowa Senior Legal Assistance Integration Project Statewide Planning Group will include Area Agencies on Aging, Iowa Legal Aid and the other Title III-B providers, Iowa's two law schools, the Long-Term Care Ombudsman, various volunteer lawyer projects, the Senior Health Insurance Information Program, the Attorney General's Office, and the Iowa Department of Veterans Affairs. Objectives include the expansion of services provided to older lowans by private attorneys, the development of statewide standards to improve the quantity and quality of legal assistance to older lowans, and an analysis of the effectiveness of follow-up services. Anticipated outcomes are: 1) many more lowans will make better informed decisions regarding critical legal issues (such as health care directives and consumer protection), since direct legal assistance to older lowans will increase by more than 57% over existing services; and 2) thousands of other older lowans will increase their ability to deal with legal issues through increased training and community legal education that will provide self-help legal offices in over 200 senior centers. The project will also develop a model plan and materials to encourage and assist the senior networks in eight other Midwestern states to develop an integrated state legal assistance delivery system for older adults.

# 90AM3100 Model Approaches to Developing Statewide Legal Assistance Systems

Virginia Department for the Aging Long-Term Care 1610 Forest Avenue, Suite 100 Richmond, VA 23229

Contact: Janet James (804)662-7049

Project Period: 09/30/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 92,000       |
| FY 2007 | 92,000       |

The Virginia Department for the Aging proposes to incorporate low-cost legal assistance mechanisms in a comprehensive, statewide program. Partnerships include AARP, seven law schools, and the Virginia Elder Rights Coalition. Targeting will be focused on Virginia's most vulnerable seniors, specifically those in rural areas, nursing homes, assisted living facilities, disabled elderly living in the community, and non-English speaking seniors. The goals of the project are to strengthen its existing program by involving stakeholders in statewide planning and collaboration and, in conjunction with these stakeholders, to create statewide standards to define measurable units of legal assistance for individuals aged 60 and older. The objectives are to enhance the relationship between Area Agencies on Aging and legal aid programs, to foster collaboration with the private bar and law schools, to establish a system to reach specific target populations including rural, non-English speaking and those in long-term care facilities, and to develop a statewide system to collect data and report performance results. Anticipated outcomes include: 1) consistent and meaningful participation by stakeholders in statewide planning and coordination of legal assistance services for older Virginians; and 2) a successful model (that can be duplicated in other States) for providing seniors access to more comprehensive services and less frustration in obtaining legal assistance, whether directly from an Area Agency on Aging, a legal aid program, or a combination of both.

Program: Senior Legal Services-Enhancement of Access

# 90AM3101 Model Approaches to Statewide Legal Assistance Systems

Project Period: 09/30/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 100,000      |
| FY 2007 | 100,000      |

Idaho Commission on Aging 3380 Americana Terrace, Suite 120 Boise, ID 83706

Contact: Sarah Scott (208)334-3833

The goal of this project is to create an integrated, statewide legal services delivery system that will target and more efficiently serve larger numbers of low-income Idaho seniors and related social service organizations. The project will target low-income and limited-English proficiency seniors in rural areas, migrant worker seniors, Hispanic seniors, and Native American seniors. A Senior Legal Resources Advisory Committee will guide project implementation. Stakeholders will include AAAs, ombudsmen, senior centers, the Senior Health Insurance Benefits Association, the U. of Idaho College of Law, and the Idaho Volunteer Lawyers Program, in addition to the ID Commission on Aging and Idaho Legal Aid Services. Activities will include an assessment of the current legal needs of Idaho seniors, review of Idaho's existing legal services delivery system, and development of a plan to effectively incorporate low-cost mechanisms to address Idaho's seniors community needs, including: 1) re-establishment of a statewide senior legal hotline with full-time attorney staff; 2) creation of the nation's first web-based senior legal form library linked to document automation and assembly software; 3) an increase in senior-related materials available through the Idaho Legal Aid Services website and offices; and 4) greater coordination of services between senior legal service providers. Anticipated outcomes include: 1) an increase in the numbers of low-income Idaho seniors, their caregivers, and the social service organizations that assist them, who are served by an integrated, statewide legal services delivery system; and 2) pro bono attorneys. senior caregivers and service providers will be aided by the resources of the helpline and the senior library in serving seniors and resolving their legal problems. Products will include a senior legal form library, consisting of replicable legal forms and applications converted into document automation software.

# 90AM3102 Maryland Statewide Legal Assistance Project: A Collaborative Effort to Expand Maryland Legal Services

Project Period: 09/30/2006 - 05/31/2009

 FY
 Grant Amount

 FY 2006
 100,000

 FY 2007
 100,000

Maryland Department of Aging 301 West Preston Street - Suite 1007 Baltimore, MD 21201

Contact: Sue Vaeth (410)767-1108

The Maryland Department of Aging, in partnership with the Legal Aid Bureau (Senior Legal Helpline and Maryland Legal Assistance Network), proposes to coordinate among various aging programs, Area Agencies on Aging, and legal services providers, a more integrated legal services system targeting underserved seniors in two critical legal areas: advance directives and assisted living. Additional partners include the Maryland State Bar Association, the U. of Maryland's Geriatric and Gerontology Education & Research Program, Johns Hopkins U. Elder Health Plus Program, various faith-based organizations, and Mid-Atlantic LifeSpan, the largest senior care provider association in the Mid-Atlantic. The populations that will be specifically targeted are Spanish-speaking and Asian language seniors and elders living in assisted living settings. Proposed objectives include: 1) significant expansion of legal advice including preparation of customized documents for seniors speaking Korean, Chinese, Tagalog, Vietnamese or Spanish; 2) an additional 100 assisted living residents helped each year (total of 300 residents); 3) creation of an online Resource Center on Assisted Living targeted to assisted living providers; and 4) two law outlines on advance directives and assisted living issues to guide helpline attorneys. Anticipated outcomes include: 1) increased numbers of seniors will be educated and provided legal review and planning on advance directives and the healthcare proxy guide; 2) non-English and low-English proficiency seniors will receive improved legal services; and 3) assisted living residents will have increased resolution of their legal problems. Work products will include: a statewide needs assessment; an online Resource Center with model policies and procedures, law outlines, and 3,000 advance directive booklets distributed by healthcare, faith-based, and other providers; and multilingual materials (printed and online).

Program: Senior Legal Services-Enhancement of Access

# 90AM3164 Center Legal Assistance Services for Seniors

State of Nevada Health & Human Services 445 Apple Street #104 Reno, NV 89502

Contact: Sally Ramm (775)688-2964 253

Project Period: 09/30/2007 - 05/31/2010

FY Grant Amount
FY 2007 100,000

Nevada Division for Aging Services (DAS) will partner with Nevada Legal Services, Inc. (NLS) and Washoe County Senior Law Project (WCSLP) to pilot a project aimed at increasing the access of seniors to civil legal services throughout Nevada (including the city of Las Vegas in year two). The innovation of this model is to use Central Legal Assistance System for Seniors (CLASS), a statewide telephone system, as a "single point of entry" for the senior population through: 1) direct legal advice to callers while on the phone; 2) intake and immediate connection for further legal representation by NLS, WCSLP, other legal services, State Bar Lawyers Referral and Information Services; 3) referral to other resources; and 4) cooperation with senior centers statewide, providing their clients with legal assistance using Project NEON (Nevada Elders on the Net) computers.

Outcomes: The intended outcome of the project is increased quantity and quality of civil legal services for seniors to improve the independence and security of their lives. Measures to be tracked are: 1) the number of callers; 2) the level of services provided; 3) the breadth of legal information on NevadaLawHelp.org addressing those problems identified in the needs assessment; and 4) personal feedback from callers and senior service providers.

### 90AM3168 New Hampshire Senior Legal Access Network

New Hampshire Department of Health and Human Services Bureau of Elderly & Adult Services 129 Pleasant Street Concord, NH 03301-3857

Contact: Mary J McGuire (603)271-4725

Project Period: 09/30/2007 - 05/31/2010

Project Period: 09/30/2007 - 05/31/2010

**Grant Amount** 

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 97,582       |

Project Objectives: 1) to increase access to the helpline and to increase the number of cases handled for extended representation by Title IIIB and pro bono programs; 2) to meet the legal needs of seniors subject to financial exploitation; 3) to enhance the presence and integration of the helpline and Pro Bono program in aging and disability resource centers; 4) to conduct needs assessment and develop a statewide legal service delivery plan; 5) to evaluate the impact of proposed interventions; 6) to disseminate project and evaluation information.

Program: Senior Legal Services-Enhancement of Access

# 90AM3169 Project Senior Connect: Linking Legal Resources for Older Kentuckians

Kentucky Cabinet for Health and Family Services Aging and Independent Living 275 East Main Street 3 W-F Frankfort, KY 40621

Contact: Phyllis Culp (502)564-6930

The goal of Kentucky's (KT) Model Approaches project is to strengthen the relationship between the legal services provider and older Kentuckians, enabling older Kentuckians in underserved areas of the state to better receive needed legal services.

Objectives: 1) to improve the collaborations between legal service providers, AAAs, and Aging and Disability Resource Markets (ADRM); 2) to develop a blueprint for mapping what the consumers need and what the providers can offer; 3) to enhance consumer awareness, through education, training, list serve, and website information, of legal assistance available through both public and private attorneys willing to provide low cost or pro bono services; 4) complete a survey of existing legal assistance sources in both the public and private sector, with the information included in the ADRM web directory of services.

Outcomes: 1) KT seniors will have access to a wider array of comprehensive and integrated services and face fewer barriers to obtaining legal services; 2) KT seniors will receive high quality legal assistance based on the results of the data collected from surveys of both consumers and providers; 3) more KT seniors will have access to pro bono legal services by private attorneys referred by AAAs, ADRMs or a legal aid office; 4) KT seniors in isolated rural areas will have greater access to legal assistance; and 5) more KT seniors will receive high quality legal services based on the results of empirical data.

# 90AM3170 Model Approach to Pennsylvania's Legal Assistance System for Seniors

Pennsylvania Department of Aging State Government 555 Walnut Street Harrisburg, PA 17101-1919

Contact: Anne Kapoor (717)783-0509

Project Period: 09/30/2007 - 05/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 100,000      |

The Pennsylvania Department of Aging (PDA), in partnership with SeniorLAW Center and its Pennsylvania HelpLine, proposes to improve the quality and quantity of legal services for Pennsylvania seniors. The goal of the three-year project is to create an integrated delivery system of legal services for seniors that will reduce the disparity in services statewide and strive to ensure that older Pennsylvanians, particularly underserved language, racial and ethnic minorities, the homebound, persons with disabilities and rural and low-income populations, receive the legal assistance they need.

The objectives are: 1) to strengthen Pennsylvania's current system of legal services for seniors by enhancing the continuity of services offered by Pennsylvania's Area Agencies on Aging and identifying unmet legal needs; 2) to develop a plan to maximize existing resources and develop new cost-effective legal service mechanisms to meet those needs; 3) to expand the SeniorLAW HelpLine to provide legal counseling, referrals and limited advocacy to increased numbers of seniors and their families; 4) to educate seniors, their caregivers, and aging services providers on seniors' legal rights, proactive protection, and accessing resources; and 5) to maximize resources and reach more seniors by creating pro bono and other legal resources.

Expected outcomes include: 1) improved access for seniors, particularly underserved populations; 2) expanded legal services and resources; 3) strengthened and newly-created relationships with community, faith-based, cultural and other organizations that serve vulnerable senior populations; and 4) increased awareness by seniors, their families and service providers of seniors' legal rights and protections, and where they can turn for help.

Program: Senior Legal Services-Enhancement of Access

# 90AM3171 Model Approaches to Statewide Legal Assistance

Project Period: 09/30/2007 - 05/31/2010

FY Grant Amount FY 2007 100,000

State of Connecticut Department of Social Services 25 Sigourney Street Hartford, CT 06106

#### Contact:

Connecticut's (CT) Model Approaches project is a collaboration between the State Unit on Aging and CT's legal service Consumer Law Project (CLPE).

Goal: to create a comprehensive legal assistance delivery system for seniors by fully integrating CT's legal helpline with all the components of the State's Title III-B and other legal and aging service providers.

Objectives: 1) to develop a comprehensive statewide system of low cost legal services, focusing on seniors with consumer problems; 2) to strengthen CT's system for protecting senior's rights and financial security; and 3) to increase access to services for underserved populations.

Outcomes: 1) a developed, statewide system of low cost legal services focusing on seniors with consumer problems; 2) a strengthened CT system for protecting senior rights and financial security; 3) increased access to services, particularly for seniors traditionally underserved due to geographic, cultural, language, and/or physical isolation; and 4) increased legal assistance and information resources.

## 90AM3172 Model Approaches to Statewide Legal Assistance

Project Period: 09/30/2007 - 05/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 100,000      |

Florida Department of Elder Affairs 4040 Esplanade Way, Suite 315 Tallahassee, FL 32399-7000

Contact: Jay Breeze (850)414-2338

The goal of Florida's AoA Model Approaches project is to develop a coordinated system of high quality, accessible, and targeted legal services for Florida's seniors.

Project objectives: 1) ensure the ability of the FL Senior Legal Helpline (Helpline) and statewide system of Aging Resource Centers (ADRCs) to provide a convenient point of access to a coordinated legal services delivery system; 2) improve the quality of referrals to legal services providers through development of a follow-up system; 3) promote and enhance the Helpline and Title IIIB legal services programs by coordinating with a broader aging services delivery system; 4) integrate the Helpline and Title IIIB legal services with the pro bono legal services network; 5) integrate the Helpline and the Title IIIB legal services with various self-help resources; 6) develop statewide standards to ensure consistent levels of quality among & between legal services providers; 7) establish a meaningful statewide reporting system to capture data needed to improve efficiency & maximize resources; and 8) target services appropriately to those most in need.

Anticipated Outcomes: The department expects to improve access to, and quality of legal services for elders by achieving the following measurable results: 1) a 10 percent increase in the number of elderly served through the Helpline and Title IIIB legal services; 2) a 25 percent increase in the number of elderly clients who felt they were appropriately referred & served through the legal services delivery system, including the pro bono network; 3) a 15 percent increase in the number of FL elders who use self-help resources to take independent action to advocate for themselves, thereby reducing need for direct legal services; 4) consistent levels of satisfaction & levels of service ensured among seniors in need of legal services; and legal services that will certainly reach those most in need or otherwise disadvantaged.

### 90AM3173 Coordinated Legal Assistance in Michigan for Seniors (CLAIMS)

Michigan Office of Services to the Aging Mich. Dept. of Community Health 7109 W. Saginaw, First Floor P.O. Box 30676

Lansing, MI 48909-8176

Contact: Lynne W McCollum (517)373-7692

Project Period: 09/30/2007 - 05/31/2010

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 115,043      |

The MI Office of Services to the Aging (OSA) proposes the Coordinated Legal Assistance in Michigan for Seniors (CLAIMS) Project. The overall goal is to coordinate and integrate current programs and services into a seamless web of legal and aging services to keep older adults economically secure and independent. The cornerstone of the service delivery model will be an updated Legal Hotline for Michigan Seniors (LHMS), augmented with resources from the private bar, local law schools, and lay advocates.

Objectives: 1) convene an Elder Rights Coalition (ERC) to coordinate services between aging, legal & private bar resources, prioritizing legal services around elder abuse, financial exploitation, predatory lending, tax foreclosure, bankruptcy, identity theft, consumer fraud, unclaimed public benefits & other identified needs. The Elder Rights Coalition partners, led by OSA, include: the LHMS, Title IIIB and LSC legal services, Area Agencies on Aging, the Long Term Care Ombudsman Program, Adult Protective Services, the State Health Insurance Counseling Program (aka MMAP), Michigan Poverty Law Program, Legal Services Association of Michigan, Michigan State Bar Foundation, and other key legal & aging advocates; 2) conduct a senior citizen legal needs assessment; 3) modify Title IIIB service delivery standards & the reporting system to promote outcomes-based service delivery; 4) craft and implement an integrated service delivery plan; and 5) reshape the LHMS from a call-back to a direct answer system.

Products: 1) a comprehensive state plan for integrated legal and aging services; 2) a senior citizen legal needs survey; and 3) a statewide outcome-based reporting.

Anticipated Outcomes: 1) improvements in the financial well-being of clients; 2) increased access to legal information & services for older adults; and 3) implementation of an integrated and accountable delivery system that serves an additional 4,000 older adults, a 33% increase.

Program: Senior Medicare Patrol Program Integration

90AM2905 Senior Medicare Patrol Program Integration Grant (TierII)

Project Period: 09/30/2004 - 12/31/2006

FY Grant Amount FY 2004 100,000 FY 2005 100,000

Coalition of Wisconsin Aging Groups 2850 Dairy Drive, Suite 100 Madison, WI 53718-6751

Contact: Helen M Dicks (608)224-0606

This is the second year of a two-year grant to integrate the state Senior Medicare Patrol program into the fabric of the aging services network. The goal of the project is to complete development of a comprehensive training and compliance program for allied health care professionals. Self study and lecture-based material will instruct social workers, pharmacists, nurses and physicians on the public benefits and resources for assisting patients with benefits, and for protecting these benefits from error, fraud, and abuse. Interest in Medicare part D has provided opportunities to partner with other community groups, volunteer programs and professional associations. Target population: Medicare beneficiaries. Collaborators: WI SHIP, WI Multi- Agency Response to Part D, various community organizations, professional associations and the law enforcement community. FY 2004 Anticipated Outcomes: developed and disseminated Agents and Deceptive Practices booklet about reporting and detection procedures; and coordinated roll-out of Wisconsin-specific Medicare Modernization Act (MMA) media campaign, including press releases, talk shows etc. The results of this project will be disseminated to all Senior Medicare Patrol projects through AoA's SMP resource center.

# 90AM2910 The Great Lakes Inter-Tribal Council Senior Medicare Patrol Integration

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 100,000      |
| FY 2005 | 100,000      |

Great Lakes Inter-Tribal Council, Inc. 2932 Highway 47 North Lac Du Flambeau, WI 54538

Contact: Wendell Holt (715)588-3324

This is the second year of a two-year project to fully integrate State Medicaid and Indian Health Service (IHS) partners into the fabric of Wisconsin's American Indian communities for education, outreach and reporting of health care fraud. Tribal, Federal/State partners will work cooperatively to diminish fraud in those American Indian Communities. Specifically integrated training on home health and other areas under Medicaid will be offered to tribal aging unit staff, who will then train elders and program recipients in their community. A manual documenting this model will be disseminated to other tribal communities to replicate this model project. The manual will also be distributed to the SMP resource center. Tribal elders and Benefit Specialists will work with the American tribes within their communities to teach them about health care fraud. For example, the Great Lakes Native American Elders Association serving WI and MN tribes will be participating in this project. FY 2004 Outcomes: established collaborative relationships with Federal and State for a Medicare Part D tribal workgroup; and increased awareness of the issues through the Tribal benefits network, a key element of which is a vehicle to communicate CMS findings.

Program: Senior Medicare Patrol Program Integration

# 90AM2917 SORT Integration Tier I Project

District III Area Agency on Aging dba Care Connection for Aging Services 106 W. Young Street Warrensburg, MO 64093

Contact: Rona J McNally (660)747-5447

Project Period: 09/30/2004 - 11/30/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 99,857       |
| FY 2005 | 99,784       |

This is the second year of a two year project award for the Missouri Senior Medicare Patrol Project to develop new statewide collaborations, coalitions and other integration efforts, emulating successful practices of established Senior Medicare Patrol programs. This integration project will develop a comprehensive statewide approach to increase awareness and detection of MEDICAID fraud among providers, recipients and caregivers. The target population is rural and low income individuals. Collaborators include: Missouri Alliance of Area Agencies on Aging, Missouri Attorney General's Office, Division of Medical Services Department of Health and Senior Services, Ombudsman Program and CLAIM (Missouri's SHIP). Anticipated activities/outcomes: 75% of education seminar attendees surveyed will indicate a willingness to report concerns; 90% attending trainings will state that the information increased their ability to recognize Medicaid fraud and take appropriate action; and 80% of the Senior Medicare Patrol projects receiving materials produced by the project will report those materials useful. Products include a Missouri Medicaid manual for professionals and recipients; a senior consumer protection brochure; a consumer pamphlet, "Medicaid and You"; a home care journal and quarterly tip sheets for Medicaid recipients; a video on pharmacy fraud; and information about reading and understanding the Explanation of Benefits (EOB) statement.

### 90AM2918 Senior Medicare Patrol Integration, Tier II

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 96,508       |
| FY 2005 | 96,508       |

Idaho Commission on Aging 3380 Americana Terrace, Suite 120 Boise, ID 83706

Contact: Lois S Bauer

This is the second year of a two year project to integrate Medicare error and fraud awareness and prevention knowledge within two rural, underserved regions in Idaho, and hire Fraud Education Specialists to assist beneficiaries understand the Medicare Modernization Act of 2004 (MMA), cultivate new partnerships and help resolve billing errors/fraud complaints. The target populations in rural communities will be Hispanic and Native American people. Collaborators will include: WA Office of the Insurance Commissioner, Eastern Idaho Special Services Agency, Inc., and the Area II Agency on Aging. Anticipated activities and outcomes: Medicare beneficiaries and their families and advocates will scrutinize Medicare bills and report fraud, error and abuse; and trained volunteers will be used to assist with one-to-one assistance with beneficiaries. A local contact list and reporting process will be developed to evaluate the progress of this project. The results will be reported to AoA and other interested parties.

Program: Senior Medicare Patrol Program Integration

### 90AM3082 Health Awareness Program for Immigrants (HAPI)- Vietnamese Americans

Project Period: 09/30/2006 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 80,000       |
| FY 2007 | 80,000       |

Boat People SOS, Inc. 6066 Leesburg Pike, Suite 100 Falls Church, VA 22041

Contact: Nguyen D Thang (703)538-2190

This is the second year of a two year Senior Medicare Patrol (SMP) grant to support a project for the Boat People SOS, Inc. (BPSOS). The goal is to reduce the incidence of Medicare (and Medicaid) errors, fraud and abuses affecting Vietnamese seniors. The key objectives are: Vietnamese seniors among the target population will be aware of Medicare fraud and of fraud prevention services; Vietnamese seniors will be able to access SMP programs through Vietnamese-speaking staff and volunteers; Vietnamese seniors affected by or witnessing fraud will file reports; Vietnamese faith-based and community organizations (FBCOs) and self-help groups of seniors will take part in the project and will develop their own SMP services; for long-term sustainability, project activities will be incorporated into BPSOS' existing programs for seniors; and additional funding will be secured to support partnership between Vietnamese FBCOs and SMP programs. The expected outcomes are: Vietnamese seniors will become aware of the risk factors, be able to detect signs of fraud, and know how to protect themselves and seek help; BPSOS branch offices will develop the capacity to connect Vietnamese seniors with existing SMP programs; changes in attitude will occur in the community, including among Vietnamese-American FBCOs and media organizations; and Vietnamese seniors will actively identify and combat Medicare fraud and abuses. The products of this project will include: project reports, including evaluation results as required; a set of Vietnamese-language outreach and training materials in diverse formats (print, audio and video), a replication manual, a website, published articles, radio and television programs, and a training workshop at BPSOS annual conferences.

# 90AM3083 Integration of Additional Responsibilities for the Senior Medicare Patrol Project

Maine Department of Health and Human Services 11 State House Station 442 Civic Center Drive Augusta, ME 04333-0011

Contact: Mary P Walsh (207)287-9200

Project Period: 09/30/2006 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 90,000       |
| FY 2007 | 90,000       |

This is the second year of a two-year Senior Medicare Patrol (SMP) grant to the Maine Department of Health and Human Services to support an integration project with the state Long-Term Care Ombudsman Program (LTCOP) and the Maine Attorney General's Office (AG). The goal is to further strengthen SMP's missions to educate Mainers about Medicare's durable medical equipment and prescription drug benefits, including the identification and reporting of errors, fraud and abuse. The objectives are to: operate in conjunction with the Area Agencies on Aging to provide outreach to communities statewide, including long-term care facilities and home health agencies; collaborate with LTCOP to educate their staff and volunteers and the staff of long-term care facilities statewide; continue to collaborate with Health Care Alliance of Maine (HCAM) to provide outreach to those receiving home health care; develop commercial television advertisements to reach homebound and those living in rural areas; and work with the AG's office to provide a website link from their health care crimes site to the existing SMP website. The expected outcome is: Medicare beneficiaries who receive home health services, reside in long-term care facilities or are homebound, live in rural areas of the state and those who utilize computers for information, as well as their families and caregivers, will have increased knowledge of Medicare's durable medical equipment and prescription drug benefits, including the identification and reporting of errors, fraud and abuse. Products will include a final report with evaluation results, new brochures on each of the two topics, posters, presentations, commercial television advertisements and work on new website link.

Program: Senior Medicare Patrol Program Integration

# 90AM3084 SUMMIT, Medicare/Medicaid Fraud, Abuse and Waste Reduction Program

Project Period: 09/30/2006 - 07/31/2008

FY 2006 Grant Amount FY 2006 90,000 FY 2007 90,000

Oklahoma Insurance Department 2401 NW 23 Suite 28 Oklahoma City, OK 73107

Contact: Cindy Brown (405)521-6632

This is the second year of a two-year Senior Medicare Patrol (SMP) grant to the Oklahoma Insurance Department to support an integration project with the goal to educate Oklahoma consumers and others how to avoid becoming a victim of Medicaid fraud and Medicare Part D scams. The Oklahoma SMP has launched an aggressive statewide public awareness campaign to contact the unserved and underserved, non-English speaking, and minority populations. The objectives are to: collaborate with Oklahoma Seniors Against Fraud (OK SAF) and the American Association of Retired Persons (AARP) to present two one-hour broadcasts on Oklahoma's public television station, OETA, which reaches all 77 counties in Oklahoma; and coordinate an aggressive print ad campaign focused on rural, American Indian, and Hispanic newspapers, and appropriate public service announcements for radio stations that serve rural, Hispanic, and American Indian populations. The expected outcomes include: an increased number of consumers reached through television, newspapers, radio, and distributed printed materials, resulting in an increased number of calls to report suspected attempts of fraud and scams. Products will include: videotaped PBS broadcasts, posters, brochures, flyers newspaper ads, radio public service announcements; and project reports, including evaluation results.

#### 90AM3085 American Indian and Alaskan Native Focus of the SMP Grant

Project Period: 09/30/2006 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 80,000       |
| FY 2007 | 80,000       |

Great Lakes Intertribal Council, Inc. 2932 Highway 47 North; Post Office Box 9

Lac du Flambeau, WI 54538

Contact: Wendell Holt (715)588-3324

This is the second year of a two-year Senior Medicare Patrol (SMP) Integration grant. As part of the "Saving Tribal Assets and Resources" (STAR) program, the goal is to enhance program efforts to reach targeted rural, isolated and hard-to-reach American Indian and Alaskan Native (AI/AN) populations in Wisconsin, Michigan and Minnesota. The objectives and activities are to: continue to serve the Great Lakes Intertribal Council (GLITC) tribal service area of Wisconsin and Michigan, focusing on integrating Indian Health Services (IHS) and Tribal Health Plans (THP) contracted care in four communities; expand the project to hard-to-reach Al/AN populations residing in urban areas by including an Al/AN urban health center in the program; and expand the project into another state through collaboration with Minnesota Board on Aging (MBA) and the Minnesota Indians Area Agency on Aging (MIAAA). The expected outcomes will be: improved education and inquiry resolution for AI/AN beneficiaries; decreased costly billing errors; decreased fraud, and avoidance of unnecessary medical interventions; improved beneficiary education and inquiry resolution for IHS and THP; increased beneficiary education among 80-90% of Al/AN Medicare and Medicaid recipients, and 50% of all IHS recipients; increased number of complaints reported through improved awareness of the STAR program as a culturally sensitive avenue for the vulnerable Al/AN; and improved methods of reporting complaints by collaborating with the statewide SMP program using the new sponsored common reporting system. Products will include an Al/AN-specific American Indian Senior Medicare Patrol Integration Manual, documenting a model of health care fraud integration that can be replicated by other tribes and tribal organizations on a national basis and project reports, as required.

Program: Senior Medicare Patrol Program Integration

# 90AM3086 SMP Program Coverage for Native Hawaiians/ Asian Pacific Islanders

Project Period: 09/30/2006 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 80,000       |
| FY 2007 | 80,000       |

Executive Office on Aging 250 South Hotel Street, Suite 406 Honolulu, HI 96813-2831

Contact: Cheryl Pang (800)296-9422

This is the second year of a two-year Senior Medicare Patrol (SMP) Integration grant. The goal of this two-year project is to strengthen current outreach to Native Hawaiian, Southeast Asian and Pacific Islander communities, and caregivers by collaborating with stakeholders to more effectively integrate educational efforts within these underserved populations. The objectives are to: integrate education efforts on financial, consumer, and healthcare fraud within Native Hawaiian communities; integrate education efforts on financial, consumer, and healthcare fraud within Southeast Asian and Pacific Islander communities; and use an intergenerational approach to plan, develop and disseminate educational materials for family caregivers of elderly individuals to recognize and prevent healthcare fraud. The expected outcome is a measurable increase in the number of individuals educated in consumer, financial, and healthcare fraud in Native Hawaiian, Southeast Asian, and Pacific Islander communities. Products will include translated brochures in Native Hawaiian, Ilocano, Tagalog, Samoan, and Chukeese; a video/DVD; and a web-based video and DVDs in interactive format.

# 90AM3087 Enhanced Reporting of Medicare & Medicaid Fraud & Abuse in the Chinese-American Population

Project Period: 09/30/2006 - 07/31/2008

 FY
 Grant Amount

 FY 2006
 80,000

 FY 2007
 80,000

Research Foundation of CUNY/Hunter College of CUNY 230 West 41st Street New York, NY 10036

Contact: Marianne C Fahs (212)481-5420

This is the second year of a two-year Senior Medicare Patrol (SMP) Integration grant to the Brookdale Center on Aging to support this project in collaboration with community partners, Asian Americans for Equality in New York City and Organization of Chinese Americans-New Jersey Chapter. The goal is to enhance reporting of Medicare, Medicaid and other health care error, fraud and abuse by expanding Medicare's SMP program to populations previously unaware of and/or unable to participate because of linguistic and/or cultural barriers, specifically Chinese Americans. The objectives are to: identify, recruit and train bilingual volunteers to assist non-English speaking Chinese Americans receiving Medicare, Medicaid or other health care benefits on how to recognize and report error, fraud and abuse; develop and translate training/outreach materials into traditional Chinese; design and carry out a media campaign using Chinese-language media to raise public awareness in Chinese communities; involve community-based agencies in outreach activities; establish procedures for non-English speaking trainees to access the assistance of bilingual volunteers in reporting suspected error, fraud and abuse; establish an infrastructure to track project activities; evaluate the impact of the project by collecting data of all reported suspected error, fraud or abuse; and disseminate project methods and products. The expected outcomes are: increased awareness of health care error, fraud and abuse; training of bilingual volunteers; an increase in fraud and abuse complaints; and savings generated from Medicare/Medicaid complaints from Chinese American (estimate based on type of complaint/inquiry made). Products will include: final report; translated materials; abstracts for national conferences; and a model community partner plan.

#### 90AM3088 Senior Medicare Patrol Project Integration

Project Period: 09/30/2006 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 80,000       |
| FY 2007 | 80,000       |

Project Period: 09/30/2006 - 07/31/2008

FY 2006

FY 2007

**Grant Amount** 

80.000

80,000

National Asian Pacific Center on Aging 1511 Third Avenue. Suite 914 Seattle, WA 98101

Contact: Kenneth J Bostock (206)838-8166

This is the second year of a two-year Senior Medicare Patrol (SMP) Integration grant to the National Asian Pacific Center on Aging to support a project which targets limited English speaking seniors who face linguistic and cultural barriers, to raise their awareness of Medicare error, abuse and fraud. The goal is to develop outreach strategies to raise awareness of Medicare error, abuse and fraud in the Asian Pacific Islander (API) community in at least four states. The objectives are to: improve API communities' understanding of health care fraud and strengthen their effectiveness in identifying, and reporting error, fraud and abuse; build national and local community capacity to address and reduce health care fraud by providing trusted points of contact to API seniors where they can obtain information, education and assistance; and build partnerships to establish an inclusive network of API community-based and social services organizations and mainstream organizations that can share information and provide technical assistance. The expected outcomes are: the capacity of targeted communities will be measured to provide regular, reliable, and timely information; a resource network with a multilingual helpline as the core, will be established to ensure accurate and appropriate information to seniors and the API community; and collaborations between API community-based and social service organizations will be established with cognizant SMP projects. Products will include: project reports, including evaluation results; news articles and releases; newsletter; a listserv; and a website.

Program: Senior Medicare Patrol Program Integration

# 90AM3089 Reaching Elders with Alzheimer's Disease and Their Caregivers

Center for Advocacy for the Rights and Interests of the Elderly
100 N. 17th Street, Suite 600
Philadelphia, PA 19103

Contact: Diane A Menio (215)545-5728

This is year two of a 2 year Senior Medicare Patrol (SMP) Integration grant to the Center for Advocacy for the Rights and Interests of the Elderly (CARIE) to partner with the Alzheimer's Assn., DE Valley Chapter (The Association). The goal: demonstrate an effective, replicable model of outreach & education for caregivers of persons with dementia, resulting in increased awareness of healthcare fraud/abuse, and increased reporting of potential fraud and savings to Medicare & Medicaid programs. Objectives: increase program visibility and awareness in PA, Southern NJ, and DE through on-site outreach activities, inc. caregiver support groups; utilize media to educate caregivers and elderly with dementia on fraud & abuse prevention; train support group leaders as a resource for and provide health care fraud information to caregivers; develop and submit articles for publication in Assn. newsletters; utilize CARIE and Assn. websites for consumer education & promotion; develop professional and consumer education resources and provide to the National Consumer Protection Technical Resource Center; provide consultation and complaint resolution resources for consumers, caregivers, & service providers; and achieve measurable outcomes that demonstrate the project's effectiveness in combating healthcare fraud, waste, & abuse. Expected outcomes: educated, caregiver support group leaders who will conduct group trainings; increased knowledge & ability to report healthcare fraud; increased # of caregivers reached with fraud information & materials through support groups, newsletter articles, and public events; increase in persons reached through media placements; increased caregiver reports of potentially fraudulent situations; and increased Medicare program savings. Products include: a caregiver flyer, 1 page calendar, group leader training

curriculum, group participant evaluation form, Excel tracking forms, and project reports, inc. evaluation results.

#### 90AM3090 Russian/Ukranian Senior Medicare Patrol

Project Period: 09/30/2006 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 75,000       |
| FY 2007 | 75,000       |

Immigrant and Refugee Community Organization (IRCO) 10301 NE Glisan Street Portland, OR 97220

Contact: Jeff MacDonald (503)234-1541

This is the second year of a two-year Senior Medicare Patrol (SMP) Integration grant to the Immigrant and Refugee Community Organization (IRCO) to support the Russian Ukrainian SMP. The goals are to educate and empower isolated, non-English speaking Slavic refugees to understand their Medicare/Medicaid rights and responsibilities and to understand and question their Medicare Summary Notices. The objectives are to: outreach to build trust in the community and to recruit volunteers; train volunteer trainers; recruit a target population; and provide workshops and education in partnership with Oregon and Washington Aging and Disability Services (ADS), and Slavic-serving churches and social services and business organizations. Expected outcomes are to: recruit and train at least 30 new volunteer trainers; provide at least 50 volunteer-led sessions; reach at least 3,000 - 5,000 people in community education and sessions for beneficiaries; and reach over 200,000 in media outreach. Products will include: Russian language materials and project reports as required, including evaluation results.

Program: Senior Medicare Patrol Program Integration

## 90AM3091 Senior Medicare Patrol Program for the Homebound

Project Period: 09/30/2006 - 07/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 102,000      |
| FY 2007 | 102,000      |

Suburban Area Agency on Aging 1048 West Lake Street, Suite 300 Oak Park, IL 60301

Contact: Jonathan Lavin (708)383-0258

This is the second year of a two-year Senior Medicare Patrol (SMP) Integration grant to AgeOptions, the Suburban Area Agency on Aging. The goals are to: develop materials customized for the targeted population and then test their effectiveness; and 2) to disseminate these materials and increase the visibility of the SMP Integration program through local, state and national partners. The objectives are to: develop outreach and education materials designed to reach low health literacy and homebound seniors; partner with the United Sates Postal Service to reach communities in Illinois and Wisconsin; partner with Dominick's/Safeway Pharmacies; partner with Meals on Wheels Association of America (MOWAA); disseminate outreach strategies, approaches and materials developed for the target population with the integration grant; and evaluate ongoing strategies and approaches to the implementation of the Integration project. The expected outcomes are: cross-state distribution of our message through collaborations with our partners; improved/increased access of the SMP message to people with low health literacy levels and those who are homebound; increased number of people reached and acting on the SMP message; and development of best practices for reaching target populations. Products include: public education presentation developed for postal customers, home delivered meal clients and pharmaceutical customers; training protocols for postal workers and home-delivered meal drivers who serve as Gatekeeper; semi-annual project reports and a final report; and a printed report on the evaluation of best practices.

## 90AM3092 Diocese of Providence Senior Medicare Patrol Integration Grant

Project Period: 09/30/2006 - 07/31/2008

 FY
 Grant Amount

 FY 2006
 40,000

 FY 2007
 40,000

Diocese of Providence, Office of Community Service 184 Broad Street Providence, RI 02903

Contact: Kathleen M McKeon (401)421-7833

This is the second year of a two-year Senior Medicare Patrol (SMP) Integration grant to the Roman Catholic Diocese of Providence, Rhode Island to support a project in the Diocese of Providence Office of Community Services. The goal of this project is to more fully integrate beneficiary education and awareness of health care error, fraud and abuse to homebound elders throughout the state of Rhode Island. The objectives are: to recruit and train "Friendly Visitors" throughout the Diocese of Providence on Medicare and Medicaid error, fraud and abuse; to develop culturally sensitive materials for distribution; to develop linkages with other religious, community and state agencies; to evaluate the impact of the project; and to disseminate project information to appropriate community, state and federal partners. The expected outcomes include: homebound individuals will have an increased understanding of Medicare and Medicaid errors, fraud and abuse; individuals will be more likely to detect and report errors, fraud and abuse; homebound beneficiaries will increase the number of complaints that will result in some action and savings to the Medicare and Medicaid programs. Products will include: a data collection tool; recruitment flyer; pamphlet on "how to start a Friendly Visitor program"; Diocesan newspaper articles and project advertisements; and a guidance toolkit for SMP projects; and project reports as required.

Program: Senior Medicare Patrol Program Integration

#### 90AM3093 LTC Residents Focus of this Grant

Project Period: 09/30/2006 - 07/31/2008

 FY
 Grant Amount

 FY 2006
 80,000

 FY 2007
 80,000

Multi-Service Center PO Box 23699 Federal Way, WA 98093-0699

Contact: Janalee Naughton (253)835-7678

This is the second year of a two-year Senior Medicare Patrol (SMP) Integration grant to the Multi-Service Center. The goal is to conduct outreach and education to the state's most vulnerable elders in order to strengthen their ability to detect and report potential Medicare/Medicaid fraud and abuse. Project objectives are to: develop innovative outreach methods to train resident leaders; provide outreach to Hispanic and Latino caregivers; determine Alaskan resident leadership capacity; pilot a follow-along, in-home service in rural southeast Washington; expand assessment and intervention services; and disseminate project information. Expected outcomes: resident leaders will become fraud and abuse advocates and will serve as a resource for residents in their home facility; Hispanic and Latino caregivers will be educated about Medicare/Medicaid fraud and abuse, indicators of identification, and ways to report via the Alzheimer's Association El Portal program; Alaskan resident leaders will be identified through a needs assessment of selected Alaskan long-term care facilities; and capacity will be strengthened to identify and stop abuse or refer to the criminal justice system those providers who continue to abuse residents. Products will include project reports as required; information on website; and a model outreach toolkit that can be replicated in other states, with an emphasis on rural residents in long-term care facilities.

### 90AM3094 Latino/Hispanic Health Care Disparities

Project Period: 09/30/2006 - 07/31/2008

FY 2006 Grant Amount FY 2006 80,000 FY 2007 80,000

Washington State Office of Insurance Commissioner PO Box 40256

Olympia, WA 98504-0256

Contact: Tobi Johnson (360)725-7218

This is the second year of a two-year Senior Medicare Patrol (SMP) Integration grant to the Washington State Office of Insurance Commissioner, Statewide Health Insurance Benefits Advisors (SHIBA) HelpLine to support collaboration with sub-grantee contracts, state agencies, and community-based and faith-based organizations. The goal is to advance collaborative and innovative approaches to integrate Medicare and Medicaid fraud awareness and prevention activities in rural Latino/Hispanic communities in Adams, Asotin, Benton, Franklin, Garfield, Grant, and Yakima Counties (southern and eastern Washington) and in Clark, Minidoka, Owyhee, and Power Counties (southern Idaho). The objectives are to: provide public education to Latino/Hispanic seniors, their families, and community leaders about fraud, waste, and abuse via bi-lingual peer volunteers; develop culturally and linguistically appropriate public presentation tools, materials, and distribution strategies that support high-quality service; develop and maintain partnerships that increase capacity and support sustainability; and evaluate communication materials, strategies, and outcomes to share best practices with the SMP network and other stakeholders. The expected outcomes are: Latino/Hispanic Medicare beneficiaries and their families will be better educated on how to prevent, monitor, and report potential fraud, waste, and abuse; and trusted networks will exist to support Latino/Hispanic communities. Products will include: project reports as required; social marketing and public education tools, materials, and distribution strategies, developed specifically for the target audience; and service evaluation and feedback tools.

# 90AM3095 Senior Latino Medicare Patrol Integration Program for Medicare/Medicaid Beneficiaries

Project Period: 09/30/2006 - 07/31/2008

 FY
 Grant Amount

 FY 2006
 80,000

 FY 2007
 79,747

DH/Perfil Latino TV, Inc. 422 Debbie Lane PO Box 935 Millville, NJ 08332

Contact: Harry M Paraison (609)703-5806

This is the second year of a two-year Senior Medicare Patrol (SMP) Integration grant to the DH/Perfil Latino TV, Inc. The goal of the project is to mobilize Latino Medicare and Medicaid beneficiaries and senior-serving partner organizations across two states (New Jersey and Delaware) in collaboration with Administration on Aging (AoA) resources for training, technical assistance and support aimed at controlling health care error, waste and fraud. The objectives are to: establish and maintain a consortium of community-based agencies in southern New Jersey (DH/Perfil Latino TV, Inc.), central New Jersey (New Jersey HAVE), and Delaware (Latin American Community Center) to assist in planning and implementing the project while working in close partnership with an interdisciplinary team of federal, state, and local resources; recruit, train, and support retired individuals in three communities in two states to serve as peer advocates and to provide public education and outreach to Latino seniors and their families in small towns and rural areas in Cumberland county, NJ and in New Castle county, DE; apply considerable experience and expertise with electronic and print media to create a culture and language-appropriate, community-based public education and information program to modify beneficiary knowledge, attitudes and behaviors associated with identifying and reporting health care error, abuse and fraud in the target populations; participate in national and local assessment of the project's process, impact and outcomes; and participate in AoA's system of posting program materials electronically on its anti-fraud and abuse web page, in order to facilitate the sharing of resources. Expected outcomes are: strong partnerships with aging and fraud networks that span two states, three underserved Latino communities and integration of two successful SMP programs. Products will include: CD ROMS of all materials and project reports, including evaluation results.

Program: Senior Medicare Patrol Program Integration

# 90AM3096 ABCD's Initiative for Minority Elders

Project Period: 09/30/2006 - 07/31/2008

 FY
 Grant Amount

 FY 2006
 71,587

 FY 2007
 71,587

Action for Boston Community Development, Inc 178 Tremont Street Boston, MA 02111

Contact: Ruth Blackman (617)348-6340

This is the second year of a two-year Senior Medicare Patrol (SMP) Integration grant to Action for Boston Community Development (ABCD) for support of an initiative for Medicare patrol access through cultural translation, the IMPACT Project. The goal is to engage low-income minority populations in the Senior Medicare Patrol (SMP) program. The objectives are to: assess the cultural and linguistic competency of participating SMP sponsors; train an initial cadre of outreach specialists using the cultural translation model; and test this approach through a minimum of five community partnerships in Massachusetts and Rhode Island. Expected outcomes are: gains in basic health literacy among participating minority elders; gains in basic knowledge about SMP; changes in participant attitudes about handling health care problems; increased participation by targeted minority communities in SMP; and increased rates of complaints received, and referred for follow-up, thereby resulting in Medicare dollars saved. Products will include: a checklist for assessing SMP agencies' cultural/linguistic capacity; instruments for community linguistic needs assessment; train-the-trainer manual for the IMPACT cultural translation approach; volunteer advocates training curriculum; a community outreach toolkit; and project reports, including evaluation results.

#### 90AM2698 Senior Medicare Patrol Project

Project Period: 07/01/2003 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 175,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

NORTH CAROLINA DEPARTMENT OF INSURANCE 111 Seaboard Avenue Raleigh, NC 27604

Contact: Kevin Robertson (919)733-0111

The North Carolina Department of Insurance (DOI) began its Senior Medicare Patrol Project ("Medicare Lookout") through their Seniors' Health Insurance Information Program (SHIIP). The goal is to enable Medicare beneficiaries to understand the Medicare system better, to understand their Medicare notices, and to report problems to the appropriate project partner. Our statewide focus will build upon the North Carolina Division of Aging (DOA) Senior Medicare Patrol Project. We will use core Specialists (community-based organizations, senior volunteers) to form 6-12 regional core Medicare Lookout initiatives. These Specialists will recruit exemplary SHIIP volunteers to overcome the barriers to reaching Medicare beneficiaries identified by DOA's project and by those of other states. We will build upon DOA's successes by expanding the innovative presentations using skits and plays throughout the state, targeting special populations, and concentrating outreach through a dedicated core of volunteers. DOA will assist in our start-up and will continue to support the project through its duration. Our Medicare mission and vast network make us a logical home for this project. By the middle of the 3rd project year, we will have in place a plan and structure to continue the effort without AoA funds.

Program: Senior Medicare Patrol Project 90AM2702 Senior Medicare Patrol

Project Period: 07/01/2003 - 05/31/2007

FY Grant Amount FY 2003 100,000 FY 2004 100,000 FY 2005 100,000

GREAT LAKES INTER-TRIBAL COUNCIL, INC. 2932 Highway 47 North PO Box 9 Lac du Flambeau, WI 54538

Contact: Holt Wendell (715)588-3324

Great Lakes Inter-Tribal Council (GLITC) is a consortium of federally recognized Indian tribes in Wisconsin and Upper Michigan. Started in 1963 as a Community Action Agency under the auspices of the federal Office for Economic Opportunity, GLITC was a vehicle for delivery of services and programs to its member reservations and the rural Indian communities of Wisconsin. With the development of local tribal government capacity and the ever increasing push for self-determination, the member tribes have assumed the responsibility of more administration of services to their own communities. The role of GLITC has therefore changed from one of delivering services directly to the reservation community residents, to one of assisting the member tribes in a delivery system of services and programs to back up and supplement the tribes' own service capacity. The objectives of this project are to: I) enroll volunteers to educate their peers in the prevention of error, fraud, abuse, and waste of Medicare/Medicaid and other health care assistance programs; 2) educate the general public in the prevention of error, fraud, abuse, and waste of Medicare/ Medicaid and other health care assistance programs; and 3) refer Medicare/Medicaid & other health care assistance program error, fraud, abuse, & waste to the appropriate organization(s). Tools needed to enroll, train, & educate participants in the program will be developed by the staff of Great Lakes Inter-Tribal Council, (GLITC) in cooperation with Indian Health Service Programs, Wisconsin Judicare, Tribal Benefit Specialists and member tribes. Once these objectives have been addressed at the sites, we expect that 90% of Elders and other consumers at these various sites will be educated and aware to identify error, fraud, abuse, and waste of Medicare/Medicaid & other health care assistance programs. Data will be collected on an ongoing basis through contact with site volunteers. Products will be in the final report.

## 90AM2712 Empowering Consumers of Healthcare Organizations (ECHO)

Project Period: 07/01/2003 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 175,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175.000      |

NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES

PO Box 95044

Lincoln, NE 68509-5044

Contact: Cindy Kadavy

The Senior Medicare Patrol Project's overall goal is to substantially increase the involvement of older persons and the Aging Network in an effort to curb losses within the Medicare and Medicaid programs - losses due to error, waste or fraud. Nebraska's ECHO Project plans to continue working toward the following: 1) Be Aware, Be Informed - combat health care error, fraud and waste in Nebraska, through awareness campaigns and promotions, educational presentations and distribution of informational material, direct technical assistance and support of Medicare and Medicaid beneficiaries throughout the state; 2) Be Involved - continue the recruitment of retired professionals, who will serve in their communities as volunteer resources, peer educators and beneficiary advocates. Provide the training, coordination, support and recognition necessary to maintain their efforts and keep them involved as an integral part of the ECHO Project in the effort to curb health care fraud and waste in Nebraska. Reach out to special populations, and provide additional outreach through the intervention of trained and certified volunteer Ombudsman Advocates, to the most vulnerable of Nebraska's beneficiaries, i.e. nursing home residents, one of the largest groups of consumers of health care services; and 3) Build Coalitions - continue to develop and expand collaborations between local, regional and state organizations and agencies; build and strengthen community coalitions of older Americans and service providers; and create partnerships working toward the same goal of combating error, fraud and waste within the Medicare and Medicaid systems. Products - a final report, educational presentations, campaigns and promotions.

### 90AM2715 Vermont Medicare Partnership Project

Project Period: 07/01/2003 - 05/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 175,000      |
| FY 2004 | 175,000      |
| FY 2005 | 175,000      |

COMMUNITY OF VERMONT ELDERS

PO Box 1276 Montpelier, VT 05602

Contact: Anita Hoy (802)229-4731

This is the third year of a three-year cooperative agreement to operate a state-wide Senior Medicare Patrol Project. The project will: (1) develop or identify "best practice" programming for recruiting, training and maintaining retired seniors and other professionals in Vermont's elder network for work in this project; (2) increase elders' ability to be active partners in health care decisions and raise beneficiary awareness of Medicare program benefits and operations, including understanding health care statements and keeping track of medical services; and (3) build further collaborations with health care providers to actively engage in planning and supporting this project, and making information given to elders understandable and useful. The objectives will be met by: (1) developing and implementing a statewide program with central coordination out of the Community of Vermont Elders (COVE) and regional program operations performed by the five Area Agencies on Aging (AAAs) in the state; (2) gathering information and materials from other statewide SMPP's, particularly those focused on rural populations, and working with technical assistance providers to identify "best practices" and modify programs to meet Vermont's reality and culture; and (3) creating a program advisory group, including seniors, advocates and providers to increase ownership of the program by involving stakeholders in its design and evaluation. As a result of these efforts, the project will use national best practices and the expertise of local seniors, advocates and providers to increase beneficiary ability to actively participate in health care decision making, including a greater understanding of the Medicare program. Products are a final report and project data forms.

Program: Senior Medicare Patrol Project

# 90AM2724 West Virginia Senior Medicare Information and Error Patrol Project

Project Period: 07/01/2003 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 175,000      |
| FY 2004 | 180,000      |
| FY 2005 | 179,467      |

AARP Foundation 601 E Street NW Washington, DC 20049-0049

Contact: Scott Adkins (202)434-2787

AARP assumed responsibility as the new Senior Medicare Patrol project (SMPP) grantee in W.VA, 7/31/03. AARP WV is a SMPP Advisory Committee member, ensuring smooth transition & continued project development in the state. W. Virginians are especially dependent on Medicare & Medicaid (M/M) programs - and billing errors, waste, fraud, or abuse reduce access & availability. The goal of the WV SMIEPP is to establish systems and mechanisms to educate M/M beneficiaries to identify and resolve billing errors & report possible fraud/abuse, thus reducing the incidence of waste, fraud & abuse in vital programs and services. Objectives: 1) strengthen development of infrastructure to detect/combat health care billing charge errors, fraud, waste, & abuse in M/M programs; 2) recruit/train Volunteer Educators to inform and educate M/M beneficiaries; 3) expand partnerships thru links with public & private agencies; 4) conduct outreach & develop promo materials; and 5) establish Intake, Reporting, Referral & Follow-up systems. Using these approaches & interventions, we will strengthen the existing consortia of agencies, organizations, community groups, & individuals committed to increasing knowledge among M/M consumers and eliminating healthcare billing errors, waste, fraud & abuse; continue training individuals to serve as SMIEPP Educators; conduct consumer education, inc. at least one Medicare Update seminar; and develop a complaint intake, investigation, mediation, & resolution system. WV SMIEPP will incorporate reporting mechanisms that identify problems & suggested improvements in Medicare. Outcome: Medicare/Medicaid recipients and public are well-informed and educated on the prevention and/or detection and reporting of suspected error, fraud, or abuse. Major products: manuals; data collection & evaluation instruments; training packages; and audio-visuals educating the public & healthcare providers on preventing potential Medicare & Medicaid error & fraud.

### 90AM2929 Senior Medicare Patrol-NM Seniors Saving Medicare/Medicaid

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

New Mexico Aging & Long-term Services Department 2550 Cerrillos Road Santa Fe, NM 87505

Contact: Deborah Armstrong (505)476-4755

This is the third year of a three-year Senior Medicare Patrol (SMP) grant. The goal of the New Mexico Aging and Long-Term Services Department Senior Medicare Patrol (SMP) program is to recruit and train senior professionals to be benefits counselors and fraud fighters in their communities. The objectives of the project are to: increase and enhance the project's volunteer base to include more Spanish and Navajo speaking counselors; enhance outreach strategies and initiatives for vulnerable and special populations in the six Planning and Services Areas (PSAs); increase the project's consortium of partners and strengthen their roles in the project; and enhance the project's tools to measure program effectiveness and outcomes. Expected outcomes: an established presence and an active volunteer base in the greater Albuquerque, Santa Fe and Las Cruces areas and in some smaller communities in the state; recruitment of volunteers who speak Spanish and Navajo; a toll-free help line accessible throughout the state; expanded knowledge of Medicare/Medicaid waste, fraud and abuse through most of the state; an increase in the number of volunteers proficient in M/M issues; a high-percentage of seniors informed on Part D Medicare program enrollment procedures; and the recovery of thousands of dollars. Products will include: training materials and project reports, as required.

Program: Senior Medicare Patrol Project

# 90AM2930 Massachusetts Medicare & Medicaid Outreach and Education Program "Senior Medicare Patrol Project"

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

Elder Services of the Merrimack Valley, Inc. 360 Merrimack Street, Building #5 Lawrence, MA 01843

Contact: Lucilia Prates (978)946-1326

The Elder Services of the Merrimack Valley, Inc. is in its third year of a three-year grant to support the Massachusetts Senior Medicare Patrol (MA SMP) project. The goals are to continue to broaden and increase its outreach and education efforts throughout the state to reach low income, vulnerable, isolated, and limited English-speaking (LEP) populations about their health benefits eligibility, specifically the Medicare Modernization Act--prescription drug coverage, Medicaid and home and health care while educating these populations on how to identify Medicare/Medicaid errors, fraud, and abuse and how to address fraudulent or deceptive marketing tactics. The objectives are to: increase and broaden the MA SMP Program's outreach; continue to enhance the program's visibility; increase dissemination of information and the number of language specific community forums and presentations delivered to underserved and unserved communities throughout the state; and increase the cultural and linguistic capacity of the elder services networks statewide. The expected outcomes are: an increased number of individuals reached with information regarding the Medicare Modernization Act--prescription drug coverage, Medicaid, home and health care and the SMP program message; an increased number of volunteers recruited, trained and retained to inform and counsel LEP elders; and an increased number of presentations, community forums, PSAs that generate LEP community involvement. Products include: culturally and linguistically competent education materials; website; media packets; and required project reports and evaluations.

### 90AM2931 Senior Medicare Patrol Projects

ARKANSAS DEPARTMENT OF HEALTH & HUMAN SERVICES

Aging and Adult Services P.O. Box 1437, Slot S530 Little Rock, AR 72203-1437

Contact: Herb Sanderson (501)682-2441

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 179,533      |
| FY 2006 | 179,530      |
| FY 2007 | 179,530      |

This is the third year of the three-year grant to the Arkansas Division of Aging & Adult Services to administer the Senior Medicare Patrol (SMP) project in collaboration with regional partners committed to consumer education and the protection of the aging and disabled populations of the state. The goal of the project is to empower senior beneficiaries to identify, prevent, and report healthcare fraud, waste and abuse. The target populations are the vulnerable and underserved, such as those impacted by low literacy, low income, cultural barriers and geographic isolation. The objectives are to: train partners and volunteers to present the Arkansas SMP (ASMP) message; educate and empower seniors to prevent healthcare fraud; collaborate with the aging, minority and disability communities to reach underserved populations regarding healthcare fraud and health literacy; package the ASMP healthcare fraud and abuse message and health literacy message together with information the public wants and needs; and share all educational materials developed with seniors across the state and with other SMPs. The expected outcomes are: increased beneficiary awareness of healthcare fraud and tools for combating it, as measured by the standard SMP data sets; measurable change in beneficiary behavior regarding both health care fraud and health literacy; and increased competency of project partners and volunteers. Products from this project are: final reports, including outcome results; improved website providing access to pertinent information; relevant publications to include a quarterly newsletter, and updated nursing home consumer guide: updated children with disabilities consumer guide: and up-to-date consumer information on Medicare Part D and enrollment assistance for seniors.

Program: Senior Medicare Patrol Project

# 90AM2932 A Medicare Fraud Patrol Project With Underserved Rural-Urban Latino/Hispanic Communities

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 178,809      |
| FY 2006 | 178,809      |
| FY 2007 | 178,809      |

The National Hispanic Council on Aging 1341 Connecticut Ave., NW, Suite 4.2 Washington, DC 20036

Contact: Maria Eugenia Hernandez-Lane (202)347-9733

This is the third year of a three-year grant to the National Hispanic Council on Aging to support the Senior Medicare Patrol (SMP) with Underserved Rural Latinos. The goals of the project are to mobilize senior Latino Medicare and Medicaid beneficiaries and to collaborate with AoA resources for training, technical assistance, and support services aimed at identifying, reporting, and reducing health care error, waste, and fraud. The objectives are to: recruit and provide training to volunteer peer advocates; establish and maintain partnerships and linkages with community-based organizations; develop a culture and language appropriate community-based public education and information program to reach older and disabled Latinos; assess project goals using process, impact and outcome measures; and disseminate project activities and outcomes through a national network of organizations, consumers, service providers and Medicare beneficiaries. Expected outcomes are: an increased number of peer advocates recruited, and trained for each site; new partnerships established at the community level for each site; and an increased number of beneficiaries and family members detecting and reporting fraud and waste. Products will include: case studies on lessons learned from partnerships; culturally-appropriate education materials; tips on training/managing volunteers; a validated Hispanic beneficiary survey instrument; survey results with "before" and "after" and demographic comparisons; and project reports, as required.

#### 90AM2933 Senior Medicare Patrol (SMP)

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

Georgia Department of Human Resources 2 Peachtree Street, NW Atlanta, GA 30303

Contact: Erika Lawson (404)651-6314

This is the third year of a three-year grant to the Georgia Department of Human Resources (DHR), GeorgiaCares Senior Medicare Patrol (SMP) project. The goal of this project is to empower Georgians to take an active role in protecting healthcare for current and future generations by becoming better consumers. The project objectives are to: increase awareness of fraud and the SMP among Georgia's citizens; increase capacity of outreach through the expansion and development of partnerships; increase the number of active recruited volunteers; increase opportunities to provide new training methods to local, certified coordinators for program and volunteer management; and increase capacity to reach target populations. Special initiatives will be made to disseminate information regarding the Medicare Prescription Drug Benefit or Part D and the potential for fraud associated with the increased number of Medicare Advantage Plans and Medicaid Health Maintenance Organizations (HMOs) in Georgia. Expected outcomes: 100% of all persons completing beneficiary surveys and training evaluations after attending SMP trainings and/or community education sessions will demonstrate an increase in awareness of Medicare and Medicaid error, fraud and abuse; increased number of active, recruited volunteers entered into the Aging Information Management System (AIMS); increased program outcomes entered into SmartFacts, AoA's web-based data management system; increased outreach activities; and increased capacity to reach target populations. Products will consist of newly developed healthcare journals, brochures, playing cards with fraud and consumer protection tips, keychain stress balls, and banner stands. All progress and final reports will be shared with the SMP community, Georgia's aging network and the U.S. Administration on Aging.

Program: Senior Medicare Patrol Project

# 90AM2934 Atlanta Senior Medicare Patrol Project

ATLANTA REGIONAL COMMISSION
Aging Services Division
40 Courtland St., NE
Atlanta, GA 30303-2538

Contact: Cathie Berger (404)463-3235

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 125,000      |
| FY 2006 | 125,000      |
| FY 2007 | 125,000      |

This is the third year of a three-year grant to the Atlanta Regional Commission to support the Atlanta Senior Medicare Patrol (ASMP). The project's goal is to change behavior of people on Medicare and others by educating them to take action to recognize, prevent and/or report potential healthcare/Medicare/Medicare fraud and scams. The objectives are to: educate seniors and others through presentations, one-on-one sessions and media outreach; provide outreach to a very diverse population of African-Americans, Asian-Americans (Chinese, Korean and Vietnamese), Caucasians, Hispanic-Americans, and Russian-Americans, and seniors who are socio-economically disadvantaged or underserved; add a new component to educate about fraud and scams that have occurred in the region during sales efforts by Medicare Advantage agents; and additional collaboration with Atlanta's GeorgiaCares unit. Expected outcomes are: 2,800 individuals will receive ASMP presentations about Medicare fraud, errors and abuse; 278,000 people on Medicare, their family members/caregivers and the general public will be educated about Medicare fraud, errors and abuse; at least 94% of presentation attendees will state they understand importance of protecting Medicare; and at least 95% of presentation attendees will state they will read Medicare Summary Notices (MSNs) in the future. Products will include: educational materials; ASMP fraud call line; and reports as required.

### 90AM2935 Senior Medicare Patrol Project - New Jersey Healthcare Advocate Volunteer Effort

Project Period: 07/01/2005 - 05/31/2008

 FY
 Grant Amount

 FY 2005
 180,000

 FY 2006
 180,000

 FY 2007
 180,000

Jewish Family & Vocational Service of Middlesex County 200 Metroplex Drive Suite 200 Edison, NJ 08817-2598

Contact: Marci Fineman (732)777-1940

This is the third year of a three-year Senior Medicare Patrol (SMP) grant to the New Jersey Healthcare Advocate Volunteer Effort (HAVE) designed to improve the quality of healthcare for senior citizens in New Jersey. The goal is to provide information so that older adults can take the appropriate steps to protect themselves from becoming victims of fraud by educating consumers concerning Medicare and Medicaid fraud, error, and abuse. The objectives are to: utilize trained volunteers to reach as many seniors in the State of New Jersey as possible; partner with professionals in the aging services network, law enforcement and other areas to promote awareness of Medicare and Medicaid fraud, waste and abuse; develop and/or disseminate consumer educational materials about Medicare and Medicaid fraud, waste and abuse; provide counseling and serve as consumer advocate to resolve billing disputes and errors; and receive complaints about suspected fraud, waste and abuse, and make referrals to appropriate agencies. The expected outcomes are: seniors in New Jersey will become aware of the extent of fraud, waste and abuse in the Medicare and Medicaid programs; seniors will review their Medicare Summary Notices to ensure that they are receiving the services for which Medicare is paying; seniors will take the necessary steps to call their providers to correct any billing disputes and errors; and seniors will report suspected cases of fraud, waste and abuse. The products will include: an education outcome measurement survey; press releases; public relations tools, including articles for publication, television interviews, public service announcements on radio and television, brochures, flyers and tips sheets; and project reports, as required.

Program: Senior Medicare Patrol Project

90AM2936 Delaware Medicare Patrol Project

DELAWARE DEPARTMENT OF HEALTH AND SOCIAL SERVICES 1901 N. DuPont Highway, Main Annex New Castle, DE 19720

Contact: Carol Barnett (302)255-9390

| Project Period: 07/0 | 1/2005 - 05/31/2008 |
|----------------------|---------------------|
| FY                   | Grant Amount        |

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 170,000      |
| FY 2006 | 170,000      |
| FY 2007 | 170,000      |

The Delaware Medicare Fraud Alert (DMFA) is in the third year of a three-year SMP project. The goal of the project is to continue to reach vulnerable and hard-to-reach Medicare and Medicaid beneficiaries with our message about becoming a good health care consumer and self advocate. The objectives are: to recruit and train senior professional retirees about ways to recognize and investigate possible health care fraud; establish and maintain widespread partnerships with other entities to support our efforts; and offer a comprehensive statewide outreach campaign to encourage Medicare beneficiaries to become better health care consumers. Expected outcomes are: documentation of behavioral change by Medicare beneficiaries who agree to review their Medicare statements following our presentations; an increase in inquiries to our 800 number; an increase in the number of volunteers and presentations statewide during the project year; an increase in the number of readers receiving the project newsletter; and an increase in the quantity and quality of the health care fraud information available on the division's website. Products include: a final report; brochures about aspects of health care waste, fraud an abuse; Delaware SMP newsletters focusing on timely issues and the division's programs; a Medicare fraud bookmark; and a placemat with Medicare facts and graphics.

### 90AM2937 Montana Medicare Waste Project

Project Period: 07/01/2005 - 05/31/2008

FY 2006

FY 2007

180,000

180,000

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

Missoula Aging Services 337 Stephens Avenue Missoula, MT 59801

Contact: Susan Kohler (406)728-7682

Missoula Aging Services will build on its nine years of experience in outreach and education to Medicare beneficiaries on the issues of waste, fraud and abuse and general consumer healthcare fraud through the Senior Medicare Patrol (SMP). The overall goals are to identify, report and reduce errors, fraud and abuse within the Medicare and Medicaid systems and to reach homebound and underserved populations by expanding and enhancing current relationships with state agencies. The objectives are to: inform and educate Medicare beneficiaries statewide to identify potential healthcare error, fraud and abuse; maintain 100 older adults as educators, counselors and advocates for Medicare beneficiaries, their families and the public; educate 5,000 older adults, their families and the community regarding healthcare errors, waste and fraud; and develop and enhance relationships with state agencies and organizations that serve seniors on issues of healthcare fraud. The expected outcome is the education of at least 3,300 Medicare beneficiaries by May 31, 2008. Products will include: project reports, as required; abstracts for state and national conferences; and training manuals for partners and volunteers.

Program: Senior Medicare Patrol Project

90AM2938 Oregon Senior Medicare Patrol

OREGON DEPARTMENT OF HUMAN SERVICES

Project Period: 07/01/2005 - 11/30/2008

FY Grant Amount
FY 2005 180,000

676 Church Street, NE - 2nd Floor Salem, OR 97301-1076

Contact: Elaine Young (503)947-1199

This is the third year of a three-year Senior Medicare Patrol (SMP) grant to the Oregon Department of Human Services to support the SMP project in collaboration with the Oregon Senior Health Benefits Assistance Program (SHIBA), the Oregon Home Care Commission, the Governor's Commission on Senior Services, AARP, and the Oregon Department of Justice. The goals are to: 1) continue to provide information, outreach, education, resources and advocacy through utilization of retired professionals as volunteers to combat Medicare/Medicaid (M/M) errors, fraud, and abuse; 2) educate hard-to-reach M/M beneficiaries and those most vulnerable to elder rights violations by training in-home caregivers; and 3) enhance outreach to tribal and minority communities. The objectives are to: 1) partner and collaborate with those mentioned above; 2) make systemic changes in the way information is disseminated; 3) continue the model program, training formal and informal in-home caregivers; and 4) increase the knowledge about M/M fraud, errors, and abuse and the new Medicare Modernization Act (MMA) program to tribal elders and tribal caregivers, and elders in the Latino community. The expected outcome of the project is increased knowledge of targeted populations able to utilize the benefits of the MMA and able to recognize and report M/M fraud, waste, and errors. The products will include a train-the-trainer packet, along with video instruction, Fraudbuster Kits, materials for the Latino community and required reports.

#### 90AM2939 Senior Medicare and Medicaid Patrol of Florida.

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

Area Agency on Aging of Pasco-Pinellas, Inc. 9887 4th Street North, Suite 100 St Petersburg, FL 33702

Contact: Sally Gronda (727)570-9696 266

This is the third year of a three-year project of the Area Agency on Aging of Pasco-Pinellas, Inc. (AAAPP) Senior Medicare Patrol (SMP) program. The goal is to build upon past experiences and expand outreach statewide through strategic partnerships representing a variety of programs whose missions coincide with the SMP. The objectives are to: expand the Steering Committee statewide; establish new partnerships/collaborations to assist in expanding the program statewide and reaching underserved populations; develop and implement a marketing and outreach plan that is culturally competent; develop and implement innovative strategies to expand outreach and education statewide; expand volunteer recruitment efforts in the current project areas of Pasco and Pinellas counties; expand volunteer training to incorporate the new Medicare Modernization Act; and expand volunteer recognition efforts statewide. Expected outcomes include: an increase in the number of complaints to the statewide SMP fraud hotline as a result of an expanded marketing and outreach campaign; a substantial increase in the involvement of retired professionals, particularly older minority individuals, in Medicare/Medicaid education and training; and an increased awareness/knowledge among seniors about fraudulent practices and Medicare Part D. Products include: a webpage; brochures and posters; data/results of community education; articles and interviews for publication; and a final report, including evaluation results.

Program: Senior Medicare Patrol Project

# 90AM2940 Senior Medicare Patrol Project

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 160,000      |
| FY 2006 | 160,000      |
| FY 2007 | 160,000      |

Legal Counsel for the Elderly 601 E Street, NW Washington, DC 20049

Contact: Jan May (202)434-2164

This is the third year of a three-year grant to the Legal Counsel for the Elderly (LCE) to recruit and train volunteers by tapping AARP's membership to educate beneficiaries to be capable of detecting and reporting healthcare error, fraud and abuse. The objectives are to: recruit and train 10 new volunteers to educate beneficiaries to detect and report error, fraud and abuse; design training and revise/update materials on healthcare fraud for volunteers; train volunteers to educate Medicare/Medicaid beneficiaries; expand training of social services providers to serve as a resource for their perspective social service agencies and organizations; expand outreach activities to reach Medicare and Medicaid beneficiaries; and expand and refine current intake and reporting, referral and follow-up system. The expected outcome is informed and educated Medicare/Medicaid beneficiaries and the public on preventing and/or detecting and reporting suspected errors, fraud or abuse, for investigation and outcome determinations. Products will include nutrition site placemats, brochures, wallet sized information cards, information bag with project materials, radio and television advertisements, quarterly newsletter, Medicare bingo, refrigerator magnetic boards, and required project reports, including evaluation results.

# 90AM2941 Puerto Rico Alert to Fraud Project-Senior Medicare Patrol Project (SMPP)

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |
| FY 2007 | 180 000      |

PUERTO RICO OFFICE OF THE OMBUDSMAN FOR THE ELDERLY P.O. Box 191179

P.U. BOX 1911/9

San Juan, PR 00919-1179

Contact: Rossana Lopez-Leon (787)721-6121

This is the third year of a three-year grant to the Puerto Rico Office of the Ombudsman for the Elderly to support a Senior Medicare Patrol (SMP) project. The goal of the Puerto Rico Alert to Fraud is to empower elder Medicare/Medicaid participants, their families and the community in general with the knowledge and skills to become active allies against wasteful, erroneous and fraudulent use of traditional Medicare and the new Medicare Modernization Act of 2003 (MMA) programs. The objectives are to: maintain a statewide coalition with representatives from at least 15 community, faith-based organizations, public and private sector programs and agencies; continue developing a well-trained staff and a group of at least 17 retired professional volunteers to provide education to Medicare-Medicaid participants; implement a multi-target outreach educational campaign to promote awareness of the PR-ALF/SMP Project and share information on fraud prevention, identification and reporting; and conduct a public education campaign to alert seniors and the community in general against misinformation or improper marketing techniques, fraud, waste and abuse of Medicare-Medicaid programs. The expected outcome is increased island wide educational activities to develop knowledge and skills among Medicare beneficiaries leading to fraud and abuse prevention, consumer awareness and reporting improper marketing practices by health and medical plans. Products from the project will include: required project reports, including evaluation results; educational materials; brochures and articles for publication in Spanish.

Program: Senior Medicare Patrol Project

### 90AM2942 2005-2006 Senior Medicare Patrol Project Consortium

State of Washington
Office of the Insurance Commissioner
P.O. Box 40256
Olympia, WA 98504

Contact: Tobi Johnson (360)725-7218

Project Period: 07/01/2005 - 05/31/2008

FY Grant Amount

| Grant Amount |
|--------------|
| 180,000      |
| 180,000      |
| 180,000      |
|              |

The grantee, the Statewide Health Insurance Benefits Advisors (SHIBA) HelpLine, at the Washington State Office of the Insurance Commissioner, supports this third year of the Washington State Senior Medicare Patrol (SMP) project. The goal of the project is to prevent Medicare fraud, abuse, and waste by educating consumers on how to better monitor payment on their behalf, and to identify and report potential discrepancies. The objectives are to: recruit, train, and place undergraduate social work interns and retired individuals to provide service; provide public education and outreach to seniors and their caregivers about fraud, waste, and abuse; develop and disseminate fraud education and consumer protection information to the public, targeting rural, diverse and limited-English speaking populations; develop effective training curricula that supports high-quality service provision; address the information technology gap by recruiting technically-savvy volunteers and ensuring appropriate equipment and connections are available, where possible; and develop and maintain community partnerships that increase program capacity and sustainability. The expected outcomes are: better educated Medicare beneficiaries and their caregivers on how to prevent, monitor and report potential fraud, waste, and abuse; more efficient tracking of fraud and abuse incidences and trends; and more support for existing rural, diverse, and limited-English speaking communities. Products from this project will include: semi-annual performance and financial reports; social marketing, public education, and volunteer training materials; and key consumer materials translated into five languages (Spanish, Chinese, Vietnamese, Korean, and Russian).

### 90AM2943 West Virginia Senior Medicare Patrol Project

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

AARP Foundation 601 E Street, N.W. Washington, DC 20049

Contact: Julia Stephens (202)434-2051

The AARP Foundation, the grantee for the West Virginia Senior Medicare Patrol Project, is in the third year of a three-year project. The goals are to: reduce error, waste, fraud and abuse in the delivery of health care services within Medicare and Medicaid; increase the level of awareness of fraud, waste, error and abuse in Medicare and Medicaid; and develop partnerships with and augment the visibility of others in the aging community who share the projects overall objectives. The project objectives are to: recruit, train and support volunteer leaders and educators to provide education, training, and consultation about health care fraud and abuse to their peers in rural counties; conduct a media campaign to promote the project and toll-free hotline using newspaper, radio, and television; provide education to Medicare and Medicaid beneficiaries; and provide assistance through complaint resolution to those reporting suspected health care fraud and abuse. Expected outcomes: reduction in error, waste, fraud, and abuse in the delivery of health care services within Medicare and Medicaid; increased number of volunteer led workshops, beneficiaries educated, complaints received, providers trained, and savings to the Medicare and Medicaid programs; and an increase in the number of people reached through public relations and marketing activities. Products will include a training film aired on cable access television, and required project reports.

Program: Senior Medicare Patrol Project

## 90AM2944 Tennessee Senior Medicare Patrol Project

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

Upper Cumberland Development District 1225 South Willow Ave. Cookeville, TN 38506

Contact: Lanelle Godsey (931)432-4111

This is the third year of a grant to the Upper Cumberland Development District/Area Agency on Aging and Disability (AAAD) to administer a three-year Senior Medicare Patrol (SMP) program focusing on fraud, waste, and abuse monitoring in the Medicare and Medicaid systems. The goal is to enhance and expand the existing Tennessee Senior Medicare Patrol Project by focusing on recruitment of qualified volunteers, strengthening our community partnerships and expanding our joint Senior Medicare Patrol project (SMP) and State Health Insurance Assistance Program (SHIP) Advisory Board. The objectives are to: expand and enhance the joint SMP/SHIP Advisory Board; hold statewide volunteer trainings to increase the volunteer base; develop new outcome measurement tools; produce a quarterly newsletter; enhance the SMP website; enhance media exposure; disseminate project information; and provide semi-annual reports to AoA. The expected outcome is increased awareness of the Tennessee SMP program. Products from this project are: required reports, including evaluation results; and magnifying glasses, fraud playing cards, and other volunteer recognition items.

## 90AM2946 Senior Medicare Patrol Project - MOD Squad

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 125,000      |
| FY 2006 | 125,000      |
| FY 2007 | 125,000      |

Better Business Bureau Educational Foundation 1333 West Loop South, Suite 1200 Houston, TX 77027

Contact: Candice Twyman (713)341-6141

Over the past 5 years, the Better Business Bureau Education Foundation (BBB) has accomplished and continued to implement a collaborative effort utilizing volunteers and community stakeholders educating Medicare and Medicaid beneficiaries to detect and report healthcare fraud, waste and abuse. The goal for the project is to combat Medicare fraud and waste by recruiting and training retired professionals as volunteer educators to reach other older adults throughout the Greater Houston area and empower them to become partners in the effort to end Medicare fraud, waste and abuse. The objectives are to: develop and maintain collaborative efforts with eldercare agencies and service organizations; engage older adults to actively participate in protecting themselves from consumer fraud; recruit and train volunteers to provide education; expand outreach to limited English-speaking populations; increase awareness and engage agencies and professionals in promoting the prevention of healthcare fraud. Expected outcomes: increased understanding of Medicare benefits and fraud, increased detection and reporting of healthcare fraud, and increased awareness of consumer fraud. Products will include: educational materials for limited English-speaking populations; tools to reach low-literate beneficiaries; training tools for professionals; napkins containing simple Medicare fraud message; playing cards containing fraud messages; and project reports, as required.

Program: Senior Medicare Patrol Project

90AM2947 Ohio Seniors Fight Fraud

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 129,280      |
| FY 2006 | 129,280      |
| FY 2007 | 129,280      |
|         |              |

Pro Seniors, Inc. 7162 Reading Road, Suite 1150 Cincinnati, OH 45237

Contact: Rhonda Y Moore (513)458-5506

This is the third year of a three-year grant to Pro Seniors to continue its Senior Medicare Patrol Project, Ohio Seniors Fight Fraud (OSFF), in Southwestern Ohio. The goal of this project is to educate seniors and their caregivers and professionals on how to protect, detect and report healthcare fraud and to empower seniors to prevent healthcare fraud. The objectives are to: achieve and maintain a roster of thirty retired volunteers, including six new rural volunteers; educate at least 3,334 beneficiaries and/or caregivers about Medicare/Medicaid fraud, waste and abuse; and educate at least 1,000 Medicare beneficiaries and/or their caregivers about the Medicare prescription drug benefit. Expected outcomes are: thirty volunteers will conduct at least one Medicare fraud education activity per year; ten volunteers will educate Medicare beneficiaries about the Medicare prescription drug program; 3,334 Medicare beneficiaries and/or their caregivers will attend the Medicare fraud presentations; 1,000 Medicare beneficiaries will receive education about the Medicare prescription drug program; and eight complaints regarding fraud will result in referrals to appropriate authorities. Products will include: required project reports; pre- and post-tests to measure the increased knowledge of presentation attendees; volunteer newsletters; an updated Medicare Part D and fraud presentation; educational handouts, such as the Personal Health Care Journal; and radio public service announcements.

#### 90AM2948 Senior Medicare Patrol Project

Maine Department of Health and Human Services Office of Elder Services 442 Civic Center Drive, 11 State House Station Augusta, ME 04333

Contact: Mary Walsh (207)287-9200

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

This is the third year of a three-year Senior Medicare Patrol Project, known as the Maine Medicare Education Partnership (MMEP), conducted by the Bureau of Elder and Adult Services (BEAS). The goal is to train volunteers statewide to provide Medicare and MaineCare (Medicaid) education to Medicare beneficiaries, Medicaid participants, their families and caregivers. Collaborating with the State Health Insurance Assistance Program (SHIP) in Maine to provide overall health insurance education, MMEP will have specific focus on identifying and reporting errors, fraud and abuse in Medicare and MaineCare, including home health care and relevant issues from the Medicare Modernization Act (MMA). The expected outcomes are to train 35 new volunteers and reach 5,000 beneficiaries. Products will include the final report, Community Medicare Advocate Handbook, a presentation handbook, flyers, presentations, Medicare Bingo, brochures, health journals and posters, and an abstract for the SMP National Conference.

Program: Senior Medicare Patrol Project

### 90AM2949 Idaho Medicare Education Partnership

Idaho Commission on Aging 3380 Americana Terrace, Suite 120 Boise, ID 83706

Contact: Kim Toryanski (208)344-3833

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 180,000      |
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

This is the third year of a three-year cooperative agreement awarded to the Idaho Commission on Aging. The Idaho Senior Medicare Patrol Project works with Senior Health Insurance Benefit Advisors (SHIBA), Pocatello Area Agency on Aging, and Hispanic Outreach Division of Canyon County Office on Aging to use trained volunteers to educate beneficiaries in understanding and analyzing their Medicare billing information. The goal is to help Medicare beneficiaries become empowered by having the knowledge necessary to actively manage their health care expenses, reduce the level of stress relating to billing issues, and know where to get help when needed. The objectives are to: update training for staff and volunteers; increase program awareness with existing and new partners; reach out to those in greatest need--minorities, low-income, women, persons with disabilities and those living alone. Expected outcomes are: an increased number of Medicare beneficiaries who will know whom to call if they have questions about their Medicare benefits and an increased knowledge about how to protect their personal identity to reduce the amount of identity theft and fraud. Products will include: PowerPoint training presentation and reports as required.

### 90AM2950 Trusted Friend Network Project A Senior Medicare Patrol Project.

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 125,000      |
| FY 2006 | 125,000      |
| FY 2007 | 125,000      |

Friendship House Association 619 D Street, SE Washington, DC 20003-2711

Contact: BJ Brooks (202)546-7876

This is the third year of a three-year grant to the Friendship House Association, a community-based social service agency in Washington, DC, to support a Senior Medicare Patrol Project (SMPP). The goals of the project are to: increase the awareness of the hard-to-reach senior community in Wards 5, 6, 7 and 8 about fraudulent health care practices and scams; build on the heightened level of awareness to change attitudes, beliefs, and behaviors; develop vehicles which serve to reduce and/or prevent the incidence of such practices; and evaluate the impact of SMPP activities. The objectives are to: utilize retired persons to serve in the communities as volunteer experts, resources and educators to teach beneficiaries to detect and report error, fraud and waste in the Medicare system; increase public awareness of fraudulent practices; reduce and prevent the incidence of fraudulent practices; detect and punish wrongdoing; and create Washington Metro Area SMP Resource Guide and database for seniors and local community-based providers. The expected outcomes will include: an expanded and well-trained volunteer base; education and training tools for seniors of varying literacy levels; and a citywide (integrated) system for achieving measurable outcomes and evaluating the universal impact of the SMPP in the District. Products will include project reports, including evaluation results; a community-based program model for replication; universal training and education materials; and standardized measures to evaluate and assess the program's effectiveness.

Program: Senior Medicare Patrol Project

# 90AM2951 Anti-Fraud Education Project

State of Colorado
Department of Regulatory Agencies
1560 Broadway Street, Suite 850
Denver, CO 80202

Contact: Liz Tredennick (303)894-7552

Project Period: 07/01/2005 - 05/31/2008

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 167,591      |
| FY 2006 | 167,591      |
| FY 2007 | 167,591      |
|         |              |

The Colorado Division of Insurance, through its Senior Health Insurance Assistance Program (SHIP), supports the Senior Medicare Patrol (SMP) project in collaboration with 16 SHIP affiliates and Colorado Access to Benefits Coalition (ABC) members. The goals of the project are to provide consumer education on anti-fraud messages, assist consumers with fraud/abuse complaints, decrease the number of cases of undetected fraud/abuse and increase the resolution of cases when fraud/abuse occurs. The approach is to expand the network of organizations and individuals delivering the fraud/abuse message and to assist those who suspect fraud and/or abuse has occurred. The objectives are: to include effective, valid messages in all applicable consumer publications; to expand Colorado's network for dissemination of anti-fraud messages through the media, organizations and individuals; to assure an adequate number of SMP "trainers" are available to conduct education at the local level; and to assure quality communications to the largest possible consumer base, as well as to serve as a statewide clearinghouse for consumer fraud/abuse complaints. The expected outcomes of the Colorado SMP project are: increased awareness of potential Medicare fraud among Colorado consumers; a decrease in the incidence of undetected cases of Medicare fraud/abuse in the State; and an increase in the resolution of reported cases of suspected fraud and/or abuse. The products from this project are SMP brochures, Personal Healthcare Journals, fraud alerts, consumer presentations, fraud messages in partner consumer-oriented materials, semi-annual narrative reports with evaluation data and financial reports, as required.

### 90AM2952 SUMMIT Medicare/Medicaid Fraud, Abuse and Waste Reduction.

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 160,000      |
| FY 2006 | 160,000      |
| FY 2007 | 160,000      |

Oklahoma Insurance Department 2401 NW 23, Suite 28 Oklahoma City, OK 73107

Contact: Cindy A Brown (405)521-6632

This is the third year of a three-year grant for the Senior Medicare Patrol (SMP) program, Summit Medicare/Medicaid Fraud, Abuse and Waste Reduction Program (SUMMIT) focused on reducing Medicare/Medicaid fraud, abuse and waste in Oklahoma. The goal is to reduce Medicare/Medicaid fraud, abuse and waste in Oklahoma. The objectives are to: provide fraud information to Oklahomans using catalysts: general public (beneficiaries, family members, caregivers) through community presentations, public education, SMP training, with emphasis on geographically isolated rural/frontier elders; provide Temporary Assistance to Needy Families (TANF) recipients through the Literacy Resource Office's Life Skills module; assist isolated elders through home delivered meals by utilizing the Oklahoma Senior Center Association, and SUMMIT, SHICP, and AARP volunteers; educate college/university students through Oklahoma Campus Compact Service Learning; inform Hispanic elders through Hispanic Chambers of Commerce; and educate American Indians through Oklahoma Indian Council on Aging. The expected outcomes are: TANF recipients learn civic responsibility in reducing Medicaid fraud; college/university students realize urgency to preserve Medicare/Medicaid for future generations; and all Oklahomans, including Hispanics, American Indians, isolated rural/frontier and homebound beneficiaries learn self-protection against healthcare fraud. Products: training/resource manual; brochures and resource flyers; lesson plan for Oklahoma Literacy Council Life Skills in audio and visual; fraud booklet written at 4th -6th grade reading levels; a presentation for college/university Service Learning Coordinators; handouts in Spanish; and required reports, including evaluation results.

Program: Senior Medicare Patrol Project

90AM2953 Senior Medicare Patrol Program

Virginia Association of Area Agencies on Aging 24 E. Cary Street, Suite 100 Richmond, VA 23219

Contact: Susan Johnson (804)644-5628

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 160,000      |
| FY 2006 | 160,000      |
| FY 2007 | 160,000      |

The Virginia Association of Area Agencies on Aging (V4A) is in its third year of a three-year grant to manage a statewide Senior Medicare Patrol Project (SMP) to reduce public funds lost in Virginia due to Medicare/Medicaid error, fraud, and abuse. The goal of V4A is to further reduce public funds lost to Medicare and Medicaid error, fraud and abuse by continuing to educate Virginians. Area Agencies on Aging are community focal points in all planning and service areas, and these local agencies will continue to be our partners for community education and training. The objectives are to: coordinate efforts with 24 local Area Agencies on Aging staff throughout the state of Virginia; enhance ability to reach older Virginians in rural areas, the disabled and minorities; increase SMP volunteer recruitment and training efforts; increase outreach to beneficiaries; and increase calls to the 1-800 toll-free number by 20%. The expected outcomes are increased beneficiary awareness and increased reporting of suspected fraud. Products from this project will include: PSAs, articles, brochures, bags, pens, journals, and required reports, including evaluation results.

### 90AM2954 Ferret Out Fraud - Senior Medicare Patrol Project

Arizona Department of Economic Security Aging and Adult Administration 1789 West Jefferson, 950A Phoenix, AZ 85007

Contact: Rex Critchfield (602)542-6572

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 159,943      |
| FY 2006 | 159,943      |
| FY 2007 | 159,943      |

This is the third year of the Arizona Department of Economic Security (DES), Aging & Adult Administration (A&AA), Arizona Senior Medicare Patrol Project (ASMPP) to address the need to educate and disseminate information about Medicare/Medicaid error, fraud, and abuse in the health care system. The goals of the program are to build the capacity of the ASMPP to reach beneficiaries with special emphasis on expanding culturally sensitive and linguistically appropriate materials for beneficiaries and develop processes that will result in program improvement. The expected outcomes are: beneficiaries, including those who are culturally diverse, will have increased awareness and knowledge to detect and prevent Medicare/Medicaid error, fraud and abuse; Area Agency on Aging (AAA) staff and volunteers will have increased knowledge to educate beneficiaries, their families and other professionals on Medicare/Medicaid error, fraud and abuse; AAA staff will have increased understanding of tools to improve the ASMPP; and Arizona Beneficiaries Coalition and Arizona Fraud Prevention Coalition members and other organizations will have increased opportunities to partner in efforts to educate and prevent Medicare/Medicaid error, fraud, and abuse. Products of this project include: required reports; evaluation materials; and Spanish brochures.

Program: Senior Medicare Patrol Project 90AM2955 Senior Medicare Patrol

State of Alaska Health and Social Services

3601 C Street, Suite 310 Anchorage, AK 99503

Contact: Jeanne M Larson (907)269-3669

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 149,482      |
| FY 2006 | 149,482      |
| FY 2007 | 149,482      |

This is the third year of a three-year Senior Medicare Project to recruit and train local senior citizens for each group of communities to educate Medicare beneficiaries and their families about the importance of recognizing and reporting Medicare and Medicaid fraud, error and abuse. The goal of the project is to teach Medicare beneficiaries and their families to monitor their Medicare documents and to identify and report potential discrepancies. The objective is to: reach the vulnerable, isolated and limited English speaking Medicare beneficiaries, through partnering with the American Association of Retired Persons (AARP); Older Persons Action Group (OPAG); Alaska Native Tribal Health Consortium (ANTHC); and Anchorage Senior Center and other local senior centers throughout the State of Alaska. Expected outcome is: increased, comprehensive training for volunteers through a large, networking training conference in Anchorage. Products will include voice enhanced CD-ROMs; PowerPoint training materials; video teleconferences; and reports as required.

#### 90AM2956 Senior Medicare Patrol Project

Project Period: 07/01/2005 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 63,930       |
| FY 2006 | 63,930       |
| FY 2007 | 63,930       |

Kansas Department on Aging 503 S. Kansas Ave. Topeka, KS 66603

Contact: Tina Langley (785)368-7331

This is the third year of a three-year grant with the Kansas Department on Aging. The goal of the Kansas Senior Medicare Patrol Project is to create a statewide network of fraud experts who will educate beneficiaries about identifying and reporting health care errors, fraud and abuse. The objectives are to: expedite the planning phase of the project; identify points of contact within the community; recruit working and retired professionals as volunteers; develop education materials to disseminate to professionals and the public; train volunteers and partners as fraud educators; provide education programs for beneficiaries; and evaluate the success of the project. Expected outcomes are: training provided to at least one organization in every county in Kansas; one trained volunteer in each county; and two education programs will be provided in every county. We anticipate that achieving these outcomes will lead to an increase in beneficiaries' understanding of fraud issues and will increase the detection and reporting of errors, fraud and abuse by beneficiaries. The products will include: a volunteer training manual; education materials for beneficiaries; outreach materials to increase public awareness of fraud and the SMP project; documentation of successful strategies for use by other SMP teams, and reports as required.

Program: Senior Medicare Patrol Project

90AM2961 AoA Senior Medicare Project

Project Period: 07/01/2005 - 05/31/2007

FY Grant Amount FY 2005 45,000

INTER-TRIBAL COUNCIL OF ARIZONA, INC 2214 N. Central Avenue, Suite 100

Phoenix, AZ 85004

Contact: John R Lewis (602)258-4822

This is a one year demonstration project to educate American Indian elders, caregivers and service providers about health care error, fraud and abuse. The goal of the project is to increase the knowledge of participants about the impact detection and reporting will have on the incidence of Medicare fraud. One qualified elder from ten tribes in Arizona will develop key messages, develop appropriate outreach strategies, and evaluate the progress of the tribe. It is anticipated that these outreach and education efforts will increase the overall knowledge of six thousand elders or their caregivers. To avoid duplication, the Inter-Tribal Council will work with other similar projects in the state. Products will include educational fact sheets and outreach evaluation tools, which will be distributed to AoA and other interested parties at the end of the project period.

### 90AM3051 Senior Medicare Patrol Project (SMP)

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

Utah Legal Services, Inc. 205 North 400 West Salt Lake City, UT 84103

Contact: Sally Richardson (801)924-3388

This is the second year of a three-year grant to Utah Legal Services to support a Senior Medicare Patrol (SMP) project. The goal of the three-year project is to educate and empower Utah seniors and caregivers to prevent and report health care fraud by recruiting and training volunteers to conduct outreach and education and to interact with law enforcement. The objectives are to: increase outreach to the Native American population through our sub-grantee, Utah State Ombudsman Program; increase the quality and scope of community education events and one-on-one sessions; increase the number of inquiries and rate of resolution or reported health care fraud; gather data for grant reporting; and increase statewide travel. The expected outcomes are: increased awareness of health care fraud following educational presentations and one-on-one sessions; and an increased number of beneficiaries who read notices, report errors and seek assistance from this project. Products will include: project reports as required; training materials; evaluation results; website; brochures; and a monthly newsletter.

Program: Senior Medicare Patrol Project

90AM3052 SMP- BE-SMART

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 170,000      |
| FY 2007 | 170,000      |

Lt. Governor's Office on Aging 1301 Gervais Street - Suite 200 Columbia, SC 29201

Contact: Gloria McDonald (803)734-9900

This is the second year of a three-year grant for the Senior Medicare Patrol (SMP) program administered by the Lieutenant Governor's Office on Aging-Division of Aging Services. The SMP program provides services that address fraud in Medicare/Medicaid through a statewide aging network with Area Agencies on Aging (AAAs) as service providers in each of the ten regions of the state. The goal of the Senior Medicare Patrol project is to provide statewide fraud education and seminars to individuals and groups about Medicare and Medicaid fraud, error and abuse. The objectives are to: conduct ongoing seminars, submit fraud alerts to the media, make home visits and telephone contacts to inform beneficiaries and the public at large about Medicare health care fraud; establish a system for individuals to report suspected fraud/abuse and errors; recruit, train, and retain counselors to help individuals review and understand health care summary notices; collaborate with aging network, PalmettoGBA Benefits Integrity Unit and the Attorney General's Office to train counselors and to serve as a clearinghouse for suspected fraud; and disseminate project information, literature and promotional items. The outcomes of the project are to reach our diverse beneficiary's population with awareness of fraudulent tactics; and increase reading of or have caregivers review Medicare Summary Notices for fraud and errors. Products include: semi-annual reports; final report, including evaluation results; and educational and promotional materials.

### 90AM3053 Mississippi Senior Medicare Patrol

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

Mississippi Department of Human Services 750 North State Street Jackson, MS 39202

Contact: Donald R Taylor (601)359-4500

This is the second year of a three-year Senior Medicare Patrol (SMP) grant to the Mississippi Department of Human Services (MDHS) Division of Aging and Adult Services (DAAS) to establish a statewide network of trained volunteers serving in their communities to educate and assist seniors in identifying and combating health care fraud, error and abuse. As the State Unit on Aging, DAAS will use oversight and coordination to provide services to Mississippi's older population through a system of Area Agencies on Aging (AAAs). The three-year project will incorporate statewide partnerships and sub-grants to serve seniors in Mississippi's 82 counties. The project goal is to educate Mississippi's population to recognize, report and reduce fraud and abuse of Medicare recipients. The objectives are to: foster national and statewide program coverage; improve beneficiary education and inquiry resolution for other areas of health care fraud; foster national program visibility and consistency; improve efficiency of the SMP program, while increasing results for both operational and quality measures; and target training and education to isolated and hard-to-reach populations. The expected outcomes are: increased number of trained volunteers; increased number of volunteer presentations; increased number of Mississippians educated in fraud and abuse awareness; increased number of Medicare abuse/error complaint calls; and increased amount of dollars saved to Medicare, Medicaid or beneficiaries. Products will include: required reports, including evaluation results; low-literacy literature; and a volunteer training manual.

Program: Senior Medicare Patrol Project

# 90AM3054 Senior Medicare Patrol Program

Hawaii Office of the Governor Executive Office on Aging 250 South Hotel Street, Suite 406 Honolulu, HI 96813-2831

Contact: Adele Ching (800)296-9422

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

This is the second year of a three-year grant, SMP Hawaii, in the State of Hawaii's Executive Office on Aging. SMP Hawaii works closely with partners in the aging network, law enforcement, and various community advocacy organizations. The goal of the project is to encourage seniors to become self-advocates, protecting themselves, their families and their communities from financial, consumer and healthcare fraud. Program objectives are to: establish working partnerships and multi-agency projects with local, state, and federal law enforcement agencies; outreach to isolated, underserved, and non-English populations, i.e., Native Hawaiians, Southeast Asian, homebound; develop and replicate innovative outreach tools; and develop volunteer recruitment, retention, and training strategies. Expected project outcomes: conduct four advisory council meetings with representatives from law enforcement, regulatory, consumer advocacy, and aging network organizations; conduct fraud prevention and resource fairs on Oahu and neighbor islands (Oahu, Hawaii, Maui, and Kauai); develop and replicate a DVD to highlight various healthcare fraud schemes, i.e., durable medical equipment, home healthcare, HMO, Part D; recruit and train 10 volunteers in both Native Hawaiian and Southeast Asian communities; and develop and distribute a fraud prevention and awareness booklet. Products will include: a DVD; potholders with program information; brochures; fraud awareness and prevention booklet; and project reports, including evaluation results.

#### 90AM3055 Senior Medicare Patrol Program

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

California Health Advocates 5380 Elvas Ave., Suite 104 Sacramento, CA 95819-2300

Contact: Julie Schoen (714)560-0309

This is the second year of a three-year grant to the California Health Advocates (CHA). The CHA Senior Medicare Patrol (SMP) has statewide coverage and is beginning a national presence. The goals are to: collaborate with already established creditable organizations; utilize a statewide 800 number in partnership with the State Health Information Program (SHIP); refine relationships with other agencies to improve case tracking, communication and recoupment outcomes; participate in state/regional organizations; California Medicare Coalition, Latino Health Access, Asian Pacific Islander Coalition, Office on Aging groups; provide necessary reporting forms and training materials via Internet; identify high profile cases that will substantiate credibility and value of the SMPs nationwide; maintain and improve our cohesive case tracking system; improve the efficiency of the SMP program, while increasing results for both operational and quality measures; reach underserved populations by hiring staff with bi-lingual capabilities and proven track records in outreach and service; and be recognized collectively as a national program with the other Administration on Aging (AoA) SMPs and the National Technical Resource Center. The expected measurable outcomes are to: provide minimum of 12 training session per year; ensure a volunteer base of 800 statewide; provide yearly conferences for managers concerning fraud and abuse issues; report a minimum of 24 cases of fraud annually; increase savings to Medicare from \$1.5 million to \$3.0 million; increase numbers of elderly educated from current average of 10,000 to 12,000 per year; and target training and education to isolated and hard-to-reach populations. Products will include: a newsletter; fact sheets; placemats; website; brochures; flyer for hard-to-reach populations; and a final report.

Program: Senior Medicare Patrol Project

# 90AM3056 Nevada's Senior Medicare Patrol Project- Senior Nevada Advocates on Guard (SNAG)

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |
| _       |              |

Nevada Office of the Attorney General 555 East Washington Ave., #3900 Las Vegas, NV 89101

Contact: JoAnne Embry (702)486-3154

This is the second year of the three-year grant to the Nevada Office of the Attorney General. The goals of the Nevada Senior Medicare Patrol (SMP) project are to: create training manuals and develop new materials with the new logo and tag line, and culturally competent materials for non-English speaking and Nevada's rural populations; maximize partner collaborations in order to improve outreach to Hispanic and rural populations; increase complaints to the program through the increased outreach; and incorporate the SmartFacts system to maximize program progress reporting. Expected outcomes will include increased complaints to our state-wide hotline and increased awareness of issues involving Medicare, Medicare Part D, and instances that may point to fraud, error or abuse. The products will include: brochures; training modules; placemats, key chains, pens, pencils, jar openers, notepads, refrigerator magnets, and required reports.

# 90AM3057 Pennsylvania Health Care Fraud Education Project

Center for Advocacy for the Rights and Interests of the Elderly (CARIE) 100 S. Broad Street, Suite 1500 Philadelphia, PA 19110

Contact: Diane A Menio (267)546-3434 244

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

This is the second year of a three-year grant to the Center for Advocacy for the Rights and Interests of the Elderly (CARIE) to support a Senior Medicare Patrol project for the state of Pennsylvania (PA-SMP). The goal is to detect, combat, and increase public awareness of health care fraud and abuse throughout the state of Pennsylvania, thereby reducing the incidence of such practices. The objectives are to: increase program visibility and awareness in Pennsylvania through onsite outreach activities; achieve comprehensive statewide coverage through a partnership with the state health information program (SHIP); recruit and train retired beneficiaries to provide outreach and education to their peers; provide consultation and complaint resolution to consumers; provide measurable outcomes and demonstrate the project's effectiveness; and utilize partners and an advisory committee to build a strong program. The expected outcomes include: several thousand individuals reached at health fairs and presentations leading to increased awareness of fraud and its prevention; a presence in each of Pennsylvania's 67 counties through newsletter articles, consumer education materials and giveaways, and direct contact with consumers; new volunteers who will be trained on health care fraud detection and prevention; increased numbers of consumers assisted with complaint resolution; and an increase in reporting and savings to the Medicare program. Products will include: a semi-annual and final reports as required; consumer education materials, including flyers, bookmarks, promotional items, and health care calendars; consumer materials targeted to non-English speakers, i.e., flyers in Spanish, Chinese, etc.; volunteer newsletters and alerts; and a comprehensive website.

Program: Senior Medicare Patrol Project

# 90AM3058 Senior Medicare Patrol Program

North Carolina Department of Insurance 11 South Boylan Avenue Raleigh, NC 27603

Contact: Carla S Obiol (919)807-6900

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

This is the second year of a three-year grant to the Seniors' Health Insurance Information Program (SHIIP) to continue the North Carolina Senior Medicare Patrol (NCSMP) program. The goal of this program is to reduce Medicare/Medicaid error, fraud and abuse through statewide coordinated efforts of educational and promotional activities and to encourage reporting by Medicare/Medicaid beneficiaries and caregivers. The objectives are to: provide and expand education/promotional activities to Medicare/Medicaid beneficiaries, caregivers, and traditionally underserved populations; recruit, train and retain volunteers; received and resolve complaints of error, fraud and abuse; network with statewide partners to serve as advisors, trainers and to provide counseling assistance with resolving error, fraud and abuse issues; develop and disseminate educational materials to the SMP Resource Center and projects; participate in the SMP complaints management system and integration strategies; and evaluate program outcomes. The expected outcomes are: increased number of reported and resolved complaints; increased number of educational materials and strategies that will serve as examples for other SMP projects. The products from the project are written reports and evaluations; educational, promotional and training materials; and education and outreach activities.

#### 90AM3059 Missouri SORT: New Directions

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 179,426      |
| FY 2007 | 179,426      |

District III Area Agency on Aging 106 West Young Street Warrensburg, MO 64093-1124

Contact: Kathy Howard (660)747-3107

This is the second year of a three-year grant to the District III Area Agency on Aging (AAA) for support of the Missouri Senior Medicare Patrol project (SMP). The goal of the Missouri SMP is to increase the awareness of Medicare and Medicaid error, fraud, and abuse among beneficiaries, their caregivers, home health and in-home workers, and hard-to-reach populations in the state of Missouri. The objectives are to: conduct a statewide media campaign that semi-annually will focus on a topic of interest to Medicare/Medicaid recipients; refine and consolidate the training materials needed to train SMP volunteers; contract with each Missouri AAA and the Missouri state prescription assistance program to provide volunteer support and training; utilize the SMP Coalition's expertise to provide direction and support for the project; develop an educational series focused on home health care and in-home care workers that will increase the ability of these professionals to recognize and report potential fraud and abuse to the appropriate agency, as well as distribute fraud and abuse information to their clients; and collaborate with AAA's, local community groups and the state Office on Minority Health to reach targeted hard-to-reach populations. Expected outcomes are: two retired senior volunteers will conduct activities to educate beneficiaries about potential fraud and abuse in each county in Missouri; every county in the state will conduct a minimum of one group presentation and one media event; and beneficiary inquiries about health care error, fraud and abuse will increase by 25% in areas targeted for minority outreach. Products will include: educational toolkits, articles for publication, and a final report.

Program: Senior Medicare Patrol Project

# 90AM3060 New York State Senior Medicare Patrol Project

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

New York State Office for the Aging 2 Empire State Plaza Albany, NY 12223-1251

Contact: Deana Prest (518)474-8047

This is the second year of a three-year grant to New York State Office for the Aging to support a Senior Medicare Patrol (SMP) program. The goal of this project is to ensure health care fraud control outreach and education in aging, social, health and law enforcement networks. The objectives are to: expand already established programs; expand the number of certified long-term care ombudsman and health insurance information counselors who are trained SMP volunteers; renew contract with National Government Services, Inc. (NGS) to continue its role of maintaining a statewide toll free hotline; work cooperatively with the NY Connects Program, which is an ADRC-type model with regard to staff development and community presentations; continue work with New York State Office of Medicaid Inspector General and the New York State Attorney General Medicaid Fraud Unit to increase enforcement and prosecution of fraud, error and abuse cases; work with long standing and new partners who are committed to reaching those in most economic and social need, who are particularly vulnerable to health care fraud, error and abuse due to social isolation; and develop multiple ways to disseminate SMP through a variety of conferences and symposiums. Expected outcomes are to: expand the network of SMP volunteers to include providers and seniors across residential and community-based systems; increase the awareness of isolated seniors; and reactivate the state workgroup. Products include: a final report consisting of a model for replication; a legislative proposal for whistleblower protection; data collection; a hotline number for general information; and updated outreach materials.

#### 90AM3061 Louisiana Medicare Abuse Patrol Program

Project Period: 07/01/2006 - 05/31/2009

 FY
 Grant Amount

 FY 2006
 128,900

 FY 2007
 128,900

Vernon Council on Aging, Inc. 200 North Third Street Leesville, LA 71446-4016

Contact: Marvis L Chance (337)239-4361

This is the second year of a three-year grant to the Vernon Council on Aging, Inc. to support the Senior Medicare Patrol (SMP) project, Louisiana Medicare Abuse Patrol Program (LAMAPP). The goal of the project is to educate Medicare beneficiaries to detect and report fraud, error and abuse through use of trained volunteers. The objectives are to: provide an informative "user friendly" curriculum; ensure that the LAMAPP staff and volunteers have the expertise needed to expand the project; act as a data collection center for incoming complaints; keep website "user friendly" for both volunteers and the public; educate Medicare beneficiaries so that they may have the knowledge to fight fraud, error and abuse; continue to evaluate the impact of LAMAPP and its effectiveness; and demonstrate that the program can make a difference. Expected outcomes of the project are to: recruit, train and maintain 165 volunteers; reach rural population through use of two to six additional billboards; increase the number of complaints received from radio programs; and increase usage of website by volunteers and the public. Products from the project will include: required project reports, website, educational materials; pamphlets and brochures; bumper stickers; and pens.

Program: Senior Medicare Patrol Project

# 90AM3062 Nebraska ECHO Project (Educating and Empowering Consumers of Healthcare Organizations)

Project Period: 07/01/2006 - 05/31/2009

FY Grant Amount FY 2006 150,000 FY 2007 150,000

Nebraska Health and Human Services System P.O. Box 95044

Lincoln, NE 68509-5044

Contact: Cindy Kadavy (402)471-4684

This is the second year of a three-year grant to the Nebraska Office of Long Term Care (LTC) Ombudsman to support the Senior Medicare Patrol (SMP) program, Nebraska ECHO Project (Educating and Empowering Consumers of Healthcare Organizations). The goal of the ECHO Project is to increase awareness among Nebraska's beneficiaries on how to identify, report and prevent Medicare and Medicaid fraud, error and waste and to empower and assist them in protecting their rights, including the right to be billed accurately for services received and to not be victimized by fraud schemes. The objectives of the Nebraska SMP are to: disseminate project information to beneficiaries, their caregivers, and the general public; recruit, train and support qualified volunteers and enlist their efforts on behalf of beneficiaries; develop and maintain a network of partnerships that will work together to eliminate healthcare fraud, error and waste; provide outreach and advocacy to the most vulnerable of beneficiaries; and provide targeted education to hard-to-reach populations. The expected outcomes of this project are: beneficiaries will have an increased awareness of healthcare fraud, error and waste, and initiate positive changes in their behavior; additional volunteers will be recruited and trained; and an increased number of inquiries and complaints will be resolved or result in some action, including the savings or recoupment of healthcare dollars. The products from this project will include: educational and promotional materials; a consumer website; and a summary of project data and accomplishments.

#### 90AM3063 Senior Medicare Patrol Program

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 75,000       |
| FY 2007 | 75,000       |

Department of Public Health and Social Services 123 Chalan Kareta Route 10 Mangilao, GU 96923-2816

Contact: Arthur U San Agustin, MHR (671)735-7102

In 2005, a one-year demonstration grant to establish a Senior Medicare Patrol (SMP) Project on the island of Guam was granted. In 2006, the Guam Senior Medicare Patrol Project (SMP) received a three-year grant. This is the second year of that grant. The goal of the Guam SMP Project is to continue expanding and further enhancing the Project for the purpose of educating Medicare and Medicaid beneficiaries, family members, and caregivers to actively protect themselves against fraudulent, wasteful and abusive health care practices and to report suspected errors. Guam SMP Project objectives are to: train members of the American Association of Retired Persons, local chapter, to serve as Guam SMP Project volunteer resources and educators; educate and provide community awareness of Medicare/Medicaid waste, fraud and abuse; disseminate, in various formats, project information on Medicare/Medicaid waste, fraud and abuse; foster current and establish new partnerships; and evaluate project activities and communicate project outcomes. Expected measurable outcomes are: an increased number of proficiently trained volunteers; increased numbers of education beneficiaries, families and caregivers; increased tracking of inquiries and the rate of inquiry resolution; and increased Medicare/Medicaid savings. Products will include consumer driven, culturally appropriate informational materials; volunteer training items, e.g. training manual, volunteer incentives and certificates of appreciation; evaluation tools, and required reports.

Program: Senior Medicare Patrol Project

90AM3064 CHOICES Medi\$ave Project

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

Connecticut Department of Social Services 25 Sigourney Street 10th Floor Hartford, CT 06106

Contact: Marie E Peck-Llewellyn (860)424-5244

The Connecticut Department of Social Services is in its second year of a three-year SMP project. The goal is to enable beneficiaries to become better health care consumers by increasing their awareness of Medicare, Medicaid, and other potential incidences of health care fraud, errors, abuse and scams so that they may detect and reduce improper payments and prevent victimization of themselves and others by ferreting out fraudulent scams and practices. The objectives are to: enhance/create partnerships utilizing volunteers; improve program visibility through an awareness campaign; provide education to beneficiaries and professionals, specifically targeting homecare and other isolated and/or hard to reach populations; and improve project efficiency while increasing both operational and quality measures. Targeted areas include seniors in geographic areas, some urban and some rural, with high concentrations of underserved seniors, but which have produced disproportionately low number of clients; African American and Hispanic seniors; and isolated homebound seniors. Expected outcomes include: increased awareness among consumers of health care fraud, abuse and related scams; increased accessibility, quantity and effectiveness of information available to help targeted populations from being victimized; increased awareness of fraud and abuse issues of those professionals involved with homebound/homecare clients; expanded programming for and participation of volunteers in community initiatives; increased beneficiary inquiries and reporting of suspected fraud, waste or abuse that result in action and savings attributable to the project. Products from the project include a web-based training program, power point presentations, and outreach materials.

### 90AM3065 North Dakota Senior Medicare Patrol Projects

Minot State University
Research and Sponsored Programs
500 University Avenue West
Minot, ND 58707

Contact: Linda Madsen (701)858-3580

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

In the second year of a 3 year grant to Minot State University (MSU), the MSU Community Outreach Services of the N. Dakota Center for Persons with Disabilities (NDCPD) will collaborate with AARP, ND Disability Advocacy Consortium (NDDAC), Retired Senior Volunteer Program (RSVP), and the ND Senior Health Insurance Counseling (SHIC) program to help ND rural seniors identify and report Medicare errors, fraud & abuse through a Senior Medicare Patrol (SMP) program. The goal of ND SMP is to help all ND seniors, including those in the most rural counties and those with disabilities, review their Medicare bills to assure that no errors, fraudulent charges or abuse have occurred. Local volunteers, regional volunteer coordinators and disability adapted curricula will be utilized to educate underserved Medicare beneficiaries, including seniors in frontier counties, and individuals with disabilities on Medicare & Medicaid. Objectives are to: increase steering committee membership for comprehensive state input; sustain 8 regional volunteer coordinators and at least 80 volunteers statewide; continue training regional coordinators and volunteers to provide beneficiary assistance; implement SMP activities for at least 400 beneficiaries, including information dissemination, group training, and one-on-one beneficiary education and inquiry processes; provide ongoing guidance and technical assistance to meet individual needs; and evaluate the impact of the ND SMP project. Expected outcomes include: greater public awareness of potential Medicare errors, fraud or abuse; increased skills in examining Medicare charges; and increased inquiries and resolution of errors, fraud & abuse. Products will include a final report with evaluation results; an accessible website; web-based training materials with CD-ROM; adaptable and disability accessible volunteer and constituent training materials; paper and electronic presentations; and professional articles.

Program: Senior Medicare Patrol Project

# 90AM3066 Illinois Senior Medicare Patrol Project

Project Period: 07/01/2006 - 05/31/2009

 FY
 Grant Amount

 FY 2006
 170,000

 FY 2007
 170,000

Suburban Area Agency on Aging 1048 West Lake Street, Suite 300 Oak Park, IL 60301

Contact: Jonathan Lavin (708)383-0258

This is the second year of a three-year grant to the Suburban Area Agency on Aging, AgeOptions, for the Senior Medicare Patrol (SMP) program for the state of Illinois. The goal of the program is to recruit and train volunteers to conduct health care fraud control, outreach and education. The objectives are to: foster national and statewide program coverage; improve beneficiary education and inquiry resolution for other areas of health care fraud; foster national program visibility and consistency; improve the efficiency of the SMP program, while increasing results for both operational and quality measures; and target training and education to isolated and hard-to-reach populations. The expected outcomes: statewide coverage through collaborations with all the Area Agencies in Illinois; a centralized intake system to report health care fraud; a statewide media campaign; expansion of the SMP message to people with disabilities through partnership with the Illinois Network for Centers for Independent Living (INCIL); improved targeting to ethnic and limited English speaking seniors through partnership with the Coalition for Limited English Speaking Elderly (CLESE); increased awareness about Medicare Part D and Durable Medical Equipment (DME) fraud; consistent branding of the program with the national SMP effort; an increased number of people reached with the SMP message; and suggested best practices for reaching and educating isolated and hard-to-reach populations. The products from this project are: project reports as required, including evaluation results; website; newsletters; SMP power point presentation; SMP posters; playing cards; a fraud prevention toolkit; and an SMP brochure.

### 90AM3067 Senior Medicare Patrol Project for State of New Hampshire

New Hampshire Department of Health and Human Services Bureau of Elderly and Adult Services 129 Pleasant Street Concord, NH 03301-3857

Contact: Karol Dermon (603)271-4925

Project Period: 07/01/2006 - 05/31/2009

FY 2006

FY 2007

180,000

180,000

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 170,000      |
| FY 2007 | 170,000      |

This is the second year of a three-year grant to the New Hampshire Department of Health and Human Services' Bureau of Elderly and Adult Services (BEAS) for support of a Senior Medicare Patrol (SMP) project. The goal of the project is to recruit, train and manage a network of volunteers and counselors statewide to educate Medicare beneficiaries and their families about health care error, fraud and abuse. The objectives are to: foster statewide and local SMP program awareness; provide outreach and education on health care fraud and abuse; conduct targeted outreach and assistance to people who are hard to reach; and improve operational efficiencies and to ensure consistent quality of reporting systems. Expected outcomes are: increased statewide awareness of Senior Medicare Patrol project; increased number of Medicare beneficiaries reached who are homebound, living in isolated or rural areas, who have low literacy, limited income and/or living with disabilities or chronic illnesses; more improved operationally efficient program; and an increase in the number of knowledgeable beneficiaries on matters of health care fraud, error and abuse and other scams. Products will include: brochures; newsletters; PowerPoint presentations; and project reports and evaluation as required.

Program: Senior Medicare Patrol Project

### 90AM3068 SMP Medicare Integrity Project

Project Period: 07/01/2006 - 05/31/2009

FY Grant Amount

Coalition of Wisconsin Aging Groups 2850 Dairy Drive, Suite 100 Madison, WI 53718-6751

Contact: Karen VonHuene (608)224-0606

This is the 2nd year of a 3-year Senior Medicare Patrol (SMP) grant to the Coalition of Wisconsin Aging Groups' (CWAG) Elder Law Center to build on the successful volunteer and partnering programs of its 9 year Senior Medicare Patrol Grant ("the project") and Integration Grant by expanding the project's scope to address healthcare integrity broadly. The goal is to train seniors to be better healthcare consumers and to increase the reports of healthcare error, fraud, waste, & abuse. Objectives: to enhance its statewide coverage, the project will continue to revise its volunteer structure by expanding the current regional system aligned with the CWAG nine districts to a county-based lead volunteer representative system and redesign the project's volunteer positions to reflect four distinct levels of involvement; to improve beneficiary education and problem resolution, staff will continue to create training materials and publications for use by our volunteers and project partners that teach seniors to be better healthcare consumers by identifying and reporting healthcare integrity problems; to foster national visibility, staff will continue to share materials and experiences with the National Consumer Protection Technical Resource Center; to improve the efficiency and effectiveness of the project through increased complaint referrals, the project will encourage WI seniors to report suspected cases of healthcare fraud more broadly; and continue to focus educational and training opportunities for isolated & hard-to-reach populations. Expected outcomes include: an increase in the number of elderly individuals educated; an increase in the number of inquiries to the project and rate of inquiry resolution; and an increase in Medicare, Medicaid, and other healthcare savings. Products will include: project reports as required, evaluation results, two websites, written articles for publication, data on performance outcomes, and presentations at national conferences.

#### 90AM3069 Senior Medicare Patrol Program

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 169,987      |
| FY 2007 | 169,987      |

Wyoming Senior Citizens, Inc. 106 West Adams PO Box BD Riverton, WY 82501

Contact: Tamra I Ward (307)856-6880

This is the second year of a three-year grant to the Wyoming Senior Citizens, Inc. to conduct a Senior Medicare Patrol (SMP) project to serve isolated and rural, low income, disabled, and Native Americans on the Wind River Indian Reservation. The goal of this project is to educate those persons who will benefit from Medicare fraud and abuse information, Medicare Modernization Act and Medicare Part D changes. The objectives are to: train SMP volunteers; educate beneficiaries and general public about Medicare fraud; test beneficiaries' knowledge through feedback survey to determine if information presented was beneficial; track data on number, types and results of referrals; recruit and maintain retired professionals, as well as one bilingual volunteer; educate seniors who do not visit senior centers; establish at least one coalition partner in each county; and update educational materials. Expected outcomes are: increased volunteer knowledge; increased awareness of the SMP program in the general population; increased identification of problems on health care bills and explanation of benefits; increased efficiency in tracking data; and increased savings of dollars in the Medicare program. Products from the project will include: brochures, posters, bookmarks, health care journals, playing cards, hand sanitizers, band-aid kits and other educational materials and reports as required, including evaluation results.

Program: Senior Medicare Patrol Project

# 90AM3070 Senior Medicare Patrol Projects-Cooperative Agreement

Project Period: 07/01/2006 - 05/31/2009

 FY
 Grant Amount

 FY 2006
 75,000

 FY 2007
 75,000

Virgin Islands Department of Human Services Knud Hansen Complex Building A Charlotte Amalie, VI 00802

Contact: Michal Rhymer-Charles (340)774-8820

This is the second year of a three-year grant to the Virgin Islands Department of Human Services to support a Senior Medicare Patrol (SMP) program to recruit and train senior citizens to include retired professionals as volunteers to educate Medicare and Medicaid beneficiaries and/or their caregivers on how to protect themselves from fraud and any abusive health care practices. The primary goal of the SMP program is to continue to expand the program territory wide, which will include recruitment, outreach, referral, and follow-up. The objectives of the project are to: identify target populations, such as seniors in isolated and hard-to-reach areas; develop educational materials to serve the bilingual and culturally diverse and visually impaired, as well as those with limited literacy skills; develop a reporting system to report and follow up on any suspected fraud or abuse; implement program coverage strategies such as web-based applications, media and outreach events; enhance beneficiaries' education through various collaboration efforts and group training sessions with statewide partners; and establish outreach outcomes to seniors at eight senior citizen centers territory wide, caregiver support groups, senior independent living communities, and assisted living facilities. The expected outcomes are: increased number of volunteer recruitment and trainings; increased number of beneficiaries reached; and an increased number of educational activities. Products will include: required reports, including evaluation results; brochures and educational materials.

### 90AM3071 Iowa Senior Medicare Program (Operation Restore Trust of Iowa)

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 175,000      |
| FY 2007 | 175,000      |

Hawkeye Valley Area Agency on Aging 2102 Kimball Avenue, Suite 320 P.O. Box 388 Waterloo, IA 50704

Contact: Shirley Merner (319)272-2244

The Hawkeye Valley Area Agency on Aging (HVAAA) is in its second year of a three-year Senior Medicare Patrol Project (SMP) grant application. The SMP's major partners include lowa's Area Agencies on Aging (AAA), and lowa EXPORT Center of Excellence on Health Disparities (Project EXPORT) located at the University of Northern Iowa. Through these partnerships, the SMP continues to achieve statewide coverage, expert knowledge of underserved populations, expertise in design of culturally-sensitive marketing and educational materials, and previously established community relationships. The project's goal is to recruit, train, and empower retired professionals to create responsible beneficiaries of healthcare statewide. The focus of this project is to increase outreach and education to include lowa's isolated and hard-to-reach, underserved populations including African American, Asian, Hispanic, Native American, rural lowans and other emerging populations. The objectives include: improve program efficiency statewide; foster and nurture statewide coverage and increase outreach to target populations; increase public awareness to underserved populations; improve beneficiary healthcare education by focusing on underserved populations; and foster national SMP visibility and recognition for Iowa SMP's outreach project. The expected outcomes of this project are: our targeted elderly population will be equipped to be good stewards of healthcare dollars; recovery of misspent healthcare dollars will increase; and target populations will report healthcare concerns for resolution or investigation. The products from this continuation project include folders; informational handouts that are culturally sensitive; an updated ID theft brochure; give-away items for use at health fairs and presentations; and reports as required, including evaluation results. Project lessons learned will be provided to the AoA National Consumer Protection Technical Resource Center (NCPTRC).

Program: Senior Medicare Patrol Project

# 90AM3072 Senior Medicare Patrol Project Maryland Curb Abuse in Medicare and Medicaid (CAMM)

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

Maryland Department of Aging 301 West Preston Street, Suite 1007 Baltimore, MD 21201-2374

Contact: Sue Vaeth (410)767-1108

This is the second year of a three-year Senior Medicare Patrol (SMP) Project supported by the grantee, the Maryland Department of Aging (MDoA). The goal of the SMP project is to increase senior awareness of health care fraud, waste, abuse and error, to mobilize state and community resources to work together in resolving and publicizing health care fraud concerns, and to support the goals of the AoA Senior Medicare Patrol. The objectives are to: develop partnerships and collaborations to ensure statewide program coverage; improve beneficiary education and inquiry resolution for other areas of health care fraud; increase awareness for beneficiaries about the problem of healthcare, fraud waste and abuse; identify and test best practices to reach the hard-to-reach population; target training and education to isolated and hard-to-reach populations; recruit and train volunteers with a variety of skills and education; foster program visibility and consistency; incorporate the new SMP logo and tagline in all MDoA and AAA SMP materials; and incorporate the use of the Smartfacts reporting system in Maryland's Senior Medicare Patrol Program. The expected outcomes are to: provide outreach to 12,000 Medicare and Medicaid beneficiaries and their families; receive 400 inquiries of suspected incidences of fraud, waste, error or abuse; document estimated savings attributable to the project; develop 3 new partnerships: assist 4.000 people on an individual basis; and recruit, educate and train a volunteer corps of 75 retired professionals. The products from the project will include: an assessment survey for Medicare beneficiaries; a paper on building partnerships with non-English communities; an updated training curriculum.; a new SMP brochure; and an enhanced web site.

### 90AM3073 VT Medicare Partnership Project

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 170,000      |
| FY 2007 | 170,000      |

Community of Vermont Elder Affairs PO Box 1276 Montpelier , VT 05601-

Contact: Dolly Fleming (802)229-4731

This is the second year of a three-year grant to provide a Senior Medicare Patrol (SMP) project, Community of Vermont Elders. The goals of the project are to: build upon the current structure of collaborative efforts with professionals in Vermont's elder network who can assist with public education, identification of Medicare error and waste and referral; continue to utilize the media as a primary educational strategy which effectively provides useful resource information to isolated and homebound beneficiaries; continue to identify opportunities to educate Vermonters about Medicare program benefits, rights and protections; and develop an outreach and education strategy to reach people with disabilities. The objectives are to: continue collaborative agreement with AAAs; collaborate with SHIP to form an educational strategy for people with disabilities; continue collaboration with the National Senior Service Corps; continue expansion of referral and reporting services; identify/train and incorporate an intern as a designated program outreach assistant; and strengthen/broaden representation and expertise on the Vermont SMP Advisory Council. The expected outcomes are: a reduction in Medicare/Medicaid error, fraud and abuse; increased number of referrals received; an increase in the number of volunteers engaged in education; an increase in the number of beneficiaries and providers educated; addition of key stakeholders in Advisory Council; increased reporting; and increased public awareness about Vermont SMP and Medicare error, fraud and abuse. Products from this project will include: a final report, including evaluation results; public service announcements; and educational materials.

Program: Senior Medicare Patrol Project

90AM3074 Indiana Senior Medicare Patrol Project Senior ESP (Examine Services Provided)

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

IAAAA Education Institute 5875 Castle Creek Pkwy N Dr. Indianapolis, IN 46250-4331

Contact: Melissa Durr (317)598-9300

This is the second year of a three-year grant to the Indiana Association of Area Agencies on Aging (IAAAA) Education Institute, Inc. to continue an education and training model, the Indiana Senior Medicare Patrol (SMP) project. The goal is to create an education and training model on Medicare fraud prevention, including Part D, for elder volunteers and others who work with underserved Medicare populations including rural, low income and African American groups. The objectives are to: continue working with established partners to foster national and statewide program coverage; improve beneficiary education and inquiry resolution for other areas of health care fraud; foster national program visibility and consistency; improve the efficiency of the SMP program, while increasing results for both operational and quality measures; and target training and education to isolated and hard-to-reach populations. The expected outcomes are an increase in the beneficiary knowledge of Medicare fraud and abuse, and a 10% increase in the number of complaints reported/received over the life of the project. Products will include brochures, personal health care journals, Medicare Summary Notice (MSN) guides and informational sheets, project reports as required, including evaluation results.

#### 90AM3075 Senior Medicare Patrol Program Grant

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 170,000      |
| FY 2007 | 170,000      |

Alabama Department of Senior Services 770 Washington Ave., Suite 470 Montgomery, AL 36130

Contact: Robyn James (334)242-5743

This is the second year of a three-year Senior Medicare Patrol (SMP) project grant to the Alabama Dept. of Senior Services (ADSS) to support an SMP program, in collaboration with the 13 Area Agencies on Aging. The goal of the project is to educate beneficiaries and providers to identify errors in Medicare billing to combat healthcare waste, fraud and abuse. The approach is to educate beneficiaries and providers on fraud and abuse, as well as to track events and contacts on potential cases among older consumers. Objectives: educate beneficiaries and providers on how to identify errors in Medicare billing; provide publications to educate beneficiaries on identifying potential fraud and abuse; publicize a statewide 1-800 number for assistance; establish an effective reporting mechanism to track outreach events, as well as potential fraud and abuse cases; build partnerships with healthcare providers, Medicare carriers and fiscal intermediaries; and recruit & train volunteers. Expected outcomes: more rural, low-income, and non-English speaking aging consumers educated and aware of Medicare waste, fraud and abuse, with contacts/assistance should they suspect a problem; measurable outcomes with post-evaluations at seminars will show a marked increase in the awareness and detection of fraud and abuse positively affecting target areas; publications, and increased publicity on waste, fraud and abuse will be available statewide; volunteers will be recruited and trained in rural and underserved areas; and healthcare providers will begin to be trained to identify healthcare waste, fraud and abuse. Products will include: website with statewide resources; reference materials on waste, fraud and abuse; and community-based educational programs designed to provide tips on preventing and identifying waste, fraud and abuse, emphasizing the importance of protecting one's personal information; and required reports, including evaluation results.

Program: Senior Medicare Patrol Project

## 90AM3076 Senior Fraud Patrol - Medicare Assistance Program

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 170,000      |
| FY 2007 | 170,000      |

East River Legal Services Corporation 335 N. Main Ave., #300 Sioux Falls, SD 57104

Contact: Candise H Gregory (605)336-2475

The East River Legal Services (ERLS) supports the second year continuation grant of the three-year South Dakota Senior Medicare Patrol (SMP) project, in collaboration with the South Dakota State Health Insurance Program (SHIPP), Cooperative Extension Services, South Dakota Division of Insurance and South Dakota Attorney General's Office. The goal of the project is to provide education and information relating to Medicare fraud, as well as other types of health care and consumer fraud. The objectives are to: recruit and train volunteers from the network; educate seniors about Medicare benefits and how to recognize and report suspected fraud, error, waste and abuse; expand outreach to seniors in all 66 counties of the state; keep seniors advised in a timely manner of issues affecting their health and well being; and increase inquiry resolution for seniors. The expected outcome is an increase in client contacts and households reached through media events. Products will include a final report of project results and statistical information; an interactive website; the Medicare Advantage handout; scam alerts; and a targeted newspaper column and additional self-help and information publications and tools to assist seniors with health care matters.

### 90AM3077 Anti-Fraud Health Care Demonstration Project

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 180,000      |
| FY 2007 | 180,000      |

Minnesota Board on Aging P.O. Box 64976 540 Cedar Avenue Saint Paul, MN 55164-0976

Contact: Krista Boston (651)431-2605

This is the second year of a three-year health care anti-fraud demonstration project in partnership with the seven Minnesota Area Agencies on Aging and related organizations serving hard-to-reach populations. The goal of the project is to empower individuals to identify and report instances of error, fraud and abuse in the health care system with emphasis placed on Medicare and Medicaid programs. Objectives of the project are to: foster national and statewide SMP coverage; improve beneficiary education and inquiry resolution for other areas of health care fraud; foster national program visibility and consistency; improve the efficiency of SMP, while increasing results for operational and quality measures; and target training and education for hard-to-reach populations. Expected outcomes are: an increased number of Minnesotans who receive services from the Senior LinkAge Line who are aware of fraud, abuse and error issues and know how to identify and report them; increased number of consumers and professionals from helping agencies who know where to go for objective help with questions regarding health care fraud, errors and abuse; a decreased number of individuals who experience confusion and frustration when trying to report and resolve fraud, abuse and errors; and increased knowledge, skills and confidence of Senior LinkAge Line staff/volunteers to provide comprehensive health insurance counseling as it pertains to health care fraud, abuse and error. Products will include: a new interactive Web site; secure instant message software and voiceover IP capability; automated statewide tracking of health care fraud, abuse and error grievances; virtual volunteer coordinator reference handbook; a cookbook; and a report as required.

Program: Senior Medicare Patrol Project

# 90AM3078 Senior Medicare Patrol Project

Rhode Island Department of Elderly Affairs 35 Howard Ave Cranston, RI 02920

Contact: Delia Rodriguez (401)462-0524

Project Period: 07/01/2006 - 05/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 170,000      |
| FY 2007 | 170,000      |

This is the second year of a three-year Senior Medicare Patrol Project (SMP). The goals are to recruit and train volunteers to provide a comprehensive, coordinated statewide information and referral system to educate groups of Medicare/Medicaid beneficiaries, their families and professionals about Medicare/Medicaid fraud, error and abuse. The objectives are to: utilize the Rhode Island Adult and Disability Resource Center (ADRC) known as "The Point" as the central Information & Referral access for persons concerned about SMP issues; contract with six regional agencies to help coordinate SMP activities; partner with SHIP program by conducting a variety of co-sponsored educational community outreach events; recruit more counselors than expected; improve program visibility and impact (particularly in Providence); provide counseling to non-English speakers (especially Spanish); professionalize the training process of SMP counselors through structured certification; and access Dept. of Elderly Affairs' contacts and public awareness mechanisms in communicating the SMP message to the network and relevant community members. Expected outcomes will continue as the successful activities of the past year, with increased program centralization to assure that every week achievable and measurable activities are happening. Products from this project are: a final report, including evaluation results; a resource guide; press releases; newspaper articles; brochures; and abstracts for national conferences.

90AM3133 SMP- KY

Project Period: 01/01/2007 - 05/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 272,610      |

# LOUISVILLE/JEFFERSON COUNTY METRO GOVERNMENT

810 Barrett Ave, 3rd Floor Louisville, KY 40204

Contact: Sarah Ritchie (502)574-6960 325

This is the third year of a 3 year grant to the Louisville Metro Government Community Action Partnership (LMCAP) to continue to operate the statewide Senior Medicare Patrol program, the Kentucky Senior Medicare Patrol (KY SMP) through seven regional existing Retired Senior Volunteer Programs (RSVPs). The goal is to have reached 305 trained volunteers by the end of year three, May 31, 2008. The objectives are to: recruit and train 305 people statewide to become Medicare educators; expand and enhance educational services to Medicare & Medicaid beneficiaries in all 120 KY counties by the end of the fiscal year, May 31, 2008; continue to seek partnerships that will assist the KY SMP program to preserve the integrity of the Medicare and Medicaid programs and its vital services to beneficiaries in the state, e.g., the KY Medicare Partners, Division on Aging Services, Long Term Care Ombudsman Program, TRIAD, SHIP and the National Government Services; provide a minimum of 25 hours of training to volunteers, enabling them to be a knowledgeable resource on Medicare and Medicaid rights and benefits, in a variety of healthcare areas; provide continuous monitoring of the program to provide beneficial feedback; and assist in the retention of a full slate of KY SMP Advisory Council members and sub-committees. Expected outcomes are: 305 trained volunteers by the end of year three, May 31, 2008; an increase in the number of educational services to beneficiaries; established partnerships to preserve integrity of Medicare/Medicaid programs; and an increase in the number of knowledgeable beneficiaries of healthcare fraud in the Medicare and Medicaid programs. Products will include: project reports, including evaluation results, as required; and educational materials for volunteers and beneficiaries.

Program: Senior Medicare Patrol Project

90AM3143 Senior Medicare Patrol Program

Project Period: 06/01/2007 - 05/31/2008

FY Grant Amount FY 2007 160,000

Michigan Medicare\Medicaid Assistance Program 6105 West St. Joseph Hwy Suite 204 Lansing, MI 48917

Contact: Stacey Platte (517)886-1242

The Michigan Medicare/Medicaid Assistance Program picked up the third year of a three-year grant to the Area Agencies on Aging Association of Michigan which was terminated. The goal for the Michigan Medicare\Medicaid Assistance Program (MMAP) is to increase recognition, reporting, and avoidance of Medicare and Medicaid waste, fraud and abuse by Michigan's 1.5 million Medicare beneficiaries. MMAP will achieve this goal through statewide education, outreach, and prevention efforts. The objectives are to: recruit and train additional SMP specialists; revise MMAP materials to include a special focus on current SMP information; hold refresher SMP training sessions; enhance SMP outreach materials; foster relationships with new community partners; conduct SMP outreach and media events; provide SMP information in seven languages via the MMAP website; implement SMART FACTS to report SMP data; and review outcome and benchmark criteria used to evaluate the MMAP SMP Project. Measurable outcomes: increased SMP outreach, education, and prevention efforts in all 83 Michigan counties; improved volunteer and beneficiary ability to identify, report, and prevent Medicare waste, fraud and abuse; increased access to SMP information among non-English speaking individuals; accurate SMP report via SMART FACTS; and improved outcome and benchmark criteria to ensure grant compliance. Products will include: SMP outreach materials; revised MMAP training and publications; SMP "Train-the-Trainer" presentations; online SMP training and certification tool; SMP press releases; and SMP outcome measurement tool.

Program: Choices for Independence

# 90AM3126 Preparing the Aging Network for Administration on Aging Choices for Independence Initiative

Project Period: 09/30/2006 - 06/30/2009

 FY
 Grant Amount

 FY 2006
 364,839

 FY 2007
 514,345

National Association of Area Agencies on Aging (N4A) 1730 Rhode Island Avenue, NW, Suite 1200 Washington, DC 20036

Contact: Robert D Logan (202)872-0888 18

To prepare to meet the goals of the Choices for Independence initiative, N4A proposes to establish a partnership with Scripps Gerontology Center to: 1) develop a relevant, accessible, and comprehensive AAA and Title VI program survey for the aging network; 2) create a National Center for Long-Term Care Business and Strategy in the aging network to assist the aging network implement the AoA Choices for Independence initiative; 3) institute a pilot program to assess the feasibility of establishing an inventory of Older Americans Act providers; and 4) create a web-based Board and Advisory Council training manual.

Program: Performance Outcomes Measures Project

### 90AM2873 Performance Outcomes Measures Project - Priority Area 1: Standard POMP

State of Iowa
Department of Elder Affairs
510 East 12th Street Jesse Parker Bldg

Des Moines, IA 50319

Contact: Jayne Walke (515)725-3309

Project Period: 09/30/2004 - 03/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 50,000       |

The lowa Department of Elder Affairs, partnering with Hawkeye Valley Area Agency on Aging, will develop, field test and expand outcome measures used in lowa's Aging Network by concentrating on: 1) developing service provider surveys; and 2) developing consumer assessment surveys to be posted on the POMP website. Expected outcomes are: 1) clients determine how services may be improved; 2) service providers receive assistance in developing outcome measures; 3) care recipients maintain independence longer; and 4) surveys and results are posted on Area Agencies websites. Products will include pilot tested service recipient and provider surveys and survey administration tools. The products will be disseminated to AoA, other states, the lowa Association of Area Agencies on Aging, County Councils on Aging, aging partners, legislators and local officials.

# 90AM2874 New York Performance Outcome Measures Project: Advanced POMP

Project Period: 09/30/2004 - 08/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 15,000       |
| FY 2005 | 50,000       |
| FY 2006 | 60,000       |
| FY 2007 | 70,000       |

New York State Office for the Aging 2 Empire State Plaza Albany, NY 12223-1251

Contact: I-Hsin Wu (518)474-4425

New York will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent with data New York is able to provide. New York, as co-leader of the Advanced POMP workgroup, will also be working closely with the project officer and technical assistance contractor to identify national data sources appropriate for comparison purposes. The Advanced POMP goal applicable to this project is Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act Services.

Anticipated outcomes for this project are: 1) a nursing home predictor model developed and tested; and 2) appropriate comparison group data from national surveys identified to enable nursing home diversion estimation.

Program: Performance Outcomes Measures Project

### 90AM2875 North Carolina Performance Outcome Measures Project: Advanced POMP

Project Period: 09/30/2004 - 08/31/2009

FY Grant Amount FY 2004 15,000 FY 2005 40,000 FY 2006 49,500 FY 2007 70,000

North Carolina Department of Health and Human Services 2101 Mail Service Center Raleigh, NC 27699-2101

Contact: Phyllis Bridgeman (919)733-4534

North Carolina will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent to data that North Carolina is able to provide. North Carolina plans to use 27 month retrospective data to determine service utilization and identify reasons for terminated service. The data set will be compared with Medicaid claims data, to estimate cost savings. The Advanced POMP goal applicable to this project is Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act (OAA) programs. Anticipated outcomes for this project are: 1) a nursing home predictor model will be developed and tested; and 2) Medicaid cost savings attributed to OAA programs will be estimated.

# 90AM2876 Rhode Island Perfomance Outcome Measures Project: Advanced POMP

Rhode Island Department of Elderly Affairs The John O. Pastore Center 35 Howard Avenue Cranston, RI 02920

Contact: Donna M Cone (401)462-0500

Project Period: 09/30/2004 - 08/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 15,000       |
| FY 2005 | 44,985       |
| FY 2006 | 46,307       |
| FY 2007 | 46,549       |

Rhode Island will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent with data Rhode Island is able to provide. In addition, Rhode Island is developing a protocol to measure the impact of congregate meal program participation on targeted health outcomes, improvement of healthy behaviors and reducing known indicators of nutritional risk. The Advanced POMP goals applicable to this project are Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act (OAA) programs, and Goal 3: Demonstrate Effectiveness of OAA programs. The anticipated objectives of this project are to: 1) pilot test a nursing home predictor model to demonstrate cost benefits of Rhode Island home and community care programs; and 2) document impacts of congregate meal programs and estimate cost savings related to impacts.

Program: Performance Outcomes Measures Project

### 90AM2877 Florida Performance Outcome Measures Project: Advanced POMP

Florida Department of Elder Affairs Planning and Evaluation Unit 4040 Esplanade Way, Suite 280 Tallahassee, FL 32399-7000

Contact: Jay Breeze (850)414-2000

Project Period: 09/30/2004 - 08/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 15,000       |
| FY 2005 | 50,000       |
| FY 2006 | 59,943       |
| FY 2007 | 69,957       |

Florida is providing project leadership by independently developing a nursing home predictor model and sharing it with the grantee workgroup for broader testing. Florida serves as the co-leader of the Advanced POMP workgroup and has developed the vision for Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act (OAA) Programs. Florida is currently expanding the nursing home risk model to predict risk of other adverse events such as hospitalization, emergency room visits and functional decline. Objectives are to: 1) produce an algorithm to compute reductions in nursing home placements due to use of in-home services; 2) produce an algorithm to compute reductions in hospital use due to use of in-home services; and 3) produce an algorithm to compute reductions in acute medical care due to use of in-home services.

# 90AM2878 Delaware Performance Outcome Measures Project: Advanced POMP

Delaware Department of Health & Social Services 1901 N. DuPont Highway Main Annex First Floor New Castle, DE 19720

Contact: Melissa A Hinton (302)255-9390

Project Period: 09/30/2004 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 9,694        |
| FY 2005 | 37,751       |

Delaware will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent with data that Delaware is able to provide. In addition, Delaware will conduct an independent review of cost avoidance methodology used for social programs. The Advanced POMP goal applicable to this project is Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act Programs. The anticipated outcomes of this project are: 1) a nursing home predictor model will be developed and tested; and 2) a report documenting the methodological review of cost avoidance studies of social programs will be developed.

Program: Performance Outcomes Measures Project

90AM2879 Ohio Performance Outcome Measures Project: Advanced POMP

Project Period: 09/30/2004 - 08/31/2009

 FY
 Grant Amount

 FY 2004
 15,000

 FY 2005
 40,000

 FY 2006
 50,000

 FY 2007
 55,271

Ohio Department of Aging 50 West Broad Street, 9th Floor Columbus, OH 43215-3363

Contact: Marc Molea (614)466-7246

Ohio will work on the development of a nursing home predictor model, using data available in Ohio and based, in part, on a high risk screening tool being developed for their Medicaid waiver program. They will use key factors determined to be statistically significant predictors for the Medicaid waiver population and they will test the reliability of the high risk screening tool for the population receiving Older Americans Act (OAA) services. Once the tool is validated and introduced into use, cost savings estimates can be generated. The Advanced POMP goal applicable to this project is Goal 1: Demonstrate Cost Avoidance Attributed to OAA Programs. The anticipated outcomes for this project are: 1) a nursing home predictor model will be developed and tested; and 2) a high risk screening tool for OAA programs will be developed and tested.

# 90AM2880 Arizona Performance Outcome Measures Project: Advanced POMP

Project Period: 09/30/2004 - 08/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 15,000       |
| FY 2005 | 50,000       |
| FY 2006 | 39,000       |
| FY 2007 | 69 325       |

Arizona Department of Economic Security 1717 W. Jefferson, Site Code 010A

Phoenix, AZ 85007

Contact: Rex Critchfield (602)542-4446

Arizona's Advanced POMP project is focusing on the efficacy of senior centers. They will conduct a 24 month longitudinal study of new senior center clients to assess the impacts of nutrition and health promotion/ disease prevention programs. The Advanced POMP goal applicable to this project is Goal 3: Demonstrate the Effectiveness of Older Americans Act Programs. The anticipated outcome of the project is the design of a methodology to demonstrate the positive impact of select senior center services.

Program: Performance Outcomes Measures Project

# 90AM2881 Georgia Performance Outcome Measures Project: Advanced POMP

Georgia Department of Human Resources Division of Aging Services 2 Peachtree Street, NW, Suite 9 Atlanta, GA 30303

Contact: Arvine R Brown (404)651-6314

Project Period: 09/30/2004 - 08/31/2009

FY Grant Amount

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 11,250       |
| FY 2005 | 18,772       |
| FY 2006 | 21,381       |
| FY 2007 | 37,635       |

Georgia will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent with data that Georgia is able to provide. Georgia will be the first state to test the Florida model. In addition, Georgia has an extensive database with detailed information on waiting list clients, which can be used to establish a comparison group. The applicable Advanced POMP goal for this project is Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act Programs. The anticipated outcomes of this project are: 1) a nursing home predictor model will be developed and tested; and 2) waiting lists will be used as a comparison group to enable nursing home diversion estimation.

# 90AM2882 Iowa Performance Outcome Measures Project: Advanced POMP

Project Period: 09/30/2004 - 08/31/2009

| 00000,0 | <del>0, = 0 0 .                                  </del> |
|---------|---|
| FY      | Grant Amount  |
| FY 2004 | 15,000  |
| FY 2005 | 40,000  |
| FY 2006 | 60,000  |
| FY 2007 | 70,000  |

Iowa Department of Elder Affairs 510 East 12th St., Jesse Parker Bldg. Suite 2 Des Moines, IA 50319

Contact: Jayne Walke (515)242-3301

lowa will be participating in the nursing home predictor statistical modeling component of Advanced POMP, in which the technical assistance contractor will work with the model developed by Florida, adjusting it consistent with data that lowa is able to provide. In addition, lowa will conduct an independent analysis of the optimal service case mix using data collected by the recipient survey conducted during an earlier POMP project, as well as administrative data. The applicable Advanced POMP goals for this project are Goal 1: Demonstrate Cost Avoidance Attributed to Older Americans Act (OAA) Programs and Goal 2: Demonstrate the Efficiency of OAA Programs. The anticipated outcomes of this project are: 1) a nursing home predictor model will be developed; and 2) the most efficient service mixes will be identified.

Program: Performance Outcomes Measures Project

### 90AM2883 South Carolina Performance Outcomes Measures Project: Advanced Pomp

Project Period: 09/30/2004 - 09/29/2007

 FY
 Grant Amount

 FY 2004
 15,000

 FY 2005
 50,000

 FY 2006
 60,000

Lieutenant Governor's Office on Aging 1301 Gervais Street, Suite 200 Columbia, SC 29201

Contact: Bruce E Bondo (803)734-9870

For Advanced POMP, South Carolina has developed an independent analysis path to follow, predicated on their rich database of health services utilization. They will examine the relationship between select older Americans Act services and the use of hospital or emergency room services for conditions such as dehydration and pneumonia. They will then examine service thresholds to determine if the amount of service impacts emergency room or inpatient hospitalization. Finally, they will examine health care expenditure records for the OAA population vs. the Medicaid non-OAA population to estimate savings in health care costs attributed to OAA services. The Advanced POMP goals applicable to this project are: 1) demonstrate cost avoidance attributed to OAA programs; and 2) demonstrate program effectiveness. The anticipated outcomes for this project are: 1) a methodology will be developed to demonstrate a reduction in hospital visits due to OAA services; 2) service effectiveness thresholds will be developed for select services; and 3) health care cost savings attributed to OAA programs will be identified.

### 90AM3015 Performance Outcomes Measurements Program

Project Period: 09/30/2005 - 09/29/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 40,000       |

New York State Office for the Aging 2 Empire State Plaza Albany, NY 12223-1251

Contact: I-Hsin Wu (518)474-4425

New York addressed each of the Standard POMP 7 objectives, indicating they will work: 1) independently within the State and develop a sampling methodology for statewide performance measurement; 2) collaboratively with the POMP workgroup to finalize performance measurement surveys; and 3) their dissemination strategy will prominently feature the Finger Lakes Geriatric Education Center and training that identifies "do's" and "don'ts" of performance measurement. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the Aging Network. Objectives for Standard POMP 7 projects are to:

- 1) develop a methodology for statewide performance measurement
- 2) develop final versions of performance measurement surveys
- 3) develop performance measurement dissemination plan

Program: Performance Outcomes Measures Project

### 90AM3016 Standard Performance Outcome Measures Project

Project Period: 09/30/2005 - 03/31/2007

FY Grant Amount FY 2005 40,000

NC Department of Health and Human Services 2101 Mail Service Center Raleigh, NC 27699-2101

Contact: Phyllis Bridgeman

North Carolina addressed each of the Standard POMP 7 objectives, indicating they will work: 1) independently within the State and collaboratively at the national level to develop a sampling methodology for statewide performance measurement; 2) collaboratively with the POMP workgroup to finalize performance measurement surveys: and 3) their dissemination strategy will be heavily dependent on identifying what makes performance measurement attractive to AAAs. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the Aging Network. Objectives for Standard POMP 7 projects are:

- 1) develop a methodology for statewide performance measurement
- 2) develop final versions of performance measurement surveys
- 3) develop performance measurement dissemination plan

# 90AM3017 Implementing Outcome Measures in Ohio Standard POMP 7-Enhancing Outcomes Performance

Project Period: 09/30/2005 - 03/31/2007

FY Grant Amount FY 2005 40,000

Ohio Department of Aging 50 West Broad Street, 9th Floor Columbus, OH 43215-3363

Contact: Bob Lucas (614)728-9133

Ohio addressed each of the Standard POMP 7 objectives, indicating: 1) they will work collaboratively at the national level to develop a sampling methodology for statewide performance measurement, and they are working within Ohio to develop a performance measurement infrastructure by training participants in Ohio's OAA/Title V program to conduct survey interviews; 2) they will work collaboratively with the POMP workgroup to finalize performance measurement surveys (they volunteered to take the lead on the senior center and provider surveys); and 3) their dissemination strategy consists of their commitment to develop materials for dissemination and website posting. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the aging network. Objectives for Standard POMP 7 projects are:

- 1) develop a methodology for statewide performance measurement
- 2) develop final versions of performance measurement surveys
- 3) develop performance measurement dissemination plan

Program: Performance Outcomes Measures Project

90AM3018 2005 Standard POMP

Project Period: 09/30/2005 - 09/29/2007

FY Grant Amount FY 2005 40,000

Florida Department of Elder Affairs 4040 Esplanade Way, Suite 280 Tallahassee, FL 32399-7000

Contact: Jay Breeze (850)414-2000

Florida addressed each of the Standard POMP 7 objectives, indicating they will: 1) work collaboratively at the national level to develop a methodology for statewide performance measurement, and they are working within Florida to develop a senior center performance measurement toolkit; 2) they will work collaboratively with the POMP workgroup to finalize performance measurement surveys and; 3) they plan to work independently in the development of a dissemination strategy in which they are committing to national presentations. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the Aging Network. Objectives for Standard POMP 7 projects are:

- 1) develop a methodology for statewide performance measurement
- 2) develop final versions of performance measurement surveys
- 3) develop performance measurement dissemination plan

# 90AM3020 POMP 7--Developing/Refining Consumer Performance Measurement Tools

State of Iowa Project Period: 09/30/2005 - 12/31/2006

FY Grant Amount FY 2005 40,000

lowa Department of Elder Affairs 200 10th Street, Clemens Bldg., 3rd Floor Des Moines, IA 50309

Contact: Jayne Walke (515)242-3333

lowa addressed each of the Standard POMP 7 objectives, indicating they will: 1) work with the participating AAA to develop reporting tools for statewide performance measurement, beginning with their case managed clients; 2) work collaboratively with the POMP workgroup to finalize performance measurement surveys; and 3) work independently in the development of a dissemination strategy which will feature mentoring other states/AAAs. The anticipated outcome for all the POMP projects is enhanced performance measurement throughout the aging network. Objectives for Standard POMP 7 projects are:

- 1) to develop a methodology for statewide performance measurement
- 2) to develop final versions of performance measurement surveys
- 3) to develop performance measurement dissemination plan

Program: Performance Outcomes Measures Project

90AM3103 Performance Outcome Measurement Project: Standard POMP 8

Project Period: 09/30/2006 - 09/29/2008

FY Grant Amount FY 2006 50,000 FY 2007 50,000

New York State Office for the Aging 2 Empire State Plaza Albany, NY 12223-1251

Contact: I-Hsin Wu (518)486-2730

The New York State Office for the Aging will work collaboratively with local AAAs and other grantees to enhance the utility of the POMP surveys for the Aging Network. Specifically, they will:

- 1. conduct validity tests for the Caregiver Support, Case Management and Physical Functioning surveys.
- 2. pilot test the statewide performance measurement methodology, and
- 3. provide recommendations for performance measurement toolkits.

The products of this grant will be validated performance outcome measurement surveys, a pilot-tested statewide performance measurement protocol and performance measurement toolkits for posting on the POMP website.

### 90AM3104 Performance Outcome Measurement Project: Standard POMP 8

Project Period: 09/30/2006 - 09/29/2008

FY 2006 Grant Amount FY 2007 50,000

North Carolina Department of Health and Human Services 2101 Mail Service Center Raleigh, NC 27699-2101

Contact: Phyllis Bridgeman (919)733-0440

The North Carolina Division of Aging and Adult Services will work with national and state partners toward the three project objectives of validity testing, piloting a statewide performance measurement methodology and the development of a performance measurement toolkit. All of these build on previous initiatives with the overall goal of increasing national, state and regional knowledge of the impact of services and service packages. Working collaboratively with the national workgroup they will:

- 1. conduct validity testing for Caregiver Support, Transportation and Senior Center Surveys
- 2. pilot a methodology combining administrative data with minimal consumer surveys for statewide performance measurement and
- 3. develop a performance measurement toolkit for use by States and AAAs.

The products will include validated performance outcome measurement survey instruments, a pilot-tested statewide protocol and a performance measurement toolkit for posting on the POMP website.

Program: Performance Outcomes Measures Project

**90AM3105 FDOEA POMP 8** 

Project Period: 09/30/2006 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 50,000       |
| FY 2007 | 48,742       |

Florida Department of Elder Affairs 4040 Esplanade Way, Suite 280 Tallahassee, FL 32399-7000

Contact: Jay Breeze (850)414-2000

The Florida Department of Elder Affairs has an overall goal for this project of improving the ability of states to evaluate the effectiveness of their efforts to serve elders. The objectives/activities for their project are:

- 1. conduct validity tests for Caregiver Support, Case Management and Emotional Well-Being/Social Functioning surveys
- 2. pilot test statewide performance measurement methodology, and
- 3. assist in the development of performance measurement toolkit,

Florida will work collaboratively with AAAs and other state grantees with the outcome: a model to assess program performance allowing comparability across states. This outcome will benefit states by providing a tested, reliable methodology allowing states to identify best practices and areas in need of improvement with respect to elder services.

# 90AM3106 Performance Outcome Measurement Project: Standard POMP 8

Project Period: 09/30/2006 - 09/29/2008

Project Period: 09/30/2006 - 09/29/2008

FY 2006

FY 2007

Grant Amount

49,745

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 50,000       |
| FY 2007 | 50,000       |

Arizona Department of Economic Security 1717 W. Jefferson St, Site Code 010A

Phoenix, AZ 85007

Contact: Rex Critchfield (602)542-6324

The Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) will refine its performance measurement system to achieve its goal of using performance outcome measurement to assess program effectiveness. In collaboration with AAA, Region and Maricopa County service providers, as well as the other grantees, DAAS will pursue the following objectives:

- 1. conduct validity tests on Caregiver Support, Case Management, Information and Assistance and Social and Emotional Well-Being surveys.
- 2. conduct pilot testing on statewide performance measurement methodology and
- 3. assist in the development of performance measurement toolkits for use by the Aging Network.

The outcomes will be refined tools and methodologies for performance measurement for use at the State, local and national level. Products will include validated survey instruments, a statewide performance measurement methodology that has been pilot tested and performance measurement toolkits for national use.

Program: Performance Outcomes Measures Project

#### 90AM3107 Performance Outcome Measurement Project: Standard POMP 8

Iowa Department of Elder Affairs
Planning and Administration
510 East 12th Street Jessie-Parker Building - Suite 2
Des Moines, IA 50319

Contact: Jayne Walke (515)725-3309

The Iowa Department of Elder Affairs, working in collaboration with Hawkeye Valley Area Agency on Aging and the other grantees, will complete work on POMP developed performance measurement surveys and enhance their usefulness for the Aging network by:

- 1. conducting validity testing for the Caregiver, Case Management and Information and Assistance surveys.
- 2. pilot testing the statewide performance measurement methodology, and
- 3. participating in the development of performance measurement toolkits.

The expected products of this project are the incorporation of outcome measures into existing program data tools. The outcomes will be enhanced and streamlined performance outcome measurement.

# 90AM3108 Performance Outcome Measurement Project: Standard POMP 8

Project Period: 09/30/2006 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 50,000       |
| FY 2007 | 50,000       |

Ohio Department of Aging 50 West Broad Street, 9th Floor Columbus, OH 43215-3363

Contact: Bob Lucas (614)728-9133

The Ohio Department of Aging, working toward the goal of institutionalizing performance measures into state and local practice, will work collaboratively with the Council on Aging of Southwest Ohio, as well as the other grantees to pursue the following objectives:

- 1. conduct validity tests on the Caregiver Support, Home Delivered Meals and Physical Functioning surveys
- 2. conduct a pilot test of the grantee-developed statewide performance measurement methodology, and
- 3. participate in the development of performance measurement toolkits

The products will be validated survey instruments, a pilot test of the statewide performance measurement methodology and performance measurement toolkits suitable for use at the state and local level.

Program: Performance Outcomes Measures Project

90AM3109 Performance Outcome Measurement Project: Standard POMP 8

Project Period: 09/30/2006 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 18,725       |
| FY 2007 | 18,725       |

Georgia Department of Human Resources 2 Peachtree Street, NW, Suite 9-398 Atlanta, GA 30303-3142

Contact: Charles R Edwards (229)430-6656

The Georgia Department of Human Resources, Division of Aging Services, will work collaboratively with the Heart of Georgia/Altamaha Area Agencies on Aging and the other grantees toward the obtaining valid information to assess service provider performance and drive performance improvements. Specific objectives are:

- 1. conduct validity tests for Caregiver Support, Congregate Nutrition, Senior Center and Homemaker surveys.
- 2. conduct pilot test of the grantee developed statewide performance measurement methodology, and
- 3. participate in the development of performance measurement tools to be posted on the POMP website.

The products of this project include validated survey instruments, pilot tested statewide performance measurement methodology and enhanced performance measurement tools. The outcome is improved and consistent performance measurement capacity across the Aging Network.

### 90AM3110 Performance Outcome Measurement Project: Standard POMP 8

The Executive Office of Elder Affairs Planning/Program Development One Ashburton Place, Fifth Floor Boston, MA 02108

Contact: Wey Hsiao (617)222-7497

Project Period: 09/30/2006 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2006 | 35,000       |
| FY 2007 | 48,462       |

**Grant Amount** 

FY 2007

40,000

39.750

65,685

The Massachusetts Office of Elder Affairs is working collaboratively with local AAAs and other grantees to develop standardized performance outcome measures, methodologies and tools for the evaluation and improvement of Federal and State programs. The specific approach that will be followed is:

- 1. conduct validity tests for current POMP survey instruments for Congregate Meals, Information and Assistance and Caregiver Support
- 2. pilot test statewide performance measurement methodology
- 3. develop performance measurement toolkits

The products from this project will be validated outcome measure survey instruments, a pilot-tested statewide performance measurement methodology with data and performance measurement toolkits for the POMP website.

Program: Planning Grants Project

90AM3024 Planning Grants Project (PGP)

Project Period: 09/30/2005 - 09/29/2008 Florida Department of Elder Affairs FY 2005 FY 2006

4040 Esplanade Way, Suite 280 Tallahassee, FL 32399-7000

Contact: Jay Breeze (850)414-2000

The applicant, the Florida Department of Elder Affairs (DOEA) will develop a comprehensive planning model: (1) suitable for replication by all State Units on Aging (SUAs) and Area Agencies on Aging (AAAs); (2) characterized by uniform data collection, needs assessment and outcome-measurement methodologies; and (3) reflecting coordination/collaboration among partner agencies and elder services providers. Project objectives will be the development of the planning model, and development of a web-accessible national planning database. The applicant will partner with the Florida Association of AAAs, and the AAAs in planning and service areas 3 and 4. DOEA will convene a planners' retreat and a steering committee to obtain AAA and stakeholder input concerning planning objectives, including preparation of Florida's 2008-2010 State Plan on Aging. The DOEA website will be a primary means of making planning grants project information available.

### 90AM3025 The State Unit and AAAs Planning Grant Project

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 40,000       |
| FY 2006 | 40,000       |
| FY 2007 | 14,065       |

North Carolina Department of Health and Human Services 2101 Mail Service Center Raleigh, NC 27699-2101

Contact: Heather Burkhardt (919)733-0440

The applicant, the North Carolina Division of Aging and Adult Services (NC-DAAS), will develop a coordinated planning model for State and area plans on aging by adapting a logic model to focus on client outcomes and effective use of lessons learned. NC-DAAS plans to tap its experience with the AoA Performance Outcome Measurement project (POMP) in the development of its planning model. The model will start with a population framework, tie that to a logic model, and integrate performance outcome measures to form the foundation of effective planning. The project will involve five objectives: (1) collaborate with AoA and the national work group to develop a comprehensive planning model; (2) develop a well-coordinated NC State/area plan model, based on a logic model approach, with emphasis on assisting disadvantaged and vulnerable populations; (3) integrate POMP into the NC State/area plan model; (4) link goals and features of the AoA Strategic Action Plan to State and AAA planning; and (5) establish a sound evaluation method.

Program: Planning Grants Project

# 90AM3026 Indiana Planning Grants Project (PGP)

Indiana Division of Disability, Aging & Rehabilitative Services
402 W Washington St
Indianapolis, IN 46204

Contact: Natalie Angel

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 40,000       |
| FY 2006 | 39,750       |
| FY 2007 | 39,750       |

The applicant will test the effectiveness of the AdvantAge Initiative as a planning model on a statewide level. AdvantAge Initiative has been used as a model community development and strategic planning process to foster an "elder-friendly" community at the local level, but has never been used at the state planning level. The applicant will develop and utilize a demographic database for planning purposes, conduct a statewide telephone survey of Indiana elders using the AdvantAge Initiative survey, and utilize local steering committees to create Area Agency on Aging plans that will inform the State Plan. The grantee will partner with Self-Advocates of Indiana, Inc. and the Indiana Association of Area Agencies on Aging, and contract with the Center on Aging and community of Indiana University to customize and implement the model planning process. The applicant will disseminate results through a variety of vehicles, including conference presentations, publications, media releases, and websites. The applicant anticipates reaching non-traditional audiences through presentations at meetings of The American Planning Association, International City Managers Association, The Council on Foundations, Governors Conference on Aging, and others. Results will be shared with other grant recipients and project participants through "Oncourse", an online learning environment offered at Indiana University, which is designed to create collaborative work space for researchers conducting community-based programs and research.

# 90AM3027 Pennsylvania Department of Aging Planning Grants Project

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 40,000       |
| FY 2006 | 39,940       |
| FY 2007 | 39,940       |

Pennsylvania Department of Aging 555 Walnut Street Harrisburg, PA 17101

Contact: Dan McGuire (717)783-6207

The applicant will contribute to the development of standardized state planning processes through improving measurement strategies to track State Plan on Aging outcomes. The Pennsylvania Department of Aging will use its Plan on Aging's ten priority areas to develop standardized performance measures for priority area outcomes; work with selected Area Agencies on Aging to incorporate performance measures into their plans; and implement performance measurement in the priority area of cultural inclusion. The applicant plans to work with the Pennsylvania Association of Area Agencies on Aging (P4A) and several AAA's, including the Union-Snyder Agency on Aging and New Populations Inc. The Pennsylvania Department of Aging will work with P4A to disseminate results to the state's 52 AAAs. Other dissemination activities include public announcements, web site postings, the Department on Aging's quarterly newsletter, electronic and direct mailings to aging service organizations at national, state and local levels, and presentations at conferences (e.g. ASA, N4A and NASUA).

Program: Planning Grants Project

90AM3028 Arizona Planning Project

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 39,998       |
| FY 2006 | 40,000       |
| FY 2007 | 40,000       |

Arizona Department of Economic Security 1789 W. Jefferson Phoenix, AZ 85007

Contact: Rex Critchfield

The applicant, the Arizona Department of Economic Security, Aging and Adult Administration (ADES-A&AA), together with the Arizona Area Agencies on Aging (AAAs), will build on the existing strengths of its current planning process in order to design a coordinated, systematic and consistent planning process for State and area plans on aging. ADES-A&AA's Aging 2020 plan referenced in the application is well underway and has utilized solid planning strategies, such as needs and resources assessment, input from all identified stakeholders, analysis of existing planning data, e.g. census data, and incorporation of area agency goals into the State plan on aging. Objectives of the project are to: (1) improve consistency and coordination in the planning process; and (2) use the designed State and area plans as strategic documents to strengthen organizational capacity of service systems to meet current and future service needs. These objectives will be aligned with the current Performance Outcomes Measurement Project (POMP) and the Arizona Aging and Disability Resource Center (AzADRC).

# 90AM3029 Minnesota Collaborative Planning Model: A Cross-System Approach for Health Promotion

Project Period: 09/30/2005 - 09/29/2008

Minnesota Board on Aging P.O. Box 64976 St. Paul, MN 55164-0976

Contact: Kari Benson (651)297-5459

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 35,200       |
| FY 2006 | 35,600       |
| FY 2007 | 35,600       |

The applicant, the Minnesota Board on Aging (MBA) will develop a collaborative model that: (1) integrates Federal, State and local priorities; (2) links strategic partners; and (3) results in new and effective system change. Participation of key partners at the State, Area Agency on Aging (AAA) and local level is critical to the project. The focus of the project will be the development of evidence-based health promotion programming, a topic identified as a priority at the Federal, State and local level. The approach refines and expands MBA's current planning model to develop an inter-system, collaborative model for system change and service development across multiple agencies and multiple funding sources. In addition, MBA will develop and implement specific outcome measures and a web-based management information system to monitor performance at two levels: (1) service development - measures of new, expanded or redesigned community services; and (2) service outcomes - the direct effects of these services or interventions in the lives of older individuals.

Program: Planning Grants Project

### 90AM3030 Planning Grant Proposal for NJ Senior Nutrition Program

Project Period: 09/30/2005 - 09/29/2008

New Jersey Department of Health and Senior Services PO Box 360 Trenton, NJ 08625

Contact: Geraldine Mackenzie (609)943-3499

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 29,656       |
| FY 2006 | 39,686       |
| FY 2007 | 39,686       |

The applicant will contribute to the development of a national comprehensive planning process by developing three replicable models for nutrition program planning in the areas of: 1) cost effective and efficient program operations; 2) integration of nutrition plans into the ADRC initiative; and 3) service delivery for diverse populations. The grantee will work with Stockton College, New Jersey's Mission Nutrition Blue Ribbon Panel and the Nutrition Directors Advisory Group, Atlantic and Warren County AAA's, plus AAA representation on work groups. The evaluation plan will have three components to assess outcomes, process and project context. It will include a logic model linking goals, objectives, activities and outcomes and an impact model for each team. Reports and best practice guides that result from the project will be disseminated via the grantees' web sites, a public health aging listsery, direct mailings to national, state and local organizations, as well as SUAs, presentations at conferences and articles published in professional journals.

# 90AM3031 The Kentucky Division of Aging Services Planning Grant Project

Project Period: 09/30/2005 - 09/29/2008

 FY
 Grant Amount

 FY 2005
 15,675

 FY 2006
 40,000

 FY 2007
 40,000

Kentucky Cabinet for Health and Family Services 275 East Main Street 3 W-F Frankfort, KY 40621

Contact: Phyllis E Culp (502)564-6930

The applicant, the Kentucky Division of Aging Services (DAS), will develop a comprehensive and coordinated State and area planning process that is outcomes driven and utilizes evidenced-based practices. Objectives of the project are to: (1) evaluate the current process for improvements; (2) assemble a project work group consisting of State staff, Area Agency on Aging (AAA) staff, consumers, and providers; (3) develop statewide outcomes; (4) design a process that will relate the regional area plans to the State plan; and (5) incorporate new information technology systems into the plan design. DAS will incorporate its new client data collection system, SAMS, into the development of a planning model. In addition, DAS will build on its already existing strategic plan and outcomes-based contracting procedures. DAS is currently utilizing outcomes-based monitoring in its National Family Caregiver Support Program.

Program: Planning Grants Project

# 90AM3032 Technical Assistance Support Center: Comprehensive Planning for Aging Services

National Association of State Units on Aging 1201 15th Street, NW Suite 350 Washington, DC 20005

Contact: Theresa Lambert (202)898-2578 132

Project Period: 09/30/2005 - 09/29/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 200,000      |
| FY 2006 | 250,000      |
| FY 2007 | 200,000      |

This project will enhance the capacity of State Agencies on Aging to develop comprehensive plans through the development of a model planning process(es) adaptable to each state's unique needs. Objectives include: (1) developing a planning model(s) that addresses OAA program compliance and builds upon the comprehensive planning efforts of SUAs and AAAs; (2) providing technical assistance to the State Planning Grantees and other SUAs; and (3) facilitating pilot testing, refinement and adoption of the planning model(s) by grantees and the aging network. The applicant will coordinate a 3 day orientation meeting, and provide continued support and work closely with the State Planning Grantees to develop comprehensive, coordinated planning systems. The approach will be both a) interactive, facilitating idea and experience exchange among grantees, and b) process-oriented, making use of expert guidance and the grantees' knowledge and experiences to develop the following planning model(s) and plan formats: model(s) of State planning process(es); model(s) of Area planning process(es); model(s) of State plan format(s); model(s) of Area plan formats. Involvement of the following community based organizations (CBOs) is anticipated: National Association of Area Agencies on Aging (N4A); consumer groups, e.g. the Alzheimer's Association; and provider organizations, e.g. the National Association of Nutrition Service Providers (NANSP), AARP, and the National Family Caregiver Alliance.

Target Population: State and Area Agencies on Aging, local providers, and the seniors they serve.

Program: Unsolicited

# 90AM3163 Study the Effects of OAA Services upon Medicare Utilization and Costs.

Project Period: 09/30/2007 - 07/31/2009

| FY      | Grant Amount |
|---------|--------------|
| FY 2007 | 100,000      |

Lieutenant Governor's Office on Aging 1301 Gervais St, Suite 200 Columbia, SC 29201

Contact: Bruce Bondo (803)734-9870

The South Carolina (SC) Lieutenant Governor's Office on Aging received a previous three year Advanced Performance Outcomes Measurement Project (POMP) grant award which demonstrated that at a threshold of four or more congregate or home delivered meals per week, clients appear to have fewer emergency room visits and fewer in-hospital admissions than individual not receiving meals. The current grant will examine the effects of various levels of meal service intensity and duration on Medicare utilization and costs, including cost-benefit analysis. It will use the power of a larger sample size to explore the effects of meal services on Medicare utilization and costs for older individuals in greatest need, such as African Americans, those with chronic disease, and the frail elderly. The anticipated outcomes of this project are: 1) a tool that can be used by federal and state researchers to evaluate the health effects of Older Americans Act (OAA) services; 2) a formal cost-benefit analysis that measures the financial benefits to Medicare for each OAA dollar spent on various services; 3) clear and convincing evidence of the benefits of meal services on health disparities, chronic disease, and frail elders; and 4) preliminary evidence of the benefits of other OAA services on client health and health care utilization.

Program: Unsolicited

# 90AM2666 Systems-Building in State Family Caregiver Support and Health Promotion Programs

NATIONAL ASSOCIATION OF STATE UNITS ON AGING (NASUA) 1201 15th Street, NW, Suite 350 Washington, DC 20005-0005

Contact: James Whaley (202)898-2578

| Project F | <u> eriod: 09/3</u> | 0/2002 - | - 09/29 | /2008 |
|-----------|---------------------|----------|---------|-------|
| •         | FY                  | Grant A  | Amount  |       |
|           |                     |          |         |       |

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 250,000      |
| FY 2003 | 400,000      |
| FY 2004 | 295,632      |
| FY 2005 | 75,000       |

The goal of this demonstration project is to build state capacity in collaboration with AoA. A second goal of the project is to assist the State Units on Aging (SUA) to compile and disseminate information about the Older Americans Act and other programs which they administer. The purpose of this activity is to develop a database software product for use by SUAs in their reporting under the National Aging Program Information System. The product is intended to facilitate the submission of this report in a timely manner to AoA, with the least possible burden to SUAs. The objectives of this program are: 1) to develop a software application for use by AAAs to facilitate state transmission of state program reports; 2) to provide training and technical assistance when the application is made available to the states; and 3) conduct a study of state agency and area agency management information systems and innovative approaches to streamlining data collection activities. The expected outcomes of the program include: transmission of information eased; training and technical assistance provided; and software reporting tools developed (edit and validity checking). The products include software for all State Units on Aging, a final report and recommendations for management information systems.

Program: Congressional Mandates

# 90AM2334 Advancing Volunteerism Role in Delivering Home Modification Services to Aging Population

REBUILDING TOGETHER, INC. 1536 16th Street, NW Washington, DC 20036-0036

#### Contact:

Project Period: 06/01/2000 - 01/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2000 | 322,756      |
| FY 2002 | 493,500      |
| FY 2003 | 392,234      |
| FY 2005 | 391,642      |

This is a continuation of a Title IV discretionary grant, initially funded in June 2000. Rebuilding Together continues to expand the scope of the "Safe at Home" grant activities through its 269 affiliate members. Of special emphasis this year are falls prevention and supporting home modifications for aging-in-place. Expanding partnerships between the affiliate chapters and the Aging Network is an overarching goal. Part of the partnership & coalition building centers around joint training activities to help the affiliates gain increased understanding of universal design that helps seniors remain at home, and to help the Aging Network gain new and valued partners for helping low-income seniors.

FY 2005 Outcomes: Rebuilding Together will disseminate a new brochure and toolbox to stimulate greater public attention about the value of home modification in helping seniors and their caregivers with continued independence. An additional 2,000 people will be trained in home safety assessments. Twenty to forty affiliates will expand their home modification programs for the seniors. Funds will be used to leverage an additional \$250,000 in product discounts and donations for the home modification efforts. The grant efforts this year will benefit some 4,000 sites for safe aging-in-place. This organization will continue to exhibit and make presentations at major aging conferences throughout the year, both nationally and locally. Rebuilding Together collaborates with the organizations sponsoring Aging-in-Place week in November, the National Home Modifications Action Coalition and the National Council on Aging falls prevention programs.

Program: Congressional Mandates

## 90AM2611 Supportive Neighborhoods

Comprehensive Housing Assistance, Inc. Senior Friendly Neighborhoods 5721 Park Heights Avenue Baltimore, MD 21215

Contact: Mary Pivawer (410)466-1990

Project Period: 08/01/2002 - 11/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 987,000      |
| FY 2003 | 513,826      |
| FY 2005 | 697,122      |

The Senior Friendly Neighborhoods program provides enriched supportive services for older adults age 62 and over living in naturally occurring retirement communities in the mixed housing residential Upper Park Heights and Millbrook neighborhoods of northeast Baltimore. Included within the catchment area are 8 apartment complexes ranging from 25 to 730 units, which offer on-site program activities. Other residents have access to activities in 6 "warm houses" and programming in two community centers and three congregate meal sites and a para-transit transportation service. Program goals include enhancement of community cohesion, increased resident independence, identification of "at risk" elderly and decreased loneliness and isolation of individuals living alone. The non-profit Comprehensive Housing Assistance agency coordinates services in partnership with Jewish Family Services, the LifeBridge Health System, the Jewish Community Center and the Edward A. Myerberg Senior Center. For a small membership fee, residents have access to activity programs, social work services, health education, home repair services and transportation for shopping, medical appointments and recreational activities. Additional funding support is provided by the City of Baltimore, the County of Baltimore, the Harry and Jeanette Weinberg Foundation and the Associated Jewish Community Federation of Baltimore.

### 90AM2612 Naturally Occurring Retirement Communities

Project Period: 08/01/2002 - 04/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2002 | 1,263,360    |
| FY 2005 | 220,298      |

Jewish Federation of St. Louis 12 Millstone Campus Drive St. Louis, MO 63146

Contact: Karen Berry-Elbert (314)432-0020

The Jewish Community Center, the Jewish Family and Children's Service and the Washington University Center for Aging are demonstrating a supportive service program for aging in place in a community of 12 St. Louis neighborhoods with high concentrations of older adults. The goal is to promote healthy aging of older adults in their own homes by providing opportunities for meaningful community involvement and increased access to support services. It emphasizes connecting residents to their community by meeting their essential and non-essential needs and offering increased socialization and intellectual opportunities. Resident councils in each community advise staff teams who coordinate services and programs, including home-maker services, home modifications, minor home repair, case management, social nutrition and access to fitness and health classes. Objectives include: 1) creation of an alternative transportation service for residents to shop and make medical appointments; 2) increasing resident participation in "The Gathering Place" events and activities; 3) offering a 7 week Community Connections for Successful Aging course to train community resident volunteer leadership; 4) exploring concept of an adult children's support group; 5) convening management and owners of complexes to explore potential areas of collaboration and future support; and 6) collaborating with community organizations to perform home repairs. Assessment and performance evaluation studies are being conducted by the Center on Aging at Washington University in St. Louis.

Program: Congressional Mandates

### 90AM2730 Senior Center Healthcare Coordinator Program

CITY OF ST. LOUIS
Department of Human Services
634 N. Grand - Seventh Floor
St. Louis, MO 63103

Contact: David P Sykora

Project Period: 09/01/2003 - 02/28/2007

FY Grant Amount

FY 2003 Grant Amount 147,088

The St. Louis Area Agency on Aging (AAA) will develop and implement a Senior Center Healthcare Coordinator Program that will create an organized system of health, wellness and nutrition programs, as well as medical and information services to improve the quality of life for seniors living in the City of St. Louis. The program's objectives are: 1) to increase the knowledge and understanding of healthcare issues by senior citizens; 2) to enhance the community services provided by senior centers; 3) to develop a supportive referral network; and 4) to provide community healthcare related education programs. The anticipated outcomes include: increased wellness of seniors; increased usage of healthcare providers; and improved ability of seniors to manage their own healthcare. The program will incorporate a recommended care plan, and a resource data bank. Upon completion of the 12-month project, information will be disseminated to partners, universities, community organizations and Area Agencies on Aging. The products are a final report; evaluation tools; assessment tools; and manuscripts.

### 90AM2734 Southcare Home Services

Project Period: 09/01/2003 - 08/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 490,292      |
| FY 2005 | 24,478       |

SOUTHCARE NURSING CENTER INC.

PO Box 967

Glenside, PA 19038-0513

Contact: David Dobson (215)205-1754

Southcare Home Service (SHS) will demonstrate an innovative model of home-based care for the elderly, focused on enhancing health, safety and quality of life for frail, isolated seniors, while lowering the cost and facilitating consumer-directed care. The project will emphasize highly targeted nutritional and home safety interventions that will significantly reduce the risk of nursing home placement and costly hospital stays. SHS will provide an integrated "umbrella" program including: 1) home delivered meals and nutritional counseling and support focused on reducing obesity and diabetic problems; 2) non-medical homemaker and companion services, as well as respite for caregivers; 3) handyman services for minor home repairs, safety modifications, and general life safety maintenance of owner occupied housing; and 4) transportation to aid in the prevention of medical and nutritional problems. The project is expected to demonstrate an innovative model of service delivery, which will reduce the cost of services. In addition, it also will demonstrate opportunities for senior employment, volunteerism, and activity to improve the quality of life.

Program: Congressional Mandates

90AM2735 NORC Demonstration -- Chicago

Project Period: 09/01/2003 - 09/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 245,146      |
| FY 2004 | 98,118       |
| FY 2005 | 146,866      |

JEWISH FEDERATION OF METROPOLITAN CHICAGO One South Franklin Street Chicago, IL 60606-0606

Contact: Donna Puzzuto (312)357-4944

The Jewish Federation of Metropolitan Chicago, through its affiliate, the Council for Jewish Elderly, is conducting a demonstration of supportive services for seniors aging in place in two communities. One is in a condo neighborhood on the north side of the City of Chicago and the second is in a condo complex in a Southside Chicago suburb. The program goals are to: (1) enhance the ability of seniors in the targeted Naturally Occurring Retirement Community (NORC) buildings to continue living independently in the community through increased access to needed supportive services; (2) enhance healthy aging for older adults through NORC services, programs and community involvement; and (3) establish a framework that will facilitate senior's use of the services/programs and sustain their involvement. The project objectives are: (1) create a project infrastructure; (2) select NORC sites; (3) develop connections with community, social and recreational service providers; (3) establish relationships with building residents and assess needs; (5) provide on-site service provision; (6) enhance program through continual assessment, evaluation and collaboration with local community organizations; and (7) disseminate information about the program. Anticipated outcomes at the time of project completion are: (1) 80 percent of NORC residents surveyed will indicate that their awareness of an ability to access services and programs has increased; (2) 80 percent of NORC residents will indicate that their knowledge of aging issues has increased; and (3) 70 percent of NORC residents will indicate that they perceive an opportunity for expanded involvement in their building community and the community at large. Program products include presentations at local, state and national organizations; a monthly calendar and a quarterly newsletter for resident participants; web pages, and a final report that includes data and analysis of resident assessment and program impact evaluation.

#### 90AM2736 NORC Continuation Grant

Project Period: 09/01/2003 - 08/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 490,292      |
| FY 2004 | 245,294      |
| FY 2005 | 97,910       |

GREATER MIAMI JEWISH FEDERATION 4200 Biscayne Blvd. Miami, FL 33137-3279

Contact: Michael Winograd (305)576-4000

The Greater Miami Jewish Federation, along with the Jewish Federations of Broward County, South Palm Beach County and Palm Beach, are conducting a demonstration of the provision of services and activities in five age-restricted residential communities in four counties in Southeastern Florida. The goal is to increase resident access to services, which improve their quality of life and enable them to function more effectively in their homes, thereby reducing the need for extended institutional long term care. Objectives include: 1) establishment of agreements and working relationships with apartment and condominium management agencies and boards for on-site location of staff and creation of program services and activities; 2) assessment of resident needs and priorities for group activities and individual services; 3) planning and delivery of activities and services for each program site; 4) expansion and use neighborhood councils to promote information about services and assist in outreach; 5) recruitment, training and support of volunteers to assist residents; 6) evaluation of program implementation and resident involvement; and 7) dissemination of program findings and achievements. Anticipated program outcomes include: 1) a demonstration that neighborhood organization of services reaches more people and is more efficient than existing and traditional forms of service delivery; 2) a demonstration that community support and involvement improves access and utilization of services; and 3) increased community and resident awareness of the availability and value of aging in place services and activities. Anticipated products include information materials and a final report.

Program: Congressional Mandates

90AM2739 Supportive Communities

Project Period: 09/01/2003 - 10/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 441,263      |
| FY 2005 | 489,552      |

JEWISH FEDERATION OF METROPOLITAN DETROIT 6735 Telegraph Road Bloomfield Hills, MI 48301

Contact: Perry Oren (248)642-4260

The Jewish Federation of Metropolitan Detroit's Commission on Jewish Eldercare Services (COJES) is conducting a demonstration of supportive services to older adults aging in place in the suburban communities of Oak Park and Southfield, Michigan. The project goal is to develop programming in Naturally Occurring Retirement Communities (NORCs) which will: 1) enable older adults to age in place; 2) enhance their quality of life; and 3) involve older adults in and strengthen their community. Major objectives: 1) maintain a team of professional staff and partnership agencies to provide supportive services; 2) empower older adult residents through resident councils, volunteer opportunities and community events; 3) develop and maintain neighborhood partnerships and collaborations; 4) develop intergenerational and older adult programming activities; 5) provide social services and link older residents to community resources; 5) provide transportation services; 6) explore and develop new programming; and 6) evaluate and disseminate information about the program to local and national audiences. Measurable outcomes include: 1) increased ability of older adults to live in their own homes through access and use of services; 2) increased engagement of non-senior community residents with older adult neighbors; and 3) increased involvement of older adults in their community; 4) non-senior community residents more involved, providing more supports for older residents; and 5) the latter group more involved & contributing to the community. The plan is to create a replicable model, conduct formal evaluation with AoA and NORC grantees & disseminate results to community groups seeking ways to support older adults to remain in the community.

### 90AM2740 Atlanta NORC Demonstration Projects

Project Period: 09/01/2003 - 12/31/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 98,058       |
| FY 2004 | 73,588       |
| FY 2005 | 97,910       |

Jewish Federation of Greater Atlanta, Inc. 1440 Spring Street, NW Atlanta, GA 30309

Contact: Deborah Akstein (404)873-1661

The Jewish Federation of Greater Atlanta, together with a coalition of community, state, and county partners, is conducting a supportive service demonstration to meet the needs of communities in Greater Atlanta and Savannah, Georgia, which have high concentrations of older adults living in their homes. The project's goal is to build the capacity of older adults to age in place and the community's capacity to support them in this process. The project is working in four sites in Atlanta, three with disproportionately high percentage of older adults over the age of 85, and one with a high percentage of older adults living below the poverty line. Major objectives are: 1) building individual capacity to age at home through addressing service provision and environmental issues; 2) building neighborhood capacity to support aging at home through support networks and a neighborhood advisory council; and 3) building a more "elder friendly" community through working with organization, businesses and religious institutions to more effectively service older adults. Anticipated outcomes are: 1) an assessment of the needs and resources of older adults in each community; 2) an identification of service gaps and establishment of new initiatives to meet them; 3) neighborhood institutions with a better understanding of their older adult consumers' needs; and 4) new partnerships and volunteer opportunities that address the needs of older adults. The project will share its best practices and evaluation findings being conducted by Georgia State University, with local, state and national audiences.

Program: Congressional Mandates

90AM2742 Comprehensive Approach to Aging in Place (CAP)

Project Period: 09/01/2003 - 06/30/2008

FY Grant Amount FY 2003 1,176,701 FY 2005 979,104

JEWISH FEDERATION OF GREATER WASHINGTON 6101 Montrose Road Rockville, MD 20852

Contact: Beth Shapiro (301)230-7200

The Jewish Federation of Washington and its community partners are conducting a multi-year demonstration program of supportive services to older residents aging in place in suburban apts. & condominiums. Goals: help seniors age 60 and over cope with daily activities; feel personally safe; engage in social, educational & recreational activities; and ensure access & availability of wellness services, enabling independent living in their own homes as long as feasible. Objectives include: 1) develop and implement services and supports for seniors in accordance with the program goal, and transition into a fee for service model; 2) recruit and train intergenerational volunteers to provide support to senior neighbors; 3) reach out to residents of Naturally Occurring Retirement Communities to promote programs and services, provide information/referrals, and address neighborhood issues impacting quality of life; 4) involve community organizations and landlords in support and participation with seniors; 5) provide transportation to increase independence and community engagement; and 6) evaluate program components and their impact on participants & disseminate findings to local, state & national audiences. Anticipated outcomes: 1) improved availability and effectiveness of necessary and desired services for seniors living in targeted residential buildings; 2) identification of the value seniors place on for fee services; and 3) determination of the value landlords & management companies place on ensuring tenant stability through customized service provision. The Research Institute on Aging of the Hebrew Home of Greater Washington conducted a formal needs assessment of older residents in five apartments in Silver Spring and Rockville, MD. This information and data has been used to develop programming and modify delivery of services, and will be used to evaluate the impact of programming on the behavior and perceived changes in participant quality of life.

#### 90AM2743 Older Communities in Transition

Project Period: 09/01/2003 - 06/30/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 490,292      |
| FY 2005 | 636,418      |

JEWISH FAMILY SERVICES OF LOS ANGELES 6505 Wilshire Blvd., Suite 500 Los Angeles, CA 90048

Contact: Llda Soulikhan (323)761-8800

The Living Independently in a Friendly Environment program gives older adults the resources and support needed to remain independent in their community as they age in place. The program was initiated with support of an AoA earmark FY2003 grant and continues its implementation objectives, which are: 1) collaborating with other service providers to enhance existing services and build new ones; 2) increasing access to services; and 3) disseminating information to increase community awareness and support of aging adults. The program is being implemented in two geographically defined urban communities within the greater Los Angeles area, each with very different cultural and residential profiles. The City of West Hollywood includes 6,400 older adults 65 years and older. While predominately white, more than half of 882 responding to an assessment speak Russian as their primary language. The apartment community of Park La Brea includes 1,500 older persons age 65 and older. Also predominately white, less than 25% of Park La Brea elderly who responded to an assessment indicated they spoke Russian, and less than 2 percent spoke it as a primary language. Program implementation stresses a proactive approach to empowering seniors to become decision makers in their communities, with emphasis on their involvement in program planning, implementation and volunteer support of services. The program offers a "basket of services" to enrollees that includes educational programs and brochures, health and wellness activities, information and referral, socialization/recreational activities, transportation, volunteer programs, fall prevention programs, outreach to homebound and underserved populations, and home safety assistance. Evaluation of program outcomes is being conducted by the University of Southern California. Targeted outcomes: decreased isolation, increased home safety, increased access to healthcare, and creation of more integrated service delivery systems.

Program: Congressional Mandates

90AM2744 St. Louis Park: A Nurturing Community for Seniors

Project Period: 09/01/2003 - 02/28/2007

 FY
 Grant Amount

 FY 2003
 833,497

 FY 2005
 97,910

JEWISH FAMILY AND CHILDREN'S SERVICES OF MINNEAPOLIS 13100 Wayzata Blvd., Suite 400 Minnetonka, MN 55305

Contact: Annette Sandler (952)546-0616

The Jewish Family and Children's Service of Minneapolis and its 13 organizational partners are conducting a demonstration of supportive services and activities for older residents of two suburbs and a county adjacent to the City of Minneapolis - the Cities of St. Louis Park and Hopkins and Carver County, Minnesota. The project goal is to create an environment that nurtures healthy aging and helps older adults remain independent for as long as possible in their own homes with the activities and services they need to be healthy, safe, engaged citizens. Current project objectives are to: 1) reach out to isolated seniors in need of community support; 2) enhance information and referral through education and technology; 3) encourage and support intergenerational special projects; 4) create and encourage a self-sustained service program model; 5) evaluate program outcomes; and 6) write a replication guide. Anticipated outcomes are: 1) completion of a replication guide; 2) documentation of coordinated and enhanced resources for seniors; 3) increased numbers of isolated seniors connected to activities and services; 4) operation of an intergenerational special project; and 5) identification and engagement of community stakeholders to assume responsibility for sustaining program activity after federal funding. The project focuses on health, safety and personal engagement, as the pivotal areas that will prevent premature institutional placement, and targets the most isolated residents, while involving the whole community.

# 90AM2747 Technology Supported Health Promotions for Community Based Seniors: Healthy Town

Project Period: 09/30/2003 - 06/30/2007

VISITING NURSE ASSOCIATION HEALTHCARE PARTNERS OF OHIO 2500 East 22nd Street

Cleveland, OH 44115-3204

Contact: Shelia Niles, R.N., MSN

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 490,221      |
| FY 2005 | 244,775      |

The Visiting Nurse Association Healthcare Partners of Ohio, in collaboration with the University of Akron and three Ohio Area Agencies on Aging, will conduct a 17-month community-based program for older adults. The goal of the project is to deliver health promotion/disease prevention interventions to 800 older adults who reside in a 13-county target area in Ohio. Outreach workers will conduct interventions using innovative software on laptop computers. Participants will be screened for adherence to disease prevention guidelines and risks related to mental health, falls, nutrition and injury. Expected outcomes include: improved prevention behaviors by individual participants, comprehensive prevention health planning for the regional target age group, and the development of a standardized intervention. Evaluation will include a follow-up survey conducted by University of Akron researchers. The intervention software, final report, manuscripts for publication and web page information will be made available to direct service organizations and Area Agencies on Aging.

Program: Congressional Mandates

# 90AM2750 Florida's Minority Elders: An Assessment of Physical and Mental Health Service Needs

UNIVERSITY OF SOUTH FLORIDA Division of Research Grants 4202 E. Fowler Avenue, FAO 126 Tampa, FL 33670-7900

Contact: Kathryn Hyer

Project Period: 09/30/2003 - 06/30/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2003 | 392,234      |
| FY 2005 | 979,104      |

Disparities in the health and service utilization patterns of ethnic minority groups are evident in the research literature. Policymakers, however, lack data on the key indictors of physical and mental health needs and the barriers to services faced by these elders. The current project will address this problem by collecting such data through a survey of a representative sample of older African Americans, Cubans, other Hispanics, and Caucasians. A carefully designed, culturally appropriated instrument will be used to conduct telephone interviews (in English and Spanish) with a sample of 2600 respondents (650 of each group). Data collected from the participants will be used to identify differences between ethnic groups and subgroups, physical and mental health disparities, and service needs and barriers to services. The results will be disseminated to government agencies, organizations, academics, and the public through reports. The findings will be used to develop policies and practices that reduce gaps between health and long-term care needs and services, which will begin to ameliorate disparities of health status among elderly in different ethnic minority populations. As the first step in the development of a minority aging program involving five Florida universities (USF, FSU, UF, FM, and FMU), this project will be used to create an agenda for the program, including additional research, policy analyses, and development of public education initiatives to be conducted in the coming years.

### 90AM2818 New Mexico NORC Project

Project Period: 09/01/2003 - 08/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2004 | 514,984      |
| FY 2005 | 489,552      |

JEWISH FAMILY SERVICE 5520 Wyoming Blvd., NE, Suite 200 Albuquerque, NM 87109

Contact: Arthur Fine (505)291-1818

The Jewish Family Service in Albuquerque is conducting a three year demonstration project of supportive services programs for older adults aging in place in four urban, suburban and rural communities in New Mexico. The project goal is to enhance physical and emotional well-being through social, educational, and health-related services identified with community partners and community residents. The project objectives are to: 1) develop and sustain collaborative partnerships with neighborhood associations, housing facilities, for and not-for profit organizations, and with state and local government agencies; 2) implement the project in four locations, which includes three rent supported apartments in Albuquerque, a 250 unity condominium in the nearby town of Rio Rancho, a 250 home single family housing development in Albuquerque, and the rural isolated community of Ft. Sumner; 3) implement enhanced homemaker/housekeeper and handyman services; 4) develop on-site mental health counseling services; 5) enhance on-site fitness programming to minimalize fall-related injuries; 6) create a recognizable name for the program, which includes outreach, case management and services; and 7) evaluate and disseminate information that measures changes in participant's health behaviors and emotional well-being and the quality of service delivery. Periodic assessments of service and activity participants are conducted to determine quality and effectiveness in meeting project objectives and the goal of enhancing physical and emotional well-being. Project progress, results and lessons learned will be distributed to local, state and national audiences, including the New Mexico state legislature and Department of Aging and Long-Term Care Services.

Program: Congressional Mandates

# 90AM2837 Naturally Occurring Retirement Community Tidewater Demonstration Project

Project Period: 09/01/2004 - 10/31/2007

FY Grant Amount FY 2004 171,705

Jewish Family Service of Tidewater, Inc. 260 Grayson Rd Virginia Beach, VA 23462

Contact: Betty Ann Levy (754)893-111

Jewish Family Service of Tidewater of Norfolk, Virginia, and its partnership agencies, the Jewish Community Center of South Hampton Roads and Senior Services of Southeastern Virginia, will conduct a 17 month demonstration project of services to isolated older residents in two apartment complexes in Norfolk and Virginia Beach, Virginia. A 2003 study of elderly in the Tidewater region revealed over 10,000 with a self-care disability and 15,000 elderly over age 75 living alone. Analysis of these findings revealed a number of locations with unusually high concentrations of profiled adults with limited access to community services, accentuated by language and cultural differences. Based on the experience of work with subsidized apartments and lessons from other urban NORC (Naturally Occurring Retirement Communities) programs, this project will work with community service providers, property owners, businesses and other neighborhood residents to bring social, health care and recreational services to the residents of Colony Point in Norfolk and Old Donation in Virginia Beach. Guidance for development of programs in each facility will be given by community advisory committees, including representation of residents and collaborating agencies and organizations. One of the key partnerships is with the local Area Agency on Aging for expanded transportation services - both for instrumental needs, such as grocery shopping and medical appointments, and to reach community activity centers. Volunteers will be recruited from residents and neighbors to strengthen intergenerational ties, while providing services.

# 90AM2842 Services to Naturally Occurring Retirement Community Seniors in Indianapolis

Project Period: 09/01/2004 - 01/31/2007

FY Grant Amount FY 2004 829,094

Jewish Federation of Greater Indianapolis 6905 Hoover Road Indianapolis, IN 46260

Contact: Ann Allen (317)259-6822

The Jewish Federation of Greater Indianapolis, Eldersource, and the Jewish Community Relations Council of Indianapolis are collaborating on a demonstration project of two supportive service aging in place models for older adults living in the Indianapolis Metropolitan area. Using lessons learned from other Naturally Occurring Retirement Communities (NORCs), one model is targeting and delivering services to older residents of an apartment complex. A second model is serving a geographic area with a mixed array of single family and multi-family housing. Both models share the goal of decreasing isolation, promoting independence and increasing access to community organizations and services. Intergenerational support networks, created with the assistance of neighborhood councils, are recruiting volunteers who will assist in the operation and conduct of transportation, social activities, dissemination of information on programs and services, and in-home services. Service needs of individuals, mediated by care coordinators, will be met by both the collaborative agencies and other community organizations who are members of an advisory committee. These agencies and organizations include St. Vincent's Hospital, United Way of Central Indiana, Home Services Unlimited, the University of Indianapolis' Center on Aging, CICOA In-Home Services, Hooverwood, Park Regency, and ATTAIN, a technology assistance agency created by the Indiana Division of Disability, Aging and Rehabilitative Services.

Program: Congressional Mandates

# 90AM2846 Naturally Occurring Retirement Community Supportive Services Program

Project Period: 09/01/2004 - 08/31/2007

 FY
 Grant Amount

 FY 2004
 98,118

 FY 2005
 48,955

Jewish Family Service of Rochester, Inc. 441 East Avenue Rochester, NY 14607

Contact: Janet Sunkin (585)461-0110

Jewish Family Service of Rochester, in partnership with other community organizations, is conducting a demonstration of supportive services for older adults aging in place in two apartment complexes in suburban areas of Rochester, New York. The project goal is to enable older adults to access a continuum of supportive services, including transportation, social services and activities, which will keep them independent and connected to their community. Project objectives are to: 1) conduct outreach to residents; 2) create resident's councils; 3) provide information and referral to social services and community resources; and 4) increase opportunities for volunteer activities. Anticipated outcomes are: 1) an increase in the ability of older adult residents to conduct activities of daily living and stay connected to their community; and 2) an increase in the ability of older adult residents to access services and engage in activities that improve their physical and mental well-being. Project evaluation is being performed by the University of Rochester Graduate School of Nursing.

### 90AM2848 Naturally Occurring Retirement Community Demonstration Project

Project Period: 09/01/2004 - 02/28/2007

FY Grant Amount FY 2004 245,294

Jewish Federation of Ocean County 301 Madison Avenue Lakewood, NJ 08701

Contact: Danny Goldberg (732)363-0530

The Jewish Federation of Ocean County, New Jersey will conduct a 17 month demonstration of social, health and case management service delivery to older adult residents living in three "gated", age-restricted adult communities built prior to 1985 in Ocean County. A 2002 needs assessment of older adults living in Ocean County found that as residents of active adult communities age, they become increasingly isolated from friends and neighborhood services, in part because public transportation routes do not extend into their communities. This project will create a model for connecting at risk and frail residents of gated communities with supportive services of local institutions, resident associations and local businesses. Partnership organizations include Caregivers, Inc., Ocean County Community College, Community Services, Inc., and the Ocean County Department of Senior Services. The project will feature the development of new volunteer opportunities for older residents working with existing resident councils, including training to assist in planning new programs for socialization, health and wellness, learning and nutrition. A primary role for resident volunteers will be to help form caregiver, bereavement and social support groups which are available for isolated individuals living outside of gated communities. Special efforts will be made to reconnect residents to the services and organizations supported by the Ocean County Senior Services (Area Agency on Aging). Anticipated challenges to the success of the project include the cost of transportation to county activity and service centers, the ability to maintain positive relationships with the community resident councils who wish to retain their community (and property value) images as active adult communities, and the sustainability of the project after federal funding.

Program: Congressional Mandates

90AM2859 The Use of Complementary and Alternative Medicine (CAM)

Project Period: 09/01/2004 - 07/31/2007

FY Grant Amount FY 2004 98,118

Adult Care Center of the Northern Shenandoah Valley Inc 115 Wolfe Street Winchester, VA 22601

**Contact: Tara N Lescalleet** 

The Adult Day Center proposes to use and advance the complementary and alternative medicine (CAM) model for a broad range of health-related needs for persons with probable Alzheimer's Disease and Related Disorders (ADRD). It plans to develop a 12-month CAM program and provide in-service training for staff and family caregivers on the use of CAM approaches relevant for persons with ADRD. The CAM modalities for intervention include: body work (therapeutic touch, shiatsu, massage therapy, and tai chi); creative arts therapies (music, art, dance, and drama therapy); natural environment (horticulture therapy, aromatherapy, and herbal medicine); the modality of spiritual/religious expression; and finally bibliotherapy (poetry therapy). This program will be presented to individuals, agencies, and organizations associated with geriatric care. Experts from eleven CAM disciples will convene to identify research and practice-based CAM approaches of potential application to adult day health care. A CAM model program will be implemented, including articulation of protocol for program planning, assessment and evaluation. Special emphasis will be given to the role of CAM practitioners, as consultants to administrators, family, direct care staff and volunteers using an interactive consultation model. Products include: six CAM-based in-service trainings, Alzheimer's Disease workshops for agencies, and an in-service training monograph.

#### 90AM2862 Maine Center for End of Life Care

Project Period: 09/01/2004 - 12/31/2006

FY Grant Amount FY 2004 245,294

Maine Hospice Council, Inc.

P.O. Box 2239

Augusta, ME 04338-2239

Contact: Kandyce Powell (800)438-5936

The purpose of this proposal is to create a Center for End of Life Care in Maine. The overall goals are to increase knowledge and improve delivery systems for end of life. The Center's mission (and objective) will be to act as an incubator for change by exercising responsible stewardship and promoting innovation in the following focus (priority) areas: 1) community engagement; 2) clinical improvement; 3) research and data collection; 4) professional education; and 5) advocacy. Four data collection projects will be designed and implemented to assess the state of dying in Maine, and assess efforts to benchmark the Center's progress toward improving end of life care. An interdisciplinary mentoring program for end-of-life care, including hospice and palliative care, will be created. It will develop and continue to be a role-modeling program, which is critical to the care of and sensitivity to the dying and/or bereaved.

Program: Congressional Mandates

### 90AM2863 Boise State Center for the Study of Aging

Project Period: 09/01/2004 - 07/31/2007

FY Grant Amount FY 2004 245,294 FY 2005 391,642

BOISE STATE UNIVERSITY 1910 University Drive Boise, ID 83725

Contact: James T Girvan (208)426-5776

The Center for the Study of Aging (CSA) will be established at Boise State University (BSU), which will assist stakeholders with research, educational delivery and policy to assure a healthier life for all Idahoans. The Center will employ the majority of strategies from the 16 social sciences. It will set up a CSA infrastructure: 1) assessing current gerontology activities and future needs for the aging population and the health and social sciences service providers; and 2) establishing a Steering Committee, for strategic planning, and preparation for the development and delivery of training and education of state/local health and social sciences professionals and providers throughout the state. In concert with the Idaho Commission on Aging (ICOA) and the Idaho Office of the Attorney General, the Center will plan and develop an intervention, i.e. an aging issue/educational seminar on elder abuse and fraud for law enforcement officers and prosecutors.

### 90AM2884 Community Connections: Moving Seniors Toward Wellness

Project Period: 09/30/2004 - 02/28/2008

FY Grant Amount FY 2004 1,569,883

MEALS ON WHEELS ASSOCIATION OF AMERICA 203 S. Union Street

Alexandria, VA 22314

Contact: Enid A Borden

The Meals on Wheels Association of America (MOWAA) will promote health, wellness and independence of older adults by transforming Senior Nutrition Programs (SNPs) from their current roles as primarily nutrition providers, into core programs within a restructured continuum of care. The MOWAA will target older adults immediately discharged from the hospital, provide immediate post-discharge nutrition services and assist them with integrating back into the community through the provision or coordination of other health-related, "wrap-around" services. The objectives are to: 1) change the external environment of SNPs through enhanced community partnerships; 2) change internal environment through development and incorporation of new services/service delivery systems by SNPs; and 3) facilitate SNP change through a Leadership Institute. The outcomes for the project are: changes in targeted older adults (nutrition, social support, health, etc.); changes in service (timeliness, care planning, wrap-around services, etc.); organization change (program capacity, community collaborations, increased hospital/community integration); and increased public/private collaborations. Products from the project include: a final report, including evaluation results for individual and community interventions; SNP "Best Practices" Report; "How To" Manual for SNPs; an on-going Leadership Institute; presentations at national conferences; and articles for publication.

Program: Congressional Mandates

90AM2920 National Center on Caregiving

Project Period: 05/01/2005 - 06/30/2007

FY Grant Amount FY 2005 294,776

FAMILY CAREGIVER ALLIANCE 180 Montgomery Street, Suite 1100 Suite 1100 San Francisco, CA 94104

Contact: Lynn F Feinberg (415)434-3388

The goal of the National Center on Caregiving at the Family Caregiver Alliance is to advance the delivery of high quality and cost effective policies and programs for family caregivers nationwide. It will provide focused technical assistance to the aging network, other program developers and policymakers to start or sustain innovative and evidence-based caregiver support programs. They will provide training and education to the aging network to enable them to provide high quality and outcome oriented caregiver support programs. Finally, they will advance research and policy analysis by serving as a knowledge base for practical applications of caregiver policies, identifying emerging trends, and highlighting promising practices.

### 90AM2921 Counseling for Caregivers

Project Period: 08/01/2005 - 07/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 73,433       |

Madlyn and Leonard Abramson Center for Jewish Life 1425 Horsham Road North Wales, PA 19454

Contact: Frank Podietz (215)371-1800

Counseling for Caregivers will implement a 1-year project to enhance the existing educational component for caregivers. The objective is to mitigate caregiver burden through in-home assessment and counseling, education, care management, linkages to respite care and other health and social services, information and referral, and advocacy. One of the products to be produced is an Educational Guide for Caregivers.

Program: Congressional Mandates

# 90AM2922 Regional, Collaborative Plan for the Long-Term Care of Older Adults

Project Period: 08/01/2005 - 01/31/2007

FY Grant Amount FY 2005 146,866

Foundation on Aging 7312 Antioch Road Merriam, KS 66204-2739

Contact: Mitzi E McFatrich (913)789-6796

The project's goal is to develop a regional community-based, long-term care plan to provide seniors of the Kansas City metropolitan area with greater autonomy, more choices and better access to services. Objectives include: 1) assessing senior and caregiver needs, including housing, transportation and other services; 2) creating short-term strategies to strengthen service delivery and a long-term care plan for at-risk older adults and their caregivers; 3) collaborating with area nonprofit, for-profit and government senior-serving agencies to incorporate community assets in plan development and subsequent implementation; and 4) promoting a greater understanding of aging and caregiving issues within the community at large. Anticipated outcomes include: strategies to improve service delivery for the area's elders; strategies to improve training and support for elders' caregivers; an expanded, coordinated coalition of better informed service providers; among community decision makers, a greater awareness accompanied by a commitment to collaboratively address the identified challenges and needs of elders and their caregivers; and an outline for engaging local media in public education aimed at making the region "Elder Friendly."

### 90AM2923 Early Interventions in Support for Alzheimer's Caregivers

Project Period: 08/01/2005 - 12/31/2006

FY Grant Amount FY 2005 48,955

Shenandoah Area Agency on Aging, Inc. 207 Mosby Lane

Front Royal, VA 22630

Contact: Roberta Lauder (540)635-7141 210

The project will create and evaluate a series of on-going in-home interventions with caregivers of early to mid-stage Alzheimer's family members. The goal is to increase the receptivity of caregivers to utilizing community resources, including social model group respite sites, adult day care and support groups.

Program: Congressional Mandates

90AM2925 Medication Assistance Program

Project Period: 08/01/2005 - 03/31/2007

FY Grant Amount FY 2005 24,478

Medford Senior Center 510 East Main Street Medford, OR 97504

Contact: Patti Proctor (541)772-2273

The goal of the project is to provide comprehensive information to seniors seeking assistance with the Medicare Modernization Act. The objectives are to help meet the need for trained personnel in the field of aging and to increase awareness of the need for individuals to assume responsibility for their own longevity. The expected outcomes of the project are: 1) seniors will be educated on choosing the medication discount program that is right for them; and 2) seniors will be helped with developing a long term plan for their medication needs. The products from this project are pre and post training surveys and pre and post client evaluation surveys. The target population for this project are the Medicare beneficiaries typically 65 years of age and older. The Medford Senior Center partnered with the local Social Security office, Senior and Disabled Services and Senior Health Insurance Benefits Assistance Program to provide comprehensive information and assistance to those seeking help.

### 90AM2967 Sugarhouse Supportive Services Program

Project Period: 09/01/2005 - 05/31/2007

FY Grant Amount FY 2005 293,731

Jewish Family Service 2 North Medical Drive Salt Lake City, UT 84113

Contact: Carol Einhorn (801)581-1330

The Jewish Family Service of Salt Lake City will collaborate with the Community Services Council LifeCare Chore Services Program, the Valley Mental Health Masters Program, Community Nursing Services, the University of Utah Sugarhouse Health Center Senior Clinic and W.D. Goodwill Initiatives on Aging Program, and the Salt Lake County Aging Services, to conduct a 17 month demonstration. The goal of this program is to design and implement a supportive service program that supports positive aging-in-place for residents of an apartment complex housing low and moderate income seniors and a senior condominium complex, and its surrounding residential neighborhood. Project objectives are to: 1) develop a project infrastructure; 2) increase senior interaction; 3) decrease senior isolation; 4) strengthen partnerships among service providers; 5) maximize access to healthcare and social services; 6) increase awareness of issues and resources for older adults and their families; and 7) evaluate the impact of the project. The expected outcomes are that older adults will have access to a more coordinated system of service and will have received the assistance they need to more positively age in place. The expected products of this project are an evaluation and analysis of data collection, and a final written report.

Program: Congressional Mandates

### 90AM2971 Vermont Senior Center Earmark Project

Project Period: 08/01/2005 - 01/31/2007

FY Grant Amount FY 2005 274,149

Vermont Department of Aging and Independent Living 103 South Main Street Waterbury, VT 05671-2301

Contact: Amy Nickerson (802)241-2400

This one year VT Dept. of Aging and Independent Living Senior Center project is a statewide effort to increase awareness of, access to & participation in Vermont's rural, multi-purpose Senior Center programs promoting older adult health, socialization, and independence. Focus: 1) evidence-based service delivery approaches/methods to meet emerging needs of rural senior center customers; and 2) ways to improve public perception by non-users. Goals: 1) facilitate access to services; and 2) strengthen community-based service delivery systems and senior center infrastructure. Objectives: through an RFP, eligible senior centers and meal sites will collect data to: 1) improve delivery of OAA nutrition program services; 2) expand training & technical assistance on nutrition, health promotion and disease prevention programs to meal sites and senior centers: 3) develop innovative programming in senior centers; and 4) develop marketing strategies and build community support for senior centers. Anticipated outcomes: funded entities will collect & report quantitative and qualitative data to the contractor to document outcomes and evaluate effectiveness, replicability, and sustainability of community-based projects. Outcomes, determined by the nature of proposed RFP projects may include, but are not limited to: a) improved nutrient consumption & knowledge, and more culturally diverse meals; b) improved functional capacity thru physical activity; c) increased social engagement; d) increased partnership/collaboration with community-based providers; e) improved support services coordination; f) new or strengthened innovative programs promoting successful aging & independent living; and g) increased community support and participation in senior centers & meal sites. Collaborations: VT Dept. of Health; local organizations, e.g. COVE & Vermont AARP; senior centers; meal sites; and AAA's. Dissemination products include a report on successes, challenges, & lessons learned.

# 90AM2972 Innovative Senior Support Program for a Naturally Occurring Retirement Community

Project Period: 09/01/2005 - 06/30/2007

FY Grant Amount FY 2005 195,821

Jewish Family Service of Sacramento 2862 Arden Way, Suite 103 Sacramento, CA 95825

Contact: Jack Kennedy (916)484-4400

Jewish Family Service of Sacramento and its partners, Paratransit, Inc., California State University, Sacramento, Area 4 Agency on Aging, Community Services Planning Council and Caring Neighbor volunteers, are establishing a supportive service demonstration program for aging in place seniors in Campus Commons, a large garden apartment complex in Sacramento. The goal is to help seniors age successfully and to prevent relocation for avoidable causes. The project objectives are to: 1) increase senior's awareness of supportive resources in the community; 2) reduce isolation of seniors to enhance life satisfaction, community connection and reduce the risks of suicide; 3) improve access to healthcare and supportive services; 4) ensure that neighborhood associations understand and take action to make Campus Commons an aging-friendly physical environment; 5) encourage seniors to take an active role in determining programming and services; 6) increase intergenerational connections; and 7) improve seniors knowledge of preventable injuries. Anticipated outcomes are: 1) improved communication and collaboration among service providers in the community; 2) increased awareness by seniors of supportive services in the community and how to locate them; 3) increased frequency of interactions with neighbors; 4) better access to health services for seniors; and 5) fewer homeowner association barriers to installing assistive devices in senior's homes. The project is developing and disseminating materials and information at local, regional and national conferences, and will prepare a final report.

Program: Congressional Mandates

# 90AM2973 Southeast Brooklyn Supportive Services Network for the Frail Elderly

Project Period: 09/01/2005 - 06/30/2007

FY Grant Amount FY 2005 293,731

Sephardic Community Center 1901 Ocean Parkway Brooklyn, NY 11223

Contact: Mark Kranczer (718)627-4300

The Sephardic Community Center (SCC) will develop a new support system for physically disabled and frail elderly requiring temporary or permanent in-home services. The support system will be primarily based on the services of caregivers and volunteers. SCC will prepare an information brochure and post enrollment information on their website. Core services to be provided include: case management; a caregiver support and respite center; preventative care measures, such as blood pressure screening; reliable information and referral for caregivers; transportation; onsite physical exercise and cultural programming: linkage to SCC New Horizons Program: access to in-kind health professional services; and friendly volunteer visitors. Volunteer "friendly visitors" will check on the status of homebound elderly clients, provide in-home respite for the caregiver, and shopping assistance, as well as telephone reassurance. Support groups for caregivers will be held on a bi-weekly basis at the center and will include a secure Internet-based "chat room" where caregivers can post comments. The target population consists of elderly in the catchment area of the SCC. Anticipated outcomes: at least 60 temporarily or permanently homebound people will feel less isolated and have a more positive outlook on their living situation; 15 adults suffering from early stages of dementia will benefit from social adult day care activities; at least 10 people will be prevented from unnecessary hospitalization or falls; at least 40 caregivers will benefit from caregiver respite program; at least 35 volunteers will be recruited and trained; at least 50 caregivers will be better equipped, by the Caregivers Information Resource Center, to provide care and feel less stress; and a determination on the feasibility of implementing a NORC supportive services program in their catchment area will be determined by a NORC Feasibility Assessment.

Program: Congressional Mandates
90AM2974 Home Alone

Project Period: 08/01/2005 - 12/31/2006

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 24,478       |

City of Pawtucket 137 Roosevelt Avenue Pawtucket, RI 02860

Contact: Joan A Crawley (401)728-7582

The goal of this project is to target older adults living in the community who do not reside in congregate housing and provide them with access to information about resources, programs, and services available on local, state, and federal levels. The objectives are to: 1) identify those older adults who are at risk in the community; 2) provide assessment and intervention services in the home; 3) provide ongoing case management services; 4) provide the opportunity for socialization by offering transportation to the Leon Mathieu Senior Center; and 5) provide transportation for such necessities as marketing, banking, pharmaceuticals, etc. A part-time nurse will be hired to provide medical assessments. Key partners include: Memorial Hospital Rhode Island, State Department of Elderly Affairs, Community Counseling Center, Blackstone Health, Inc., Community College of Rhode Island, and the University of Rhode Island. Before and after questionnaires/surveys will measure levels of social interaction of the elderly participating in this program. Transportation service usage will be documented. Evaluation will also include assessments of individuals' general physical and mental health. Newly-acquired software will collect demographics, services and programs accessed, case management notes, and other miscellaneous information. An analysis of the information accumulated from this project will be documented in a final report to be sent to the city's Department of Planning, the mayor's office, the Administration on Aging, and other interested parties.

Program: Congressional Mandates

# 90AM2975 ExperienceSeniorPower (ESP): Intergenerational Computer and Job Skills Training Program

Project Period: 08/01/2005 - 01/01/2008

FY Grant Amount FY 2005 293,731

Cyber Seniors 305 Michigan Avenue, 5th Floor Detroit, MI 48226-2631

Contact: Krista Bajoka (313)237-4687

ExperienceSeniorPower, an intergenerational computer learning program and one year Federal grant project, will significantly help close the "digital gap" that is growing between haves and have-nots, in terms of access to technology. This digital gap tends to leave those with less money out of economic/job opportunities, with little or no access to resources to increase their knowledge and advance in our society. ExperienceSeniorPower is increasingly concerned about diversity on the Web and the recent findings on differences in computer usage among whites and people of color. In some of the locations, ExperienceSeniorPower programming will be introduced as after school programming for at-risk youth, teaching the young computer and job skills. Also, children will have access to the computers on their own time to continue to develop the skills they need to excel both academically and in the job market. In all settings there is a commitment to bridging the digital divide through uniting generations, and so this after school program will come with a twist. Senior citizens will learn computer skills alongside children, insuring "adoptive grandparent" relationships, and providing children adult role models few have had the opportunity to savor, while providing senior citizens a sense of self-worth in a society often marginalizing their contributions.

### 90AM2978 NORC Demonstration Project

Jewish Family & Children's Svc of Greater Mercer County Senior Services 707 Alexander Road, Suite 102 Princeton, NJ 08540

Contact: Wendy C Cacacie (609)987-8100

Project Period: 09/01/2005 - 01/31/2007

Project Period: 09/01/2005 - 01/31/2007

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 122,388      |

Jewish Family and Children's Service of Mercer County will conduct a 17 month demonstration project to support and develop services and activities for older adults in three diverse county residential communities. The project goal is to prevent frail, elderly individuals from premature institutionalization by increasing functional independence and life enrichment in their own communities, and enhance their physical and emotional well-being. Project objectives are: 1) maximize older adults functional independence in their own homes through improved access to and utilization of health and human services; 2) decrease incidence of depression among older adults who are aging in place and increase their sense of well being; and 3) increase older adult's access to wellness and recreation programs in community-based social milieus through the use of volunteer "Peer Educators", and develop additional volunteer opportunities for residents. Anticipated outcomes are: 1) 65% of older adults contacting the program for information and referral resources will establish working relationships with community treatment and service providers matched to their specific needs; 2) 90% of older adults receiving mental health screening and referral services will experience a significant reduction in the presence of symptoms of depression; and 3) members of older adult communities will have a heightened awareness of mental health issues and treatment options. Project products include development of materials for presentations at the local, state and national levels, and a final report.

Program: Congressional Mandates

# 90AM2979 Aging in Place in Union County, New Jersey

Jewish Family Service Agency of Central New Jersey Department of Older Adult Services 655 Westfield Avenue Elizabeth, NJ 07208

Contact: Jerold Starr (908)352-8375

Jewish Family Service of Central New Jersey and its collaborators, the Jewish Community Center of Central New Jersey, the Young Men's - Young Women's Hebrew Association of Union County, the Jewish Federation of Central New Jersey, the Bethel American Methodist Evangelical Church, and the Union County Division of Aging Nutrition Program, will conduct a seventeen month demonstration project for seniors living in their own homes and private apartment complexes in Union county, New Jersey. The project goal is to help seniors remain in their own homes and age in place with dignity and with the support of the community. Project objectives are: 1) increase access to support services; 2) increase support services to under-served homebound and frail seniors, including Kosher home delivered meals, home care services, transportation and activity therapy; 3) assure feedback, through survey of the at-risk, frail older adult population to assess changing needs and development of a senior council; 4) monitor project development and effectiveness; and 5) disseminate results and outcomes to other supportive service programs. Anticipated project outcomes are: 1) 80% of those provided services will remain in their own home for the duration of the project; and 2) 50 % of those provided services will report a satisfactory or improved quality of life. Products include web pages about the program, presentations at national conferences, local newspaper articles and a final report.

# 90AM2981 Creating Opportunities for Older Persons (CO-OP)

Jewish Family Service of San Diego Senior Services 3715 Sixth Avenue San Diego, CA 92103

Contact: Craig Lambert (619)291-0473

Project Period: 09/01/2005 - 01/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 146,866      |

Jewish Family Service of San Diego, in partnership with the San Diego County Department of Aging and Independence Services, the San Diego State University's Gerontology Department, the United Jewish Federation, the Claremont Friendship Center and a number of homecare agencies, is conducting an aging in place supportive services demonstration for older residents living in University City Village Apartments. The goal is to support residents living in their own homes for as long as possible, in accordance with their personal desires. Project objectives are: 1) identify current service gaps, needs, and barriers confronting residents; 2) create and/or enhance services to meet the needs of residents, based upon identified gaps, needs, and barriers; 3) provide activities that promote healthy aging and offer preventative measures against declining health; 4) increase social interaction, reducing isolation and symptoms of depression; 5) provide essential and recreational transportation; 6) offer services to meet the needs of caregivers and residents who may need an enhanced level of care; 7) develop volunteer opportunities for older adults who can assist in program provision; 8) conduct project evaluation; and 9) disseminate information. Anticipated outcomes are: 1) 80% of the residents surveyed at the end of the project period will indicate awareness of, and ability to access, project services; and 2) 70% of the residents surveyed at the end of the project period will indicate that they perceive an opportunity for expanded involvement in their residential community and/or the community-at-large. Products include web pages on the grantee's website, presentations to local and state legislative representatives and a final report.

Program: Congressional Mandates

# 90AM2982 NORCs -Standardizing Best Practices in Both Congregate and Individual Residential Settings

Project Period: 09/01/2005 - 02/28/2007

 FY
 Grant Amount

 FY 2005
 48,955

Jewish Community Federation of Cleveland 1750 Euclid Avenue Cleveland, OH 44115

Contact: Cathy Weiss (216)566-9200 308

The Jewish Community Federation of Cleveland will conduct this twelve month study of selective naturally occurring retirement community (NORC) supportive service programs in the state of Ohio, pursing two goals: 1) to identify and begin to standardize best practices and approaches to service delivery within congregate settings; and 2) identify principles, practices and strategies for delivering such services to people living independently in their own homes. Four objectives will be pursued: 1) convening groups of stakeholders for educational seminars where current practices and challenges can be shared, and standards for optimizing success suggested; 2) educating local and state legislators on identified best practices; 3) facilitating a planning process with local professional and volunteer leaders to direct efforts and resources to non-congregate NORC programming; and 4) surveying current baby boomers, and utilizing their insight and input into future planning strategies. The expected outcomes of this project are the development of models and structures for delivering tailored, targeted and individualized supportive services to adults who remain in congregate living settings and who live independently in their own homes. The products of this project include a written report on the needs and desires of baby boomers; a set of guidelines for non-congregate service delivery; and a written compilation of best practices in the delivery of support services to older adults within congregate living settings.

### 90AM2983 Help is Where the Home is: The NORC Aging in Place Initiative

Jewish Federation of Southern New Jersey
Jewish Family and Children's Services
1301 Springdale Rd
Cherry Hill, NJ 08003

Contact: Ronit Boyd (856)751-9500 188

Project Period: 09/01/2005 - 11/30/2007

Project Period: 09/01/2005 - 08/31/2007

**Grant Amount** 

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 391,642      |

Jewish Family and Children's Services of Southern New Jersey, in partnership with the Jewish Federation of Southern New Jersey, is implementing a 17 month demonstration project for seniors aging in place in a Cherry Hills, New Jersey apartment complex. The project goal is to prevent premature placement in an institutional facility. Project objectives are: 1) improve health care of the elderly residents by having geriatric physicians, occupational and physical therapists and an on-site Registered Nurse provide professional services, promoting self-management of chronic diseases and improved health care literacy; 2) maintain the dignity of elderly residents by providing licensed and certified home health aides to assist with personal care needs; 3) decrease isolation by providing on-site socialization programming and transportation to community-based programs; 4) improve the nutritional intake of residents by providing congregate meals and/or a homemaker for grocery shopping and meal preparation; and 5) ensure overall physical and emotional needs of residents through coordination of care by an on-site Master's level social worker. Anticipated project outcomes are: 1) improved health care; 2) improved self management of chronic diseases and health care literacy; 3) decreased isolation; 4) improved nutritional intake; and 5) improvement in overall physical and emotional needs being met. Products include a quarterly newsletter, presentations at local, state and national forums, a step by step manual, and a final report.

Program: Congressional Mandates

### 90AM2984 Outreach Activities for Independent Seniors (OASIS)

Jewish Federation of Greater Des Moines Jewish Family Services 910 Polk Boulevard Des Moines, IA 50312

Contact: Berel Simpser (515)277-6321

Jewish Federation of Greater Des Moines is conducting a supportive service demo. project for aging in place, collaborating with Aging Resources of Central IA; Polk Co. Senior Services; Geriatric Education Center of Des Moines U.; United Way - Central IA; Des Moines Catholic Charities; Lutheran Social Services; Visiting Nurses of IA; IA State Dept. of Elder Affairs; Advocacy Network of Aging Iowans; Des Moines Community Foundation & KG InterDev, LLC. Goal: develop innovative, efficient and individualized services that increase seniors' ability to age safely in place in their homes and communities, avoiding premature and costly institutionalization. The project will create and evaluate two different program models of services for seniors, enabling them to live as independently as possible. An apartment model services a diverse, low socio-economic population of seniors located on Des Moines' east side. A targeted group model for two groups serves:1) urban, moderate income seniors who regularly attend Eddie Davis Comm. Center programs; and 2) a group of first generation, moderate to low income immigrants, mainly from Eastern Europe, who regularly attend Jewish Family Services senior activities programs. Project objectives: 1) develop collaborative partnerships with neighborhood assns., senior groups, housing facilities, for and not-for profit organizations, and state & local govt. agencies; 2) provide enhanced case mgmt. services to targeted populations to assess resident needs & assist

accessing services; 3) provide individual & group social and educational activities, not limited to transportation, health, medical, home modification, chore svcs., visiting nurse, meals on wheels and social & educational activities; 4) conduct a comprehensive program evaluation. Outcomes: an MOU defining services and cost-sharing provisions; infrastructure for enhanced case management; reduction in isolation & greater independence; and evaluation reports widely disseminated.

# 90AM2985 SEQUOIA: Serving the Elderly with Quality Outcomes In Community and at Home

Project Period: 09/01/2005 - 04/30/2007

FY Grant Amount FY 2005 195,821

Jewish Family Service of Greater Clifton - Passaic 199 Scoles Avenue Clifton, NJ 07012

Contact: (973)777-7638

Jewish Family Services of the Jewish Federation of Greater Clifton-Passaic will conduct a 17 month demonstration of supportive services for older adults living in county high-rise, multi-family housing facilities. The project goal is to enhance the ability of seniors to age-in-place by increasing access to services. Project objectives are: 1) develop and conduct a needs assessment; 2) provide case management and social work services; 3) provide health education and screenings; 4) provide social, spiritual and cultural activities; 5) create an advisory council comprised of seniors; 6) collect data and monitor effectiveness of the project; and 7) disseminate findings to assist in sustaining and replicating this model. The anticipated outcome is to increase access to services for older adults not currently being assisted. Products include development of materials for presentations and a final report.

Program: Congressional Mandates

# 90AM2986 Co-op City Comprehensive Community Care Project

Project Period: 09/01/2005 - 09/30/2007

FY Grant Amount FY 2005 244,776

Jewish Association of Services for the Aged 132 West 31 Street New York, NY 10001

Contact: Amy Chalfy (718)365-4044

Jewish Association for Services for the Aged, in partnership with the Co-op City's Naturally Occurring Retirement Community (NORC) Supportive Services Program Network, and in collaboration with Gloria Wise Senior Services, Inc. and Montefiore Medical Center, will conduct a seventeen month demonstration project in a large cooperative apartment complex in the Bronx, New York. The project goal is to establish a community cooperative program supporting aging in place for elders suffering from dementia, by enlisting community residents and local businesses and service providers as gate-keepers and providers of professional services to meet the senior's medical and social service needs in order for them to remain safely at home. Project objectives are to: 1) reduce the stigma and hopelessness associated with dementia through a community education and awareness program; 2) create a supportive community environment for people with dementia and their families; 3) develop an early identification and diagnostic protocol for clinically appropriate care planning and service delivery; 4) expand existing NORC network services to persons with dementia and their family caregivers; 5) increase the competency of providers; 6) evaluate the impact of added services; and 7) disseminate project information. Expected outcomes: 1) the community at large will experience an increase in knowledge about dementia and resources for care; 2) individuals with early stage dementia will have an increased period of stable functioning, physical well-being, and freedom from exacerbations of psychological and behavioral disturbances; 3) caregivers burden will stabilize rather than increase; and 4) service delivery expertise, linkage and continuity will be improved. Products include a service delivery protocol for dementia stage-specific interventions and a final written report.

# 90AM2988 Training to Enhance the Capacity of a Long-term Care Workforce

Project Period: 09/01/2005 - 12/31/2006

FY Grant Amount FY 2005 293,731

University of Wisconsin - Milwaukee P.O.Box 340

Milwaukee, WI 53201

Contact: Anne D Basting (414)229-2732

A Training Research Institute (TRI) will be created to serve as a vehicle for identifying, evaluating and disseminating evidence-based training programs to enhance the capacity of the long-term care work force in the US. The goals for the first year are: 1) establish the infrastructure of the TRI; 2) conduct a statewide survey of long-term care organizations and direct-care workers; 3) implement and evaluate two training programs; and 4) develop scientifically appropriate and viable study designs to serve as evaluation templates for training programs targeted to family caregivers, direct-care workers, and professional care staff providing long-term care.

Program: Congressional Mandates

# 90AM2989 Expansion of a National Data Collection System for Improving Care at the End of Life

Project Period: 09/01/2005 - 08/31/2007

FY Grant Amount FY 2005 97,910

The Carolinas Center for Hospice & End of Life Care PO Box 4449

PO Box 4449 Cary, NC 27519

Contact: William Smith (919)677-4115

The Carolinas Center for Hospice & End of Life Care will conduct a one-year project to develop a comprehensive Internet-based resource for accessing data about the epidemiology and experience of end-of-life in the United States.

During 2004/2005, the Carolinas built the EDELE (Epidemiology of Dying and End of Life Care Experience) website/portal that provides ready access to data about decedents and end-of-life for use by healthcare providers, health planners, and advocacy organizations for clinical practice improvement, informed policy change, and planning.

This project will increase the utility of the website by: 1) adding data for two to three more states: 2) developing a cost-effective mechanism to add more states in the future; and 3) including information about and access to data not currently posted on the website. Information about the website and its uses will be disseminated via professional newsletters and conferences and via links from websites frequented by target audiences.

### 90AM2990 The "Aging Opportunities" Project

Project Period: 09/01/2005 - 08/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 489,552      |

Senior Services, Inc. 2895 Shorefair Dr Winston-Salem, NC 27105

Contact: Elaine M Patterson (336)725-0907

The "Aging Opportunities" Project will demonstrate the opportunities for meaningful civic engagement and planned giving for aging services. The goals are to design, test, demonstrate and disseminate strategies that will: 1) utilize the untapped potential of older adult, younger and diverse volunteers through innovative and expanded services, thereby reducing costs through expanded use of unpaid workers; and 2) generate additional/stable, short-term and long-term funding for aging services. The objectives are: 1) to develop a simple, user friendly personnel/human resources system and guidebook for the administration of volunteers, student interns, and other unpaid workers; 2) to recruit, orient, train and engage volunteers, student interns and other unpaid workers in new and expanded ways through creative marketing approaches through the implementation of the personnel system; and 3) to develop a planned giving system and guidebook unique to the aging field which will include innovative, marketing, advertising and outreach approaches. The outcomes are: 1) to significantly increase the quantity and quality of volunteer engagement in the provision of aging services, thereby reducing costs while providing enriching opportunities; and 2) to increase community-based services to people who cannot afford to pay for them. The products are: 1) an Unpaid Workers Personnel Guidebook; 2) a Planned Giving Guidebook; 3) documentation of the approaches, successes, barriers and outcomes of the personnel and planned giving system; 4) samples of advertising, volunteer job description, planned giving strategies, etc.; 5) a web site link to the above products to provide easy access to the lessons and information; and 6) a final report.

Program: Congressional Mandates

### 90AM2991 The Dementia Care Specialist Training

Project Period: 09/01/2005 - 08/31/2007

FY Grant Amount FY 2005 391,642

Alzheimer's Association South Central Wisconsin Chapter 517 N Segoe Road, #301 Madison, WI 53705

Contact: Paul R Rusk (608)232-3400

The Alzheimer's Association South Central Wisconsin Chapter will develop a 15-hour "Dementia Specialist" training curriculum to be offered to direct care facility staff around the state of Wisconsin. Each of the three Alzheimer's Association chapters in the state will offer this training at least twice a month. The comprehensive curriculum will address the most important issues related to dementia care. It will be designed to be practice-based using experiential exercises, interactive activities, media, and dialogue to help gain the knowledge and practical skills necessary to provide compassionate, person-centered care. The overall goal is to improve the quality of dementia care provided by long-term facilities throughout Wisconsin. The objectives are: (1) to increase the knowledge and understanding of the symptoms and nature of dementia among facility staff; (2) to increase person-centered care practices in long-term care facilities; and (3) to enhance the workplace benefits of facility staff who work under difficult conditions. Products include: (1) a state-of-the-art dementia specialist curriculum; (2) a final report outlining "lesson learned" and data supporting the premise that training improves the of quality of care in facilities; and (3) information indicating the direction of additional steps needed to actually change the culture in facilities.

### 90AM2992 Senior Services Program

Project Period: 09/01/2005 - 02/28/2007

Project Period: 09/01/2005 - 08/31/2007

FY 2005

**Grant Amount** 

FY Grant Amount FY 2005 97,910

Jefferson Regional Medical Center 565 Coal Valley Road Pittsburgh, PA 15236

Contact: Deborah M Machi (412)205-6024

Jefferson Regional Medical Center plans to establish an information and referral "one-stop shop" program to match senior callers' needs with the available resources with the Pittsburg/Allegheny area of Pennsylvania. The goals of the project include: 1) coordinating the area's numerous programs and services; and 2) collaborating with the community resources already available to enable seniors to access the assistance they need and thereby remain independent as long as possible. Objectives include: 1) providing a single point of contact for the client; 2) offering information and referrals free of charge; 3) providing case management and follow-up; 3) supporting a database that is comprehensive and in categories that parallel the client's need; and 4) cultivating a relationship with the client that is caring, confidential and progressive. Expected outcomes include: 1) an expanded opportunity to serve the older adult by offering referrals in extensive categories of need; and 2) a satisfaction survey relating to the program ability to help. Products and materials include: 1) satisfaction surveys and comments; 2) categories of need addressed by referrals.

Program: Congressional Mandates

# 90AM3012 Alzheimer's Assn.-N. Central TX Chp., Physician Partnership-Case Mgmt., Alzheimers Families

Alzheimer's Disease and Related Disorders Association, Inc. - North Central Texas Chapter 101 Summit Avenue, Ste. 300 Fort Worth, TX 76102

Contact: Theresa Hocker (817)336-4949

The North Central Texas Chapter of the Alzheimer's Association will design, implement and evaluate a model of case management based on an approach developed for cancer patients and their families by Cancer Care Services, a non-profit agency operating in Tarrant county Texas. The goal of the project is to enhance the quality of life of person's with Alzheimer's Disease (AD) and their families through the timely provision of case management services. Locating and accessing supportive services for persons with Alzheimer's Disease can be difficult, can add to caregiver's burden and result in patient needs not being fully met. Caregivers frequently turn to primary care physicians for information and assistance obtaining services that physician's are often ill-prepared to provide. The proposed intervention will establish formal partnerships with two medical clinics, one metropolitan and one rural, for the provision of case management services. Outreach social workers will be present in the medical clinics to facilitate the provision of case management services and work with clinic staff to increase their knowledge and awareness of the case management needs of patients with AD and their families. Key partners for this project are The Fort Worth Clinic and a second clinic in rural Parker County. The North Central Texas Chapter plans to partner with Texas Christian University to assist with project evaluation. Project outcomes include: enhanced quality of life due to interventions provided through case management for people with AD and their family members who are providing home care; and an increased rate of referral to case management for AD patients and their caregivers by primary care physicians.

# 90AM3013 Technology to Enhance Aging in Place at Tiger Place

UNIVERSITY OF MISSOURI

Nursing

310 Jesse Hall

Columbia, MO 65211

Contact: Marilyn J Rantz (573)882-0258

Project Period: 09/29/2005 - 12/31/2008

| FY      | Grant Amount |
|---------|--------------|
| FY 2005 | 979,104      |

Along with supportive services, enabling technology, in the form of low cost sensors, computers, and communications systems, has become available and is making the dream of aging in place a reality. This project proposes to develop and evaluate technologies for use by residents at a new living facility for seniors - Tiger Place. The project goal is to develop the technology infrastructure at Tiger Place to enable the development and evaluation of the technologies for resident use. Objectives: 1) install, implement, and develop an integrated monitoring system that reliably captures data about elder residents and their environment in a noninvasive manner, balancing the needs of health, safety and privacy; 2) describe supportive health care services needed to maximize benefits of the integrated monitoring system; 3) evaluate usability of the technology and investigate fundamental issues in human-computer interactions for older adults; 4) and evaluate usability of videophone technology to increase and enhance communication between residents of Tiger Place and their family members separated by geographic distance, encouraging family involvement. Measurable outcomes: 1) technology will facilitate detection of adverse events, such as falls or major changes in health status; 2) technology will increase perception of safety, while providing for privacy; and 3) videophone technology will increase communication and family involvement in the lives of participating residents.

Program: Congressional Mandates

90AM3014 Office of Substitute Decision Maker

Project Period: 09/29/2005 - 06/30/2008

FY Grant Amount FY 2005 391,642

IOWA ST DEPARTMENT OF ELDER AFFAIRS

510 E. 12th Street, Suite 2 Des Moines, IA 50319

Contact: Deanna Clingan-Fischer

The lowa Department of Elder Affairs will develop the educational materials and training tools necessary to initiate a statewide Office of Substitute Decision Maker. This Office establishes a least restrictive system of substitute decision making services for older adults and disabled adults at least 18 years old who might be in need of a decision maker, but do not already have access to a guardian, conservator, representative payee, and/or attorney under a power of attorney. During the grant period, the Department of Elder Affairs will establish the infrastructure of the program, including training of staff and recruitment of local partners. The lowa Department of Elder Affairs is simultaneously working to secure a new appropriation from the lowa Legislature in order to implement and sustain the program. The proposed intervention will screen potential clients using intake and assessment tools that they develop. The project will be evaluated using a number of means. The tools, forms, and trainings developed to implement the program will be evaluated for effectiveness using an advisory group and focus groups.

# **Index of Grantee Organizations**

| <u>Name</u>  | <u>Page</u>                     |
|--|---------------------------------|
| AARP Foundation  | 91,100,129,137                  |
| Action for Boston Community Development, Inc   | 126                             |
| Adult Care Center of the Northern Shenandoah Valley Inc                                | 186                             |
| Aging in New York Fund, Inc.   | 34                              |
| Alabama Department of Senior Services  | 21,78,110,156                   |
| Alamo Area Council of Governments  | 45                              |
| Alaska - State of Alaska, Health and Social Services                                   | 142                             |
| Alaska Housing Finance Corporation   | 19                              |
| Alzheimer's Association, South Central Wisconsin Chapter                               | 199                             |
| Alzheimer's Disease & Related Disorders Association, Inc. (Chicago, national)          | 33                              |
| Alzheimer's Disease & Related Disorders Association of Los Angeles                     | 33                              |
| Alzheimer's Disease and Related Disorders Association, North Central Texas Chapter     | 200                             |
| American Bar Association Fund for Justice and Education                                | 100                             |
| American Health Quality Foundation   | 98                              |
| Area Agency on Aging of Pasco-Pinellas, Inc.   | 135                             |
| Area Agency on Aging of Western Michigan   | 48                              |
| Arizona Department of Economic Security  | 21,74,142,163,169,173<br>57     |
| Arizona Department of Health Services Arkansas Department of Health and Human Services | 59,131                          |
| Arkansas Department of Human Services  | 9, 36,74                        |
| Asociacion Nacional Pro Personas Mayores   | 62                              |
| Atlanta Regional Commission  | 32,132                          |
| Bay Area Legal Services, Inc.  | 93                              |
| Benjamin Rose Institute  | 32.67                           |
| Better Business Bureau Educational Foundation  | 138                             |
| Boat People SOS, Inc.  | 63,118                          |
| Boise State University   | 187                             |
| California Department of Aging   | 17,55,80,88                     |
| California Health Advocates  | 146                             |
| Center for Advocacy for the Rights and Interests of the Elderly (CARIE)                | 122,147                         |
| Center for Social Gerontology, Inc.  | 101                             |
| Coalition of Wisconsin Aging Groups  | 116,152                         |
| Colorado Department of Human Services  | 22                              |
| Colorado Department of Public Health and Environment                                   | 57                              |
| Colorado Department of Regulatory Agencies   | 140                             |
| Colorado State/Colorado State University   | 82                              |
| Community of Vermont Elders  | 129,155                         |
| Comprehensive Housing Assistance, Inc. Connecticut Department of Social Services       | 177<br>35,61,70,114,150         |
| Connecticut Legal Services, Inc.   | 94                              |
| Cyber Seniors  | 193                             |
| Delaware Department of Health & Social Services  | 75,133,162                      |
| DH/Perfil Latino TV, Inc.  | 126                             |
| Diocese of Providence, Office of Community Service                                     | 124                             |
| District III Area Agency on Aging  | 117,148                         |
| District of Columbia Office on Aging   | 75                              |
| District of Columbia, Department of Health (DOH)                                       | 22                              |
| East River Legal Services Corporation  | 156                             |
| Elder Law of Michigan, Inc.  | 92,104,105                      |
| Elder Services of the Merrimack Valley, Inc.   | 130                             |
| Elders in Action   | 49                              |
| Family Caregiver Alliance  | 188                             |
| Florida Department of Elder Affairs  | 18,76,115,161,166,168,171<br>64 |
| Florida International University Board of Trustees                                     | 189                             |
| Foundation on Aging Friendship House Association                                       | 140                             |
| Georgia Department of Human Resources  | 13,38,88,132,163,170            |
| Great Lakes Inter-Tribal Council, Inc.   | 117,120,127                     |
| Greater Miami Jewish Federation  | 180                             |
| Guam Department of Integrated Services for Individuals with Disabilities               | 23                              |
| · · · · · · · · · · · · · · · · · · ·  |                                 |

| <u>Name</u>  | <u>Page</u>                     |
|--|---------------------------------|
| Guam Department of Public Health and Social Services   | 150                             |
| Hawaii Executive Office on Aging   | 23,53,120,145                   |
| Hawkeye Valley Area Agency on Aging  | 99,154                          |
| IAAAA Education Institute  | 155                             |
| Idaho Commission on Aging  | 69,111,118,139                  |
| Idaho Department of Health and Welfare   | 24,58                           |
| Illinois Department of Public Health   | 50,82                           |
| Illinois Department on Aging   | 14,38                           |
| Immigrant and Refugee Community Organization (IRCO)  | 123                             |
| Indiana Disability, Aging and Rehabilitative Services  | 16,81,172                       |
| Inter Tribal Council of Arizona, Inc.  | 62,143                          |
| lowa Department of Elder Affairs   | 9,55,73,110,159,164,167,169,201 |
| Jefferson Regional Medical Center  | 200                             |
| Jewish Association of Services for the Aged  | 197                             |
| Jewish Community Federation of Cleveland  Jewish Family and Children's Services of Greater Mercer County   | 195<br>194                      |
| Jewish Family and Children's Services of Minneapolis   | 182                             |
| Jewish Family and Vocational Services of Middlesex County  | 133                             |
| Jewish Family Service (Albuquerque)  | 184                             |
| Jewish Family Service (Salt Lake City))  | 191                             |
| Jewish Family Service Agency of Central New Jersey   | 194                             |
| Jewish Family Service of Greater Clifton - Passaic   | 197                             |
| Jewish Family Service of Rochester, Inc.   | 185                             |
| Jewish Family Service of Sacramento  | 192                             |
| Jewish Family Service of San Diego   | 195                             |
| Jewish Family Service of Tidewater, Inc.   | 184                             |
| Jewish Family Services of Los Angeles  | 182                             |
| Jewish Federation of Greater Atlanta, Inc.   | 181                             |
| Jewish Federation of Greater Des Moines  | 196                             |
| Jewish Federation of Greater Indianapolis  | 185                             |
| Jewish Federation of Greater Washington  | 181                             |
| Jewish Federation of Metropolitan Chicago  | 179                             |
| Jewish Federation of Metropolitan Detroit  | 180                             |
| Jewish Federation of Ocean County  | 186                             |
| Jewish Federation of St. Louis   | 178                             |
| Jewish Federation of Southern New Jersey   | 196                             |
| Kansas Department on Aging   | 24,143                          |
| Kentucky Cabinet for Health and Family Services  | 25,40,68,113,175                |
| Legal Aid of Nebraska  | 95                              |
| Legal Counsel for the Elderly Legal Services for the Elderly   | 135<br>93,103                   |
| Legal Services of Northern California  | 107                             |
| Little Havana Activities and Nutrition Centers of Dade Co.   | 44                              |
| Los Angeles, City of - Department of Aging   | 46                              |
| Louisiana Governor's Office Elderly Affairs  | 1,73                            |
| Louisville/Jefferson County Metro Government   | 158                             |
| Madlyn and Leonard Abramson Center for Jewish Life   | 189                             |
| Maine Dept. of Health & Human Services/Office of Elder Services  | 8,54,77,119,139                 |
| Maine Hospice Council, Inc.  | 187                             |
| Maryland Department of Aging   | 2,35,56,83,112,154              |
| Massachusetts Executive Office of Elder Affairs  | 6,59,171                        |
| Meals on Wheels Association of America   | 188                             |
| Medford Senior Center  | 190                             |
| Michigan Department of Community Health  | 25,58,83                        |
| Michigan Medicare\Medicaid Assistance Program  | 158                             |
| Michigan Office of Services to the Aging   | 39,116                          |
| Minnesota Board on Aging   | 4,42,60,72,90,157,174           |
| Minnesota Senior Federation  | 104,107                         |
| Minot State University   | 151                             |
| Mississippi Department of Human Services   | 26,145                          |
| Missoula Aging Services Missouri Department of Health and Senior Services                                  | 134                             |
| Missouri Department of Health and Senior Services  Montana, Department of Public Health and Human Services | 76<br>7.84                      |
| Montana Department of Public Health and Human Services   | 7,84                            |

| <u>Name</u>   | <u>Page</u>                         |
|---|-------------------------------------|
| Multi-Service Center  | 124                                 |
| National Adult Protective Service Foundation                                      | 96                                  |
| National Asian Pacific Center on Aging  | 64,122                              |
| National Association of Area Agencies on Aging (N4A)                              | 34,159                              |
| National Association of State Units on Aging (NASUA)                              | 96,175,176                          |
| National Caucus and Center on Black Aged  | 63                                  |
| National Citizen's Coalition for Nursing Home Reform                              | 99                                  |
| National Committee for the Prevention of Elder Abuse                              | 97                                  |
| National Consumer Law Center  | 101                                 |
| National Council on Aging, Inc.   | 48,90,91                            |
| National Hispanic Council on Aging  | 131                                 |
| National Indian Council on Aging, Inc.  | 61                                  |
| National Senior Citizen's Law Center  | 102                                 |
| Nebraska Department of Health and Human Services                                  | 68,128,149                          |
| Neighborhood Centers, Inc.  | 44                                  |
| Nevada Department of Health and Human Services                                    | 26,78,112                           |
| Nevada Office of the Attorney General   | 146                                 |
| New Hampshire Department of Health and Human Services                             | 41,113,152                          |
| New Hampshire Legal Assistance  | 109                                 |
| New Jersey Department of Health and Senior Services                               | 5,37,52,86,89,174                   |
| New Mexico Aging and Long-Term Services Department                                | 11,81,130                           |
| New York State Office for the Aging   | 56,84,148,160,165,167,              |
| North Carolina Department of Health and Human Services                            | 12,60,77,160,165,168,172<br>127,147 |
| North Carolina Department of Insurance  North Dakota Department of Human Services | 71,109                              |
| North Central Area Agency on Aging, Inc.  | 47                                  |
| Northern Mariana Islands Dept. of Community and Cultural Affairs                  | 10                                  |
| Ohio Department of Aging  | 27,54,162,166,170                   |
| Oklahoma Department of Human Services   | 51                                  |
| Oklahoma Insurance Department   | 119,141                             |
| Oregon Department of Human Services, Seniors and People with Disabilities         | 52,134                              |
| OWL, the Voice of Midlife and Older Women   | 102                                 |
| Partners in Care Foundation, Inc.   | 45                                  |
| Pawtucket, City of  | 193                                 |
| Pennsylvania Department of Aging  | 87,114,173                          |
| Pennsylvania Department of Executive Offices - Health Care Reform                 | 20                                  |
| Pension Rights Center   | 108                                 |
| Philadelphia Corporation for Aging  | 43                                  |
| Pro Seniors, Inc.   | 138                                 |
| Puerto Rico Ombudsman for the Elderly   | 70,136                              |
| Rebuilding Together, Inc.   | 177                                 |
| Research Foundation of CUNY/Hunter College of CUNY                                | 121                                 |
| Rhode Island Department of Elderly Affairs  | 7,80,157,161                        |
| St. Louis, City of - Department of Human Services                                 | 178                                 |
| SeniorLAW Center  | 92                                  |
| Senior Service Centers of the Albany Area, Inc.                                   | 47                                  |
| Senior Services, Inc.   | 199                                 |
| Sephardic Community Center  | 192                                 |
| Sheltering Arms Senior Services Shenandeah Aras Aganay an Aging Inc.              | 49                                  |
| Shenandoah Area Agency on Aging, Inc. South Brooklyn Legal Services               | 190<br>106                          |
| South Brooklyn Legal Services Southcare Nursing Center, Inc.                      | 179                                 |
| South Carolina Lieutenant Governor's Office on Aging                              | 3,53,87,144,164,176                 |
| Southern Maine Agency on Aging  | 46                                  |
| Suburban Area Agency on Aging   | 123,151                             |
| Tennessee Commission on Aging and Disability                                      | 28,79                               |
| Texas Department of Aging and Disability Services                                 | 29,51,85                            |
| Texas Legal Services Center, Inc.   | 105                                 |
| The Carolinas Center for Hospice & End of Life Care                               | 198                                 |
| University of Alaska, Anchorage   | 65,67                               |
| University of Delaware  | 98                                  |
| University of Hawaii  | 66                                  |
| University of Massachusetts, Boston   | 103,106                             |
|   |                                     |

| <u>Name</u>  | <u>Page</u>  |
|--|--------------|
| University of Missouri   | 201          |
| University of New Hampshire                                    | 8            |
| University of North Dakota                                     | 65,66        |
| University of South Florida                                    | 183          |
| University of Wisconsin, Milwaukee                             | 198          |
| University of Wyoming  | 31           |
| Upper Cumberland Development District                          | 137          |
| Utah Department of Human Services                              | 69           |
| Utah Legal Services, Inc.                                      | 144          |
| Vermont Department of Disabilities, Aging & Independent Living | 29,39,71,191 |
| Vermont Legal Aid, Inc.  | 95           |
| Vernon Council on Aging, Inc.                                  | 149          |
| Virgin Islands Department of Human Services                    | 153          |
| Virginia Association of Area Agencies on Aging                 | 141          |
| Virginia, Commonwealth of - Department for the Aging           | 30,72,111    |
| Visiting Nurse Association Healthcare Partners of Ohio         | 183          |
| Washington State Department of Social and Health Services      | 31,85        |
| Washington State Office of Insurance Commissioner              | 125,136      |
| West Virginia Bureau of Senior Services                        | 1,42,86      |
| Wisconsin Department of Health and Family Services             | 15,50,79     |
| Womens' Institute for a Secure Retirement                      | 43           |
| Wyoming Senior Citizens, Inc.                                  | 153          |